

Conscious Shocks

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1 Life reaches us in the form of impressions

Life reaches us in the form of impressions, and it is there, precisely there, where the possibility of working on ourselves exists.

The Fifth Gospel · Against Impressions

First of all, if we want to do that, then we have to understand the work that we must do. If we did not do this work correctly, how could we achieve a psychological transformation in ourselves?

The Fifth Gospel · Against Impressions

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It is obvious that the work that we are going to realize on ourselves must be upon the impressions that we are receiving in each instant, in each moment. Unless one apprehends it or catches it, he would never understand the meaning of what is called in the work the “first conscious shock”.

The Fifth Gospel · Against Impressions

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The “shock” is related to those impressions that are everything we know about the external world, that we are receiving, that we take as if they were true things, true people. We need to transform our life, and this is internal. When we want to transform these psychological aspects of our existence, obviously, we need to work on the impressions that enter into us, clearly!

The Fifth Gospel · Against Impressions

2 A self-conscious effort is necessary

Why do we call the work on the transformation of impressions the “first conscious shock”? For one reason, my dear Gnostic brothers, for one reason: because, simply, it is something that we could in no way do in a purely mechanical way. This never happens mechanically; a self-conscious effort is necessary.

The Fifth Gospel · Against Impressions

It is clear that a Gnostic aspirant who begins to understand this kind of work, obviously, for that reason, begins to stop being a mechanical man who exclusively serves the purposes of nature, a creature absolutely asleep who is simply nothing more than an “employee” of nature, [useful] for its economic ends, which, actually, do not serve in any way the interests of our own Intimate Self-Realization.

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Thus, my dear Gnostic brothers, it is appropriate, in a certain way, to compare the work on ourselves with digestion, in the sense that it is a transformation. I want you to reflect profoundly on this, to understand what the “first shock” is. It is necessary to form an instrument of change at the point of entry of impressions, do not forget it!

The Fifth Gospel · Against Impressions

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If by understanding the work, you can accept life as a truly esoteric work, then you will be in a constant state of self-remembering. This state of self-consciousness will naturally lead you to the living terrain of the transformation of impressions, and thus normally –or supra-normally, better said–, to that of a different life, as far as you are concerned naturally.

The Fifth Gospel · Against Impressions

3 The transformation of the impressions that reach the mind

Then, our task consists of transforming the impressions of life so that they do not cause the kind of negative reactions to which we are so accustomed. But to achieve this, it is necessary to self-observe from instant to instant, from moment to moment. It is urgent to be studying our own impressions.

The Fifth Gospel ·Against Impressions

Then, one can let impressions arrive in a negative, mechanical way, or not. If one doesn't let them, it equals to starting to live more consciously. That is to say, one might allow oneself the luxury that life and impressions arrive mechanically, but if one does not commit such a mistake, if he transforms those impressions, then he begins to live consciously. That is why it is said that this is the "first conscious shock".

The Fifth Gospel ·Against Impressions

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This first conscious shock lies, precisely, in the transformation of the impressions that reach the mind. If one does not manage to transform the impressions that reach the mind at the very moment of their entry, one can always work on their result and prevent them, of course, from producing their mechanical effects, which are always disastrous within our psyche.

The Fifth Gospel ·Against Impressions

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All this requires a defined feeling, a defined vibration of the work, a valorization of the Teaching. Because it means that this esoteric Gnostic work must be taken up to the point where the impressions enter and are mechanically distributed to their customary place in the personality in order to evoke old reactions.

The Fifth Gospel ·Against Impressions

4 A miraculous change in the entire work of the body

When one gives to oneself the shock of "Self Remembering," then indeed, a miraculous change in the entire work of the body is produced, so that the cells receive different nourishment.

Treatise of Revolutionary Psychology, 1975

Now, when one reflects on oneself, one withdraws into oneself. When you ask yourself: "Why shouldn't I forget myself? Why should I do this exercise and not forget myself? Why? Who am I to forget myself?", such a reflection implies a greater effort that makes Hydrogen-12 pass exactly to the capital center of the brain for the first shock of Consciousness, of awakened Consciousness. Because to do the exercise of "not forgetting oneself" is to be alert from instant to instant; that should be normal. But when one makes deeper self-reflections: "Why shouldn't I forget myself? Why do I have to remember myself? Who am I to be remembering myself?", in that personal self-effort to know who I am and why I have to not forget myself, in that tremendous effort to know who am I, to have consciousness of myself, in that instant of decision through one's own effort, well it is clear, then Hydrogen-12 rises to a certain special center of the brain to produce the first shock of Consciousness.

The Fifth Gospel · The Binary Serpentine Power

5 The food we eat begins with the note DO

The food we eat begins with the note DO; the chime from this first stage of transformation moves on to RE; this refined food passes by osmosis into the blood stream and continues with the note MI. Successive processes follow until there remains the best of the whole organism, the marvelous elixir, the seminal liquor, with its hydrogen 12 in the note SI. Sexual hydrogen SI- 12 is found in the semen; it is the creative power of the Third Logos. The first musical octave, DO - RE - MI-FA – SOL - LA - SI corresponds exactly to the production of sexual hydrogen SI-12 inside the organism.

The Buddha's Necklace, 1967

The Maithuna (Sexual Magic) produces a special shock, which permits sexual hydrogen SI-12 to pass to a second musical octave, DO-RE-MI-FA-SOL-LA-SI. The result of this is a crystallization of sexual hydrogen SI-12 into the extraordinary form of the Astral Body. We call this the transmutation of lead into gold. The transmutation of flesh and blood into the Astral Body is urgent A second shock by means of the Maithuna (Sexual Magic) allows the sexual hydrogen SI-12 to pass to a third musical octave, DO-RE MI-FA-SOL-LA-SI, whose result is the crystallization of sexual hydrogen S1-12 into the wonderful form of the Mental Body (body of paradise).

The Buddha's Necklace, 1967

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A third shock by the Maithuna permits the hydrogen SI-12 to pass to the fourth musical octave, the result of which is the crystallization of the sexual hydrogen SI-12 into the magnificent form of the Conscious Will or Causal Body.

The Buddha's Necklace, 1967

06 This special shock is the sexual restraint of the Maithuna

The Sexual Hydrogen is deposited in the Semen and we can move it on to a second superior octave Do-Re-Mi-Fa-Sol-La-Si, through a special shock.

Esoteric Treatise of Hermetic Astrology, 1967

This special shock is the sexual restraint of the Maithuna. The second musical octave causes the Sexual Hydrogen Si-12 to crystallize in the extraordinary and marvelous form of the Solar Astral Body.

Esoteric Treatise of Hermetic Astrology, 1967

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By restraining the sexual impulse in order to avoid the ejaculation of semen, the Sexual Hydrogen TI- 12 receives a special shock that passes it into another Second Superior Octave. This new octave is processed according to the seven notes of the scale DO-RE MI-FA-SOL-LA-TI.

The Solar Bodies, 1968

7 All this work is with the Maithuna

Through the Maithuna, Sexual Magic, the Hydrogen Si 12, after crystallising into the astral body receives a new shock which places it in the Do of a third musical octave. Then we acquire a mental body.

Christmas Messages, *1952-66*

(After the note SI comes DO, which corresponds to another musical scale and a higher octave.) SI can be elevated to a higher musical octave by restraining the sexual impulse and ejaculation. This is how H-SI-12 passes to a second octave, giving rise to the Solar Astral Body. Through a third shock the hydrogen will pass to a third octave which will give rise to the Solar Mental Body. A fourth octave gives birth to the Body of Conscious Will. All this work is with the Maithuna. Once in possession of these 4 vehicles, our Divine Being will enter through the pineal gland and we will then attain the Second Birth and become True Men. Whilst we have the lunar animal bodies we are intellectual animals and are only a chrysalis which could be transformed into a Celestial Butterfly this is attained with super-efforts.

Tarot and Kabalah, *1978*

8 Those external shocks were very common

At the beginning of the twelfth century, a monk named Norbert founded an order of religious character in Europe. Before that idea occurred to that man, he was a worldly man dedicated exclusively to vices and pleasures. On a certain day, he was struck by lightning, and although he was not killed, his entire being was totally transformed. This event did not occur by coincidence nor by chance. It was a cosmic event provoked by the Gods, since this man was predestined to mark the Karma of the worlds, performing a new task, and initiating a new cultural era of the conscience. All the fluid links between the physical and astral, and mental bodies of that man remained totally modified by the "shock" of the force contained in that ray, and that external shock marked the new consciousness which would reach its splendor in Aquarius.

Zodiacal Course, 1951

Now then, until the year 1889, those external shocks were very common, because actually, to enter the internal worlds during the eighteenth and nineteenth centuries was almost impossible. Nature had shut the doors to the internal worlds to humanity, for it was necessary for man to go through an era of darkness to enter the internal worlds later, in a different and positive manner.

Zodiacal Course, 1951

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Those external shocks were the only ones capable of giving some evolved souls, access to the internal worlds.

Zodiacal Course, 1951

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In 1889, the first cycle of "Kali-Yuga" ended, and after that date, those "externalpsychic" shocks became internal. In this lesson of Gemini, we taught our disciples to enter the internal worlds in a positive form.

Zodiacal Course, 1951

9 Those internal shocks which will awaken his conscience

The disciple who is asleep in the internal worlds, will now awaken his conscience and will not dream anymore. He will exchange his “dreams” for conscious experiences. These exercises will produce those internal shocks which will awaken his conscience, and will exchange dreams for real and effective experiences within the internal worlds.

Zodiacal Course, 1951

So while his body is asleep in bed, the disciple in the internal worlds will become an invisible help and a worker under the orders of the Universal White Fraternity. Before, the chakras turned from right to left and now with these exercises, they will turn positively like the hands of the clock. These exercises will totally impede him from dreaming again and while his body sleeps, he will be conscious in the internal worlds. That will be the result of these exercises. The conscience of dreams is a remnant of our animal conscience that we once possessed. Animals live a life of pictorial dreams. There will be many who will have difficulty “leaving” in the astral body at will, but by all means the exercises of this lesson of Gemini, will “inevitably” awaken their conscience and so, while their bodies sleep in their beds, they, too, will work consciously in the internal worlds. The important thing is that on awakening, they remember well their astral experience, which “are no longer dreams” but rather “conscious experiences”. To obtain this it is necessary that on awakening, not to move and do a retrospective exercise to remember well all we did white we were out of the physical body, since while every individual’s body is asleep, he is out of the body; those with asleep conscience, “dreaming” and those with awake conscience, “working” consciously.

Zodiacal Course, 1951