

The Zodiac · I

Scorpio

the practice, step by step



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This is the practice part of *Scorpio*. Every practice in that booklet is here, in his words only, set out step by step. Each card has a line of his at the top, a small box with what it is for and when, taken from his own sentences, and then his paragraph cut at its full stops into numbered steps, nothing added and nothing left out. The full teaching, with every passage around these, is in the main booklet, *Scorpio*.

> **For those who practise alone.** The cards marked "For: the married couple" are the work of husband and wife. The work on the defects and the perfume of Scorpio are for everyone. The practices of transmutation for those who practise alone are in *The Benefits of Pranayama, Ham-Sah and Alchemy*.

The practices

The work of the couple

1. The exercise of Scorpio is the Maithuna
2. A short exercise of five minutes daily
3. During moments of love, in which the couple feels ineffable delights
4. Withdrawing it at the moment the spasm draws nearer
5. The clue to transform oneself into a magician
6. The semen should never be ejaculated or spilled

The defects

7. Dedicate two months to each defect

The mantrams

8. "Hiram" is also a mantram of the Kundalini

The perfume of Scorpio

9. Sick people must smell their zodiacal perfume on a daily basis

Practice 1

The exercise of Scorpio is the Maithuna

For	the married couple
When	all the time, in a continuous manner, until achieving the Second Birth
How often	It is only permitted to practice once daily.
Take care	one should never force one's spouse to practice the Maithuna when she is sick or when she is menstruating, or in the state of pregnancy

1. The exercise of Scorpio is the Maithuna and the latter is not only practiced during Scorpio but all the time, in a continuous manner, until achieving the Second Birth.
2. However, we should warn that one should never practice two consecutive times in the same night.
3. It is only permitted to practice once daily.
4. It is also urgent to know that one should never force one's spouse to practice the Maithuna when she is sick or when she is menstruating, or in the state of pregnancy, because it is a crime.
5. The woman who has given birth to a child can only practice the Maithuna after forty days from childbirth.
6. The Maithuna does not impede the reproduction of the species, because the seed always passes to the womb without the need of spilling the semen.
7. The multiple combinations of the infinite substance are marvelous.

Esoteric Treatise of Hermetic Astrology, 1967

Practice 2

A short exercise of five minutes daily

For	the married couple
When	on Friday of each week if the case is very serious
How long	five minutes
Then	little by little each year, one can lengthen the time of the exercise of the Maithuna until becoming capable of practicing one hour daily

1. Many are the students of occultism who complain because they fail, because they suffer seminal discharges, because they do not succeed at avoiding seminal ejaculation.
2. We advise those students a short exercise of five minutes on Friday of each week if the case is very serious, or a short exercise of five minutes daily, if the case is not too serious.
3. After one year with these short exercises of five minutes of the Maithuna, one can lengthen them by five minutes more for another year and on the third year one would practice fifteen minutes daily.
4. In this manner, little by little each year, one can lengthen the time of the exercise of the Maithuna until becoming capable of practicing one hour daily.

Esoteric Treatise of Hermetic Astrology, *1967*

Practice 3

During moments of love, in which the couple feels ineffable delights

For	the married couple
When	During moments of love
Words to sound	Kandil-Bandil-rrrrrrr
How	in the form of a song
Take care	withdraw from thy wife-priestess without seminal ejaculation

1. During moments of love, in which the couple feels ineffable delights, thou should connect thyself with thy wife, sexually and pronounce during this connection, the powerful mantrams of the Kundalini, as I received them from the angel of command, called "Aroch."
2. These mantrams are the following:
   Kandil-Bandil-rrrrrrr
3. They will be vocalized in the form of a song, prolonging the sound of the vowels and raising the voice in the first syllable of each word and lowering it in the second syllable.
4. The letter "r" is pronounced in a high and sharp manner, like the voice of a child, prolonging the sound as if it was the sound of a motor or a mill when it is left without grain to grind, which produces a sharp and thin sound.
5. Listen well! These are the most powerful mantrams known in the entire infinite, to awaken the Kundalini.
6. Thou can also vocalize them mentally and withdraw from thy wife-priestess without seminal ejaculation.
7. The restrained desire will make the energy rise upwards, towards thy head and thus, thou shall awaken thy Kundalini and become Gods.

Zodiacal Course, 1951

Practice 4

Withdrawing it at the moment the spasm draws nearer

For	the married couple
Take care	to avoid ejaculation of semen

1. “However, the man can and should introduce the penis and keep it in the feminine sex so that a divine sensation, full of joy, which can last complete hours, overcomes them,
2. withdrawing it at the moment the spasm draws nearer to avoid ejaculation of semen;
3. in this manner they will have more and more desire each time to caress each other’

Zodiacal Course, 1951 *·from the lesson of Huiracocha he quotes*

Practice 5

The clue to transform oneself into a magician

For	the married couple
Take care	WITHDRAW IT WITHOUT SPILLING THE SEMEN

1 127. The clue to transform oneself into a magician is to INTRODUCE THE MEMBER INTO THE VAGINA OF THE WOMAN AND WITHDRAW IT WITHOUT SPILLING THE SEMEN.

2 128. He who becomes accustomed to this exercise and never ejaculates his semen in his life will transform himself into a very terrible and powerful God.

Manual of Practical Magic, 1954

Practice 6

The semen should never be ejaculated or spilled

For	the married couple
Take care	withdraw from the sexual act before reaching the spasm

1. In the Maithuna, the Phallus should enter the Vagina, but the semen should never be ejaculated or spilled.
2. The couple should withdraw from the sexual act before reaching the spasm, in order to avoid the spilling of the seminal liquid.

Esoteric Treatise of Hermetic Astrology, 1967

Practice 7

Dedicate two months to each defect

How long	two months to each defect
How	in a successive order, until we put an end to all the defects

1. We have to sum up our defects and dedicate two months to each defect in a successive order, until we put an end to all the defects.
2. This simple rule is the key to making the Kundalini rise, because the disciple then comes out triumphant in all the astral and physical tests, and wins the canyons quickly one after the other.

Zodiacal Course, 1951

Editor's note. In his later teaching the Master makes this plain: pranayama, mantras and chastity purify the channels and sublimate the sexual energy, and single people should practise them, but the Kundalini itself awakens only through the sexual work of the couple (Maithuna). See The Solar Bodies (1967–68), ch. 25, and Tarot and Kabbalah (1978), Arcanum 11.

Practice 8

"Hiram" is also a mantram of the Kundalini

Words to sound	Hiram
How	The 'H' is pronounced like a sigh.

1. "Hiram" is also a mantram of the Kundalini.
2. The 'H' is pronounced like a sigh.
3. The 'I' is vocalized like this: iiiiiii; and the rest like this: rrrrrrraaaaaaaammmmmmm.

Zodiacal Course, 1951

Practice 9

Sick people must smell their zodiacal perfume on a daily basis

For	Sick people
When	on a daily basis
Perfume	perfume of Coral

1. Sick people must smell their zodiacal perfume on a daily basis:
2. : perfume of Coral

Occult Medicine and Practical Magic, 1978

Where to practise

Scorpio
The main booklet: every passage on the sign, with these practices in their place.

Zodiacal Course
His practice for every sign of the zodiac.

The Mantras
How to sound the mantrams.

The Herbal Pharmacopoeia
The plants and perfumes.

To print: the A5 booklet, the Word file, and the cards to cut out (A4, two cards to a sheet, printed on both sides).