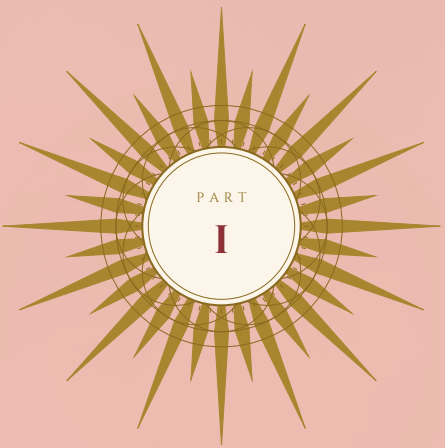


FOUNDATIONS OF THE PATH

Where the work begins: the paths available to us, what initiation actually means, and the conditions that make a real student.

IN THIS PART

01 What Is Gnosis?
02 The Path and Life
03 The Four Paths to Self-Realization
04 Initiation: The Path Back to Our Divine Origin
05 The Four Conditions for Becoming a Theurgist
06 The Internal Evolution: Lunar vs. Solar
07 What Does It Mean to Be Serious?

01

What Is Gnosis?

Knowledge of the Being: the doctrine of the eye against the doctrine of the heart, and the four pillars of integral knowledge.

WHAT IS GNOSIS?

Knowledge of the Being, learned immediately and intuitively

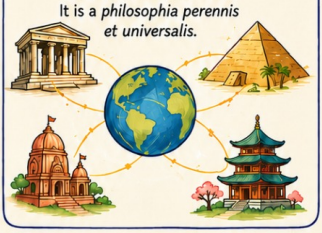
1. KNOWLEDGE

Gnosis means knowledge: an inner understanding that seeks to bring us closer to the Being.



2. UNIVERSAL WISDOM

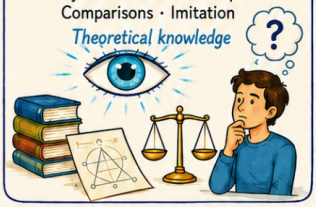
Its principles appear in ancient cultures of East and West. It is a *philosophia perennis et universalis.*



3. DOCTRINE OF THE EYE

Intellect · Deduction · Subjective reason · Concepts · Comparisons · Imitation

Theoretical knowledge



4. DOCTRINE OF THE HEART

Intuition · Inspiration · Objective reason · Consciousness · Intelligence · Sensitivity

Direct knowledge



5. THE FOUR PILLARS

- **SCIENCE:** the Royal Art of nature.
- **ART:** messages to Consciousness.
- **PHILOSOPHY:** understanding existential meaning.
- **RELIGION:** *re-ligare*, unión with the origin.

6. SEARCH FOR TRUTH

The doctrine of the eye provides theoretical knowledge; the doctrine of the heart offers direct knowledge.



SCIENCE + ART + PHILOSOPHY + RELIGION = INTEGRAL KNOWLEDGE

02

The Path and Life

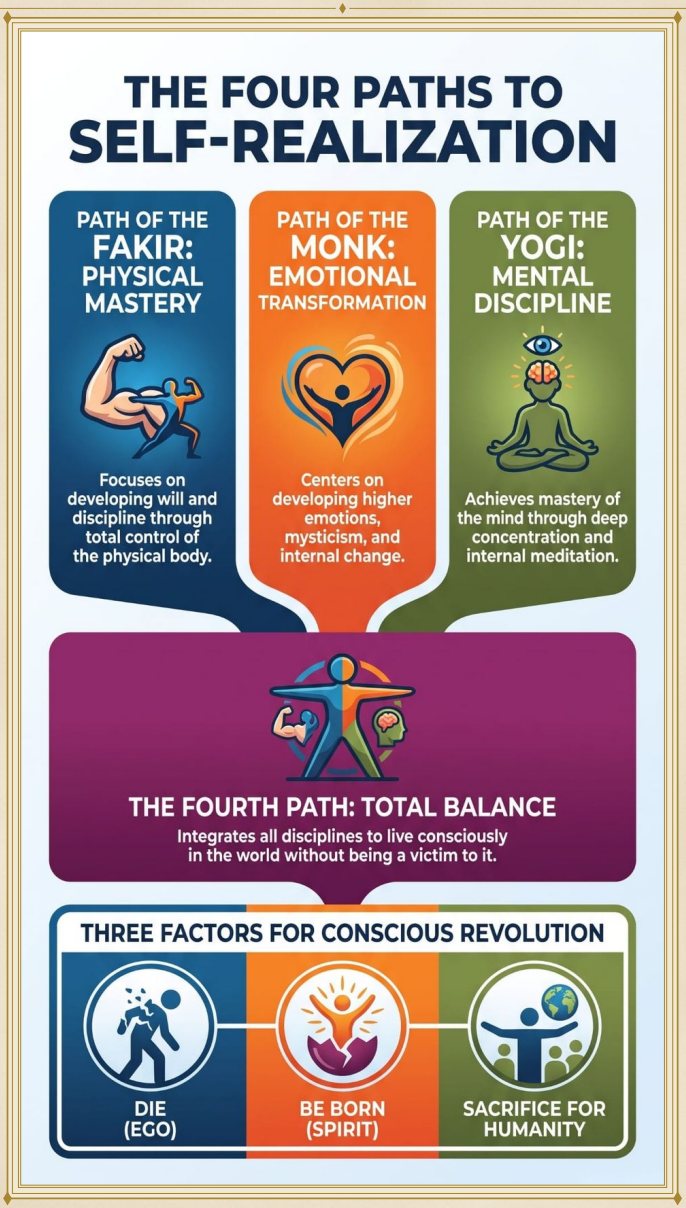
The horizontal life of circumstance against the vertical path of consciousness, and the SOL key for returning to oneself.



03

The Four Paths to Self-Realization

Fakir, Monk, Yogi and the Fourth Path of total balance, with the three factors of the revolution of consciousness.



04

Initiation: The Path Back to Our Divine Origin

The lesser and greater mysteries, the trials of the four elements, and the Guardian of the Threshold.



05

The Four Conditions for Becoming a Theurgist

Know how to suffer, to be silent, to abstain and to die. Source: Manual of Practical Magic, ch. 1.



06

The Internal Evolution: Lunar vs. Solar

Lunar bodies and solar bodies, the seven dimensions, and the making of the authentic man through internal alchemy.

The Internal Evolution: Lunar vs. Solar

Humanity is an incomplete "being" possessing the potential to evolve from natural, cold states to radiant, authentic existence through internal alchemy.

Lunar Bodies: The Intellectual Animal



Cold, embryonic forms created naturally that represent an incomplete state of being.

Solar Bodies: The Authentic Man



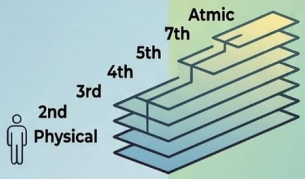
Radiant, sublime bodies created through Alchemy that grant real existence in internal worlds.

Evolution Through Internal Alchemy



Man is not a finished product but has the inherent values to "create" himself.

The 7 Dimensions of Being



The True Man consists of seven bodies (Physical to Atmic) spanning the 3rd to 7th dimensions.

07

What Does It Mean to Be Serious?

Gurdjieff on the circle of trivialities, and the one aim that deserves our complete seriousness.

WHAT DOES IT MEAN TO BE SERIOUS?

Gurdjieff on what truly deserves our attention

1. THE QUESTION

Gurdjieff asked:

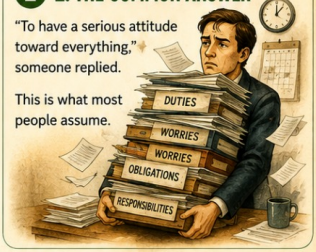
"What does it mean to be serious?"



2. THE COMMON ANSWER

"To have a serious attitude toward everything," someone replied.

This is what most people assume.



3. THE REAL QUESTION

A serious attitude does not automatically make something important.

The real question is:

TOWARD WHICH THINGS?



4. THE CIRCLE OF TRIVIALITIES

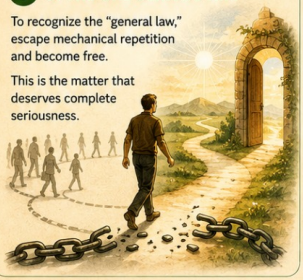
Many people revolve endlessly around insignificant interests and petty aims, unaware of what they are losing.



5. THE ONE SERIOUS AIM

To recognize the "general law," escape mechanical repetition and become free.

This is the matter that deserves complete seriousness.



6. THE PRISONER'S EXAMPLE

What matters to a prisoner sentenced to death?
Only this:

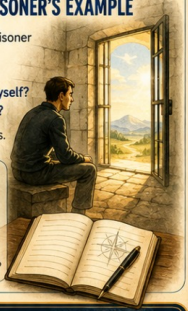
- How can I save myself?
- How can I escape?

Nothing else is serious.

PRACTICE:

Ask yourself:

- What am I taking seriously today?
- Does it lead toward freedom or repetition?



TO BECOME FREE: THAT IS THE SERIOUS AIM