

Manual of Practical Magic

Twenty-nine practices, set out as he numbered them

Samael Aun Weor · 1953–54

How this booklet treats his words

Every passage below is the Master's own, quoted from the 1953–54 English edition by chapter and verse. He wrote this book as numbered statements, and the numbers are kept so any line can be found in the source.

This edition is badly scanned — more so than any other book in the library.

Where the printed edition is damaged by scanning — a broken word, a dropped letter, a stray full stop — the reading is given plainly here, so the page reads and prints clean. Every such repair is recorded in the project notes, with its place in the book, so anyone can check what was done.

I

The four conditions

Aleph — The Magician

The magician should learn to move, in his astral body, throughout the infinite.

7 The Soul should learn to enter and leave the body at will.

11 The four conditions needed to be a magician are the following:

12 To know how to suffer, how to be silent, how to abstain and how to die.

13 He who has developed occult powers, has power over the rays and the volcanoes in eruption.

2

The secret to awaken the Kundalini

Beth — The Priestess

As the Kundalini rises through the Spinal Medulla, all our occult powers awaken.

20 The secret to awaken the Kundalini is the following:

21 INTRODUCE THE VIRILE MEMBER IN THE VAGINA OF THE WOMAN AND WITHDRAW IT WITHOUT SPILLING THE SEMEN.

22 The restrained desire will cause our seminal liquid to rise to the head.

23 So our Kundalini awakens.

24 This is how our disciples can become Gods. (See 'Treatise of Sexual Alchemy", by the same author).

25 This exercise is done slowly.

26 During this sexual connection, the mantrams: "DIS", "DAS", 'DOS" shall be vocalized.

27 One must prolong each of these letters, like this:

DIIIIIIIIIIISSSSSSSSSSS DAAAAAASSSSSSSSSS
DOOOOOOSSSSSSSSS

3

The order given to the Cherubim

Beth — The Priestess

During this exercise, a hermaphrodite Cherubim, who has the power to open for us all the chakras and convert us into Gods, is formed in the Astral plane.

30 This Cherubim resembles the man and the woman.

31 The Cherubim wears a purple robe falling to the ankles.

32 The Cherubim is completely hermaphrodite because he/she possesses the sexual organs of the man and the woman.

33 This Cherubim is formed during the moment that the couple is united sexually.

34 This Cherubim is engendered during the trance of Sexual Magic.

35 This Cherubim has all the powers of EDEN.

36 This Cherubim has all the powers that man and woman had before the fall.

37 This Cherubim has the keys of EDEN.

38 The man and the woman united during the trance of Sexual Magic should together order the Cherubim, at the same time, to awaken their Kundalini and to open all their chakras.

39 The man and the woman will give the order and the Cherubim will obey and will open all their magical powers.

40 Those who want to convert themselves into Gods, should never, ever spill a single drop of the Semen in their lives.

41 With one seminal ejaculation alone, it is enough to fail in this work.

42 Sexual Magic can only be practiced between husband and wife in legitimately constituted homes.

4

One hour daily

GIMEL — THE EMPRESS

1 "In the beginning was the Verb, and the Verb was with God, and the Verb God".

The disciple should vocalize one hour daily, to awaken his occult powers.

12 One hour daily of vocalization, is better that reading one million books of Theosophism, Spiritism, etc.

5

Clairvoyance — CHIS, IN, RIS, ISIS

GIMEL — THE EMPRESS

The mantram "CHIS" serves to awaken the power of clairvoyance; this mantram is pronounced like this:

CHIIIIIIIIIISSSSSSSSS

5 The syllable "IN" also serves to awaken the power of clairvoyance; that syllable is vocalized like this:

IIIIIIIIIIIIINNNNNNNN

7 The mantram “RIS” is also used for clairvoyance.

8 That mantram is vocalized like this:

RIIIIIIIIIIIISSSSSSSSSS

10 The mantram “ISIS” is also a great mantram to awaken clairvoyance; that mantram is vocalized like this:

IIIIIIISSSSSSS..... IIIIIIIIISSSSSSS....

13 Clairvoyance is the same imagination.

14 For the sage, to imagine is to see.

15 Whoever wants to become clairvoyant, has to reconquer his lost infancy.

16 The angel AROCH taught me the most powerful mantrams known in the world to awaken clairvoyance.

17 Whoever wants to be clairvoyant must put an end to reasoning and accustom himself to see all things with the imagination.

6

MA MA, PA PA — the atoms of infancy

Gimel — The Empress

The most powerful mantrams for clairvoyance, are the first syllables that the child begins to syllabicate during his first years.

19 These syllables are:

20 MA MA, PA PA.

21 On pronouncing the first syllable MA, this syllable will be vocalize in a very high and acute manner.

22 On vocalizing the second syllable MA, it will be vocalized in a very low manner.

23 The same shall be done with the syllable PA, PA.

24 One's voice is raised with the first syllable of each of the words, and will then be repeated many times, lowering the note.

29 In the atoms of infancy we have the power of clairvoyance.

30 Those atoms are in our inner universe, and we can make them come to the surface through the syllables: MA MA, PA PA.

31 The frontal chakra has 96 radiations and shines between our eyebrows like a lotus flower.

32 This lotus flower has the Pituitary gland as its base. CLAIRAUDIENCE

7

Apollo, and the water the pythonesses watched

GIMEL — THE EMPRESS

The pythonesses of Delphi received help from the God APOLLO and our disciples can invoke APOLLO during their exercises to awaken ther clairvoyance.

28 The pythonesses of Delphi awakened clairvoyance looking fixedly at the water for entire hours, and our disciples can do the same.

8

The magical ear

GIMEL — THE EMPRESS

Clairaudience is the power to hear in the internal worlds.

34 Clairaudience is the magical ear.

35 Clairaudience awakens with the vowel "E".

36 This vowel is combined with different letters to awaken the occult ear.

37 The syllable "EN" serves to develop the magical ear.

THIS SYLLABLE IS VOCALIZED LIKE THIS:
EEEEEEEEEEEEENNNNNNNNNN……..

39 The mantram "CHES" is very powerful to awaken the magical ear.

40 This mantram is vocalized like this: CHEEEEEEEEESSSSSSSSSSS…..

41 There are some very powerful mantrams to awaken the magical ear.

42 These mantrams are: AUM CHIVATUM Eeeeeeeee...

43 AUM is pronounced opening the mouth wide with the vowel A, rounding it out with the U, and closing it with the M.

44 The other syllables are pronounced prolonging the sound over each vowel.

45 The laryngeal chakra is located in the throat and it has 16 radiations. Its colors are marvellous. It looks like a lotus flower emerging from the Thyroid gland.

9

The chakra of the heart — ON, CHOS

GIMEL — THE EMPRESS

The Inner Self resides in the heart.

47 God is in the heart.

48 He who awakens the chakra of the heart acquires INTUITION.

49 He who awakens the chakra of the heart acquires the power to conjure the wind and the hurricanes.

50 He who awakens the chakra of the heart learns to study all things with the heart and he becomes wise.

51 This chakra awakens with the vowel "O."

52 The syllable "ON" is used to awaken the chakra of the heart.

53 This syllable is vocalized in this manner:
OOOOOOOOOOONNNNNNNNN

54 The mantram “CHOS” also serves to awaken the chakra of the heart. This mantram is vocalized in this manner. CHOOOOOOOOOOSSSSSSSSSSS

62 The cardiac chakra has 12 radiations and luminous undulations.

10

The Our Father, prayed lying down

Gimel — The Empress

The prayer of the OUR FATHER is the most grandiose magical power to awaken the chakra of the heart.

56 To pray is to converse with God.

57 The OUR FATHER serves to converse with GOD.

58 The disciple will lie down on his bed comfortably. He will put aside from his mind all types of earthly thoughts and then very slowly, he will meditate during whole hours on each of the words and phrases of the OUR FATHER, as if trying to converse with the FATHER who is in the heavens.

59 During this exercise the disciple should become profoundly sleepy.

60 In visions of dreams, the FATHER who is in the heavens will appear to the student, and the disciple will be able to converse with him in a familiar manner.

61 The FATHER will be able to make the disciple see certain visions that the disciple should learn to interpret with the heart. In this way all disciples can converse with GOD.

11

OMNIS JAUM INTIMO

GIMEL — THE EMPRESS

The mantram OMNIS JAUM INTIMO serves to communicate with the INNER- SELF.

64 This mantram shall be vocalized mentally.

65 The disciple will lull himself to sleep adoring the INNER-SELF and mentally pronouncing the mantram OMNIS JAUM INTIMO.

66 The disciple will be able to converse with his INNER-SELF.

67 The INNER-SELF will appear to the disciple in visions during sleep.

12

Intuition — OM MASI PADME YOM

GIMEL — THE EMPRESS

The mantram to awaken INTUITION is "OM MANI PADME JUM".

69 This mantram is vocalized like this:

70 "OM MASI PADME YOM".

71 The vocalization is letter by letter, like this:

OOOOOOOOOMMMMMMMM
MAAAAAAAA.....SIIIIIIIIIIIIII. PADME
YOOOOOOMMMMMMMMM.....

73 Its meaning is: “Oh, my God in me!”

74 This mantram is vocalized adoring the INNER-SELF, rendering homage to the INNER-SELF.

75 The INNER-SELF is the Most High in us.

> Note. ☞ *He names the mantram OM MANI PADME JUM and then vocalizes it OM MASI PADME YOM, one line apart. Both are printed as he has them. This is not an error to tidy.*

13

Telepathy — CHUS, and the golden Cross at dawn

Gimel — The Empress

The Solar Plexus is developed with the vowel “U”.

89 The mantram “CHUS” is very powerful to develop the Solar Plexus chakra.

90 This mantram is pronounced like this: CHUUUUUUUUSSSSSSSSSSS

91 Another very interesting exercise to awaken the Telepathic Plexus is the following:

92 The disciple should sit in a comfortable chair, with his sight towards the east.

93 The disciple should imagine that in the orient there is a great golden CROSS, that radiates blue and golden rays.

94 The disciple should imagine those rays entering through his Solar Plexus, to awaken him and give him life. This exercise is practiced ten minutes daily.

95 This exercise is always practiced in the first hours of the morning, in other words, at dawn.

98 The syllable "UN," prolonging the sound over the letters "U" and "N," can be vocalized during the exercise of the golden Cross, at dawn.

14

The retrospective exercise

GIMEL — THE EMPRESS

The clue to remembering our past lives is in the retrospective exercise.

102 The disciple submerged in profound meditation should carry out a retrospective recapitulation of all the events that have occurred in his lives, from the present to the past.

103 The disciple should try to remember all transpired events in a reverse order, beginning with the last ones until going back to the first events of his infancy.

104 We can remember all memories of our infancy by practicing the retrospective exercise during those instants of dozing off.

105 In those instants we can exert ourselves to recall the last experiences of our past reincarnation.

106 So, in a retrospective order, we can review our entire past and past reincarnations.

107 The important thing is to practice this retrospective exercise during instants of dozing.

108 Like this, in visions in our sleep, we shall remember all our past lives.

109 The pulmonary chakras permit us to remember our past lives. These chakras are developed with the vowel “A”, like this:

A A A A A A A A A A A A A A A A ..... .

111 The mantram “CHAS” is effective to develop the pulmonary chakras.

15

The clue to come out in the Astral Body

GIMEL — THE EMPRESS

The clue to come out in the Astral Body is the following:

125 The disciple should lull himself to sleep in his bed.

126 When the disciple finds himself in that state of transition, which exists between vigil and sleep, he should rise from his bed exactly the way a somnambulist does.

127 Before leaving the room, the disciple will jump with the intention of floating in the atmosphere.

128 If the disciple does not float, he gets into bed again and repeats the experiment.

129 However, if upon jumping, the disciple floats in the air, then he should leave the room and fly towards the GNOSTIC CHURCH.

130 This is not a mental exercise.

131 What we are saying here should be translated into facts.

132 During instants of falling asleep, the disciple will rise from his bed the way the somnambulists do.

133 The sleep process breaks the very strong connections, which exist in the vigil state.

16

FARAON, RUSTI, and the keys that follow

GIMEL — THE EMPRESS

The disciple will be able to lull himself to sleep by vocalizing the mantram "FARAON" like this: FAAAAAAAAAAAAAAAAAAAA…..
RRRRRRRRRRAAAAAAAAAAAAA…
OOOOOOOOOONNNNNNNNNNN…

136 Concentrate your whole mind on the Pyramids of Egypt.

137 When the disciple finds himself dozing, he should rise from his room en route to the pyramids of Egypt.

138 Another mantram to come out in the Astral Body is the mantram "RUSTI".

139 The disciple will vocalize this mantram mentally and when he is falling asleep he should rise from his bed and leave his room en route to the GNOSTIC CHURCH.

140 There be will be able to converse with the CHRIST personally and receive direct instruction from all the Masters.

141 The mantram "TAI RE RE RE", also serves to come out in the Astral Body.

142 The disciple lulls himself to sleep singing this mantram with the mind.

143 When the disciple is already falling asleep, he will rise from his bed and will come out of his room en route to the Gnostic Church.

144 Another very simple clue to come out in the Astral Body is the following:

145 The disciple should lull himself to sleep mentally pronouncing the syllable LA and the syllable RA.

146 When the disciple then feels within his brain a sweet and peaceful whistling, something similar to the brakes of compressed air or the singing of bugs, something like the sound of little flutes or flutes, the disciple should get up from his bed and head towards the GNOSTIC CHURCH.

17

The jinn state

Gimel — The Empress

Disciples can also learn to travel with their body of flesh and bones in the "jinn" state.

154 The disciple will lull himself to sleep lightly and no more, then, he will rise from his bed like a somnambulist conserving sleepiness like a very precious treasure.

155 Before coming out of his bed, the disciple will make a small jump with the intention of floating, and if he floats in the atmosphere, it is because his body already penetrated the Astral Plane.

156 Now the disciple will be able to take his physical body to remote places on earth in few instants.

157 When CHRIST walked on the waters, he did so with his physical body in the jinn state.

158 To take one's physical body, a little sleepiness and much faith is sufficient.

160 The mantram FE UIN DAGJ, (the last word pronounced gutturally), serves to awaken all the chakras of the Astral body.

161 The mantram "miña pica frasco", serves to travel in the jinn state, from one place on earth to another.

162 The disciple gets up from his bed, like a somnambulist, pronouncing the mantram: miña pica frasco.

163 Some disciples learn immediately, others take entire months and years to learn. POLY VISION

18

The four exorcisms, and the Prayer of the Gnomes

VAU — THE LOVER

Before beginning every magical ceremony with the stars, one needs to conjure the earth, fire, water and the air with their corresponding Exorcisms. EXORCISM OF WATER

19 Fiat firmamentum in medio aquarum et separet aquas ab aquis, quae superius sicut quae inferius, et quae inferius sicut quae superius, ad perpetranda miracula rei unius. Sol ejus pater est, luna mater et ventus hanc gestavit in utero suo, ascendit a terra ad coelum et rursus a coelo in terram descendit. Exorciso te, creatura aquae, Ut sis mihi speculum Dei vivi in operibus ejus, et fons vitae, et ablutio peccatorum. AMEN. EXORCISM OF FIRE

20 One exorcises the fire by throwing into it, salt, incense, white resin, camphor and sulphur, pronouncing three times the three names of the Genii of fire: MICHAEL, King of the Sun and of the Ray SAMAEL, King of the Volcanoes ANAEL, Prince of the Astral Light. EXORCISM OF AIR

21 One exorcises the air by blowing towards the four cardinal points, and saying: “Spiritus Dei ferebatur super aquas, et inspiravit in faciem hominis spiraculum vitae. Sit Michael dux meus, et Sabtabiel servus meus, in luce et per lucem. Fiat verbum halitus meus; et imperabo Spiritibus, aeris hujus, et refrenabo equos solis voluntate cordis mei, et cogitatione mentis meae et nutu oculi dextri. Exorciso igitur te, creatura aeris, per Pentagrammaton, et in nomine Tetragrammaton, in quibus sunt voluntas firma et fides recta. AMEN. Sela, fiat. So be it.” EXORCISM OF THE EARTH

22 The earth is exorcised by sprinkling water, by breath and fire, with the proper perfumes of the day, and one says the prayer of the GNOMES. PRAYER OF THE GNOMES

23 King invisible, Who, taking the earth as a support, didst furrow the abysses to fill them with Thine omnipotence; Thou Whose name both shake the vaults of the world, Thou Who causest the seven metals to flow through the veins of the rock, monarch of the seven lights, rewarder of the subterranean toilers, lead us unto the desirable air and to the realm of splendour. We watch and we work unremittingly, we seek and we hope, by the twelve stones of the holy City, by the hidden talismans, by the pole of loadstone, which passes through the centre of the world! Saviour, Saviour, Saviour, have pity on those who suffer, expand our hearts, detach and elevate our minds, enlarge our entire being! O stability and motion! O day clothed with night! O darkness veiled by splendour! O master Who never keepest back the wages of Thy labourers! O silver whiteness! O golden splendour! O crown of living and melodious diamonds! Thou Who wearest the heaven on Thy finger like a sapphire ring. Thou Who concealest under earth, in the stone kingdom, the marvellous seed of stars, live, reign, be the eternal dispenser of the wealth whereof Thou hast made us the wardens! AMEN.” THE MAGICAL SQUARES

19

The seven magical squares

Vau — The Lover

Square of the MOON: Constant: 369. Total: 3,321. 37 78 29 70 21 62 13 54 5 6 38 79 30 71 22 63 14 46 47 7 39 80 31 72 23 55 15 16 48 8 40 81 32 64 24 56 57 17 49 9 41 73 33 65 25 26 58 18 50 1 42 74 34 66 67 27 59 10 51 2 43 75 35 36 68 19 60 11 52 3 44 76 77 28 69 20 61 12 53 4 45

25 Square of MERCURY: Constant: 260. Total 2,080. 8 58 59 5 4 62 63 1 49 15 14 52 53 11 10 56 41 23 22 44 45 19 18 48 32 34 35 29 28 38 39 25 40 26 27 37 36 30 31 33 17 47 46 20 21 43 42 24 9 55 54 12 13 51 50 16 64 2 3 61 60 6 7 57

26 Square of VENUS: Constant: 175. Total: 1,225 22 47 16 41 10 35 4 5 23 48 17 42 11 29 30 6 24 49 18 36 12 13 31 7 25 43 19 37 38 14 32 1 26 44 20 21 39 8 33 2 27 45 46 15 40 9 34 3 28

27 Square of the SUN: Constant: 111. Total: 666. 6 32 3 34 35 1 7 11 27 28 8 30 19 14 16 15 23 24 18 20 22 21 17 13 25 29 10 9 26 12 36 5 33 4 2 31

28 Square of MARS: Constant: 65. Total: 325 11 24 7 20 3 4 12 25 8 16 17 5 13 21 9 10 18 1 14 22 23 6 19 2 15

29 Square of JUPITER: Constant: 34. Total: 136. 4 14 15 1 9 7 6 12 5 11 10 8 16 2 3 13

30 Square of SATURN: Constant: 15. Total: 45. 4 9 2 3 5 7 8 1 6 THE ART OF WORKING WITH THE STARS

20

Working with the stars

VAU — THE LOVER

The disciple will sit comfortably in a chair and will then concentrate his Mind on his INNER-SELF, saying:

32 "You who art myself, my true BEING.

33 Leave my body, enter the doors of the heart temple of (here one names the planet which one will work with in those instants)."

34 Then the words, JACHIN, BOHAZ are pronounced.

35 Next, the Magician asks the Sidereal Genie with whom one is working, for the desired service: love, journeys, business, etc.

36 The magician will clamor several times asking for: CHORUS, CHORUS, CHORUS; and the angels will work, but according to the Law.

37 The planetary LOGOS will send choruses of angels to work with the magician, to dominate and overcome.

38 This is how one works with the ray of the stars. This is how our disciples can solve their particular problems.

21

The Lords of Karma — NI NE NO NU NA

CHETH — JUSTICE

The lords of Karma grant credit to whoever asks for it, but all credit has to be paid working in the great work of the FATHER.

9 When our disciples want to ask for help from the Lords of Karma they paint a Star of six points on the ground, they open their arms in the shape of a scale.

10 And they move their arms in the shape of a scale, up and down, keeping the Mind concentrated on ANUBIS, who is the Chief of the Lords of Karma. II. Then we can menially ask the Lords of Karma the desired service.

12 On moving the arms in the shape of a scale, we vocalize the syllables: NI, NE, NO, NU, NA.

13 In this manner we ask for help from the Lords of Karma in moments of danger or need.

14 However I tell thee that it is better to travel in the Astral body to the offices of Karma to speak personally with the Judges of the Law.

22

Chains of three, and the four elemental kingdoms

KHAPH — THE FORCE OF PERSUASION

The most powerful chains are carried out in groups of three persons.

2 The number three is the GREAT ARCANE.

8 In our rituals three candles are lit.

9 The number three is totally creative.

10 The magical effect of chains in groups of three is terrible.

11 In every magical ceremony the four elements of Nature have to be conjured. (See the CONJURATION OF THE FOUR in chapter VI).

12 The kingdom of the Sylphs is in the Orient and its chief is Paralda.

13 The kingdom of the Undines is in the West, and its chief Is Varuna.

14 The kingdom of the Gnomes is in the North and its chief is (GOB and KITICHI)

15 The kingdom of the Salamanders is in the South and its chief is DJIN and AGNI.

16 The Sylphs are the Spirits of air.

17 The Undines are Spirits of water.

18 The Gnomes are the elementals of earth.

19 The salamanders are the elemental Spirits of fire.

20 When the operator is conjuring the creatures of fire, he will direct himself to the South; when he is conjuring those of air, he will direct himself to the east; when he is conjuring the creatures of earth, he will direct himself to the North, when he is conjuring the creatures of water he will direct himself to the West.

21 The Star of five points, before which the columns of angels and demons tremble, should be painted on the ground with charcoal.

22 The superior vertex of the Star will remain pointing inside the precinct, and the two inferior angles of the star pointing outside the precinct.

23 A star of six points can also be painted in the center of the circle, to make the elementals obey.

24 The Hebrew letter ALEPH can replace the Star of five points and the Star of six points. (This letter is drawn at the heading of the first chapter)

25 The creatures of air are commanded with the feather of a bird.

26 The creatures of water are conjured with the goblet in hand.

27 The creatures of earth are conjured with the staff or cane in hand.

28 The creatures of fire are conjured with the sword.

23

BELILIN, and the two Conjurations

SAMECH — BAPHOMET

Our disciples should learn to conjure the tenebrous ones to make them flee terrorized.

7 The angel AROCH taught me a conjuration against the tenebrous ones which reads like this:

8 BELILIN, BELILIN, BELILIN, Amphora of salvation; I would like to be near you; Materialism has no power near me, BELILIN, BELILIN, BELILIN. (This is sung).

9 Solomon the Sage left us two very powerful conjurations to combat demons. Let us take a look:

10 CONJURATION OF THE FOUR "Caput mortum, imperet tibi dominus per vivum et devotum serpentem ! Cherub, imperet tibi Dominus per Adam Jot Cha Vah ! Aquila errans, imperet tibi Dominus per alas tauri ! Serpens, imperet tibi Dominus Tetragrammaton, per Angelum et Leonem ! Michael, Gabriel, Raphael, Anael ! Fluat udor per Spiritum Elohim Manet in terra per Adam Jot-Chavah ! Fiat firmamentum per Iahuvehu-Sabaoth ! Fiat judicium per ignem in virtute Michael ! Angel of the blind eyes, obey, or pass away with this holy water ! Work Winged Bull, or revert to the earth, unless thou wilt that I should pierce thee with this sword ! Chained Eagle, obey my sign, or fly before this breathing ! Writhing serpent, crawl at my feet, or be tortured by the sacred fire

and give way before the perfumes that I burn in it ! Water, return to water! Fire, burn ! Air, circulate ! Earth, revert to earth ! By virtue of the Pentagram, which is the Morning Star, and by the Name of the Tetragram, which is written in the center of the Cross of Light ! AMEN. AMEN. AMEN."

11 CONJURATION OF THE SEVEN "In the name of Michael, may Jehovah command thee and drive thee hence, Chavajoth ! In the name of Gabriel, may Adonai command thee, and drive thee hence, Bael ! In the name of Raphael, begone before Elial, Samgabiel! By Samael Zabaoth, and in the name of Elohim Gibor, get thee hence, Andramelech ! By Zachariel et Sachel-Meleck, be obedient unto Elvah, Sanagabrill By the divine and human name of Shaddai, and by the sign of the Pentagram which I hold in my right hand, in the name of the angel Anael, by the power of Adam and eve, who are Jotchavah, begone Lilith! Let us rest in peace, Nahemah ! By the holy Elohim and by the names of the genii Cashiel, Sehaltiel, Aphiel and Zarahiel, at the command of Orifiel, depart from us Moloch ! We deny thee our children to devour! AMEN. AMEN. AMEN."

12 One has to conjure the tenebrous ones with the sword.

24

The Invocation of Solomon

HAIN — THE FULMINATED TOWER

The wise Solomon left us a marvellous Invocation to ask for help from the superior powers.

12 With this invocation we receive help for our individual needs.

13 THE INVOCATION OF SOLOMON "Powers of the kingdom, be ye under my left foot and in my right hand ! Glory and Eternity, take me by the two shoulders, and direct me in the paths of victory ! Mercy and Justice, be ye the equilibrium and splendor of my life! Intelligence and Wisdom, crown me!

Spirits of Malchuth, lead me betwixt the two pillars upon which rests the whole edifice of the Temple! Angels of Netsach and Hod, establish me upon the cubic stone of Jesod ! Oh Gedulael! Oh Geburael! Oh Tiphereth ! Binael, be my love! Ruach Hochmael, be thou my light ! Be that which thou art and thou shalt be! Oh Ketheriel ! Ischim, assist me in the name of Shaddai ! Cherubim, be my strength in the name of Adonai ! Beni-Elohim, be my brethren in the name of the Son, and by the powers of Sabaoth ! Elohim, do battle for me in the name of Te-tra-gra-ma-ton. Malachim, protect me in the name of Iod-He-Vau-He ! Seraphim, cleanse my love in the name of Eloah ! Hasmalim, enlighten me with the splendors of Elohim and Shekinah! Aralim, act! Ophanim, revolve and shine! Hayoth ha Kadosh, cry, speak, roar, bellow! Kadosh, Kadosh, Kadosh! Shaddai, Adonai, Jot-Chavah, EIEAZEREIE! Hallelu-Jah, Hallelu-Jah, Hallelu-Jah. AMEN. AMEN. AMEN."

25

Walking to a planet's temple

PHE — HOPE

To converse with the sidereal Gods we should learn to leave our physical body.

6 In Astral body we have to learn to transport ourselves to the temple of the sidereal Gods.

7 Being outside the body the magician walks in circles from right to left, placing the imagination and will on the planetary temple he desires to visit.

8 Then the magician will follow a straight line walking in the direction of the temple.

9 To the right of every cosmic temple there is a white column.

10 To the left of every cosmic temple there is a black column.

11 The magician greets the guardian on the right, saying: JACHIN

12 The magician greets the guardian on the left, saying: BOHAZ.

13 In the interior of the temple we can speak with the planetary Gods to get to know our authentic and legitimate horoscopes.

26

The Evil Eye, and the intercessor called at bedtime

TZAD — TWILIGHT

The "Evil Eye" in children is cured by reading to them a fragment of each of the four Gospels and making the sign of the Cross on their forehead, mouth and chest.

2 The Evil Eye is also cured by reciting the Conjuration of the Four and making passes over the head to take out the morbid fluid that can be burnt in fire.

9 These victims should defend themselves incessantly with the conjurations of the Four and of the Seven.

12 We can defend ourselves from witchcraft, invoking our own elemental intercessor.

13 The elemental Intercessor knows about herbs, he knows about enlightenments, he knows about stars because he is an expert in the elemental Magic of Nature.

14 He is called upon wholeheartedly upon going to bed.

27

Speaking with the dead in NOGAH

MEM — DEATH

One can speak with the disembodied.

2 The dead live in the sphere of JET ZIRAH.

3 The dead live in the world of NOGAH (Astral World).

4 The disciples should learn to leave and enter their body at will.

5 In the world of NOGAH we can invoke the dead to speak to them personally.

10 In the world of NOGAH, we can speak with the dead personally.

11 The thirteenth hour is death and resurrection.

12 When we make some petition, many times the angels answer us showing us the clock.

13 The disciple should notice the hour of the clock.

14 That is the clock of destiny.

15 In the time is the answer: THE TWELVE HOURS OF APOLLONIUS

28

Meditation — ASANA, DHARANA, DYANA, SHAMADI

SHIN — TRANSMUTATION

Those who cannot come out in the Astral body owe it to having lost the faculty and then they have to reconquer this faculty through daily

Meditation.

2 Meditation is a scientific system to receive internal information.

3 When the magician submerges himself in meditation, he abandons his physical body and he can converse with the sidereal Gods.

4 Meditation covers four phases:

5 ASANA; (Posture of the physical body). The body should remain in an absolutely comfortable position.

6 DHARANA: (Concentration). We should separate the mind from all types of earthly thoughts. "Earthly thoughts should fall dead before the doors of the temple." One has to concentrate the mind only on within... on our INNER SELF.

7 DYANA: (Meditation). The disciple should meditate on those instants on the INNER SELF. The INNER SELF is the SPIRIT. "Remember that thy bodies are the temple of the living God and that the Most High dwells in us." The disciple should fall asleep profoundly trying to converse with his INNER SELF.

8 SHAMADI: (Ecstasy). If the disciple has been able to fall asleep meditating on his INNER SELF, then he enters the state of Shamadi and he can see and hear ineffable things and converse with the angels in a familiar manner. It is in this way that he awakens conscience from its millenary lethargy. It is in this manner that we can acquire the divine wisdom, without the need of harming the powers of the Mind with the battle of reasoning, or with vain intellectualisms. Meditation is the daily bread of the sage.

9 With Meditation our Astral body is transformed, our astral experiences are made clear during the hours of sleep and in this way man reconquers his faculties and learns to come out in the Astral body at will.

10 Then he will be able to use, with success, the clues that we gave in the chapter of GIMEL or The Empress.

29

The Rune OLIN, for those who have no partner

THAU — THE RETURN

Our single disciples of both sexes can transmute their sexual energy with the Rune OLIN. EXERCISE

7 In a firm footed position the disciple will do several inhalations and exhalations rhythmically.

8 As he inhales air he should unite his imagination and will in vibrant harmony to make the sexual energy rise through the two ganglionic cords of the Medulla until it reaches the brain, between the eyebrows, the throat and the heart, respectively.

9 Then the disciple will exhale his breath, firmly imagining that the sexual energy is fixed on the heart.

10 On exhaling his breath, the disciple will vocalize the mantram "THORN" in this manner. TOOOOOOOOOOORRRRRRNNNNNNN...

11 In this way our disciples who are single, of both sexes, can transmute their sexual energy

14 With the exercise of the Rune OLIN we should carry out several movements of the arms.

15 The disciple should place his right hand on his waist.

16 He will extend both hands towards the left, the left hand slightly more elevated than the right, the arms stretched to form an acute angle with the trunk.

17 Place both hands on the waist.

> NOTE. ☞ *The arm movement as printed is incomplete. Psychic Judo, or Esoteric Course of Runic Magic (1969) sets the runes out at greater length; do that book before anyone tries to teach OLIN properly.*