

Sexual Transmutation for Single People

The Mystery of the Fire · Transmutation, booklet 3 of 3

"…those who are single can and must utilize the creative energy for the awakening of the consciousness."

51 passages 16 books 26 sections 9 parts

Samael Aun Weor · in his own words

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THE MAP

Nine parts: his question, his chapter, purity of the senses and the mind, the dreams of the night, the glass that spills, the energy taken to the heart, how far the single path goes, celibacy, and marriage

Tap a part to go to it.

We deeply study the problem of sexual transmutation for single people
part one · 2 passages

Sexual Transmutation for Single People
part two · 3 passages · 2 practices

Absolutely pure in thought, word and deed
part three · 9 passages

This is how we avoid what is called a nocturnal pollution
part four · 4 passages

Nature rebels against this type of abstention
part five · 4 passages

It is urgent to sublimate the sexual energies to the heart
part six · 9 passages · 6 practices

Single men and women can progress to a certain point
part seven · 10 passages

Celibacy is an absolutely false path
part eight · 5 passages

You need to find a spouse
part nine · 5 passages

Part One — We deeply study the problem of sexual transmutation for single people

1 passage

I Innumerable letters from many single students

Where the question comes from. In his Christmas message of 1968–69 he opens a whole chapter on it, because the letters kept arriving.

It is urgent, indispensable, and unpostponable that we deeply study the problem of sexual transmutation for single people in this 1968-1969 Christmas message. Innumerable letters from many single students suffering from nocturnal pollutions are constantly arriving to this patriarchal headquarters of the Gnostic movement.

1 Runic Magic, 1969 · Chapter 28, Rune Os · *also in Chastity, Rune Os, Transmutation*

1 passage

II They also need to progress

His answer in four lines: the single person cannot reach Adepthood without the couple's work, and yet can and must use the creative energy to awaken the consciousness.

Now, let us pass into another very similar matter. I want to refer to sexual transmutation for single men and women.

It would be lamentable if single men and women could not utilize the sexual energy in some way. They also need to progress. So how? Well, let us get to the roots, to the facts. I do not want to say that those who are single can Self-realize themselves in depth. They cannot, because it is clear that without the Maithuna, it is more than impossible to reach the Adepthood, which is so longed for.

Nevertheless, those who are single can and must utilize the creative energy for the awakening of the consciousness.

What we need to know is the technique, and this is precisely what this present chapter is committed to. Thus, let us now in full, enter into the fields of the Rune Os.

2 Runic Magic, 1969 · Chapter 28, Rune Os · *also in Awakening, Rune Os, Runic Magic, Transmutation*

Part Two — Sexual Transmutation for Single People

1 passage

I Eden is sex itself

Ten years before Runic Magic he gave the single reader a chapter of The Yellow Book. It opens with the narrow door and with chastity, and says there is another key for those who cannot work with a spouse. Read it beside its editor's note.

Yoga signifies union with God. No one can achieve the union with the Beloved One, without having first awakened the Kundalini.

No living being can positively awaken the Kundalini without having arrived at supreme chastity. It is indispensable that we wash our feet in the waters of renunciation. “Strive to enter through the narrow door; for many, I tell you, will seek to enter and will not be able.” (Luke 13:24)

It is urgent to know that the straight, narrow and difficult door is sex. We departed from Eden through the door of sex, and only through this door may we enter into Eden.

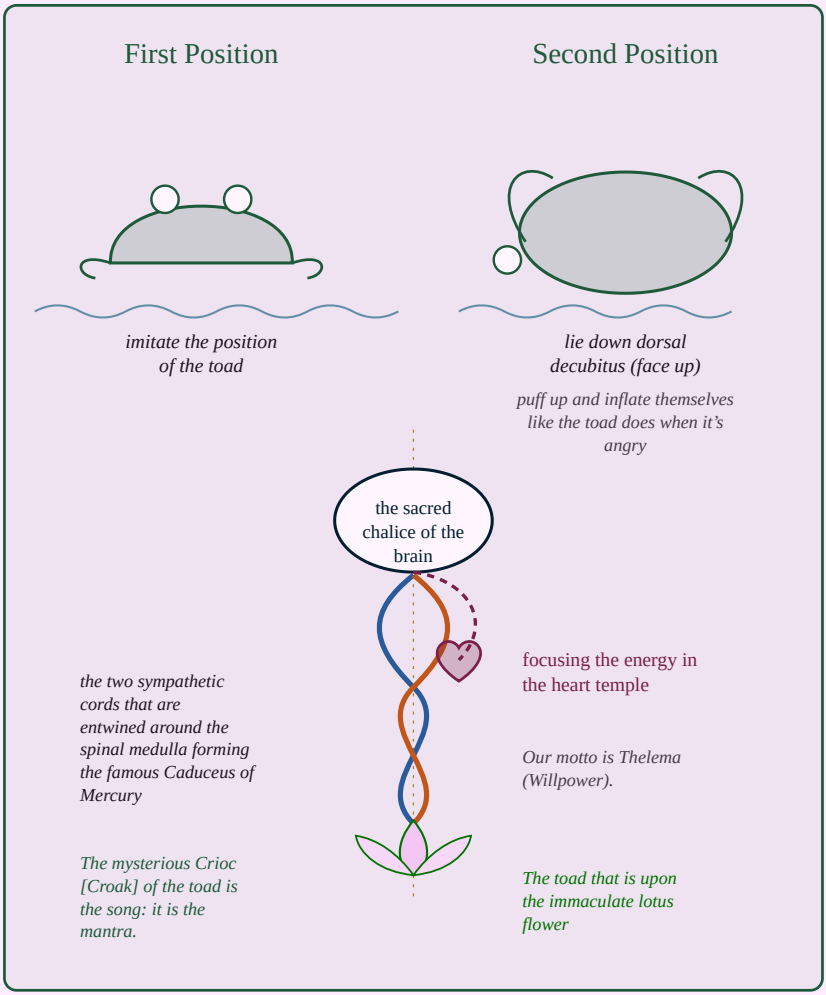
Eden is sex itself. No one can enter into Eden through false doors. We must enter through the doors from which we departed. That is the law.

Those students of occultism who, for one reason or another, cannot practice the Arcanum A.Z.F. must know the science of sexual transmutation in depth. There exists another secret key and with its help the single devotees can open the Ark of Science.

3 The Yellow Book, 1959 · Chapter 9, Sexual Transmutation for Single People · *also in Chastity, Lust and Chastity*

> Editor's note. In his later teaching the Master makes this plain: purification, chastity, prayer, pranayama and the mantras prepare the way and sublimate the sexual energy, and single people should practise them, but the Kundalini itself awakens and rises only through the sexual work of the couple (Maithuna). See The Solar Bodies (1968), ch. 25, and Tarot and Kabbalah (1978), Arcanum 11; the second is printed in Part Seven (passage 32).

THE TOAD ON THE LOTUS



The practice of his chapter, from passages 4 and 5. The figures, the cords and their colours are drawn by us.

2 passages · 2 practices

II Practice of Sexual Transmutation for Single People

The practice the chapter gives: two positions of the toad, the energy imagined rising by the two cords to the brain and then taken to the heart, and the toad's croak as its mantra.

A PRACTICE

Practice of Sexual Transmutation for Single People

First Position: The devotee of the path, while situated on the floor, must imitate the position of the toad.

Second Position: The devotees must lie down dorsal decubitus (face up), on their bed (or also on the floor), with their torso elevated upwards and the head as low as possible. They must then puff up and inflate themselves like the toad does when it’s angry.

Mental Attitude of the First Position

With willpower and imagination united in vibrant harmony, the Gnostic student must identify himself with the toad. Imagine one is within the stream of the pure waters of life. One unites his willpower and imagination in order to make his sexual energy rise from his sexual organs to the sacred chalice of the brain. The Gnostic student must raise his seminal energy through the two sympathetic cords that are entwined around the spinal medulla forming the famous Caduceus of Mercury.

4 The Yellow Book, 1959 ·Chapter 9, Sexual Transmutation for Single People ·*also in Desire and Will, Imagination, Inspiration, Intuition, The Yellow Book*

A PRACTICE

Mental Attitude of the Second Position

With willpower and imagination united in vibrating harmony, the student must inflate himself as the toad does. This is only possible with a deep breath. During the inhalation of the vital air, imagine the seminal energy is ascending through your two sympathetic cords, which are gracefully entwined around the spinal medulla. Bring that marvelous seminal energy towards the brain, then direct it towards the heart. Then you must exhale the vital air, focusing the energy in the heart temple. Our motto is Thelema (Willpower).

Mantra of this Practice

Imitate the song of the toad. The mysterious Crioc [Croak] of the toad is the song: it is the mantra.

Origin of this Practice

The Divine Cosmic Mother gave this marvelous key of the Ark of Science to the brethren. The Divine Mother cares for all of her children. The toad that is upon the immaculate lotus flower, within the pure waters of life, is an ancient sexual symbol of the pharaohs of old Egypt.

5 The Yellow Book, 1959 ·Chapter 9, Sexual Transmutation for Single People ·*also in Desire and Will, Imagination, Inspiration, Intuition, The Heart Temple, The Mantras, The Yellow Book, Whose Veil No Mortal Has Lifted*

Part Three — Absolutely pure in thought, word and deed

2 passages

I The single person who does not want to have sexual problems

The whole life, not one exercise. Having no spouse is not the same as being chaste.

The single person who does not want to have sexual problems must be absolutely pure in thought, word and deed.

6 Tarot and Kabalah, 1978 ·*also in The Practices of Transmutation, Transmutation (Arcanum 21)*

Many mystical Initiates believe that they are chaste because they do not have a spouse. Nevertheless, they have nocturnal pollutions. This is how they miserably loose their Christic semen, within which is found the Genesis of the Great Life.

7 Endocrinology & Criminology, 1957 ·*also in Chastity, Lust and Chastity*

FROM THE EYE TO THE DREAM



When we look at a pornographic image

it injures the senses and then passes to the mind

that image is transformed into a living effigy

During sleep the dreamer fornicates with that living effigy

Nocturnal pollutions (wet dreams) are the morbid outcome of the prostitution of the mind.

If the dreamer has transformed his sub imagination and infraimagination into that of an innocent child, erotic dreams are impossible they totally disappear.

The road he traces in passage 8, with passages 14 and 11. The four stages and their drawings are ours.

2 passages

II No true devotee of the path should visit cinemas

The senses first. What we look at passes to the mind and returns at night.

When we look at a pornographic image, it injures the senses and then passes to the mind. The psychological “I” intervenes in these things, stealing the erotic image for itself, in order to reproduce it in the mental plane. In the world of the mind that image is transformed into a living effigy. During sleep the dreamer fornicates with that living effigy which, like an erotic demon tempts him for the satisfaction of the lust. The result is wet dreams with all their horrible con sequences. No true devotee of the path should visit cinemas because they are dens of black magic. The erotic figures of the screen give rise to mental effigies and erotic dreams. In addition the cinemas are full of diabolic elementals created by the human mind. Those malign elementals damage the mind of the spectators.

8 The Perfect Matrimony, 1950 ·*also in Chastity, Lust and Chastity, Mental Effigies, Netzach, The Language of Dreams*

The atmosphere in cinemas is tenebrous; there are millions of larvae created by the minds of those who go there, and then later come the nocturnal pollutions. This is Arcanum 18; the Darkness.

9 Tarot and Kabalah, 1978 ·*also in Twilight*

2 passages

III Sub imagination and infra-imagination exist

Then the depths of the mind. A clean imagination by day can still fail below the surface; he says what becomes of the dreams when the imagination is made like a child's.

Sub imagination and infra-imagination exist. Any person can, if this is desired, contemplate another person of the opposite sex with purity, but sub imagination and infra-imagination can betray us in the sub merged levels of the mind, leading us into coitus in other states of consciousness. Usually, nocturnal pollutions result, with abundant loss of seminal liquid.

We constantly receive many letters at the Patriarchal Headquarters of the Gnostic Movement here in Mexico from people complaining of having erotic dreams accompanied by nocturnal pollutions. We reply by suggesting the Maithuna, Sexual Magic, A.Z.F. (sexual union without ejaculation of semen) as the only remedy for nocturnal pollutions.

10 The Buddha's Necklace, 1967 ·*also in Chastity, Imagination, Inspiration, Intuition*

These people may have a pure imagination, but ignore the fact that in regions, unknown to their intellect, in their sub imagination and infra-imagination, they can be terrible fornicators. When this type of person undergoes a test of chastity in the superior worlds or in the submerged worlds of nature or when they are placed in the different states, situations, or time of the infraconscious or subconscious, they fail lamentably. Many people write us asking for a remedy for nocturnal pollutions. We always answer these sick people with the recipe of Sexual Magic, the Maithuna. Those who customarily restrain themselves in the sexual act to avoid ejaculating the seminal liquor cure themselves of nocturnal pollutions.

Morbid and lustful dreams are produced by the mechanical sub-imagination and the erotic, automatic infra-imagination.

If we turn on the television, automatically a succession of scenes and figures pass before our eyes. The imagination is like a television screen, which is triggered by any sexual shock, not only in the intellectual sphere, but in the deeper levels of the mind as well. Any dreamer can be affected in the internal worlds by morbid representations. Those representations produce erotic dreams and nocturnal

pollutions. If the dreamer customarily restrains himself in the sexual act, he will have erotic dreams, but not nocturnal pollutions. If the dreamer has transformed his sub imagination and infraimagination into that of an innocent child, erotic dreams are impossible they totally disappear.

11 The Buddha's Necklace, 1967 ·*also in Chastity, Imagination, Inspiration, Intuition, Lust and Chastity, Mental Effigies, The Language of Dreams, Transmutation*

3 passages

IV When the mind creates a mental effigy

Images we make in the mind take on a life of their own. He names what they do in sleep.

Another brother who was also a bachelor wanted to practice with imaginary women! This is very ominous! When the mind creates a mental effigy, this effigy acquires consciousness and converts itself into a tempting demon of the Mental World. During sleep, this effigy discharges us sexually through nocturnal pollutions (wet dreams).

It is very difficult for a student to disintegrate those mental effigies. Commonly, the students become victims of those mental effigies that their own mind invented. The best is to find a spouse that will really cooperate in the Grand Opus.

12 Endocrinology & Criminology, 1957 ·*also in Chastity, Imagination, Inspiration, Intuition, Mental Effigies, Netzach, The Language of Dreams*

> *Nocturnal pollutions (wet dreams) are the morbid outcome of the prostitution of the mind.*
>
> Endocrinology & Criminology, 1957 · passage 14

Later on, during our normal sleep, the mind, bottled up with the “I,” fornicates with those mental effigies. This is why nocturnal pollutions occur.

13 Endocrinology & Criminology, 1957 ·*also in Chastity, Lust and Chastity, Mental Effigies, Netzach*

Nocturnal pollutions (wet dreams) are the morbid outcome of the prostitution of the mind.

14 Endocrinology & Criminology, 1957 ·*also in Chastity*

Part Four — This is how we avoid what is called a nocturnal pollution

1 passage

I Erotic dreams inevitably will continue

The trouble most single students write to him about, and why it comes: while the ego lives, the dreams go on. He is plain about where the full remedy lies.

Certainly, nocturnal pollutions are something filthy, dirty and execrative. We always answer that the medicine against such subjective states is sexual magic, the Maithuna. However, we must clarify this matter. While we remain very alive, in other words, while we remain with the ego existing in the forty-nine regions of the subconsciousness, erotic dreams inevitably will continue.

Nonetheless, to make light within the darkness, we must emphatically affirm that the Maithuna establishes an adequate foundation in order to avoid nocturnal pollutions, even when pornographic dreams continue.

What occurs is that with the Sahaja Maithuna (sex-yoga), the Chela (disciple) becomes accustomed to refraining the sexual impulse often. Therefore, when an erotic dream is produced, the mind refrains the sexual impulse by instinct. This is how we avoid what is called a nocturnal pollution or the lamentable loss of the vital liquor.

It is clear, certain and evident that such a formula helps when one has continuity of purpose. Thus, daily practice is needed, year after year, with intensity.

Unfortunately, this formula only works when one has a spouse, but, what about those who are single, who do not have a spouse? Then what?

Here is precisely where the problem resides, and it is certainly very grave. If what we truly want is to utilize this formula, then what we need is to get a spouse.

15 Runic Magic, 1969 ·Chapter 28, Rune Os ·*also in Chastity, Diligence, Rune Os, The Language of Dreams*

2 passages

II All sexual scenes are caused by the Ego

What anyone can do: on waking, work at once on the 'I' that made the dream, and ask the Divine Mother to break it down.

Master: Well, I am going to tell you: all sexual scenes are caused by the Ego. Simple “I’s” of lust fornicate incessantly in the astral world, even in the mental world and even in the causal world as well. Nocturnal emissions arise as a consequence of such pornographic dreams.

16 The Fifth Gospel ·The Need to Develop the Inner Mind ·*Interview – Mexico City – 1975* ·*also in Chastity, Lust and Chastity, The Language of Dreams*

Let us suppose that a person X has a morbid dream; as a consequence, a nocturnal emission comes. What should we do? Well, at the precise instant of waking up, one will have to work intensely on that “I” which produced the emission. One has to appeal to Devi Kundalini-Shakti for her to disintegrate it; and one will have to continue for a tough period of time to work on that “I” until at last it pulverizes.

17 The Fifth Gospel ·Didactics for Buddhist Annihilation ·*Conference at the end of the Missionary Course – Guadalajara, Jalisco. Mexico – From June 15 to August 30. 1976* ·*also in Chastity, Diligence, Prayers to the Divine Mother, The Language of Dreams, Whose Veil No Mortal Has Lifted*

1 passage

III Hot oil of chamomile

And a plain remedy from his book of medicine.

People who suffer from nocturnal pollutions or abundant overflowing of semen must daily rub their genital parts with hot oil of chamomile and before going to sleep place over the genitalia a patch of cabbage leaves with oil.

18 Occult Medicine and Practical Magic, 1955 · *also in Chastity, The Herbal Pharmacopoeia*

Part Five — Nature rebels against this type of abstention

2 passages

I The glass which is filled inevitably spills

Holding the energy back by force alone is not chastity. He warns against it from his first book to his last.

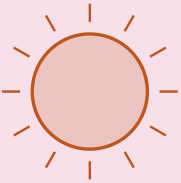
There were also some hallucinated mystics who pleaded in favor of an absurd type of chastity, which some religious sects preach, but do not practice. They ignore that Nature is in rebellion against that harmful abstinence, which causes nocturnal pollutions and the decalcification of the organism through the urethra. Sickness is the consequence. Men were made for women and women for men, because Nature is wise in its designs. What man and woman have to learn is to enjoy themselves without hurting each other, and the answer for this is ‘sexual magic’.

19 The Revolution of Beelzebub, 1950 ·*also in Chastity, Lust and Chastity*

The abstention that infrasexuals preach is absolutely impossible. Nature rebels against this type of abstention. Then nocturnal pollutions occur, which inevitably ruin the organism. Every individual who abstains suffers from nocturnal seminal spillage. The glass which is filled inevitably spills. The luxury of abstention is only possible for those who have in fact already reached the Kingdom of the Superman. They have already converted their organisms into a machine of eternal sexual transmutation. They have already trained their glands with Sexual Magic. They are God-Men. They are indeed the result of many years of Sexual Magic and rigorous education in sexual physiology. The Initiate loves the great classical music and feels repugnance for the infernal music of common people. Afro-Cuban music awakens the lowest animal depths in man. The Initiate loves the music of the great composers. The Magic Flute of Mozart for example, reminds us of an Egyptian initiation.

20 The Perfect Matrimony, 1950 ·*also in Chastity*

SOLAR AND LUNAR



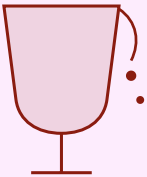
Solar

The Solar is for those who have attained the Second Birth



lunar

that absurd sexual abstention which serves for nothing other than to cause sickening, nocturnal pollutions



The glass which is filled inevitably spills.

Nature rebels against this type of abstention.

The two kinds he names in passage 21, with the glass of passage 20. The sun, the moon and the glass are drawn by us.

2 passages

II Bramacharya (sexual abstention), Solar and lunar

Two kinds of abstention: one for those who have already finished the work, and one that only does harm.

Authentic yogis practice sexual magic with their wives. There are two types of Bramacharya (sexual abstention), Solar and lunar. The Solar is for those who have attained the Second Birth and the lunar is that absurd sexual abstention which serves for nothing other than to cause sickening, nocturnal pollutions with all of their disastrous consequences.

21 Tarot and Kabalah, 1978 ·*also in The Chariot*

Many sincerely mistaken people, by many ignoramuses who have never worked in the Ninth Sphere, who have not built the solar bodies, who are without inner self-realization, practice lunar brahmacharya. The practice of lunar brahmacharya is harmful to those who have not built the solar bodies because they become charged with frightfully evil and terrible vibrations.

22 The Buddha's Necklace, 1967 ·*also in Lust and Chastity, The Ninth Sphere, The Solar Bodies*

Part Six — It is urgent to sublimate the sexual energies to the heart

4 passages · 4 practices

I Pranayama is a system of sexual transmutation for single

The breath is the single reader's daily work. The exercises themselves, step by step, are in the second booklet of this series, The Practices of Transmutation.

A PRACTICE

Pranayama is a system of sexual transmutation for single people.

23 The Yellow Book, 1959 · Chapter 9, Sexual Transmutation for Single People · *also in Lust and Chastity, The Benefits of Pranayama, Ham-Sah and Alchemy, The Practices of Transmutation, The Yellow Book*

A PRACTICE

38.Celibate (single) people should transmute their sexual energies with Pranayama. 39. Married people (husband and wife) do not necessarily need to practice the breathing exercises, since Pranayama is condensed for them in the practices of Sexual Magic. 40. Sexual Magic is only possible to practice between husband and wife in legitimately constituted homes.

24 The Mysteries of Fire, 1955 · *also in Alchemy, Chastity, Lust and Chastity, The Benefits of Pranayama, Ham-Sah and Alchemy, The Mysteries of Fire, The Practices of Transmutation, Transmutation*

This is how bachelors can transmute their sexual energies.

The Greater Mysteries, 1956 · passage 26

A PRACTICE

Single people must transmute the seminal liquor with deep breathing, keeping the lungs full thirty seconds or more. This Swara exercise must be performed daily.

25 The Mysteries of Life and Death, 1962 · *also in Chastity, Lust and Chastity, The Practices of Transmutation*

A PRACTICE

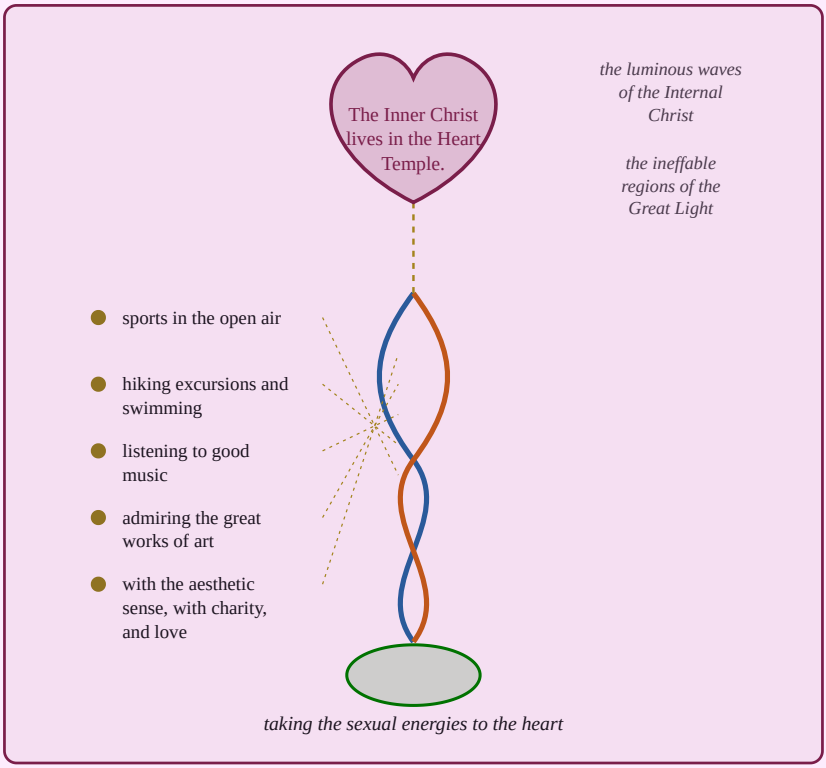
THE SEXUAL PROBLEM OF BACHELORS

The Pranayama is a system of sexual transmutation for bachelors of both sexes. We already know that from the male's testicles and the woman's ovaries emerge the two ganglionic cords, which, intertwining along the spinal column in the form of an 8, ascend to the cerebrum. These are the Two Witnesses of which the Apocalypse speaks about; the Two Candlesticks before the throne of the God of the Earth. These two nerves are hollow inside; they are fine channels through which the sexual energies ascend to the cerebrum. The student inhales the breath through the left nostril, exhaling through the right and vice-versa. He controls the nostrils in an alternate manner with the thumb and index fingers. When inhaling through the right nostril, we intensely imagine the radiant and sublime solar atoms rising through the right cord to the cerebrum. Hold the breath and then carry it to the area between the eyebrows, the throat and heart, successively. One then exhales, focusing that energy in the heart with the imagination and the will. When inhaling through the left nostril, we imagine the lunar atoms like pure water of life, rising through the left channel, in the same route until focusing them in the heart. We then exhale with profound faith. This is how bachelors can transmute their sexual energies. Bachelors should find a wife if they want to christify themselves.

The Gnostic Esotericist shall only be able to have sexual contact when he gets married. The fires cannot be awakened without sexual magic. Nothing is achieved in these studies without chastity. Kill desire, the "I" and your thoughts, and you shall be a liberated one. True marriage has nothing to do with social or religious formulism of this barbaric humanity. The authentic marriage is the union of a couple, in spirit, soul and sex; the true marriage should be pure like the lotus flower.

26 The Greater Mysteries, 1956 ·*also in Alchemy, Chastity, Imagination, Inspiration, Intuition, Lust and Chastity, The Benefits of Pranayama, Ham-Sah and Alchemy, The Greater Mysteries, The Practices of Transmutation, Transmutation*

TO THE HEART



Where the energy is taken, from passages 27 and 28. The heart, the cords and the five helps are set out by us.

2 passages

II Taking the sexual energies to the heart

Where the energy goes: to the heart, where it meets the Inner Christ. Open air, good music, works of art. The mantric prayer he speaks of here is printed whole in The Practices of Transmutation.

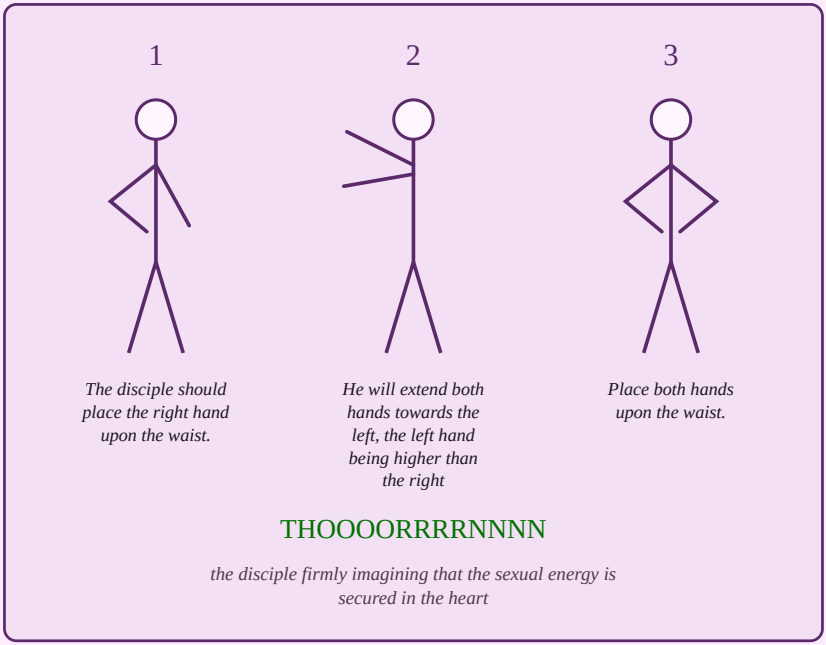
Those who do not have a spouse must raise their creative energy with sports in the open air, like hiking excursions and swimming. They must raise their creative energy when listening to good music and when admiring the great works of art: sculpture, painting, classical music, etc.
In this way, the unmarried ones can raise their sexual energies and bring them up toward their hearts. There in that center of life those creative forces mix themselves with the luminous waves of the Internal Christ and are taken toward the ineffable regions of the Great Light. We also elevate the sexual energies with the aesthetic sense, with charity, and love.

27 Endocrinology & Criminology, 1957 ·*also in Chastity, Transmutation*

Unmarried men and unmarried women can transmute and sublimate their sexual energies with this supplication and these mantrams, taking the sexual energies to the heart. It is urgent to sublimate the sexual energies to the heart. Know that in the Heart Temple, the creative energies blend with the forces of the Christ and are elevated to the superior worlds. The Inner Christ lives in the Heart Temple. The Cross of Initiation is received in the Heart Temple. This mantric prayer is also a formula of priestly power that the Magician uses in his practices of internal meditation in order to arrive at the feet of his Divine Mother. If meditation is perfect, your adorable Mother will listen to your call and come to you. You will then be able to speak with her about the ineffable things of paradise. She is Devi Kundalini. She is the Papess of the Tarot. The Divine Mother always listens to her devotees. In the sacred land of the Vedas, the Enlightened Ramakrishna was one of the greatest devotees of the Divine Mother.

28 Esoteric Course of Kabbalah, 1969 ·*also in Chastity, INRI and the Cross, Lust and Chastity, Prayer in the Work, Prayers to the Divine Mother, The Heart Temple, The Mantras, The Practices of Transmutation, The Priestess, The Science of Meditation, Whose Veil No Mortal Has Lifted*

THE RUNE OLIN



The movements of passage 29, numbered and drawn by us. For the two diagrams he gives in Runic Magic, see the booklet Rune Os.

2 passages · 2 practices

III Our single disciples of both sexes can transmute their sexual energy

The rune he gives single people: OLIN, with THORN on the out-breath, the energy carried to the heart and on to the consciousness, and prayer to the Father and the Divine Mother after it.

A PRACTICE

Our single disciples of both sexes can transmute their sexual energy with the practice of the Rune Ollin. Practice: In the standing position, the disciple will inhale and exhale rhythmically several times.

In keeping with the inhalation of air, the imagination and will must be united in vibrant harmony so as to make the sexual energy rise through the two ganglionic cords of the spine until it reaches the brain, eyebrow centre, neck and heart, in successive order. Then the breath will be exhaled, the disciple firmly imagining that the sexual energy is secured in the heart.

Upon exhaling the breath the disciple will vocalise the mantram “Thorn” in this way: THOOOORRRRNNNN.

With the practice of the Rune Ollin, various movements of the arms should be carried out.

The disciple should place the right hand upon the waist.

He will extend both hands towards the left, the left hand being higher than the right, stretching the arms and forming a sharp angle with the trunk.

Place both hands upon the waist.

In this manner our single disciples of both sexes can transmute their sexual energy. The sexual energies are also transmuted via aesthetic sensibility, love of music, sculpture, and with long walks etc.

29 Tarot and Kabalah, 1978 ·*also in Chastity, Imagination, Inspiration, Intuition, Lust and Chastity, The Heart Temple, The Mantras, The Practices of Transmutation, Transmutation (Arcanum 21)*

A PRACTICE

PRACTICE:

Observe very carefully the two diagrams of the Rune Os. In the same way that the Rune FA has its two arms upwards, the Rune Olin has them downwards, and this is profoundly significant.

During these esoteric practices, there is the need to successively alternate movements by placing the arms in the first position (downwards), then, in the second position (placing the arms on our waist as in the Rune Dorn or Thorn). I repeat, examine very carefully the two diagrams of the Rune Os.

During these Runic practices, you must combine the movement with harmonious and rhythmic breathing. Inhale the Prana through the nose, and exhale it through the mouth along with the mystic sound TTOOOORRRRRNNN, prolonging the pronunciation of each letter.

When inhaling, imagine the sexual forces rising, ascending from the sexual glands throughout the pair of sympathetic nervous cords, which are known in India by the names of Ida and Pingala.

These nerves or tubes reach the brain, then after they continue through other nerves towards the heart. These nerves are other channels, the Amrita Nadi is one among them. When exhaling, imagine the sexual energies entering the heart, and even penetrating more deeply, reaching to the consciousness in order to awaken it. Strike the consciousness with force, with THELEMA (Will-Power), thus combining the Runes Thorn and movement.

Afterwards, pray and meditate. Beseech the Father who is in secret, ask Him to awaken your consciousness.

Beseech your Divine Mother Kundalini, beg Her with infinite love to raise, to make the sexual energies reach the heart and even further, to the very profound bottom of your consciousness.

You must love and pray, meditate and supplicate. Build faith even the size of a grain of mustard seed and you will be able to say unto a mountain, “remove hence to a distant place”, and it shall remove. Remember that doubt is the

beginning of ignorance.

“Ask and it shall be given you, Knock and it shall be opened unto you.”

30 Runic Magic, 1969 ·Chapter 28, Rune Os ·*also in Awakening, Christ Will, Conscious Faith, Desire and Will, Imagination, Inspiration, Intuition, Prayer in the Work, Prayers to the Divine Mother, Rune Fah, Rune Os, Runic Magic, Skepticism, The Being Is the Being, The Consciousness, The Heart Temple, The Law of Polarities, The Mantras, The Practices of Transmutation, The Science of Meditation, Whose Veil No Mortal Has Lifted*

1 passage

IV By means of the music, the devotion, the oration

Music, devotion, prayer and love. These lines are from an early book; read them with the editor's note.

25. However, the unmarried men and women will transmute their sexual energy by means of the music, the devotion, the oration and the love of God and the fellow men and women. 26. The unmarried will raise each of their serpents by the strength of the sacrifice. 27. Sexual abstention is a tremendous sacrifice.
28. Only the Path of Chastity and Holiness brings us to the great accomplishments.
29. Only the Path of perfection, the unselfish service in favour of the poor suffering humanity, take us to the ineffable happiness of the NIRVANA.

31 Christ Will, 1959 ·*also in Altruism and Charity, Chastity, Entropy and Sacrifice, Lust and Chastity, The Benefits of Pranayama, Ham-Sah and Alchemy*

> Editor's note. In his later teaching the Master makes this plain: purification, chastity, prayer, pranayama and the mantras prepare the way and sublimate the sexual energy, and single people should practise them, but the Kundalini itself awakens and rises only through the sexual work of the couple (Maithuna). See The Solar Bodies (1968), ch. 25, and Tarot and Kabbalah (1978), Arcanum 11; the second is printed in Part Seven (passage 32).

Part Seven — Single men and women can progress to a certain point

SPARKS, AND THE SERPENT



Single persons can help themselves with practices of pranayama in order to raise sparks.



Agni, the God of Fire assists the Fire to awaken, but working in the Ninth Sphere.

That does not mean, however, that they will raise the Serpent.

His later teaching in passage 32, set as two columns by us.

1 passage

I That does not mean, however, that they will raise the Serpent

What the breath does and does not do. It raises sparks; it does not raise the serpent. The fire awakens only in the couple's work.

The Lions of Fire are the synthesis of this kabalistic number because 11 breaks down into 1 + 1 = 2; and the 2 into two units; Man-Woman; the two columns of the Temple, Jakin and Boaz. Between those two columns is the Arcanum. Analysing this Arcanum we come in the end to the Magistery of Fire. The Sacred Fire cannot be awakened with pranayama nor with respiratory exercises combined with meditation. All these achieve is that tiny fractions or sparks stimulate the awakening of the chakras. Such sparks ascend to one or another of the centres, but this does not mean that the Serpent has been raised. Agni, the God of Fire assists the Fire to awaken, but working in the Ninth Sphere. Single persons can help themselves with practices of pranayama in order to raise sparks. That does not mean, however, that they will raise the Serpent.

32 Tarot and Kabalah, 1978 ·*also in Persuasion, The Benefits of Pranayama, Ham-Sah and Alchemy, The Chakras, The Ninth Sphere, The Practices of Transmutation, The Priestess, Transmutation*

2 passages

II Human beings cannot light their fires without a spouse

The answer he gave to a bachelor who hoped for another way.

God is the Innermost. God is the Inner Being of each human being who comes to the world. God is a divine hermaphrodite, male-female. God does not need a spouse to light the fire. Yet, the human being is not God. Human beings cannot light their fires without a spouse. The human being needs a spouse to enlighten the fires, because the human being is not God.

33 Endocrinology & Criminology, 1957 ·*also in The Being Is the Being, The Law of Polarities*

Once, on a given occasion, after having dictated a lecture, a bachelor disciple asked us if it were possible to practice the Great Arcanum with a woman of the Astral World. We answered him that only with a woman of flesh and blood is it possible to awaken Kundalini.

34 Endocrinology & Criminology, 1957 ·*also in Netzach*

3 passages

III The single man or woman can also progress

How far the single path goes. The work is real and slower; the first initiations can be received in chastity; the higher ones cannot.

Question: Venerable Master, can you tell us how those of us who are single, can carry out this work?

Answer: Distinguished ladies and gentlemen, the spear of Eros, the holy spear can always be handled by Devi -Kundalini, our own particular cosmic Divine Mother. However, there is a difference between married persons and single persons. When the spear is handled during the sexual trance, it has a marvellous, electric, very superior force.

When the spear is not utilized during the erotic trance, it possesses a marvellous, but inferior force.

The single man or woman can also progress, however, although their work will be a little slower, however, the work is made stronger, more powerful in the complete sense of the word when one gets married.

Single men and women can progress to a certain point profoundly defined by nature; beyond this Emit, it is not possible to progress without sexual magic.

35 Yes, There Is a Hell, a Devil and Karma, 1973 · *also in Prayers to the Divine Mother, The Holy Grail, Whose Veil No Mortal Has Lifted*

Many single students receive the initiations of the Minor Mysteries in their superlative and transcendental consciousness when they are chaste.

The Perfect Matrimony, 1950 · passage 37

The married disciples who practice the Arcanum A.Z.F. pass these nine elementary initiations very rapidly. When the disciple is celibate and absolutely chaste, he also passes the nine initiations, al though more slowly. Fornicators cannot receive any initiation.

36 The Perfect Matrimony, 1950 ·*also in Chastity, Lust and Chastity, The Words He Uses*

Many single students receive the initiations of the Minor Mysteries in their superlative and transcendental consciousness when they are chaste. Nevertheless, the initiations of Major Mysteries cannot be attained without Sexual Magic and Kundalini.

37 The Perfect Matrimony, 1950 ·*also in Lust and Chastity*

HOW FAR EACH PATH GOES

Singles, being alone



twenty-five, thirty percent of the totality of the undesirable elements



fifty percent of ones psychic aggregates

the married ones, when they will be working in the Ninth Sphere



annihilate one hundred percent of the defects of a psychological type

Many single students receive the initiations of the Minor Mysteries

the initiations of Major Mysteries cannot be attained without Sexual Magic and Kundalini

His measures from two lectures, passages 39 and 41, with passage 37; the bars are ours and only show the proportions he gives.

4 passages

IV Singles, being alone

The death of the ego is open to the single person too: call on the Divine Mother in meditation to break down each defect once it is understood. He gives the measure of how far that goes alone.

Singles, since they do not possess the Hermetic Glass, it is obvious that they cannot work in the Ninth Sphere. But on the other hand, they can still appeal to God-Mother, to Stella Maris, the Virgin of the Sea, to that living and philosophical Fire that is latent in all organic and inorganic matter. She is called Kundalini in Hindustan.

If one appeals to that kind of energy, if one concentrates his heart and his mind and his deepest feelings on her, he will be assisted. I am sure that this igneous power will be able to reduce the psychic aggregate in question to ashes, to cosmic dust.

38 The Fifth Gospel ·Didactics for Buddhist Annihilation ·*Conference at the end of the Missionary Course – Guadalajara, Jalisco. Mexico – From June 15 to August 30. 1976* ·*also in The Ninth Sphere, The Science of Meditation, Whose Veil No Mortal Has Lifted*

That ascending Serpent is called Kundalini. If we concentrate on that Sacred Viper, and we beg her to eliminate or disintegrate the defect in question which we have discovered, you can be sure that she will do so. And that aggregate which personifies the defect will be reduced to cosmic dust.

One can disintegrate any defect, whether in deep meditation, being alone, or when one is working in the Ninth Sphere. Singles, being alone; the married ones, when they will be working in the Ninth Sphere. Unquestionably, singles in their works can get to eliminate twenty-five, thirty percent of the totality of the undesirable elements that are carried inside.

Married persons can go further: they can, by means of the sexual electrical force and with the help of Devi Kundalini-Shakti, annihilate one hundred percent of the defects of a psychological type. So it is worth reflecting on that point, which is very important.

39 The Fifth Gospel ·Lunar Psychism and Solar Psychism ·*Mexico City – 1976* ·*also in Prayers to the Divine Mother, The Ninth Sphere, The Science of Meditation, The Two Serpents, Whose Veil No Mortal Has Lifted*

Unquestionably, a bachelor or bachelorette can dissolve, with a lot of comprehension, fifty percent of ones psychic aggregates, as long as one calls upon the Divine Mother Kundalini during meditation.

For the Few, 1980 · passage 41

Single people can also invoke Devi Kundalini when they want to eliminate this or that psychological error. But truly, we have to affirm in an emphatic way that the marvelous power of Devi Kundalini-Shakti multiplies extraordinarily in the Ninth Sphere. With that miraculous power we can disintegrate any defect. Devi Kundalini, Isis, Adonia, that variant of our own Being, that aspect of God-Mother in us, can eliminate from ourselves the defect that we have completely comprehended in all the levels of the mind.

40 The Fifth Gospel ·The Verticality of Existence ·*First Gnostic Youth Encounter – Guadalajara, Jalisco, Mexico – July 10. 1975* ·*also in Prayers to the Divine Mother, The Ninth Sphere, The Science of Meditation*

We do not want in any way to deny the sexual mysteries. I hope you understand that the path that leads to the Tality is, and I emphasize this completely, absolutely sexual. Unquestionably, a bachelor or bachelorette can dissolve, with a lot of comprehension, fifty percent of ones psychic aggregates, as long as one calls upon the Divine Mother Kundalini during meditation.

Yet there are very heavy psychic elements that correspond to the world of ninety-six laws, and these do not disintegrate except exclusively with the electric movement of the Swastika in action, which generates a specific type of transcendental sexual electricity.

41 For the Few, 1980 ·*also in Prayers to the Divine Mother, The Laws of the Three and of the Seven, The Science of Meditation, Whose Veil No Mortal Has Lifted*

Part Eight — Celibacy is an absolutely false path

4 passages

I No celibate can achieve total realization

Celibacy taken as the whole path. His chapter on it answers a teacher who said the single person could marry within.

Sex is the fifth power of the human being. Sex can liberate or en slave man. No one can attain integrity no one can profoundly realize himself without the sexual force. No celibate can achieve total realization. Sex is the power of the Soul. The integral human being is achieved with the absolute fusion of the masculine and feminine pales of the Soul. The sexual force develops, evolves and progresses on seven levels (The seven levels of the Soul). In the physical world sex is a blind force of mutual attraction. In astral, sexual attraction is based on the affinity of types according to their polarities and essences. In the mental world sexual attraction takes place according to the laws of polarity and mental affinity. On the causal plane sexual attraction is realized on the basis of Conscious Will. It is precisely on this plane of natural causes where the complete union of the Soul is consciously realized, In fact, no one can attain the complete glory of the Perfect Matrimony without having reached this fourth state of human integration. We need to profoundly comprehend the whole sexual problem. We need to be integral. We need to transcend the mechanics of sex. We need to know how to procreate children of wisdom. At the supreme instant of conception, the human essences are completely open to all kinds of influences. The state of purity of the parents and their force of will to not spill the Cup of Hermes is all that can protect them from the danger that the spermatozoon and the ovum may be infiltrated by the subhuman substances of the bestial egos, which wish to reincarnate.

42 The Perfect Matrimony, 1950 ·*also in Netzach, Return and Reincarnation, The Holy Grail, The Human Soul, The Law of Polarities, Tiphereth*

CELIBACY

Swami X said the following in one of his lessons: “Unmarried people can unite spiritually within themselves the natural creative force of the soul by learning the correct method of meditation and its application to the physical life. Such people do

not have to pass through the material experience of matrimony. They can learn to marry their feminine impulse with the masculine of their internal soul.”
If our beloved Gnostic disciples reflect on these words of Swami X, they will reach the conclusion that they are manifestly absurd. This idea of marrying the feminine physical impulse with the masculine of the internal Soul is one hundred percent false. This type of utopian marriage is impossible because man has not yet incarnated the Soul. With whom then, is he going to marry his physical feminine impulse? The intellectual animal still does not have a Soul. Whoever desires to incarnate his Soul, whoever wants to be a man with Soul must have the bodies astral, mental and causal. The human being as he is still does not have these internal vehicles. The astral ghost, the mental ghost, and the causal ghost are only ghosts. The majority of occultists believe that these internal ghosts are the true vehicles, and they are very mistaken. We need to be born in the superior worlds and the question of being born is a sexual problem.

43 The Perfect Matrimony, 1950 ·*also in Chastity, The Human Soul, The Three Factors*

Celibacy is an absolutely false path. We need the Perfect Matrimony.

The Perfect Matrimony, 1950 · passage 44

No human being is born of theory. Not even a simple microbe can be born of theories. No one is born through the nostrils, nor through the mouth. Every living being is born of sex. “As above so below”. If man is born of sex here in the physical world, it is logical that above, in the internal worlds, the process is analogous. Law is law and the law is fulfilled. The Christ Astral is born as the body of flesh and blood is born. That is sexual. Only with Sexual Magic between husband arid wives can one give birth to that marvelous body. We can say the same of the Mental and the Causal. We need to engender those internal bodies and that is only possible with sexual contact because, as above so below arid, as below so above. No celibate can marry his feminine physical impulse with the masculine one of his internal Soul because no celibate can incarnate his Soul. To incarnate the Soul we must engender

the internal bodies, and only through the sexual union of man and woman can they be engendered. No single man or any single woman can engender or conceive. The two poles are necessary to create. That is life.
It is necessary to engender the internal vehicles. It is necessary to be born in the superior worlds. Celibacy is an absolutely false path. We need the Perfect Matrimony.

44 The Perfect Matrimony, 1950 ·*also in Chastity, The Human Soul, The Law of Correspondence, The Law of Polarities, The Three Factors*

Every celibate is a sure candidate for the abyss and the second death. Only those who have elevated themselves to the state of the Super man can give themselves the luxury of enjoying the delights of love without sexual contact. We penetrate then, the amphitheatre of cosmic science. Nobody can attain the incarnation of the Superman in himself without Sexual Magic and the Perfect Matrimony.

45 The Perfect Matrimony, 1950 ·*also in Chastity*

1 passage

II Although these saints were celibate

And the saints who lived single: what he found when he looked into their earlier lives.

In meditating upon saints of medieval times, I was able to discover that although these saints were celibate, they had in other lives worked in the Ninth Sphere; having developed the Sacred Fire with the Sahaja Maithuna.

46 Tarot and Kabalah, 1978 ·*also in Chastity, Inspiration, The Ninth Sphere*

Part Nine — You need to find a spouse

2 passages

I The Initiate without a spouse is like a garden without water

The question of marriage, in his words. One who was widowed married again for the work.

Nevertheless, in the name of truth, we must affirm the following: If you want the higher initiation, if you long for the awakening of the Kundalini and the tattvic powers, you need to find a spouse, because the Initiate without a spouse is like a garden without water.

47 Endocrinology & Criminology, 1957

The great female yogi Helena Petrovna Blavatsky, after becoming the widow of the Count Blavatsky, had to remarry again with Colonel Olcott in order to awaken her Kundalini and achieve the tattvic powers. The Sacred Order of Tibet teaches their disciples the Arcanum A.Z.F.

48 Endocrinology & Criminology, 1957

2 passages

II You can only be married when there is Love

Marriage only with love, the work only between husband and wife, and his warning to the young.

The Mysteries of Eleusis still exist in secret. The Great Baltic Initiate, Von Uxkul is one of the most exalted Initiates of that school. This Great Initiate practices Sexual Magic intensely. We should make it clear that Sexual Magic may only be practiced between husband and wife. The adulterous man or adulterous woman inevitably fails. You can only be married when there is Love. Love is Law, but conscious Love.

49 The Perfect Matrimony, 1950 ·*also in Lust and Chastity*

We make this urgent appeal to the maidens and innocent women of this world. We warn them that they can only practice Sexual Magic when they have their husband. Be careful of the many sly foxes that go about seducing innocent damsels with the pretext of Sexual Magic. We warn them so that they will not fall into temptation.

50 The Perfect Matrimony, 1950

1 passage

III He will at least be the good man who looks after his family

Meanwhile, the ground the single reader stands on: the good daughter, the good sister, the good man who looks after his own and, if he has none, does his duty to everyone.

If I told this story, it is with the aim that you understand that the basis of these studies begins by having reached the level of good householder: good husband, good father, good brother, good friend; the man who looks after his home, the woman who looks after hers, in short; and if the woman is not married, well, she will be the good daughter, she will be the good sister, a woman of the house. If it is a man and he is not married, he will at least be the good man who looks after his family or his relatives, and if he does not have them, then he will fulfill the duties that exist for the entire humanity in general.

51 The Fifth Gospel ·The Integration of the Being and the Knowing ·*Mexico City – February 20, 1975*