

The Zodiac · IV

Aquarius

the practice, step by step



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This is the practice part of *Aquarius*, in his words only, set out step by step. Each card has a line of his at the top, a small box with how and when, taken from his own sentences, and then his paragraph cut at its full stops and commas into numbered steps, nothing added and nothing left out. The work on the calves is given twice, each card in its own book's words: first as the exercise of the *Zodiacal Course* of 1951, then as the magnetic passes of 1967. The full teaching, with every passage around these, is in the main booklet, *Aquarius*.

The practices

The exercise of Aquarius

1 The following exercise will be done during this sign

The magnetic passes

2 These magnetic passes should be combined with the following prayer

Work on the defects

3 We can work with Proserpine, the Queen of the Infernos

4 In interaction with people, our defects spontaneously appear

The Arcanum

5 Only practice the Arcanum with your wife

The perfume of Aquarius

6 Sick people must smell their zodiacal perfume on a daily basis

Practice 1

The following exercise will be done during this sign

When	during this sign
How	While massaging his calves from below upwards
Words to sound	Energy, pass through!
Then	The disciple will then submit himself to internal meditation
The genii	Archer and Sakmakrel

1. The following exercise will be done during this sign:
2. While massaging his calves from below upwards, the disciple will pray like this:
3. **Energy, pass through! Energy, pass through! Penetrate my organism; current that comes from below, ascend and unite with your sister; the current which comes from above, from heaven, from Uranus”.**
4. The disciple will then submit himself to internal meditation,
5. praying to his “Inner Being” that he may enter the sidereal temples of Aquarius,
6. to bring thee the genii of that constellation so that you may achieve illumination.
7. Aquarius: Archer and Sakmakrel.

Zodiacal Course, 1951

Practice 2

These magnetic passes should be combined with the following prayer

When	During the sign of Aquarius
Who	male and female disciples
How	with their two hands over their calve from below, going upward
Intention	charging oneself with the extraordinary forces of the Constellation of Aquarius
Words to sound	Energy, pass through

1. During the sign of Aquarius, male and female disciples should perform magnetic passes with their two hands over their calve from below, going upward the purpose of powerfully magnetizing the calves,
2. with the vivid yearning of charging oneself with the extraordinary forces of the Constellation of Aquarius.
3. These magnetic passes should be combined with the following prayer:
4. "Energy, pass through, energy, pass through, energy pass through, penetrate my organism, ascend to unite with your sister, the current which comes from above, from heaven, from Uranus."

Esoteric Treatise of Hermetic Astrology, *1967*

Practice 3

We can work with Proserpine, the Queen of the Infernos

First	first comprehending the defect that we want to extirpate
Take care	Proserpine only eliminates the 'I's which personify the defects that we have comprehended in an integral manner

1. We can work with Proserpine, the Queen of the Infernos eliminating I
2. with the condition of first comprehending the defect that we want to extirpate (see Chapter Eight).
3. Proserpine only eliminates the 'I's which personify the defects that we have comprehended in an integral manner.

Esoteric Treatise of Hermetic Astrology, *1967*

Practice 4

In interaction with people, our defects spontaneously appear

When	In interaction with people
How	by means of Meditation
Where	in each and everyone of the forty-nine subconscious regions

1. In interaction with people, our defects spontaneously appear,
2. and if we are alert, we discover what center they proceed from,
3. then, by means of Meditation, we will discover them in each and everyone of the forty-nine subconscious regions.

Esoteric Treatise of Hermetic Astrology, 1967

Practice 5

Only practice the Arcanum with your wife

Take care	not with any other woman

1. The Holy Spirit awakens the fire of the spine and builds the temple for your I Am.
2. Sanctify yourself.
3. Only practice the Arcanum with your wife, not with any other woman.
4. Prepare for Aquarius.

Christmas Messages, 1952-66

Practice 6

Sick people must smell their zodiacal perfume on a daily basis

For	Sick people
When	on a daily basis
Perfume	perfume of Spikenard

1. Sick people must smell their zodiacal perfume on a daily basis:
2. : perfume of Spikenard

Occult Medicine and Practical Magic, 1978

Where to practise

Aquarius
The main booklet: every passage on the sign, with these practices in their place.

Scorpio
The first booklet of the zodiac series, with its own practices.

Sagittarius
The second booklet of the zodiac series, with its own practices.

Capricorn
The sign before this one in the zodiac, with its own practices.

Zodiacal Course
His practice for every sign of the zodiac.

The Three Factors
The three factors of the revolution of the consciousness, in his words.

Psychological Death
His teaching on comprehending and eliminating the defects.

The Centres of the Human Machine
The centres the defects proceed from.

To print: the A5 booklet, the Word file, and the cards to cut out (A4, two cards to a sheet, printed on both sides).