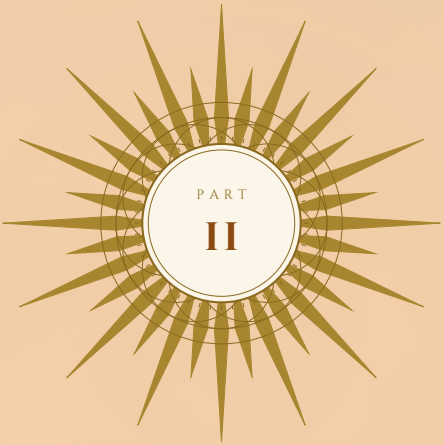


KNOWING THE HUMAN MACHINE

A map of what we actually are before the work begins — the centres, the minds, and the levels of consciousness.

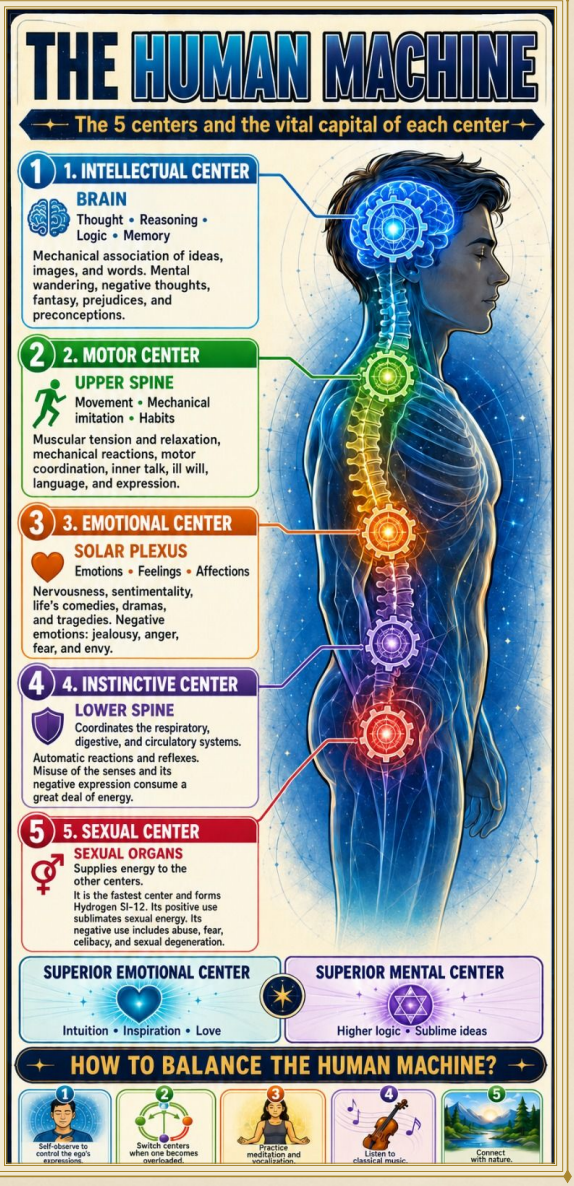
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The Human Machine

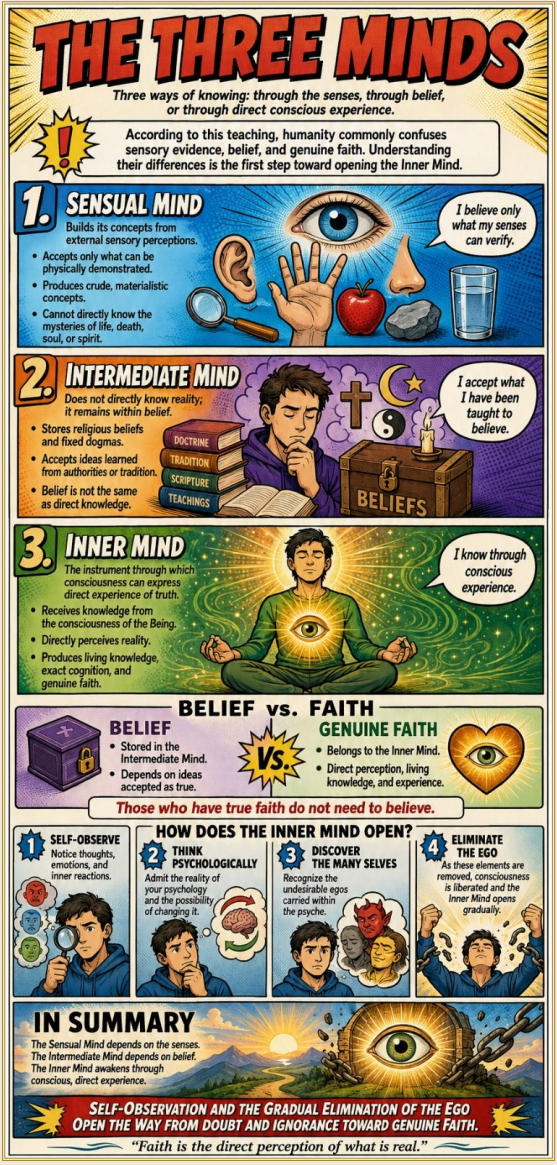
The five centres and the vital capital of each, plus the superior emotional and mental centres.



09

The Three Minds

Sensual, intermediate and inner mind, and the difference between belief and genuine faith.



10

Four States of Consciousness

Eikasia, Pistis, Dianoia and Nous, with the causes of the sleep of consciousness.



11

Analogy of the Development of Consciousness

Seminal pearl, golden embryo, Bodhicitta and Bodhisatwa, told as seed, plant, light and gardener.

ANALOGY OF THE DEVELOPMENT OF CONSCIOUSNESS

Seminal Pearl • Golden Embryo • Bodhicitta • BODHISATWA

Four concepts explained through a simple analogy

1. SEMINAL PEARL

THE SEED

First nucleus of consciousness liberated from the ego.



2. GOLDEN EMBRYO

THE PLANT

The seed grows and forms a stable consciousness.



3. BODHICITTA

LIGHT AND WISDOM

Awakened consciousness, developed through experience.



4. BODHISATWA

THE GARDENER

Human Soul of a Master, guided by the Being.



SEED (Seminal Pearl) → **PLANT** (Golden Embryo) → **LIGHT** (Bodhicitta)

DEVELOPMENT OF CONSSCIOUSNESS

BODHISATWA = THE ONE WHO EXPRESSES THAT CONSCIOUSNESS IN SERVICE TO THE BEING

CONSCIOUSNESS GROWS; THE BODHISATWA PLACES IT AT THE SERVICE OF OTHERS.

12

The Dialectic of Consciousness

Thesis, antithesis, conscious discussion and synthesis □ understanding opposites without being trapped in them.



13

Return, Recurrence and Reincarnation

Three distinct concepts: to come again, to happen again, to incarnate again, and how recognising the pattern ends it.

RETURN, RECURRENCE, AND REINCARNATION

TO COME AGAIN • TO HAPPEN AGAIN • TO INCARNATE AGAIN

Three different concepts explained through simple scenes

1. RETURN

TO COME AGAIN

The law that causes human beings to return mechanically.

It also governs natural cycles: days, years, and seasons.



2. RECURRENCE

TO HAPPEN AGAIN

Events and reactions tend to repeat themselves.

Characters or places may change, but the same pattern reappears.



3. REINCARNATION

TO INCARNATE AGAIN

According to this teaching, it applies to conscious beings who are born to fulfill a specific mission.

They choose their place, family, and circumstances.



4. CONSCIOUS OBSERVATION

RECOGNIZE THE PATTERN

Self-observation reveals recurrences in thoughts, emotions, and actions.
By understanding the ego that originates a scene, the repetition can end.



RETURN
To come again

→

RECURRENCE
To happen again

→

REINCARNATION
To incarnate again

THREE RELATED BUT DISTINCT CONCEPTS

RETURN + RECURRENCE = MECHANICAL REPETITION OF EXISTENCE

RECOGNIZING THE PATTERN OPENS THE POSSIBILITY OF CHANGING IT

14

Personality, Essence and Ego

The mask formed by the world, the divine spark it covers, and the multiplicity that clouds both, with self-observation as the key.

PERSONALITY, ESSENCE AND EGO

0 — Formation — 7 years — Growth — Development — Death

THE PERSONALITY



- Vehicle of manifestation.
- Adaptation to the environment.
- Examples and experiences.
- Temporary.
- Seat of the false identity.

THE ESSENCE



- Divine, immortal spark.
- Beautiful, natural, spontaneous.
- Contains our potential.
- It is what we truly are.
- Expresses itself freely in childhood.
- Self-awareness, inner wisdom.

THE EGO

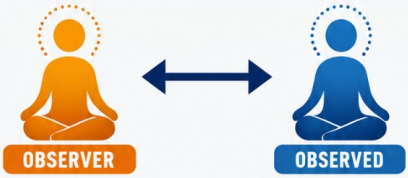


- Set of "psychic aggregates".
- Constitutes our inner multiplicity.
- Personifies our defects, weaknesses, etc.
- It is the cause of sleeping Consciousness.
- Continues beyond death.



Key: The harmonious development of Essence and Personality.

PRACTICE: Self-observation



15

Awakening Consciousness

Three per cent free and ninety-seven asleep: identification and fascination, and the SOL key for waking from them.

AWAKENING CONSCIOUSNESS

WHAT IS CONSCIOUSNESS?

Consciousness is the inner capacity to perceive ourselves clearly, understand what occurs within us, and act consciously.



AWAKE CONSCIOUSNESS

Observes thoughts, emotions, and actions without identifying with them.

SLEEPING CONSCIOUSNESS

Reacts mechanically, identifies with experiences, and lives under the influence of the egos.

3 % ESSENCE

A small conscious and luminous part remains free.

97 % SUBCONSCIOUSNESS

Infraconsciousness • Unconsciousness • Egos

CAUSES OF THE SLEEP OF CONSCIOUSNESS

IDENTIFICATION

Forgetting ourselves when we become absorbed in a situation.

FASCINATION

Becoming trapped by thoughts, emotions, desires, or objects.

SELF-DISCOVERY

We need to observe, understand, and eliminate our defects in order to awaken consciousness.

PRÁCTICE: SOL KEY

S — SUBJECT

Who am I, and what is occurring within me?

O — OBJECT

What am I observing, and how am I reacting to it?

L — LOCATION

Where am I, and what is happening around me?

REMEMBER: SUBJECT • OBJECT • LOCATION

16

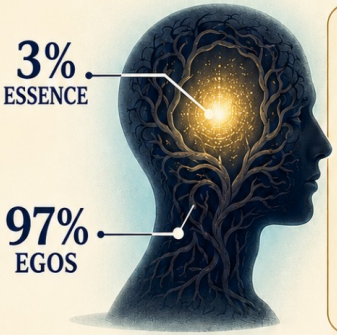
The Psychological Ego

How the ego is formed, how it manifests and how it is nourished, and the seven capital sins that head the legion.

THE PSYCHOLOGICAL EGO

Gnostic Psychology is the study of the principles, laws, and causes contained in the Universe, in relation to the radical and definitive transformation of the individual.

1. How is it formed?
2. How does it manifest?
3. How is it nourished?





Each "ego" contains a compartment of bottled Essence.

The Ego expresses itself through photographic and phonographic messages.



7 CAPITAL SINS OR HEADS OF LEGION

1. ANGER
2. LAZINESS
3. LUST
4. PRIDE
5. GREED
6. ENVY
7. GLUTTONY



Through **self-observation**, we can become conscious of our psychological multiplicity and its manifestations.

