Capricorn — the practice cards

The Zodiac · III

1. Print at 100% (actual size). Do not choose “fit to page”.
2. Print double-sided, and choose **flip on short edge**.
3. Start from this page: the page after it is left blank on purpose, so every card back lands behind its front.
4. Cut on the small grey marks at the corners of each card. Each card is 105 × 148 mm (A6).
5. The art on the first card runs 3 mm past the marks, so a slightly uneven cut still leaves no white edge.

The first card has the art on the front and his table for the sign on the back. Each card after it is one practice: the front gives his line and a small box with how and when; the back gives his steps, in his order. Every word on the cards is his, apart from these instructions and the small labels.



The exercise of Capricorn

During the sign of Capricorn, imagine a coffin on the ground

When

During the sign of Capricorn

How

when you walk, you will bend the knees, as if to jump over the obstacle

The knees

causing the knees to spin from right to left, with the mind concentrated on them

Intention

having the firm intention for them to become charged with the lead of Saturn

1. During the sign of Capricorn, imagine a coffin on the ground.
2. Walk over that imaginary coffin, but imagining it in the middle of the legs;
3. when you walk, you will bend the knees, as if to jump over the obstacle, as if to pass the legs over the coffin,
4. but causing the knees to spin from right to left, with the mind concentrated on them, having the firm intention for them to become charged with the lead of Saturn.
5. Masonic Masters will be able to understand this exercise of Saturn very well, because they are the same steps of the Master Mason when entering the Lodge.

Capricorn

The Zodiac · III

From the 22 of December to the 19 of January

Rules: the Knees and the Skin

Metal: Lead

Stone: Onyx

Perfume: Pine Extract

Plant: False Plantain

Flower: Lotus

Planet: Saturn

Color: Black

Element: Earth

Key Word: Obstruction

Day: Saturday

Ruler: Orifiel

The exercise of Capricorn

A coffin should be imagined on the floor

When
during the sign of Capricorn

How
he will walk with bent knees as if to clear an obstacle

The knees
making the knees spin from left to right

Intention
with the intention that they become charged with the lead of Saturn

The exercise of Capricorn

It is also urgent to practice the exercises of internal meditation daily

When
daily

How
praying to our “INNER BEING” to transport himself to the sidereal temples

The genii
Sagdolon and Semakiel

1. It is also urgent to practice the exercises of internal meditation daily,
2. praying to our “INNER BEING” to transport himself to the sidereal temples to bring before us the principal genii of that constellation,
3. so that they may awaken the chakras and powers of the knees.
4. Capricorn: Sagdolon and Semakiel.

1. The following exercise should be practiced during the sign of Capricorn:
2. A coffin should be imagined on the floor and the disciple should walk over this imagined coffin but leaving it between his legs,
3. and he will walk with bent knees as if to clear an obstacle,
4. and making the knees spin from left to right, with the intention that they become charged with the lead of Saturn, such as our great guru “Huiracocha” taught us

The key of FARAON

The key consists in reducing an eggshell to powder

How

apply these powders over the chest and armpits

Words to sound

FARAON

Like this

FAAAAAAAAA
RAAAAAAAAAA
ONNNNNNNNNN

Then

when the student feels that he has become numb, he should rise from his bed and head towards the Gnostic Church

The planetary hours

The disciple should choose the hours to work with the stars

When

In the hours of the Moon, he can work with the Moon; in the hours of Mercury, he can work with Mercury, etc.

1. The disciple should choose the hours to work with the stars.
2. In the hours of the Moon, he can work with the Moon; in the hours of Mercury, he can work with Mercury, etc.
3. Saturn is the abode of the green hierarchies.
4. These hierarchies gave man the "animal-soul", or mental body.

1. The key consists in reducing an eggshell to powder.
2. The disciple will apply these powders over the chest and armpits;
3. he will then lie down on his bed, and cover himself properly with his blankets.
4. The student will then lull himself to sleep, pronouncing the mantram "FARAON", like this: FAAAAAAAAA RAAAAAAAAA ONNNNNNNNN
5. This can be pronounced mentally,
6. and when the student feels that he has become numb, he should rise from his bed and head towards the Gnostic Church.
7. The first syllable "Fa" corresponds to the Chinese Gong, or the musical fa which resounds in the entire creation.
8. We have to pronounce this note to become attuned with mother nature.
9. The second syllable "Ra", corresponds to a very ancient mantram that vibrates all the chakras of the astral body;
10. this mantram is not pronounced with "r" but with "rr" instead, like this: rrrrrrrrraaaaaaaaa.
11. And the last syllable "On" corresponds to the "Hindu" mantram Om, but is here pronounced as: Onnnnnnnnnnn.
12. This mantram "FARAON" can be vocalized with the mind or better yet, with the heart.
13. Therefore, the powerful Egyptian mantram "Faraon" serves to "travel" in the astral body.

The perfume of Capricorn

Sick people must smell their zodiacal perfume on a daily basis

For
Sick people

When
on a daily basis

Perfume
perfume of Pine extract

Occult Medicine and Practical Magic, 1978

1. Sick people must smell their zodiacal perfume on a daily basis:
2. : perfume of Pine extract