Aries — the practice cards

The Zodiac · VI

1. Print at 100% (actual size). Do not choose “fit to page”.
2. Print double-sided, and choose **flip on short edge**.
3. Start from this page: the page after it is left blank on purpose, so every card back lands behind its front.
4. Cut on the small grey marks at the corners of each card. Each card is 105 × 148 mm (A6).
5. The art on the first card runs 3 mm past the marks, so a slightly uneven cut still leaves no white edge.

The first card has the art on the front and his table for the sign on the back. Each card after it is one practice: the front gives his line and a small box with how and when; the back gives his steps, in his order. Every word on the cards is his, apart from these instructions and the small labels.



The exercise

The exercises of this sign are the following

How

sit on a comfortable chair and remain thoughtless for five minutes

To the right

JACHIN

To the left

BOAZ

Words to sound

AOM

How many times

This mantra is pronounced four times

1. The exercises of this sign are the following:
2. The disciple should sit on a comfortable chair and remain thoughtless for five minutes.
3. He should then pray to his Inner Self as follows:
4. *"Father, you who are my true being, I beg that you transport yourself to the main star of the constellation of Aries, to bring the principal genie of that constellation to this humble house, so that he may heal my brain and awaken all the occult powers of my head".*
5. Then, with interlaced hands above his heart, the disciple will make a small bow of the head saluting the guardian at the right column, inhaling deeply, as in a sigh and immediately pronounces the password: JACHIN.
6. Immediately, he will make an identical salute to the guardian on the left and pronounce the password: BOAZ.
7. He will once again pray to his Inner Self like this:
8. *"Father, take the seven sacred steps within, towards the interior of the temple and kneel down at the feet of the principal genie of Aries, begging him to come and awaken the powers of my brain and to flood my head with light".*
9. Then the disciple pronounces the mantra: AOM.
10. This mantra is pronounced properly opening the mouth with the vowel "A", rounding it off with the vowel "O", and closing it with the letter "M", like this: AAAAAAAAOOOOOOOOOMMMMMMMM.

Aries

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From the 21 of March to the 19 of April

Rules: The Head

Metal: Iron

Stone: Ruby and Diamond

Perfume: Myrrh

Plant: The Oak

Flower: The Red Carnation

Planet: Mars

Color: Red

Element: Fire

Key Word: Action

Day: Tuesday

Ruler: Samael

The exercise

The exercises of this sign are the following

cont.

11. This mantra is pronounced four times with the intention that the light flood our entire brain,
12. Next, the disciple will stand up; extend his right hand forward and move his head seven times forward, seven times backwards, seven rotations to the right and seven times to the left, with the intention that light flood and act within all the glands of the brain.
13. The pineal gland is influenced by Mars and the pituitary by Venus.
14. The pituitary produces sleepiness and the pineal gland incites us to fight; and in this manner, while Venus wants to sleep, Mars wants to continue fighting.

The vowel

The disciple should vocalize daily for one hour, the vowel I

When

During this sign

How long

daily for one hour

Words to sound

IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII.....

1. During this sign, the disciple should vocalize daily for one hour, the vowel I", like this:
2. IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII.....
3. This vowel will cause your pineal gland to vibrate and finally you will become clairvoyant.
4. Developed, the pineal gland converts us into super-men, and atrophied, it converts us into idiots.
5. It is found developed in the chaste and atrophied in fornicators.
6. Therefore, good disciple, if you want to convert thyself into an angel, thou are totally prohibited from all coitus.

At night

The disciple should practice before going to bed nightly, this other exercise

When
before going to bed nightly

How long
during half an hour

How
Sit on a comfortable chair

Take care
Remove all thought from your mind

In the armchair

The disciple should sit in a comfortable armchair with the mind still and in silence

How
close his eyes in order that nothing of the world distract him

Words to sound
AUM

How many times
four times during this exercise of Aries

1. The work with our own Zodiac begins precisely with Aries.
2. The disciple should sit in a comfortable armchair with the mind still and in silence, empty of all kinds of thoughts.
3. The devotee should close his eyes in order that nothing of the world distract him;
4. imagine that the very pure light of Aries floods the cerebrum;
5. he should remain in that state of meditation all the time he wants
6. and then he will sing the powerful mantra **AUM** by opening the mouth properly with the 'A', rounding it with the 'U' and closing it with the holy 'M'.
7. The powerful mantram '**AUM**' is in itself a terribly divine creation because it attracts the forces of the very beloved Father, of the very adored Son and of the very wise Holy Spirit.
8. The vowel "A" attracts the forces of the Father, the vowel "U" attracts the forces of the Son, the vowel "M" attracts the forces of the Holy Spirit.
9. **AUM** is a powerful Logoic Mantra.
10. The devotee should sing this powerful mantra four times during this exercise of Aries
11. and then, standing up towards the East, he will extend his right arm forward moving his head forward seven times, seven times backwards, turning it seven times towards the right, turning it seven times towards the left, with the intention that the light of Aries will work within the cerebrum awakening the pineal and pituitary glands which permit us the perception of the superior dimensions of space.

1. The pineal gland is the window of Brahma: a fountain of accumulation for the magician and the disciple should practice before going to bed nightly, this other exercise:
2. Sit on a comfortable chair, during half an hour.
3. Close your eyes.
4. Remove all thought from your mind.
5. Then, imagine that the fire from the constellation of Aries descends from heaven and penetrates in the igneous columns through your pineal gland.
6. This gland is situated in the superior portion of the brain and the power to see the ultra of all things resides in it.
7. If the disciple carries out the exercises of Aries with tenacity and constancy, he will become an enlightened clairvoyant.
8. During these exercises, the disciple will be assisted by the hierarchies of Aries and they will awaken his powers and heal his brain with special treatments.
9. The disciple will also be able to use the power of those hierarchies to heal others.

The genii of Aries

In Aries you will visit the genii of Aries

When
During your zodiacal exercises

How
praying to these genii to come and treat your organs corresponding to the zodiacal sign with which you are working

The genii
Sataaran and Sarahiel

The perfume

Sick people must smell their zodiacal perfume on a daily basis

For
Sick people

When
on a daily basis

Perfume
perfume of Myrrh

1. Sick people must smell their zodiacal perfume on a daily basis:
2. ARIES : perfume of Myrrh

1. These are the 24 elders who rule the twelve zodiacal constellations.
2. During your zodiacal exercises you should visit the sidereal temples of the genii with whom you are practicing.
3. Therefore: in Aries you will visit the genii of Aries, in Taurus, those of Taurus, etc., praying to these genii to come and treat your organs corresponding to the zodiacal sign with which you are working.
4. Aries: Sataaran and Sarahiel.