

The Zodiac · VII

Taurus

the practice, step by step



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This is the practice part of *Taurus*, in his words only, set out step by step. Each card has a line of his at the top, a small box with how and when, taken from his own sentences, and then his paragraphs cut at their full stops, colons and clauses into numbered steps, nothing added and nothing left out. The prayer to the Father, the exercise of the sign, the genii and the vowel come from the *Zodiacal Course* of 1951; the exercise in the armchair comes from the *Esoteric Treatise of Hermetic Astrology* of 1967; the perfume comes from *Occult Medicine and Practical Magic*. The vowel and the mantrams are printed letter for letter as he prints them. The full teaching, with every passage around these, is in the main booklet, *Taurus*.

The practices

The prayer

1 I will teach you how to use the sparkle of Venus

The exercise

2 Let us now enter the exercises of Taurus

The genii of Taurus

3 He can ask of these genii of Taurus to be cured and they will cure him

The vowel

4 The disciple should daily vocalize the vowel “E”

In the armchair

5 The disciple should sit in a comfortable armchair

The perfume

6 Sick people must smell their zodiacal perfume on a daily basis

Practice 1

I will teach you how to use the sparkle of Venus

How	Sit in a comfortable chair. Close your eyes.
To the right	Jachin
To the left	Boaz

1. Do you know of any home where bitterness reigns?
2. Do you want to serve disinterestedly?
3. Do you know of a poor woman abandoned in misery by a suitor?
4. Do you want to help her?
5. Listen to me well, beloved disciple, for I will teach you how to use the sparkle of Venus:
6. Sit in a comfortable chair.
7. Close your eyes.
8. Set aside all earthly thought from your mind and focus your thought on your Internal Master, praying like this:
9. *"Dear Father, you who art my true Being, I beg you with all my heart and with all my soul, that you penetrate in the "heart temple" of the star of Venus so that you may kneel at the feet of "Uriel" and ask of him the following favor: (One asks for the favor one desires)".*
10. Then, the disciple mentally salutes the guardian at the right column, will take a deep breath and pronounce the password "Jachin".

11 Next, he will do the same with the guardian at the left column and pronounces the password: "Boaz", in other words, first the deep breath, then he will pray to his Internal Master telling him:

12 > *"Lord, take the seven steps into the temple to make the petition. My Father, my Lord, my God".*

13 Once the petition has been made, one asks "Uriel" with one's whole heart for a choir of Angels to accomplish the work. (Singing, they create).

Where it comes from: Zodiacal Course, 1951

Practice 2

Let us now enter the exercises of Taurus

When	During this month
How	The disciple should sit on a comfortable chair
Words to sound	AOM
How many times	This mantram is pronounced four times

1. Let us now enter the exercises of Taurus.
2. During this month, the following exercise is done:
3. The disciple should sit on a comfortable chair.
4. Close your eyes, remove all thought from your mind, make yourself a little drowsy and then focus your mind inwards, towards the Inner Self, praying like this:
5. > *"My Father, now transport yourself to the principal star of Taurus, enter through the doors of the heart-temple making the salutes which you already know and beg the sidereal genie and his angels of that star to condescend and come to me, so that they may "prepare" me and cure my larynx."*
6. Then, already sleepy, the disciple should imagine seeing light accumulated in his head now descending to his throat, while he pronounces the word: "AOM".
7. With the vowel "A" he imagines the light descending from his head to his throat; with the vowel "O", he will imagine the light flooding his throat; and with the vowel "M", the disciple will exhale the breath as if expiring the refuse that resides in his throat.
8. This mantram is pronounced four times.

Where it comes from: Zodiacal Course, 1951

Practice 3

He can ask of these genii of Taurus to be cured and they will cure him

For	if the disciple has any laryngeal illness
Passwords	“Jachin” and “Boaz”
The genii	Bagdad and Araziel

1. I will warn my disciples that the salutes as I have described them when I spoke of Venus, along with the passwords “Jachin” and “Boaz”, apply to all the stars in the sky.
2. Therefore, the genii of the constellation of Taurus will personally come to awaken the powers of the larynx and if the disciple has any laryngeal illness, he can ask of these genii of Taurus to be cured and they will cure him.
3. The disciple will also be able to take advantage of these powers to heal others.
4. Taurus: Bagdad and Araziel.

Where it comes from: Zodiacal Course, 1951

Practice 4

The disciple should daily vocalize the vowel "E"

When	daily
How long	for one hour
Words to sound	EEEEEEEEE...

1. The disciple should daily vocalize the vowel "E", like this:
2. EEEEEEEEE..., for one hour.
3. The vibratory sound of this vowel will awaken the power of the occult ear in him.
4. The vowel "E" causes the Thyroid gland, which is the center of the magical ear, to vibrate.
5. The vowel "E" also develops clairvoyance of the mental body in us.
6. The vowel "E" makes the mental body vibrate and gives us conceptual synthetism and the power to penetrate the Intimate sense of words.

Where it comes from: Zodiacal Course, 1951

Practice 5

The disciple should sit in a comfortable armchair

When	In this period of Taurus
How	he should close his physical eyes
Words to sound	**AUM**
How many times	four times

1. In this period of Taurus we should take light to our creative larynx with the purpose of preparing it for the advent of the Fire.
2. The disciple should sit in a comfortable armchair;
3. he should close his physical eyes in order for nothing of this vain and stubborn world to distract him;
4. he should empty the mind, cast out of his mind all kinds of thoughts, desires, worries, etc.
5. He should now imagine that the Light accumulated during Aries, in his chalice, in his head, moves with Taurus to the creative larynx.
6. The devotee should sing the mantra **AUM**,
7. he should open his mouth properly with the A, imagine that the Light descends from the head to the larynx;
8. vocalize the U, vividly imagining that the Light floods the throat; the mouth should be rounded properly to sing the U.
9. The last letter is the M, closing the lips, expelling or casting out the breath with force, as if eliminating the refuse from the throat.
10. This work is done singing the powerful mantra **AUM** four times.

Where it comes from: Esoteric Treatise of Hermetic Astrology, 1967

Practice 6

Sick people must smell their zodiacal perfume on a daily basis

For	Sick people
When	on a daily basis
Perfume	Costusroot, aromatic herb

1. Sick people must smell their zodiacal perfume on a daily basis:
2. : perfume like Costusroot, aromatic herb

Where it comes from: Occult Medicine and Practical Magic, 1978

Where to practise

Taurus
The main booklet: every passage on the sign, with these practices in their place.

Scorpio
The first booklet of the zodiac series, with its own practices.

Sagittarius
The second booklet of the zodiac series, with its own practices.

Capricorn
The third booklet of the zodiac series, with its own practices.

Aquarius
The fourth booklet of the zodiac series, with its own practices.

Pisces
The fifth booklet of the zodiac series, with its own practices.

Aries
The sign before this one in the zodiac, with its own practices.

Zodiacal Course
His practice for every sign of the zodiac.

Clairaudience
His teaching on the magical ear.

The Mantras
His mantrams and how he says to pronounce them.

The Science of Meditation
His teaching on meditation, in his words.

The Herbal Pharmacopoeia
His plants and perfumes, sign by sign.

To print: the A5 booklet, the Word file, and the cards to cut out (A4, two cards to a sheet, printed on both sides).