

The Zodiac · III

Capricorn

the practice, step by step



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This is the practice part of *Capricorn*, in his words only, set out step by step. Each card has a line of his at the top, a small box with how and when, taken from his own sentences, and then his paragraph cut at its full stops and commas into numbered steps, nothing added and nothing left out. The exercise of the coffin is given twice, each card in its own book's words: first as he wrote it in 1967, his later word, then as he gave it in the *Zodiacal Course* of 1951. The full teaching, with every passage around these, is in the main booklet, *Capricorn*.

The practices

The exercise of Capricorn

1 During the sign of Capricorn, imagine a coffin on the ground

2 A coffin should be imagined on the floor

3 It is also urgent to practice the exercises of internal meditation daily

The key of FARAON

4 The key consists in reducing an eggshell to powder

The planetary hours

5 The disciple should choose the hours to work with the stars

The perfume of Capricorn

6 Sick people must smell their zodiacal perfume on a daily basis

Practice 1

During the sign of Capricorn, imagine a coffin on the ground

When	During the sign of Capricorn
How	when you walk, you will bend the knees, as if to jump over the obstacle
The knees	causing the knees to spin from right to left, with the mind concentrated on them
Intention	having the firm intention for them to become charged with the lead of Saturn

1. During the sign of Capricorn, imagine a coffin on the ground.
2. Walk over that imaginary coffin, but imagining it in the middle of the legs;
3. when you walk, you will bend the knees, as if to jump over the obstacle, as if to pass the legs over the coffin,
4. but causing the knees to spin from right to left, with the mind concentrated on them, having the firm intention for them to become charged with the lead of Saturn.
5. Masonic Masters will be able to understand this exercise of Saturn very well, because they are the same steps of the Master Mason when entering the Lodge.

Esoteric Treatise of Hermetic Astrology, *1967*

Practice 2

A coffin should be imagined on the floor

When	during the sign of Capricorn
How	he will walk with bent knees as if to clear an obstacle
The knees	making the knees spin from left to right
Intention	with the intention that they become charged with the lead of Saturn

1. The following exercise should be practiced during the sign of Capricorn:
2. A coffin should be imagined on the floor and the disciple should walk over this imagined coffin but leaving it between his legs,
3. and he will walk with bent knees as if to clear an obstacle,
4. and making the knees spin from left to right, with the intention that they become charged with the lead of Saturn, such as our great guru “Huiracocha” taught us

Zodiacal Course, 1951

Practice 3

It is also urgent to practice the exercises of internal meditation daily

When	daily
How	praying to our “INNER BEING” to transport himself to the sidereal temples
The genii	Sagdolon and Semakiel

1. It is also urgent to practice the exercises of internal meditation daily,
2. praying to our “INNER BEING” to transport himself to the sidereal temples to bring before us the principal genii of that constellation,
3. so that they may awaken the chakras and powers of the knees.
4. Capricorn: Sagdolon and Semakiel.

Zodiacal Course, 1951

Practice 4

The key consists in reducing an eggshell to powder

How	apply these powders over the chest and armpits
Words to sound	FARAON
Like this	FAAAAAAAAA RAAAAAAAAAA ONNNNNNNNN
Then	when the student feels that he has become numb, he should rise from his bed and head towards the Gnostic Church

1. The key consists in reducing an eggshell to powder.
2. The disciple will apply these powders over the chest and armpits;
3. he will then lie down on his bed, and cover himself properly with his blankets.
4. The student will then lull himself to sleep, pronouncing the mantram "FARAON", like this: FAAAAAAAAA RAAAAAAAAAA ONNNNNNNNN
5. This can be pronounced mentally,
6. and when the student feels that he has become numb, he should rise from his bed and head towards the Gnostic Church.
7. The first syllable "Fa" corresponds to the Chinese Gong, or the musical fa which resounds in the entire creation.
8. We have to pronounce this note to become attuned with mother nature.

9 The second syllable “Ra”, corresponds to a very ancient mantram that vibrates all the chakras of the astral body;

10 this mantram is not pronounced with “r” but with “rr” instead, like this: rrrrrrrrraaaaaaaaa.

11 And the last syllable “On” corresponds to the “Hindu” mantram Om, but is here pronounced as: Onnnnnnnnnnn.

12 This mantram “FARAON” can be vocalized with the mind or better yet, with the heart.

13 Therefore, the powerful Egyptian mantram “Faraon” serves to “travel” in the astral body.

Zodiacal Course, 1951

Practice 5

The disciple should choose the hours to work with the stars

When	In the hours of the Moon, he can work with the Moon; in the hours of Mercury, he can work with Mercury, etc.

1. The disciple should choose the hours to work with the stars.
2. In the hours of the Moon, he can work with the Moon; in the hours of Mercury, he can work with Mercury, etc.
3. Saturn is the abode of the green hierarchies.
4. These hierarchies gave man the “animal-soul”, or mental body.

Zodiacal Course, 1951

Practice 6

Sick people must smell their zodiacal perfume on a daily basis

For	Sick people
When	on a daily basis
Perfume	perfume of Pine extract

1. Sick people must smell their zodiacal perfume on a daily basis:
2. : perfume of Pine extract

Occult Medicine and Practical Magic, 1978

Where to practise

Capricorn
The main booklet: every passage on the sign, with these practices in their place.

Scorpio
The first booklet of the zodiac series, with its own practices.

Sagittarius
The sign before this one in the zodiac, with its own practices.

Zodiacal Course
His practice for every sign of the zodiac.

The Mantras
How to sound the mantrams.

The Keys of Astral Travel
His keys for going out in the astral body.

The Herbal Pharmacopoeia
The plants and perfumes.

To print: the A5 booklet, the Word file, and the cards to cut out (A4, two cards to a sheet, printed on both sides).