

# The Benefits of Pranayama, Ham-Sah and Alchemy

*What the Egyptian and Christic pranayama, the HAM-SAH breath and the alchemy of the Arcanum give to the one who practises them, in his own words, from the fifty-two books*

234 PASSAGES · 37 BOOKS · 53 PRACTICES · 6 LECTURES · 30 SECTIONS · 8 PARTS

SAMAEL AUN WEOR · IN HIS OWN WORDS

Every word here is his. Nothing has been paraphrased, joined or improved. Each passage was cut out of the book it belongs to by reference, and each carries that book and the paragraph it came from (and, where he was speaking rather than writing, the name of the lecture with the place and the year the volume records for it), so anything on this page can be found again in the source. The teaching is gathered here from all fifty-two books.

The method itself, the breath and the work of the Arcanum, is printed in *Alchemy*, and he gives it in *The Yellow Book* and *The Perfect Matrimony*. This book gathers something else: what he says the practices give to the one who does them. Where a practice is printed here, it is printed because the passage names what it gives.

**The first part is pranayama:** the breath that raises the solar and lunar atoms, transmutes the sexual energy of single people, prepares the mind for meditation and the Jinn state: *"With Pranayama we transmute the sexual energy into Christic energy."* Its last section is what he says pranayama cannot do: it makes sparks, and it does not raise the serpent: *"…one cannot awaken the Kundalini with Pranayama"*

**The second part is the HAM-SAH breath**, which inverts the respiratory process so that the sexual energy flows inwards and upwards, to the brain and the heart: *"HAM is Solar. SAH is Lunar." "We should cause the Energy of the Third Logos to flow INWARDS and UPWARDS, to awaken our divine and ineffable Creative Powers."*

**The third part is the serpent awakened** by the alchemy of the Arcanum, the water turned into wine, and the seven serpents raised on the rod: *"The Kundalini is awakened with sexual magic." "The key to all the empires and the key to all the powers lie in sexual magic"*

**The fourth part is the chakras opened and the powers awakened**, the consciousness awakened and the ecstasy that follows: *"Whoever opens the Diamond Eye, can do marvels and prodigies like the ones done by the Divine Rabbi of Galilee on his path on earth." "The same sexual energies that express in erotic pleasure, when transmuted and sublimated, awaken the consciousness and then produce ecstasy."*

**The fifth part is the solar bodies**, the astral, mental and causal vehicles made from the sexual hydrogen: *"It proves to be totally impossible to incarnate the Being if we do not possess the solar bodies" "…in order to build with it the Solar Bodies, the Wedding Garment of the soul."*

**The sixth part is the fire that burns the dross**: the "I" dissolved, desire transmuted, death and life in the one work: *"We can only decapitate and dissolve the prince of this world, the "I", with the Arcanum A.Z.F." "In sex is Death and in sex is Life."*

**The seventh part is health, the elixir of long life, and love**: *"The Kundalini is then the Elixir of Long Life." "Love is nourished with love"*

**The last part is the Gods made by the work**: the Golden Child, the Christ within, the Second Birth and the resurrection: *"The Philosopher's Stone of the old medieval alchemists is Sex and the Second Birth is sexual." "…every human being can attain the very high peaks of the resurrection."*

What is in it

| a practice — something to do, framed and labelled


Part One — Pranayama is a system of transmutation for the sexual energy

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22 Transmute desire with the Alchemy, and desire will be annihilated 5

23 In sex is Death and in sex is Life 4

## Part Seven – They become filled with beauty, life and happiness

24 The elixir of long life is the potable gold 12

25 Only with love are the alchemical weddings possible 7

## Part Eight – Practice sexual magic and you shall become Gods

26 This is how we awaken the Kundalini and we become Gods 8

27 The Golden Child of sexual alchemy 6

28 The key of Christification is the Arcanum A.Z.F. 5

29 The Second Birth is sexual 7

30 Only with Sexual Magic can we attain resurrection 11

THE MAP

# Eight parts: pranayama, the HAM-SAH breath, the serpent awakened, the chakras and the powers, the solar bodies, the fire that burns the dross, the elixir and love, and the Gods made by the work

*Tap a part to go to it. Below, the vessel twice: open and turned down, its energy running downwards and outwards; and sealed over the fire, its energy drawn inwards and rising to a gold radiance; the caption is his own words, from the passage it links to.*

Pranayama is a system of transmutation for the sexual energy

PART ONE · 63 PASSAGES · 14 PRACTICES

The centrifugal force becomes centripetal

PART TWO · 10 PASSAGES · 7 PRACTICES

The Kundalini is awakened with sexual magic

PART THREE · 31 PASSAGES · 14 PRACTICES

To develop divine powers and transform us into Angels

PART FOUR · 27 PASSAGES · 7 PRACTICES

The Wedding Garment of the soul

PART FIVE · 30 PASSAGES · 3 PRACTICES

The fire burns the dross

PART SIX · 17 PASSAGES · 1 PRACTICE

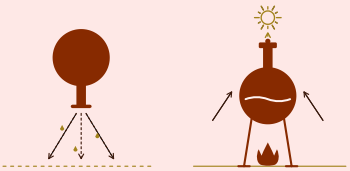
They become filled with beauty, life and happiness

PART SEVEN · 19 PASSAGES · 3 PRACTICES

Practice sexual magic and you shall become Gods

PART EIGHT · 37 PASSAGES · 4 PRACTICES

THE TWO CURRENTS



*"...THE CENTRIFUGAL FORCE BECOMES CENTRIPETAL AND THE SEMEN THEN FLOWS INWARDS AND UPWARDS."*

THE PERFECT MATRIMONY, 1966

# Part One – Pranayama is a system of transmutation for the sexual energy

8 PASSAGES · 2 PRACTICES

# I With Pranayama we transmute the sexual energy and purify the channels

*The Yellow Book (1959) lists what the breath does: the regions of darkness and inertia are dissipated, laziness and ineptness go, and the sexual energy is transmuted into Christic energy. It closes the list by calling pranayama a system of sexual transmutation for single people, to be kept up daily for life. In his later teaching he is clear that the Kundalini itself awakens only through the couple.*

The Kundalini awakens with pranayama,2 with concentration and meditation, with very profound devotion, with willpower and comprehension, with sacred mantras and with sexual magic.

THE YELLOW BOOK, *1959*

A PRACTICE

The medullar canal has a lower orifice that is normally closed in common, everyday people. The seminal vapors open up this orifice in order for the Kundalini to enter through it. There is a special exercise in yoga that is practiced in order to open this orifice rapidly. This exercise is known as pranayama.

THE YELLOW BOOK, *1959*

07

The principle objective of the practice of Pranayama is to obtain the union of the solar atoms and lunar atoms of the seminal system in order to awaken the Kundalini.

THE YELLOW BOOK, *1959*

07

With Pranayama the Kundalini awakens. With Pranayama the tenebrous regions of darkness and inertia are dissipated. With Pranayama we dissipate laziness and ineptness. Prana is related with the mind. The mind is the vehicle of willpower. Willpower must obey the Great Soul of the world.

THE YELLOW BOOK, *1959*

*With Pranayama we dissipate laziness and ineptness.*

The Yellow Book, 1959

All the internal vehicles must be controlled with Pranayama. Prana is life.

The Yellow Book, 1959

07

A PRACTICE

Those who want to awaken their Kundalini must persevere in Pranayama daily throughout their entire life. The room for the practice of Pranayama must not be humid, poorly ventilated, or unclean. The room should be pure, clean and neat. You can also practice Pranayama in the countryside, on a mountain, at the seashore, etc.

The Yellow Book, 1959

07

With Pranayama we transmute the sexual energy into Christic energy. With Pranayama we awaken the Kundalini and we completely open the chakras.

The Yellow Book, 1959

Editor's note. In his later teaching the Master makes this plain: pranayama, mantras and chastity purify the channels and sublimate the sexual energy, and single people should practise them, but the Kundalini itself awakens only through the sexual work of the couple (Maithuna). See The Solar Bodies (1968), ch. 25, and Tarot and Kabbalah (1978), Arcanum 11.

Pranayama is a system of sexual transmutation for single people.

The Yellow Book, 1959

9 passages · 2 practices

## 11 To raise the solar and lunar atoms from his testicles

*Pranayama is described as the means by which the sexual energy rises from the testicles to the chalice of the brain, the solar and lunar atoms meeting at the root of the nose. A clairvoyant would see the waters of Amrita ascending through Ida and Pingala, and from the two poles, brain and heart, a third is born: Devi-Kundalini, which, as he later makes clear, awakens only through the couple's work.*

7. This contact is possible only by means of sexual magic, because the nasal cavities are intimately related with the church of the coccyx, by means of the two ganglionic cords of our spinal medulla.

Igneous Rose, 1954

8. The Yogis of India achieve this contact of solar and lunar atoms in the root of their nose and in their Muladhara chakra by means of Pranayama and chastity.

Igneous Rose, 1954

Editor's note. In his later teaching the Master makes this plain: pranayama, mantras and chastity purify the channels and sublimate the sexual energy, and single people should practise them, but the Kundalini itself awakens only through the sexual work of the couple (Maithuna). See The Solar Bodies (1968), ch. 25, and Tarot and Kabbalah (1978), Arcanum 11.

9. The Pure Akasa circulates through the Shushumna channel, and its two solar and lunar currents make contact in the magnetic field of the nose when we practice sexual magic intensely.

Igneous Rose, 1954

07

17. When a Yogi-Esoterist-Initiate practices Pranayama, he only wants to make his sexual energy rise from his testicles to the sacred chalice of his brain.

The Mysteries of Fire, 1955

*Pranayama is an esoteric system to transmute the semen into christic energy.*

The Mysteries of Fire, 1955

18. Pranayama is an esoteric system to transmute the semen into christic energy.
19. Pranayama is a system of transmutation for the sexual energy.

The Mysteries of Fire, 1955

07

A PRACTICE

20. When the Yogi-Esoterist-Initiate inhales the Prana or Vital Christ through the right nasal cavity and exhales the Prana through the left nasal cavity, and vice versa, when he inhales through the left nasal cavity and exhales through the right nasal cavity, what he wants is not to attract external atoms as the profane believe, but rather, to raise the solar and lunar atoms from his testicles to the magnetic field at the root of his nose. 21. The clairvoyant who observes the ganglionic cords Ida and Pingala of a Yogi in the moments of practicing Pranayama will see the pure waters of Amrita, the primordial waters of Genesis, ascending through these two nadis.

The Mysteries of Fire, 1955

07

32. The Yogi works with the Great Breath or Cosmic Chrestos that is deposited within the christonic semen when he is practicing Pranayama.

The Mysteries of Fire, 1955

07

33. Pranayama (a practice that consists of making profound inhalations of air, and retaining the inhaled air as much as possible, and afterwards exhaling the air until emptying the lungs), also teaches about the poles of the energy: one masculine pole located in the brain (Cerebrospinal Nervous System) and the feminine pole in the heart (Grand Sympathetic Nervous System). Thus, as when

we form two poles in the space through a magneto, we create new energies and these forcedly are giving birth to a third pole; likewise, we affirm that the third pole is Devi-Kundalini, which, from the union of the solar and lunar atoms, is born within the Triveni, situated in the coccyx.

The Mysteries of Fire, *1955*

**Editor's note.** In his later teaching the Master makes this plain: pranayama, mantras and chastity purify the channels and sublimate the sexual energy, and single people should practise them, but the Kundalini itself awakens only through the sexual work of the couple (Maithuna). See The Solar Bodies (1968), ch. 25, and Tarot and Kabbalah (1978), Arcanum 11.

### A PRACTICE

40. The respiration through the right nasal cavity is called Suria or Pingala. We cause through this respiration the ascension of the solar atoms from our seminal system.

The Mysteries of Fire, *1955*

8 PASSAGES · 1 PRACTICE

## III The veils of Rajas and Tamas are dissipated

*Short lines from Mysteries of Fire give the breath three effects on the student: the veils of Rajas and Tamas lift, the mind is made ready for Dharana, Dhyana and Samadhi, and the sexual energies are transmuted. Beside them stand the vowels sounded with the breath, by which a man may reach the degree of a Christ, and the chaste Yogi whose gray hair and wrinkles disappear.*

A PRACTICE

The vowel "A" awakens the pulmonary chakras in order to remember past existences. They are vocalized by sustaining the sound very lengthily for each one, combining vocalization with pranayama, mentally. One can vocalize in the following order, I.. .E. . .O.. .U.. .A... One will mentally imitate the sound of the air, hurricane, or breeze; each letter should be vocalized separately.

The Greater Mysteries, 1956

With these studies arid exercises, man can attain the degree of a Christ. The woman attains the degree of a Virgin; Litelantes, the Virgin of the Law, is powerful; the eleven thousand Inca virgins are divine and ineffable. The virgin of the sea was Mary, the mother of Jesus, the immaculate one directs the immaculate conceptions, the virgins of the stars, etc. Different women attained perfection, attained Nirvana.

The Greater Mysteries, 1956

07

86. The veils of Rajas and Tamas are dissipated with the sexual transmutation in Pranayama.

The Mysteries of Fire, 1955

07

87. The mind of the student is prepared for Dharana, Dhyana and Samadhi with the practice of Pranayama.

The Mysteries of Fire, 1955

*What is important is to be pure and chaste in order to vanquish old age and death.*

The Mysteries of Fire, 1955

92. Many Asanas and exercises of Pranayama exist, but the former exercise of Pranayama is enough for the transmutation of the student's sexual energies.
The Mysteries of Fire, 1955

07

19. Gray hair and wrinkles disappear from the Yogi without the necessity of performing difficult postures, such as standing on one's shoulders, raising the legs while holding the buttocks with the hands, as unfortunately is shown in the Kechari-Mudra.
The Mysteries of Fire, 1955

07

20. What is important is to be pure and chaste in order to vanquish old age and death. 21. Most of all, Mudras are inadequate for the New Aquarian Era. It is not necessary to suffocate the Kundalini by holding the breath too much in order to awaken it; a short breathing during Pranayama is enough.
The Mysteries of Fire, 1955

Editor's note. In his later teaching the Master makes this plain: pranayama, mantras and chastity purify the channels and sublimate the sexual energy, and single people should practise them, but the Kundalini itself awakens only through the sexual work of the couple (Maithuna). See The Solar Bodies (1968), ch. 25, and Tarot and Kabbalah (1978), Arcanum 11.

22. The Kundalini awakens when we love our spouse and when following the path of the most absolute sanctity, when loving all living beings, and when we sacrifice ourselves in the Great Work of the Father.
The Mysteries of Fire, 1955

8 PASSAGES · 2 PRACTICES

## IV Meditation combined with Pranayama serves for the Awakening of the Consciousness

*Joined to meditation, the breath lets a few flames or sparks of the sacred fire rise along the spinal canal, and their use is the awakening of the consciousness. In Runic Magic the posture of the rune FAH goes with the breath, and the light of the Sun-Christ is imagined filling the organism until it reaches the consciousness.*

In Limbo there live many Yogis who in spite of having practiced Pranayama intensely during their entire lives have not even achieved the awakening of their Kundalini. With the respiratory exercises, we can raise some Igneous Flames through the Spinal Medulla, but we will never achieve the ascension of each one of the noble serpents of Fire with such practices.

THE SOLAR BODIES, 1968

Undoubtedly, it is very recommendable to utilize those Flames of Sacred Fire that are enclosed within the Muladhara Chakra for the awakening of the Consciousness.

THE SOLAR BODIES, 1968

07

By all means, it is clear that the nostrils are connected to the Sexual Gonads through Ida and Pingala this is why it is relatively easy to utilize certain Sacred Flames for the awakening of the Consciousness by means of the Respiratory Exercises.

THE SOLAR BODIES, 1968

07

The best Initiates of Laya Yoga, Zen and Chan intelligently combine meditation with Pranayama when comprehending the urgent necessity of awakening the Consciousness. When a minute fraction of vital energy travels through the length of a nervous fiber and provokes reactions in certain centers, it is perceived as a dream or as imagination; however, when, under the effects of Pranayama (in combination with Meditation) any minute fraction of Sacred Fire achieves to rise through the Medullar Canal, the reaction of such centers is formidable,

immensely superior to that of a dream or imagination. Any minute fraction of the reserve of Kundalini becomes formidable for the Awakening of the Consciousness; therefore, it is, by all means, marvelous to combine meditation with respiratory exercises.

The Solar Bodies, 1968

*...it is, by all means, marvelous to combine meditation with respiratory exercises.*

The Solar Bodies, 1968

Meditation combined with Pranayama serves for the Awakening of the Consciousness. However, they will never serve for the awakening of the Kundalini.

The Solar Bodies, 1968

07

We, the Gnostics know that the brazen serpent, which healed the Israelites in the wilderness, the divine Princess of Love, only awakens and rises along the dorsal spine by means of the Maithuna. Nonetheless, it is not advantageous to undervalue Pranayama. It is worthy to know that this magical science of breath (Pranayama), when wisely combined with scientific meditation, permits us to utilize certain sparks, flashes, flames of Kundalini, for the healthy purpose of attaining the Awakening.

Runic Magic, 1969

07

A PRACTICE

This is the sacred posture of the Rune FAH. Thus, this is the method in order for us to work with Pranayama, by inhaling the air through the nose and exhaling it through the mouth in a rhythmical way and with much faith.

Runic Magic, 1969

07

### A PRACTICE

Let us imagine in those instants that the light of the Sun-Christ penetrates within us through the fingers of our hands, then circulates through our arms, inundates the whole of our organism, and finally reaches the consciousness in order to stimulate it, to awaken it, and to call it into activity.

Runic Magic, *1969*

5 PASSAGES · 3 PRACTICES

## V Masters of yoga float in the air while practicing Pranayama

*Pranayama prepares the body for the Jinn state, and those who never practised that science in earlier lives must acquire it by years of breathing. The great yogis are said to float in the air; the Yogi Bhusunda, a master of the science of breath, is quoted as one who stayed long in Samadhi.*

We achieve the power to place the physical body in the Jinn state with Pranayama. It is very important to practice Pranayama before using these keys. It is interesting to know that the two witnesses, Ida and Pingala, in their final synthesis, are rooted in the right and left testicles of the male and in the ovaries of the female. Through this pair of nervous canals, the solar and lunar atoms of the seminal system rise until they reach the chalice (the brain). The nostrils and the sexual organs are connected through the two witnesses. This invites us to reflect. Pranayama, among other things, is truly a system of sexual transmutation for single people.

The Yellow Book, 1959

A PRACTICE

Every Gnostic must begin his Jinn practices after having prepared himself intensely with Pranayama. The great Masters of yoga float in the air while practicing Pranayama. Only a body that escapes from the law of gravity can float in the air. Only a body that enters into hyperspace can escape from that law.

The Yellow Book, 1959

*They must practice a lot of Pranayama in order to conquer the Jinn powers.*

The Yellow Book, 1959

A PRACTICE

They must practice a lot of Pranayama in order to conquer the Jinn powers. The student must carefully select the key that most appeals to him in order to practice Jinn science.

The Yellow Book, 1959

07

A PRACTICE

Some will succeed immediately; these are the fortunate ones who have practiced the Jinn science in ancient reincarnations. Others may have never practiced that science and they must begin to acquire that power by practicing Pranayama and practicing for many years, until they obtain the Jinn powers.

The Yellow Book, 1959

07

*"Yogi Bhusunda is considered amongst yogis, to be a Chiranjivi. He was a master in the science of Pranayama. It is said that this Yogi constructed an enormous shelter, where he lived, on the West side of Kalpa Vriksha which is situated on the Northern summit of Mahamera. This Yogi was Trikala Jnani and could remain in a state of Samadhi for a long time. He obtained the supreme Santi and Jinana and in this state he enjoyed the happiness of his own BEING, ever as a Chiranjivi.*

The Mystery of the Golden Blossom, 1971

13 passages · 4 practices

## VI This is how bachelors can transmute their sexual energies

*For the unmarried, pranayama is the transmutation: the alternate-nostril breath carries the solar and lunar atoms to the brain and fixes them in the heart, while music, devotion and the sacrifice of abstinence purify and sublimate the energy. For husband and wife the breath is condensed in sexual magic, which reinforces it until the union with Shiva and alone develops the seven degrees of the fire.*

9. A fornicator or an adulterer can never convert his material-mind into Christ-mind. 10. The Masters who are married will christify themselves by means of sexual magic. 11. The Masters who are single will christify their minds by means of mental transmutation and the sacrifice of sexual abstinence.

Igneous Rose, 1954

A PRACTICE

22. Our married female disciples must practice sexual magic with their husbands. 23. When they cannot practice sexual magic with their husbands, due to circumstances against their will, they must then completely abstain in order to awake the Kundalini with the force of sacrifice and they must practice the key of transmutation that I have given for bachelors. 1 24. Every flame needs fuel in order to burn.

Igneous Rose, 1954

07

A PRACTICE

25. However, the unmarried men and women will transmute their sexual energy by means of the music, the devotion, the oration and the love of God and the fellow men and women. 26. The unmarried will raise each of their serpents by the strength of the sacrifice. 27. Sexual abstention is a tremendous sacrifice.

Christ Will, 1959

**Editor's note.** In his later teaching the Master makes this plain: pranayama, mantras and chastity purify the channels and sublimate the sexual energy, and single people should practise them, but the Kundalini itself awakens only through the sexual work of the couple (Maithuna). See The Solar Bodies (1968), ch. 25, and Tarot and Kabbalah (1978), Arcanum 11.

### A PRACTICE

The Pranayama is a system of sexual transmutation for bachelors of both sexes. We already know that from the male's testicles and the woman's ovaries emerge the two ganglionic cords, which, intertwining along the spinal column in the form of an 8, ascend to the cerebrum. These are the Two Witnesses of which the Apocalypse speaks about; the Two Candlesticks before the throne of the God of the Earth. These two nerves are hollow inside; they are fine channels through which the sexual energies ascend to the cerebrum. The student inhales the breath through the left nostril, exhaling through the right and vice-versa. He controls the nostrils in an alternate manner with the thumb and index fingers. When inhaling through the right nostril, we intensely imagine the radiant and sublime solar atoms rising through the right cord to the cerebrum. Hold the breath and then carry it to the area between the eyebrows, the throat and heart, successively. One then exhales, focusing that energy in the heart with the imagination and the will. When inhaling through the left nostril, we imagine the lunar atoms like pure water of life, rising through the left channel, in the same route until focusing them in the heart. We then exhale with profound faith. This is how bachelors can transmute their sexual energies. Bachelors should find a wife if they want to christify themselves.

The Greater Mysteries, *1956*

07

What is natural is natural. The birth of the Son of Man is one hundred percent sexual. If in spite of everything that is said you still have hope of achieving the Initiation with the famous bellows system which is based exclusively on respiratory exercises, then time and years will prove to you that you were

mistaken and you will inevitably tumble into the abyss. The bellows system, asanas, Kriyas etc are magnificent and marvellous exercises. We cannot disregard them. They help, they are worthy for the awakening of the chakras and the cleaning of the nervous canals etc., but if the Yogi does not practice sexual magic, he will sink into the abyss even when he is a fanatic of the bellows system. "And he that talked with me had a golden reed to measure the city, and the gates thereof and the wall thereof". This golden reed is the dorsal spine of the human being. The spinal fires ascend along the medullar canal. The development, ascension and evolution of the Kundalini is very difficult. Each one of the thirty-three spinal vertebrae corresponds to the thirty-three sacred chambers of the temple.

The Aquarian Message, 1960

07

87. Not a single Yogi can totally christify himself without sexual magic.

The Mysteries of Fire, 1955

*The Yogi who does not have a spouse can activate the flames of his Kundalini with Pranayama and Meditation.*

The Mysteries of Fire, 1955

1.In our former chapter we studied the esotericism of Pranayama and we realized that it is a scientific system of transmutation for celibate people (singles).

The Mysteries of Fire, 1955

07

10. Pranayama is totally reinforced with the practices of sexual magic until attaining the union with the Lord Shiva.

The Mysteries of Fire, 1955

07

7.So this chakra is located at the very root of our genital organs. It awakens in the man and in the woman when they unite their enchantment in Sexual Magic.

The Mysteries of Fire, 1955

07

8.The Yogi who does not have a spouse can activate the flames of his Kundalini with Pranayama and Meditation. However, the complete, total, and absolute development of the Seven Degrees of Power of the Fire are only possible when practicing Sexual Magic with our Priest/Priestess-Spouse.

The Mysteries of Fire, 1955

> Editor's note. In his later teaching the Master makes this plain: pranayama, mantras and chastity purify the channels and sublimate the sexual energy, and single people should practise them, but the Kundalini itself awakens only through the sexual work of the couple (Maithuna). See The Solar Bodies (1968), ch. 25, and Tarot and Kabbalah (1978), Arcanum 11.

38.Celibate (single) people should transmute their sexual energies with Pranayama. 39. Married people (husband and wife) do not necessarily need to practice the breathing exercises, since Pranayama is condensed for them in the practices of Sexual Magic. 40. Sexual Magic is only possible to practice between husband and wife in legitimately constituted homes.

The Mysteries of Fire, 1955

07

Women who do not have a husband must not be preoccupied with this. In time, if they do not wed with a husband, they will receive a Deva from Nature as a husband and will practice sexual magic with him, in order to awaken their Kundalini, or Sacred Fire, which always grants us magical powers.

Occult Medicine and Practical Magic, 1978

07

A PRACTICE

With the mantric prayer we teach in this lesson, we retain that brilliant cosmic light which envelops the human couple in the supreme moment of love, upon condition of avoiding at all cost ejaculation of the ens seminis. The mantrams of this invocation have the power to transmute the creative energies into light and fire.

Esoteric Course of Kabbalah

## VII With Pranayama, the only thing one achieves is to make sparks

*Here the limit is set down. The breath purifies Ida and Pingala, sublimates the sexual energies, raises sparks and serves health and certain powers, yet it cannot build the solar mental body or carry the serpent to the brain, for the Kundalini wakes only in the Ninth Sphere. Two lecture runs from The Fifth Gospel are kept whole.*

The canals of Ida and Pingala can and must be purified with Pranayama. The Sexual Energies can be sublimated with Pranayama.

THE SOLAR BODIES, 1968

Nevertheless, one cannot awaken the Kundalini with Pranayama, because the Kundalini only enters into activity with the Sexual Contact of the Positive and Negative, Masculine and Feminine Polarities during the Sexual Act.

THE SOLAR BODIES, 1968

07

It is impossible to build the Solar Mental Body without the seven notes of the third scale. The Yogi who has never practiced Maithuna can convert himself into a true Athlete of Mental Concentration. Nevertheless, he will never build the Solar Mental Body with Pranayamas or Mental Exercises, because this is, has been and always shall be a one hundred percent Sexual Problem, The authentic and legitimate Solar Mental Body is a body of paradise, a body of happiness filled with incalculable perfections.

THE SOLAR BODIES, 1968

07

The Lions of Fire are the synthesis of this kabalistic number because 11 breaks down into 1 + 1 = 2; and the 2 into two units; Man-Woman; the two columns of the Temple, Jakin and Boaz. Between those two columns is the Arcanum. Analysing this Arcanum we come in the end to the Magistery of Fire. The Sacred Fire cannot be awakened with pranayama nor with respiratory exercises combined with meditation. All these achieve is that tiny fractions or sparks stimulate the awakening of the chakras. Such sparks ascend to one or another of

the centres, but this does not mean that the Serpent has been raised. Agni, the God of Fire assists the Fire to awaken, but working in the Ninth Sphere. Single persons can help themselves with practices of pranayama in order to raise sparks. That does not mean, however, that they will raise the Serpent.

Tarot and Kabalah, 1978

07

The worst thing about this is not only do they have this false belief but they spread it, thus driving many people away from the narrow, straight and difficult door that leads to the light. It would never occur to any authentic Yogi Initiate in India to think that he would attain innermost self-realization with asanas and pranayamas etc. Every true Hindu yogin knows quite well that these exercises are only adjutants that are very useful for health, for the development of powers, etc. It is only those western pseudo-yogins who have it in their head that with the aforementioned exercise they can self-realize.

Esoteric Course of Kabbalah

07

Those who truly want to know our foundations must study oriental tantrism, explore Buddhist tantrism, tantrism of the Yellow Church of Tibet, Buddhist Zen tantrism or Chan from China, etc. Anyone who has received the Tantra Initiation and who knows the Tantras, and who has delved deeply into the esotericism of Sahaja Maithuna, knows very well through direct experience that the development of the Kundalini is only possible through the combination of the Three Forces. And these Three Forces can only truly unite and work in the Forge of the Cyclops, in the Ninth Sphere, with Sahaja Maithuna.

The Fifth Gospel ·Gnostic Discipline for Awakening ·*Interview – Mexico City – 1970*

*...these exercises are only adjutants that are very useful for health, for the development of powers, etc.*

Esoteric Course of Kabbalah

But it happens that many people who practice Pranayama can make the Flame emit sparks. It is clear that we all have a real burning bonfire in the coccyx; there we have Devi Kundalini coiled three and a half times.

The Fifth Gospel ·Gnostic Discipline for Awakening ·*Interview – Mexico City – 1970*

07

There is an intimate relationship between breath and sex. It is possible to make sparks by means of breath. If you blow on a dying spark that could be somewhere out there, having fuel, you will see how from that spark other sparks can be emitted. But truly, with Pranayama, the only thing one achieves is to make sparks. Pranayama could never develop and unfold the annular serpentine Fire which develops in the body of the ascetic; you could never make the Kundalini go up through the spinal cord canal to the brain.

The Fifth Gospel ·Gnostic Discipline for Awakening ·*Interview – Mexico City – 1970*

07

But those who practice Pranayama, by managing to make certain sparks circulate through their nadis or canals, believe that they have awakened the Kundalini, because of the fact that they had this or that Enlightenment, this or that sensorial extra-perception, etc. Later, they state in an emphatic way that the Kundalini can be awakened only through Pranayama. That is completely false and goes against tantric Initiation, against the tantras taught in esoteric schools.

The Fifth Gospel ·Gnostic Discipline for Awakening ·*Interview – Mexico City – 1970*

07

Thus, I have said what is, what is real. Whoever wants to truly awaken, develop and unfold the Kundalini must necessarily descend to the Ninth Sphere. To deny this would be to demolish Dante's Divine Comedy, to demolish the old texts of ancient wisdom, to reduce to dust Homer's Iliad, Virgil's Aeneid, the esotericism of the four Gospels, Saint John's Book of Revelation, the esotericism of the Bhagavad Gita and the Quran, etc. It is sad that there are still people in the world who throw concepts like that, so baseless, so wrong; that is all.

The Fifth Gospel ·Gnostic Discipline for Awakening ·*Interview – Mexico City – 1970*

07

It is a very incipient way of approaching the question of Liberation, since Kundalini-Shakti does not awaken unless one works in the Ninth Sphere, in the Forge of the Cyclops, in the Lit Forge of Vulcan.

The Fifth Gospel · Transcendental Exhortation Addressed to the Missionaries

07

But it always happens that some yogic mystics achieve the ascent of certain igneous corpuscles of the Kundalini through Sushumna, that is, through the spinal cord, and this is producing in them certain ecstasies, and they say, enthusiastic in an erroneous manner: "I have awakened the Kundalini." Therein lies their mistake, because the Kundalini does not awaken except through sexual magic. No other system exists, I have not known it at any time of the history of humanity. I knew the Lemurians, the Atlanteans, I witnessed the birth of this Race, I knew the Hyperboreans and the Polars, I knew humanities from other Maha-Manvantaras and I have never seen that someone could develop the Igneous Serpent of our magic powers with procedures different from sexual magic. Thus, I am talking about clear, concrete and definitive facts.

The Fifth Gospel · Transcendental Exhortation Addressed to the Missionaries

# Part Two – The centrifugal force becomes centripetal

5 PASSAGES · 4 PRACTICES

# I To invert the respiratory process

*The run from The Perfect Matrimony gives the HAM-SAH breath line by line: the supreme effort that closes the exits of the seminal fluid, HAM on the inhalation pumping the energy to the brain, SAH on the exhalation fixing it in the heart. Its last paragraph names the result, the respiration inverted and the semen flowing inwards and upwards.*

A PRACTICE

1. Make the supreme effort that a woman makes when she is giving birth, sending the nervous current towards the sexual organs but with it, making an effort to close the sphincters or exits through which the seminal fluid usually escapes. This is a supreme effort.

The Perfect Matrimony, *1966*

A PRACTICE

2. Inhale as if you were pumping, or making the semindl fluid rise with the respiration towards the brain . As you inhale vocalise the mantram HAM. Imagine this energy rising to the brain and then passing to the heart.

The Perfect Matrimony, *1966*

*HAM is masculine. SAH is feminine. HAM is Solar. SAH is Lunar.*

The Perfect Matrimony, *1966*

A PRACTICE

3. Now exhale the breath imagining the sexual energy being fixed in the heart. Whilst exhaling, vocalise the mantrarn SAH. If the spasm is very strong, refrain, refrain, and continue inhaling and exhaling with the help of the mantram HAM-SAH. HAM is masculine. SAH is feminine. HAM is Solar. SAH is Lunar.

The Perfect Matrimony, *1966*

07

A PRACTICE

One must expel the air rapidly through the mouth producing the sound SAH in a soft and delightful way. One must inhale with the mouth half open, mentally singing the mantram HAM.

The Perfect Matrimony, *1966*

07

The basic idea of this esoteric exercise is to invert the respiratory process making it truly positive, since in the present state the negative lunar aspect SAH predominates, which leads to seminal discharge. By inverting the respiratory process through this breathing exercise, the centrifugal force becomes centripetal and the semen then flows inwards and upwards.

The Perfect Matrimony, *1966*

## 11 It is necessary to sublimate our sexual energy to the heart

*These passages describe the same turning of the energy without the mantram: the Creative Power made to flow inwards and upwards, the Christonic semen sublimated to the heart, the creative energy raised through the sympathetic channels of each body. Magnus Opus adds the bread and wine blessed after the work, which carry the energy to the heart.*

DOWNWARDS, linking him to the Tenebrous Powers and to the Avitchi... We should work in the laboratory of the Holy Spirit (Sex), to transmute the Creative Power into Light and Fire. We should cause the Energy of the Third Logos to flow INWARDS and UPWARDS, to awaken our divine and ineffable Creative Powers. That is the MAGNUM OPUS! Fornicators become indigenous and miserable shadows... Next, they sink into the frightening Abyss!

Esoteric Treatise of Theurgy, 1959

What is "ABOVE" should enter what is "BELOW," so that what is below will return to the Worlds of Great Light. We have to work with the raw material of the Great Work, but sublimate this raw material, this Christonic Semen, up to the heart, so that the Creative Energy of the Third Logos will then be able to elevate itself "UPWARDS," towards the Worlds of the Great Light.

Logos, Mantram, Theurgy, 1959

*The refrained desire will make the sexual energy flow inward and upward towards the brain.*

Runic Magic, 1969

A PRACTICE

The fundamental clue in order to awaken this Sacred Fire, the Kundalini, is certainly hidden within Sex-Yoga, within the Maithuna, within the sexual connection of the Lingam-Yoni, phallus-uterus, but without the ejaculation of the Ens Seminis (entity of semen). This is because the whole Ens Virtutis of the fire is enclosed within this semisolid and semi-liquid substance. The refrained desire will make the sexual energy flow inward and upward towards the brain.

Runic Magic, *1969*

07

A PRACTICE

Imagination is feminine. Willpower is masculine. When we work with the prostatic chakra, we must join these two forces in alchemical marriages in order to provoke the ascension of the creative energy: first, through the sympathetic nerve channels of the physical body; second, through the sympathetic nerve channels of the etheric body; third, through the sympathetic nerve channels of the body of desires; fourth, through the sympathetic nerve channels of the causal body. Advanced students must raise the creative energy to the Ain Soph.

Esoteric Course of Kabbalah

07

A PRACTICE

Arcanum 14: Temperance. Here we see a woman mixing the two essences, with which one makes the Elixir of Long Life. Those two essences are: the red elixir and the white elixir (the sexual principles of man and of woman). Arcanum 14 teaches us to handle the Jinn states. A body in the Jinn state can adopt any shape; in this case, he operates in the internal worlds without losing his physiological characteristics…It is necessary to sublimate our sexual energy to the heart! The Communion of the bread and the wine has the power to sublimate the sexual energy to the heart! We can put bread and a glass of wine beside our bed and, after working with the Arcanum A.Z.F., pray, and bless the bread and the wine. Then, eat the bread and drink the wine. Arcanum 14 converts the bread and the wine into the blood of Christ. With this Arcanum, the bread and the wine are charged with the christic atoms that descend from the Central Sun.

Magnus Opus

# Part Three – The Kundalini is awakened with sexual magic

6 PASSAGES · 1 PRACTICE

## 1 It is only possible to awaken it by means of sexual alchemy

*The first fruit of the alchemy, by his repeated word, is the awakening of the serpent. It is thick in those who have stored the semen, rises in proportion to the merits of the heart, and wakes when the solar atoms of the seminal system meet the lunar atoms; the two witnesses resurrected bring the Pentecostal fire.*

The Gnostic Alchemist awakes the Kundalini through the practicing of sexual magic. Thus, the Kundalini ascends through a conduct, which is in a canal called Sushumna. This igneous serpent is thick in those who have accumulated a lot of christonic substance (semen), but, it is thin in those who have not stored a lot of sexual energy.

The Revolution of Beelzebub, 1950

The Kundalini is awakened with sexual magic.

Zodiacal Course, 1951

07

The Kundalini rises in accordance with the practice of sexual magic and in accordance with our process of sanctification, for as we said, the ascension depends on the merits of the heart.

Zodiacal Course, 1951

*We should resurrect our two witnesses with sexual magic; this is how the Pentecostal fire awakens.*

The Greater Mysteries, 1956

42. It is indispensable that the solar atoms of the seminal system make contact with the lunar atoms of the cephalous rachidial liquid in order to awake the sacred fire. 43. If we waste the solar atoms, we will then have no capital in order to make an atomic combination, which permits the awakening of the Kundalini

by means of sexual magic. 44. The Kundalini is of an absolutely sexual nature and it is only possible to awaken it by means of sexual alchemy.

Igneous Rose, 1954

07

A PRACTICE

26. Thus, we would like to state that it is necessary to intensely practice Sexual Magic with your spouse, in order to awaken the Kundalini and to achieve the union with the Innermost.

Treatise of Sexual Alchemy, 1954

07

We should resurrect our two witnesses with sexual magic; this is how the Pentecostal fire awakens.

The Greater Mysteries, 1956

## II This is the formula to awaken the igneous serpent

*Each passage gives the formula of withdrawing without spilling the semen together with what it does. In different books the result is the union with the Intimate, the seven churches opened, the semen turned into light and fire, the Shushumna canal opened by the seminal vapors, and the couple transformed into gods.*

A PRACTICE

To introduce the virile member into the feminine vagina and to withdraw it without spilling the semen is the old formulae of ancient alchemists... This is the formula to awaken the igneous serpent and to achieve the union with the Intimate. According to Moses, the Intimate is the Real Being, the Ruach Elohim, who was sowing the waters in the beginning of the world.

The Revolution of Beelzebub, 1950

A PRACTICE

They awaken the serpent of fire, which is called the Kundalini by the Hindus. The Aztecs call that serpent Quetzalcoatl and they represent it with the rattlesnake. That is the fire of the Holy Spirit. When the serpent awakens, it hisses the way real serpents hiss. Their sweet and peaceful hiss is like a divine sound, resembling the one produced by the rattle of the serpent, or like the subtle voice of the cricket. That sexual serpent awakens with the ardent kiss and with sexual magic. That serpent is septuple in its internal constitution. That serpent has the power to open all the seven churches of our spinal column, and transform us into Gods. Only the two witnesses have the power to awaken it, and to open heaven. The formula to awaken the serpent is the following, "Introduce the virile member in the woman's vagina, and withdraw without spilling the semen."

The Greater Mysteries, 1956

07

A PRACTICE

4. An act of sexual magic exists with which we can totally awaken and develop DeviKundalini. 5. The formula is the following: introduce the virile member into the feminine vagina and withdraw from the sexual act without spilling the semen (without reaching the orgasm). 6. The refrained desire will transform the semen into light and fire.

The Mysteries of Fire, 1955

07

A PRACTICE

The ardent kisses, the intimate caresses, are transformed into miraculous notes, which resound excitedly within the aura of the universe. We have no way to explain those moments of supreme enjoyment. The Serpent of Fire is agitated, the Fires of the heart are enlivened and the terrifying rays of the Father shine full of majesty upon the foreheads of the sexually united beings. If the man and woman knew how to withdraw before spasm, if in those moments of delicious enjoyment they had the strength of will to dominate the Animal Ego, and then were able to withdraw from the act without spilling the semen, neither within the womb, nor without, nor to the side, nor in any part, they would have performed an act of Sexual Magic. This is what is called in occultism the Arcanum A.Z.F. With the Arcanum A.Z.F. we can retain all of that marvelous light, all those cosmic currents, all those Divine powers. Then Kundalini awakens, the sacred Fire of the Holy Spirit within us, and we are transformed into Terribly Divine Gods. But when we spill the semen, the cosmic currents are lost within the universal currents and the Luciferic forces of evil, the fatal magnetism, a sanguineous light, penetrates the Souls of the two beings. Then Cupid withdraws, weeping, the doors of Eden close, love becomes disillusionment, disenchantment arrives, and only the black reality of this valley of tears remains. When we know how to withdraw before sexual spasm, the Igneous Serpent of our Magical Powers awakens.

The Perfect Matrimony, *1966*

*When we know how to withdraw before sexual spasm, the Igneous Serpent of our Magical Powers awakens.*

The Perfect Matrimony, *1966*

A PRACTICE

The secret of awakening the Kundalini is the following: “Introduce the virile member in the woman’s vagina and withdraw it without spilling the semen.” This practice is to be done slowly.

Tarot and Kabalah, 1978

07

A PRACTICE

6. Every Gnostic doctor is obliged to practice sexual magic daily in order to awaken the Kundalini.

Occult Medicine and Practical Magic, 1978

07

A PRACTICE

The formula in order to awake the Kundalini lies exclusively in the sexual act: “To introduce the virile member into the feminine vagina and withdraw without spilling the semen (without reaching the orgasm).” This is our axiomatic prescription for all the Gnostic students. During these sexual trances the Mantra I.A.O. must be vocalized, then meditation in the fire and in the Intimate must be performed.

Occult Medicine and Practical Magic, 1978

07

A PRACTICE

Introduce the virile member into the feminine vagina, then, withdraw without spilling the semen (without reaching the orgasm). This is what is called sexual magic and it is mandatory for the Gnostic Medic to practice sexual magic daily, in order to transmute his semen into divine energy. Thus, the fire of the Holy Spirit or Kundalini awakes with this prescription, because this fire rips the membranous pouch in which it is enclosed. Then, it ascends upwards through a canal which is situated within the spinal medulla. This canal is called Shushumna in the east. Such a canal remains closed in the common and current people. However, the seminal vapors open it and expose it, so that the Kundalini can enter through its inferior orifice, in order to ascend upwards through a thread which is situated in the center of such a canal.

Occult Medicine and Practical Magic, 1978

07

A PRACTICE

The wise men of India awaken Kundalini with Sexual Magic. Sexual Magic is very easy: A man and a woman may sexually unite and they will be "one flesh". Both, however, men and women, must withdraw from the sexual act before and without spilling the seminal liquor. The seminal liquor must not be spilled within the womb; far from it, the seed must not be allowed to spill outside that organ. The man must withdraw from the woman, and the woman from the man, restraining the sexual impulse to avoid spilling the seminal liquor.

The Mysteries of Life and Death

9 PASSAGES · 2 PRACTICES

## III Refrained desire will transmute the semen into Christic energy

*Water turned into wine at Cana is read as the semen transmuted into the wine of light. Refrained desire changes the seminal liquor into vapors and then into Christic energy, which divides into solar and lunar currents, climbs Ida and Pingala and wakes the fire in the coccyx, where it rises by the thread of Citrini.*

Refrained desire will transmute the semen into Christic energy and this energy will at the same time be bi-polarized into positive and negative to rise in two nervous canals located at the right and left of the spinal medulla. In India, these two spermatic canals are called: Ida and Pingala.

Zodiacal Course, 1951

A PRACTICE

The secret to awaken the Kundalini is in the miracle that Christ did at the wedding of Cana. The transmutation of water into wine is accomplished in nuptials during the trance of sexual magic, with refrained effort, water (semen) will be transmuted into wine of alchemical light.

Zodiacal Course, 1951

07

69. The mixture of these christic atoms (which are the result of our semen transmuted into energy), when combined with the Pure Akasa awakens the Kundalini positively, and opens its way upwards towards Brahmarandra, through the thirty-three chambers of our spinal column. This is how Adepthood is achieved.

Igneous Rose, 1954

07

The sexual fire of the Kundalini awakens with sexual magic. In the union of the phallus and the uterus is found the key of power, as long as one never gets to ejaculate even a single drop of the sacred wine. Among the Aztecs, sexual magic was practiced in order to awaken the Kundalini. In the sacred patios of the

temples, men and women remained entire months caressing and loving each other and, even in sexual connection; however, they knew how to restrain the animal ego in order to avoid seminal ejaculation. In this manner, the pure waters of life were transmuted into seminal vapors, and these vapors were transmuted into Christic energies. The Christic energies became bipolarized into solar and lunar currents which ascended through Ida and Pingala.

The Greater Mysteries, *1956*

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*...water (semen) will be transmuted into wine of alchemical light.*

Zodiacal Course, *1951*

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It is also very true that within the marriage, by means of the sexual contact which transmutes water into wine, that we have to transmute the water (semen) into the wine of the Light of the Alchemist; sexual magic is the way. Upon publicly opening the path of initiation for all of suffering humanity, Jesus began by teaching us sexual transmutation, sexual magic! In the flesh, Jesus Christ represented the entire drama of initiation, which begins with sexual transmutation; with sexual magic we become Gods. When the spouses rise to the state of Gods, it is only then that they can enjoy the delights of love without sexual contact; that is already something of Gods.

The Greater Mysteries, *1956*

07

A PRACTICE

When the Sacred Pentecostal Fire ascends through the central canal of the spinal medulla, it has the miraculous power of transforming itself into a Bird of Fire. That Bird is the symbol of the Quetzal. That is the Bird of Minerva. That is the key of Priestly Power. THE "ARCANE A.Z.F." AND THE KUNDALINI ! The Theurgist can make use of that Power when he is, working with the "Arcane AZ.F." It has already been said that in the union of the phallus and the uterus lies the Key of all evident power. The warning has been made that, in life, the Theurgist should never ejaculate the entity of the Semen. In this manner, the refrained desire will transmute the Seminal Liquid into subtle magical vapors. Such vapors, at the same time, will convert themselves into electromagnetic Christics Energies.

Logos, Mantram, Theurgy, 1959

07

The precious feathered (quetzalli) serpent is awakened, agitated and raised when the semen is transmuted, by means of the alchemy of sexual, amorous contact, into electromagnetic energy and makes contact in the coccygeal gland. Subsequently, the serpent is transformed into Quetzalcoatl which gives us the power to unleash or harness the winds, to unleash or harness the tempests, to activate or deactivate the fire and to appease or to make the earth tremble.

Christic Aztec Magic, 1973

07

The Solar and Lunar atoms arise from the seminal system. The seminal vapors have as a base the atoms of the Sun and the Moon. The seminal vapors are transmuted into energy. The energies bipolarize into positive and negative, Solar and Lunar. These energies rise through the sympathetic channels of Ida and Pingala to the Chalice. This Chalice is the brain. The semen, already totally converted into energies, rises through the two sympathetic channels which are the Two Witnesses of Apocalypse, the two Olives of the Temple, the two Candelabra which are before the God of the Earth, the two Serpents which are entwined on the rod of the Caduceus of Mercury. When their tails touch, the

Solar and Lunar atoms make contact in the coccyx near the Tribeni. Then Kundalini awakens.

The Perfect Matrimony, *1966*

07

The Hindus say that within the medullar channel there is a channel called Sushumnä, and within this channel, there is another called Vajrini and within this, a third called Citrini, "as fine as a spiders' thread on which the chakras are threaded, like the knots on a bamboo pole". Thus speak the sacred books of India, and we know that Kundalini rises through the Citrini solely and exclusively with the Maithuna, Sexual Magic, Arcanum A.Z.F.

The Perfect Matrimony, *1966*

7 PASSAGES · 2 PRACTICES

## IV We raise the seven Serpents on the rod

*There are seven serpents, and their full development, the seven degrees of the power of fire, is said to need the Maithuna practised daily over twenty or thirty years. When the serpent reaches the heart it receives wings and becomes the serpent-bird, and each serpent raised is also a decapitation passed.*

The key to all the empires and the key to all the powers lie in sexual magic We must raise our metallic serpent or better said, our seven serpents over the rod, just as Moses did in the desert and thus we will convert ourselves into terrible powers of the "blissful Nirvana".

Zodiacal Course, 1951

119. We have seven Serpents: two groups of three, with the sublime coronation of the seventh tongue of fire, which unites us with the ONE, with the LAW, with the FATHER. 120. Practicing Sexual Magic intensely with the female, we raise the seven Serpents on the rod and we transform ourselves into omnipotent Gods of the Universe with powers over the four elements: earth, water, 1u and air.

Manual of Practical Magic, 1954

07

A PRACTICE

20. Thus, the fire renews everything, and the Celestial man replaces the Earthly Man. 21. The seven Serpents rise above the rod, practising Sexual Magic with the priestess wife. 22. There can be sexual connection, but not a drop of semen must be spilled.

Christ Will, 1959

*The serpent, ascending through the spinal column, develops all the divine powers of the human being.*

The Buddha's Necklace, 1967

The heart is the temple of the Serpent Bird. It is necessary to know how to Love. The Serpent Bird officiates in the temple of the tranquil heart. It is urgent to be devoured by the Serpent. Whoever is devoured by the Serpent becomes in fact, a Serpent Bird. Only with Sexual Magic and the Love of the heart is the Serpent awakened, which later will devour us. When the Serpent reaches the level of the heart, it receives the Igneous Wings. Then it is transformed into a Serpent Bird.

The Perfect Matrimony, 1966

07

A PRACTICE

The best asana (sacred posture) for the Maithuna is the normal one breast against breast, face-to-face, solar plexus against solar plexus in order to form a perfect androgyny; later, the man and woman withdraw from the sexual act before orgasm and seminal ejaculation. Pseudo-esoteric and pseudo-occult reactionaries suppose they can awaken Kundalini by means of brahmacharya or forced celibacy. All initiates of authentic mystery schools know, through direct experience, that it is impossible to achieve the awakening and development of the seven grades of the power of fire without Tantric practices. There are two types of brahmacharya (sexual abstention) solar and lunar. Solar Brahmacharya is obligatory for all those who have already been born in the superior worlds with solar bodies, that is, for those who have left the Ninth Sphere.

The Buddha's Necklace, 1967

07

Kundalini has seven degrees of power of fire. Only by practicing the Maithuna daily over a period of twenty or thirty years can a person achieve the total unfolding of Kundalini. The descending serpent the Kundartiguador organ, develops the inferior chakras of the lower belly and transforms man into a terribly perverse and evil beast. The serpent, ascending through the spinal column, develops all the divine powers of the human being. Devi Kundalini, the igneous serpent of our magical powers is Isis, Rhea, Cybele, Tonantzin, Mary,

etc. The solar bodies are gestated in the womb of Devi Kundalini, the Divine Mother. When the initiate is born from the womb of the Divine Mother in the superior world, when he leaves the Ninth Sphere (sex), he is forbidden to ever return there again. The twice born enter a secret temple, and if they have sex again, they will fall, losing all their powers.

The Buddha's Necklace, 1967

07

Only by practicing Sexual Magic (the Arcanum A.Z.F.), does one succeed in raising each one of the seven serpents. Only by practicing Sexual Magic is it then possible to pass through the seven terrifyingly divine decapitations.

Magnus Opus

# Part Four – To develop divine powers and transform us into Angels



11 PASSAGES · 6 PRACTICES

## I To awaken their Kundalini and to open all their chakras

*The chakras, the churches and the pineal gland open with the sexual work. Muladhara opens first, the Diamond Eye makes a magician, and the mantras sounded during the practice carry the sexual fire to each centre; outside the Ninth Sphere, those mantras are said to take no effect.*

A PRACTICE

29. The mantra I.A.O. must be vocalized during the moments of sexual magic in order to awaken our sacred fire.

Igneous Rose, 1954

A PRACTICE

38. The man and the woman united during the trance of Sexual Magic should together order the Cherubim, at the same time, to awaken their Kundalini and to open all their chakras.

Manual of Practical Magic, 1954

07

168. This chakra is awakened by practicing Sexual Magic intensely with the woman. 169. Every one who develops the Pineal gland becomes a terrible and powerful magician. 170. Whoever opens the Diamond Eye, can do marvels and prodigies like the ones done by the Divine Rabbi of Galilee on his path on earth.

Manual of Practical Magic, 1954

07

Truly, truly, I tell you, my brothers, that the only thing needed in order to awaken the Kundalini and open the First Church that lies in the coccyx, is to practice Sexual Magic. “He that hath an ear, let him hear what the Spirit saith unto the churches; To him that overcometh (in other words, the one who puts an end to fornications) will I give to eat of the tree of life, which is in the midst of the paradise of God.” In other words, by practicing sexual magic, you shall enter paradise to eat from the Tree of Life. One needs patience, suffering and

work in order to awaken the Kundalini and to open the Church of Ephesus which is related to the sexual organs.

The Greater Mysteries, 1956

07

Jesus made these lotus flowers turn during sexual magic. During those instants, the man and the woman sexually united, are full of electricity and cosmic fire. That is the precise instant to awaken the Kundalini and to make the chakras, discs, or magnetic wheels of the astral body, turn. With the sexual energy we can awaken all the powers of the astral body. With the sexual energy, we become Angels.

The Greater Mysteries, 1956

*With the sexual energy we can awaken all the powers of the astral body. With the sexual energy, we become Angels.*

The Greater Mysteries, 1956

The sexual energies, once transplanted in Adam Christ, gleam with the immaculate whiteness of Divinity. Those energies then appear as terribly divine rays. The grandeur and majesty of the Superman is tremendous. Really the Superman shines for a moment in the night of the centuries and then disappears; he becomes invisible to man. Commonly, we are able to find indications of such beings in some secret schools of regeneration, about which almost nothing is officially known. It is because of these secret schools that we know of the existence of these sublime suprasexual beings. The schools of regeneration have ages of public activity, and ages of secret work. The planet Neptune cyclically governs the activity of these schools. In the human organism Neptune has control over the pineal gland. This gland of the Gods can only be put into activity with sexual transmutation. Uranus controls the sexual glands, and Neptune, the pineal gland. Uranus is Practical Sexual Alchemy. Neptune is

esoteric study. First we should study and then work in the laboratory. Uranus has a sexual cycle of 84 years and Neptune a cycle of study of 165 years. The cycle of Uranus is the average of human life. The cycle of Neptune is the cycle of public activity in certain Schools of Regeneration. Only through the Path of the Perfect Matrimony can we reach suprasexuality.

The Perfect Matrimony, *1966*

07

A PRACTICE

The mantram INRI and its four derivatives applicable to the chakras are vocalized dividing them into two syllables, and then extending the sound of each one of the four magical letters. With these mantras we can take sexual Fire to the chakras during the practices of Sexual Magic.

The Perfect Matrimony, *1966*

07

A PRACTICE

Returning now to I.A.O., which we have already said is the name of God amongst the Gnostics, we add the following. The vowel "I" makes the pineal gland and the Embryo of the Soul, which every human being has incarnated, vibrate. The vowel "A" puts the physical vehicle into vibration, and the formidable "O" makes the testicles vibrate, transmuting marvelously the seminal liquor until it is converted into Christic energies which ascend victoriously to the chalice (the cerebrum).

The Perfect Matrimony, *1966*

07

A PRACTICE

25. DIS, DAS, DOS are the mantras that when vocalized in sexual magic, awake the Kundalini.

The Mysteries of Fire, *1955*

07

A PRACTICE

There exist many formidable Mantras for the Awakening of the Kundalini; however these only take effect if they are chanted in the Ninth Sphere during the Maithuna (Sexual Magic).

The Solar Bodies, 1968

07

Those students who do esoteric exercises without working in Arcanum A.Z.F. are similar to the man who built his house upon the sand; their structure will topple into the abyss. We must build upon the Living Stone. That Stone is sex. He who develops chakras whilst having internal bod ies which are lunar will fall to the abyss, his Temple will be a fuhninated tower. He who engenders his Christic bodies with the Arcanum A.Z.F. and works to develop his chakras becomes a living Christ.

Tarot and Kabalah, 1978

8 PASSAGES

## 11 Opening centers and awakening miraculous powers

*The occult powers are called flowers of the soul that sprout in the chaste, and the fire rising along the spine opens centres and wakes miraculous ones. The sublimated libido gives extraordinary faculties, the Alchemist has six mystical experiences once the fire wakes, and the Flaming Sword is received. Speech is counted with them, since the golden verb is uttered only once the Kundalini has woken.*

The Gnostics transmute their sexual secretions and patiently await in order to be worthy of receiving their occult powers, that sprout as flowers of the soul when they have already purified themselves.

THE REVOLUTION OF BEELZEBUB, 1950

To take the word out from the mysteries of sex is the breaking point of madness, since sex is the very base of the word. Thus, one cannot utter the divine golden verb (language) without the awakening of the Kundalini and it is only awakened by practicing sexual magic.

THE REVOLUTION OF BEELZEBUB, 1950

07

The energy of the Third Logos is expressed through the sexual organs and by means of the creative larynx. These are the two instruments through which the powerful creative energy of the Third Logos flows. When one works with the "Arcane A.Z.F.", the Sacred Serpent is awakened. The ascending flow of the creative energy of the Third Logos is living fire. That Pentecostal Fire rises along the med canal, opening centers and awakening miraculous powers.

LOGOS, MANTRAM, THEURGY, 1959

07

The Hindustani speak about awaking the KUNDALINI, and we say that the Kundalini awakes by practising Sexual Magic with the woman. When the man gets used to withdrawing without having spilled the Semen, he acquires the following powers; intuition, clairvoyance, magical hearing, telepathy, powers

over life and death, powers to never die, powers over lightning and storms, over hurricanes, and over earth.

Christ Consciousness, 1952

*When the man gets used to withdrawing without having spilled the Semen, he acquires the following powers; intuition, clairvoyance, magical hearing, telepathy, powers over life and death, powers to never die, powers over lightning and storms, over hurricanes, and over earth.*

Christ Consciousness, 1952

It is with Maithuna without ejaculation that Devi Kundalini ascends through the spinal canal to develop divine powers and transform us into Angels.

Esoteric Treatise of Hermetic Astrology, 1967

07

As soon as the Kundalini awakens in order to initiate its subliminal inward and upward ascent, the Alchemist then achieves the following six transcendental mystical experiences: ANANDA: A type of spiritual enjoyment.

Parsifal Unveiled, 1970

07

The Guardians of the ancient Mystery Temples use the Flaming Sword, and they who have awakened Kundalini receive it. In occult Masonry the sword is used, it is received with the advent of the Fire. From the point of view of occult Masonry, the Flaming Sword is the result of incessant transmutations.

Tarot and Kabalah, 1978

07

If we have the sufficient will to be able to transmute the sexual libido, we would unquestionably incarnate the Third Force in ourselves and we would obtain extraordinary faculties that would manifest themselves in our human organism. Those sublimated forces, that transmuted creative energy, already implies the managing of the Three Forces, but in any case, the sublimation of the libido develops extraordinary faculties within us and leads us to the crystallization of the Third Force in ourselves.

The Fifth Gospel · The Balance of the Energetic Centers · *Conference given to Gnostic students*

## III Awaken the consciousness and then produce ecstasy

*Sexual transmutation wakes the consciousness and opens the intuition. The Master Atom of the mind rises from the seminal system and illumines, the Buddha consciousness speaks through bodies prepared by sexual magic, and the energies of desire, once sublimated, give ecstasy and the thread that leads from darkness to light.*

Whosoever learns how to be in communication with such an Atom through meditation will be taught and instructed upon the cosmic wisdom, since this Atom is a sage. This Master Atom resides in our seminal system. By practicing sexual magic, this atom rises towards our head and then illuminates us in the world of the mind.

The Revolution of Beelzebub, 1950

The solar and lunar civilizations, which intensely palpitate within our own internal worlds, initiate us into their profound truths. They take us to the great illumination by means of the awakening of the sacred fire of Kundalini, through sexual magic.

The Revolution of Beelzebub, 1950

07

Those who despise the water fail in the Great Work, because we can only illuminate ourselves with our own spiritual oil when we have pure waters of life (accumulated semen).

The Aquarian Message, 1960

07

The Great Master Hilariux IX, Knight of the Holy Grail, Prince of Jerusalem and Guardian of the Temple, has said that tracing the Sign of the Infinite focused on the Frontal Chakra and meditating on the Sacred Order of Tibet, the esoteric student will "leave" his body consciously and project himself into the Astral and at any moment, he makes himself present, after being submitted to numerous tests, he is delivered from "mouth to ear" the magnificent "ARCANE A.Z.F." F. + A. = C: Effectively, Fire plus Water is equal to Conscience. Of course the Fire and Water of the Ninth Sphere, of Sex as instrument of

Sanctification has the power to awaken the Conscience of the student in the Internal Worlds (F. + A. = C.).

Logos, Mantram, Theurgy, 1959

*...the auric twine that will take us from darkness to light, from death to immortality.*

The Mystery of the Golden Blossom, 1971

We have to acknowledge that the present humanity is subconscious. People like this are incapable of knowing the superior dimensions of space. It is urgent to awaken the consciousness and this is only possible during ecstasy. If we analyse ecstasy with dialectic logic, we discover that it is sexual. The same sexual energies that express in erotic pleasure, when transmuted and sublimated, awaken the consciousness and then produce ecstasy.

The Perfect Matrimony, 1966

07

The syllable ON also makes the testicle's hormones to vibrate, thus, transmuting the semen into christie energy. This clearly shows that the awakening of the consciousness, Buddha, can only be achieved by practicing sexual magic, by internally vocalizing and becoming skillful in the astral, since the consciousness, Buddha, is enclosed within our own Chrestos.

Occult Medicine and Practical Magic, 1978

07

A PRACTICE

The awakening of the consciousness and the development of intuition are acquired by meditating daily in our Intimate and in the syllable ON, and by practicing sexual magic daily.

Occult Medicine and Practical Magic, 1978

07

It is essential in Sexual Magic to renounce bestial concupiscence for the sake of spirituality if we truly want to find Ariadne's thread of Ascension, the auric twine that will take us from darkness to light, from death to immortality.

The Mystery of the Golden Blossom, 1971

# Part Five – The Wedding Garment of the soul

7 PASSAGES · 1 PRACTICE

## 1 We urgently need to fabricate the solar bodies

*The bodies people are born with are lunar, and solar ones have to be made from the sexual hydrogen Si-12 in the Maithuna. The Being cannot be incarnated without them, and whoever does not work with the grain cannot germinate them; in the alchemists' terms, the four bodies of sin give way to four bodies of glory.*

In our previous Messages we have already said that the actual internal bodies mentioned by the pseudo-esoteric and pseudooccultists schools are useless for our intimate self-realisation because they are lunar bodies. We urgently need to fabricate the solar bodies, the Superior Existential Bodies of the Being. The fabrication of these aforementioned solar bodies is only possible by practicing the Maithuna (Sexual Magic), with the objective of transmuting the famous Sexual Hydrogen Si 12. Only with the Sexual Hydrogen Si 12 can we fabricate the Superior Existential Bodies of the Being.

Christmas Messages, *1952-66*

It proves to be totally impossible to incarnate the Being if we do not possess the solar bodies, if we do not fabricate them through the Maithuna (Sexual Magic).

Christmas Messages, *1952-66*

07

43. This is how the four bodies of sin are replaced by the four bodies of Glory.
44. This is how we transmute the metals with the white and red elixirs.

Treatise of Sexual Alchemy, *1954*

> *This is how the four bodies of sin are replaced by the four bodies of Glory.*
>
> Treatise of Sexual Alchemy, *1954*

The rational homunculus mistakenly called man still does not have the authentic astral, mental and causal vehicles. In reality he is only a ghost. It is necessary to

practice Sexual Magic, to live the Path of the Perfect Matrimony, to engender the Christ Astral, Christ Mind and Christ Causal.

The Perfect Matrimony, *1966*

07

In preceding chapters we have already said that the human being has still not incarnated his Soul. Only with Sexual Magic can we engender the internal vehicles. They, as with plants, sleep latent within the hard darkness of the grain, of the seed which is deposited in the seminal system. When the human being has the Christic vehicles, he can incarnate his Soul. Whoever does not work with the Grain, whoever does not practise Sexual Magic cannot germinate his Christic bodies. Whoever does not have Christic bodies, can nei ther incarnate his Soul. He loses his Soul, and in the long term submerges in the abyss where he disintegrates slowly. Jesus, the Great Master, said, 'For what is a man profited, if he shall gain the whole world, and lose his own soul? Or what shall a man give in exchange for his soul?

The Perfect Matrimony, *1966*

07

### A PRACTICE

To create the solar bodies, we must work in the Maithuna, Sexual Magic, without spilling the semen; we must work in the fiery forge of Vulcan, in the Ninth Sphere (sex). This si more bitter that bile twenty or thirty years of daily sexual connection with only one spouse without ever spilling even one drop of semen, without permitting the semen to escape from the organism.

The Buddha's Necklace, *1967*

07

In the upper part is a Sun which illuminates with three rays, indicating the Three Primary Forces. It descends to unite with the Moon. The Moon rises and the Sun descends, which indicates that we need to transform the Moon into Sun by means of transmutation; to convert the lunar bodies into Solar bodies by means of the Arcanum A.Z.F.

Tarot and Kabalah, *1978*

8 PASSAGES · 1 PRACTICE

## 11 The Astral Christ is born only with Sexual Magic

*The astral body is the first made in the forge. It crystallises from transmuted hydrogen in a higher octave and is filled with solar atoms and light, and in it a man keeps the memory of his past lives and goes on after death. A friend who never made it is described as having ceased to exist.*

Only with Sexual Magic are we able to give birth within us to the Christ Astral. Temptation is Fire. The triumph over temptation is Light. Refrained desire makes the astral fluid rise toward the pineal gland and thus, within us the Adam Christ is born; the Superman.

THE PERFECT MATRIMONY, *1966*

One must differentiate between the astral body and the lunar bodies. The latter are active during the night, and after death. These bodies have conventionally been called the astral body, but this is not correct. He who wants to enjoy the luxury of having this body must realise the work of the Maithuna, where H-SI-12 is fabricated. (H = hydrogen; SI = the musical note; 12 = the 12 laws) which vibrate in our organism with the musical scale. If the practice is intensive, it crystallises as the Solar Astral Body.

TAROT AND KABALAH, *1978*

07

To transmute this portentous Hydrogen, in order to give to it an intelligent crystallisation on a second superior octave actually signifies to create a new life within the existing organism, to give an evident form to the "Astral Body or Sidereal Body of the Alchemists and Kabbalists." The Master 'G'. stated: "You must understand that the Astral Body is born from the same material, from the same substance, from the same matter from where the physical body is born. The only thing which is different is the procedure."

MY RETURN TO TIBET, *1969*

07

*The Master 'G'. continues stating: "Precisely, this transformation of the physical body into the Astral body is what in Alchemy is called the transformation of the 'gross' metals into 'fine' metals, in other words, the acquisition of gold from ordinary metals."*

My Return to Tibet, 1969

## *Hence, they fill the Astral body with light and solar fire.*

Occult Medicine and Practical Magic, 1978

That which continues beyond the sepulcher is the Ego, the sum of diverse brutal, animallike psychic aggregates. When I contemplated my friend in the story, with pain I was able to understand that his personality had been annihilated; all that I had before my eyes was a sum of grotesque animal-like figures, penetrating and interpenetrating each other mutually to give a false appearance of a sepulchral, cold and spectral personality. What had become of my friend? Where was he? Since he had not fabricated the astral body, it is obvious that he had ceased to exist; if my friend had fabricated an astral body by means of sexual transmutation, if he had really practiced sexual magic, it is clear that he would have fabricated the sidereal vehicle and he would then have been able to continue with his astral personality in the hypersensible regions of nature; unfortunately, this had not been the case.

Yes, There Is a Hell, a Devil and Karma, 1973

07

### A PRACTICE

When the human being accomplishes with the following formula, which is to introduce the virile member into the feminine vagina, and to withdraw without spilling the semen (without reaching the orgasm), then, the solar atoms multiply in an extraordinary way and return into the Astral body. Hence, they fill the Astral body with light and solar fire. Only in such a way can the Buddha, the christie consciousness, express itself through the Astral body. Finally, the soul and the Intimate become united forever, thus bringing the final liberation.

Occult Medicine and Practical Magic, 1978

07

He who engenders the Astral Christ can immortalize himself in such a body. The Astral Christ is born only with Sexual Magic. Those people who in past reincarnations begot the Astral Christ retain the memory of their past lives and know how to enter and leave the body at will. Such people are Immortal.

Esoteric Course of Kabbalah

07

When septenary man sexually joins with septenary woman, a mathematical sum is formed that yields as a result the fourteenth Arcanum of the Tarot. It is not superfluous to affirm in passing, that man has seven principles, woman the same. Sex is the most important and fastest acting center in the human being. The process of creating a new being is accomplished within the Law of the Musical Octaves. The seven notes of the musical scale are the foundation of all creation. If we transmute the creative energy, we initiate a new octave in the etheric world, the result of which is the birth of the Soma Puchicon (the Wedding Garment of the Soul). With this vehicle we can consciously enter all the realms of the Kingdom. The third octave allows us to engender the genuine Astral Body, the Astral Christ. Upon arriving at these heights, the old astral ghost is reduced to an empty shell that continues disintegrating little by little. The fourth octave permits us to beget the Christ Mind; this vehicle grants us true wisdom and unified thinking. Only those who have engendered the Christ Mind have

the right to say, “I have a Mental Body.” One’s present mental body is merely a ghostly facade. Truly this mental ghost becomes a hollow shell when the true mind is born. It then disintegrates and is reduced to cosmic dust. The fifth musical octave engenders the authentic Causal Body. Upon reaching these heights, we incarnate the Soul; we then now have true existence. Before this moment we do not have real existence.

Esoteric Course of Kabbalah

7 PASSAGES · 1 PRACTICE

## III The mental body can only be created through sexual transmutations

*Another shock of the Maithuna carries the hydrogen into a third octave and crystallises the solar mental body. By the same alchemy the Christ-mind is drawn out of the mental body, and only someone with an individual mind is prepared for objective knowledge.*

A PRACTICE

27. Christify your mind, good disciple. Transmute the water into wine and open your doors to your internal God, so that He may teach you the Divine Wisdom. Thus you will eat the bread of wisdom without the necessity of useless reasoning that destroys your mental body.

IGNEOUS ROSE, 1954

39. We extract the Christ-Mind from the Mental body by means of Sexual Alchemy. 40. Therefore, the Alchemist must not be a slave of the mind.

TREATISE OF SEXUAL ALCHEMY, 1954

07

The fourth serpent transmutes the material mind into Christ-mind. This serpent rises through the spinal column of the mental body. Jesus entered each of the 33 chambers of the mental world. As his fourth serpent rose from vertebra to vertebra, he transmuted his material mind into Christ-mind. Without the fire, it is impossible to christify the mind, and the fire can only be awakened with sexual magic and love.

THE GREATER MYSTERIES, 1956

*And only someone who possesses an individual mind is properly prepared for superior, objective knowledge.*

THE FIFTH GOSPEL

A second shock by means of the Maithuna (Sexual Magic) allows the sexual hydrogen SI-12 to pass to a third musical octave, DO-RE MI-FA-SOL-LA-SI, whose result is the crystallization of sexual hydrogen S1-12 into the wonderful form of the Mental Body (body of paradise).

The Buddha's Necklace, *1967*

07

Properly said, the mental body can only be created through sexual transmutations. I want all of those present to understand that in the sacred sperm there exists Sexual Hydrogen S1-12.

Yes, There Is a Hell, a Devil and Karma, *1973*

07

Undoubtedly, the esoterist that does not waste the cup of Hermes (that does not ejaculate the semen) originates, immediately, within his organism marvellous transmutations of the libido, whose result is the creation of the individual mental body.

Yes, There Is a Hell, a Devil and Karma, *1973*

07

In the same way that we create the physical body, we also have to create an individual mind. Only through the intelligent transmutation of the Sexual Hydrogen Si-12 is it possible, then, to shape the individual, personal mental body. And only someone who possesses an individual mind is properly prepared for superior, objective knowledge. Nor do I want to deify the mind; I just want to say that there is a need to individualize it and then transcend it.

The Fifth Gospel · Beyond the Mind · *Third Chamber – Mexico City – 1974*

8 passages

## IV One must be dressed with the wedding garment

*The Will is christified by sexual magic, and the causal body, the vehicle of Conscious Will, completes the four; with it the alchemical Retort yields the Christ Will and the Elixir. Together the solar bodies make the wedding garment of the soul, and sex is renounced only after they exist; monks and nuns who gave it up sooner are said to be found in limbo.*

Those who want to christify their Will must intensely practice Sexual Magic with the woman.

Christ Will, 1959

1. Sexual Alchemy activates terrifying cosmic powers, that open access to you to each of the thirty three sacred chambers of the body of Will.

Christ Will, 1959

07

A third shock by the Maithuna permits the hydrogen SI-12 to pass to the fourth musical octave, the result of which is the crystallization of the sexual hydrogen SI-12 into the magnificent form of the Conscious Will or Causal Body.

The Buddha's Necklace, 1967

07

Whoever truly wants the in-depth Self-realization must transmute the sexual hydrogen Ti-12 by means of Sex-Yoga, in order to build with it the Solar Bodies, the Wedding Garment of the soul.

Runic Magic, 1969

*...the Astral Christ—the most precious child who grants us immortality.*

Esoteric Course of Kabbalah

The Alchemical weddings mean the Perfect Matrimony. The Alchemist must not only kill desire, but also even the very shadow itself of the horrible tree of desire. It will serve no purpose to renounce sex without previously having

worked and fabricated the Solar Bodies and achieved the Second Birth; then one renounces it. First one must work with the Third Logos, the terrible Forge of Cyclops; then one works with the Sec ond Logos, Hercules; and lastly with the First Logos. The error of monks and nuns is to renounce sex without having fabricated the Solar Bodies. The result is that they are to be found in limbo, dressed in rags. One must be dressed with the wedding garment in order to be able to enter the kingdom of the Heavens.

Tarot and Kabalah, 1978

07

Only by working in the Great Work, with the Rulers of the Sixth Mystery, is the Adept able to invest himself with the vesture of glory.

Pistis Sophia Unveiled, 1983

07

Upon arriving at this part of work, the venerable matter has become a most beautiful child radiating with beauty: the Soma Puchicon, the Body of Gold. With this precious vehicle we can consciously visit all the realms of the Kingdom. This Alchemical alloy now yields new properties, and then from inside the astral ghost appears the Astral Christ—the most precious child who grants us immortality. When this second body has been formed, the problem then comes of integrally understanding all of its powers and acquiring the knowledge for its use. This is only possible by giving Christic intelligence to this alloy. The precious vehicle of the Christ Mind happily rises in the Retort of the laboratory, emerging from inside the mental ghost.

Esoteric Course of Kabbalah

07

This work having been completed, still something is missing. Christ Will is missing. By intensely reheating the Retort of the laboratory, a Divine Child comes to life—the Christ Will, the divine body of the soul. The one who has been successful in creating all of these Christic vehicles inside of the Alchemical Retort totally and integrally incarnates his Soul. Only those who have attained the incarnation of the Soul merit the precious title of "Man". Only this kind of

True Man can elevate himself to the Kingdom of the Superman. Only this kind of True Man can receive the Elixir of Long Life.

Esoteric Course of Kabbalah

# Part Six – The fire burns the dross

8 passages

# 1 To cut off the head of Medusa

*Knowing the ego does not end it; the I dies only under the flaming sword of the Kundalini, and that sword wakes in the sexual work. The Arcanum A.Z.F. is named as the way to decapitate the prince of this world, and self-denial at the supreme moment as the sacrifice that burns the dross.*

The mere knowledge of the process of the "I", is useless to put an end to the "I". The Being cannot be born without the fire and the fire cannot awaken without sex. The "I" only dies under the blade of the flaming sword. That sword is the Kundalini, and it awakens only by practicing sexual magic with the woman.

The Greater Mysteries, 1956

Fourth Truth: We can only decapitate and dissolve the prince of this world, the "I", with the Arcanum A.Z.F.

The Aquarian Message, 1960

07

We need to be Alchemists. Only with alchemy can the "I" be dissolved. The root of the "I" is desire and desire can be transmuted with alchemy.

The Aquarian Message, 1960

07

The Initiates of the Temple, the Pythagoras, the Zoroasters, the Jesus Christs, and all those ancient initiates, without exception, really practiced the "Arcane A.Z.F." with the Vestals of the Temple... They had to descend to the Lit Forge of Vulcan to cut off the head of Medusa with the Flaming Sword of Perseus! They had to descend to that Lit Forge to clean the stables of the Soul and obtain the incarnation of the Verb in the Sacred Manger of the Conscience.

Logos, Mantram, Theurgy, 1959

***Only with alchemy can the "I" be dissolved.***

The Aquarian Message, 1960

Only with the science of the transmutations are we able to disintegrate the defects and dissolve the Psychological "I". Only with the science of the trans mutations are we able to modify our errors, transmute the base metals into Pure Gold and govern. Work with the Arcanum A.Z.F. so that you may receive the sword.

Tarot and Kabalah, 1978

07

Feared by all Demons, he lives as a Lord of Salvation in complete blessedness escaping the law of rebirth because through long and awesome work with Sexual Magic he has harnessed the formidable electrical power of Eros, not for the bestial kind of satisfaction, but to reduce the PLURALIZED EGO to dust.

The Mystery of the Golden Blossom, 1971

07

> *"Therefore, I tell you that the Kingdom of God will be taken from you, and will be given to people that gets results from it" (people who are capable of practising Sexual Magic, to dissolve the Ego and sacrifice for their fellow creatures).*

The Three Mountains, 1972

07

It is necessary to annihilate the Ego in order to have real existence. Do you desire to drink? Do not drink! Do you desire to smoke? Do not smoke! Have you been smote on the right cheek? Turn thy left also. In coitus is found the supreme negation of self. To not ejaculate the Ens Seminis, to deny your self at the supreme moment is the absolute sacrifice of the "I"; the result of a similar self-denial is the awakening of Kundalini. The fire burns the dross and eventually dissolves the "I" completely. The fire is the potable gold. The Great Work The Great Work is represented by the twelfth Arcanum of the Tarot. On this card we see a man hanging by one foot. The hands of this man are tied behind his back in such a way that his body forms a triangle with the apex downwards and his legs a cross on top of the triangle. The whole work has as its objective to develop Soul; meaning to achieve the linking of the Cross with the Triangle. That is the Great Work. The twelfth card of the Tarot is Sexual Alchemy. The man-cross must link himself with the spirit-triangle by means of

the sexual fire. According to the Chinese, the god Fu Xi (the Adam Christ) is born at midnight on the fourth day of the tenth moon of the twelfth year precisely. The Virgin Hoa-Se, strolling along the bank of a river (the seminal liquor) conceived in her womb the Christ while walking in the footsteps of the Great Man. You must study these quantities of 4, 10, and 12 in the light of lessons 4, 10, and 12 of this present course. White Tantrism and Black Tantrism Two types of tantrism exist in the Orient. Ejaculation of the Ens Seminis is not taught in Positive Tantrism. Ejaculation of the Ens Seminis is practiced in Negative Tantrism. There is also a Gray Tantrism, in which the issue of seminal ejaculation is given no importance. This is very dangerous because it can induce students to Negative Tantrism (Black Tantrism). Positive Sexual Yoga is practiced without ejaculation of the seminal liquor. There exists a Tantric Sadhana for the connection of the membrum virile and the genitalia murielis. This connection is carried out after an exchange of caresses between the man and the woman. The couple remains still, with a quiet, spacious mind so that the "I" does not intervene—thus arriving at ecstasy during the Tantric Sadhana.

Esoteric Course of Kabbalah

5 PASSAGES · 1 PRACTICE

## 11 Transmute desire with the Alchemy, and desire will be annihilated

*In the sexual act the instincts become will, passion becomes love and the mental impulses comprehension. The Philosopher's Stone transmutes the base metals of the I and enters each body to change it, and for every defect killed a virtue is born.*

The Way of Tao includes three ways, being itself the fourth way. Much has been said about the four paths. We, the Gnostics are fully aware that we follow the fourth path. During the sexual act we transmute the brutal instincts of the physical body into will, the passion ate emotions of the astral into love, the mental impulses into comprehension; and we as Spirits realize the Great Work Thus we travel the four ways in practice. We do not need to become fakirs for the first way, nor monks for the second, nor scholars for the third. The Path of the Perfect Matrimony enables us to traverse the four ways during the sexual act itself.

THE PERFECT MATRIMONY, *1966*

A PRACTICE

The number 11 consists of two units which Henry Khunrath translates in these two words: Coagula Solve. We need to accumulate Sacred Fire, and then learn to project it. The key is in the connection of the membrum virile with the genitalia murielis, the quietude of the membrum virile and the genitalia murielis — with an occasional gentle movement — to transmute the animal instincts into will, sexual passion into love, lustful thoughts into comprehension; and vocalising the secret mantra.

TAROT AND KABALAH, *1978*

*The fire transforms the lead of the personality into the gold of the spirit.*

ESOTERIC COURSE OF KABBALAH

The lady who kissed him represented Isis, the Divine Mother, and she kissed him upon the brow as if to say to him; "the hour has arrived for you to work with the Sacred Serpent". To become Gods, the fire must be stolen from the Devil, from the He-Goat by means of the transmutation of the base metals into gold. This is the mystery of the Alchemy; that He Goat must be eliminated. Each defect must be changed, killed, and a virtue born. Hence the motive of the phrase "Solve et Coagula". The Gods arise from the abyss and are lost in the Absolute.

Tarot and Kabalah, 1978

07

Analyse all of the human defects and you will see that they have their basis in desire. Transmute desire with the Alchemy, and desire will be annihilated. Everyone who annihilates desire, dissolves the "I". Every one who dissolves the "I" is saved from the abyss and returns to his Interior Star which has always smiled upon him.

Tarot and Kabalah, 1978

07

The twelfth Arcanum, the Apostolate, is studied profoundly in the twelfth key of Basil Valentine. The important thing is to understand it. Just as the lion transforms the serpent into his own flesh when devouring it, so also the Philosopher's Stone, or powder of projection (the Red Lion or the Living Fire), has the power to transform or transmute the gross metals into one's own igneous substance. The base metals are the false values that constitute the "I". The fire transmutes them and the Ego is then dissolved. We thus acquire Soul, Being… to Be… to Be different. Without the ferment of gold (fire), no one can compose the Philosopher's Stone or develop the tinctorial virtue. The Tincture of the Fire has the power of entering into all of the internal bodies, transforming them radically. Like combines with like, so as to transform the other. The fire transforms the lead of the personality into the gold of the spirit. The synthesis of the Great Work is represented by the three serpents, which symbolize the mercury, the sulfur and the salt. The Phoenix rises from amongst its own ashes. Alchemists must work for 12 hours in order to achieve the ferment of gold. Here

you have the twelfth Arcanum of the Kabbalah. The one who possess Fermented Gold can have the happiness to truly Be.

Esoteric Course of Kabbalah



4 passages

## III In sex is Death and in sex is Life

*Death and the second birth are treated as one work: without transmuting the waters there is no second birth, and the Arcanum A.Z.F. is the modus operandi for destroying the ego. In a short exchange from The Fifth Gospel a disciple asks whether being reborn and dying can go together, and the Master says they can.*

The first letter is Death and Regeneration; note what an intimate relationship there is between Death and Water. Arcanum number 13 which is the Death, is related to the Waters; without the Transmutation (Arcanum 14) of the Waters, it is impossible to attain the Second Birth.

Tarot and Kabalah, 1978

It is necessary to die, and the basis of the Death is in the sexual question. In sex is Death and in sex is Life. After attaining the Second Birth one must eliminate sex. Remember the phrase: "Lead me from the Darkness to the Light"; Death leads to Immortality, from the unreal to the real. The Master must realise all of this, and he does so when he finds the Lost Word. This is the Word which revived Hiram Abiff; it is the Verb, the Word of Light or the superior teaching which the Initiate receives, through which he attains Mastery. It is clear that the Arcanum A.Z.F. is as well the Modus Operandi for the destruction of the ego.

Tarot and Kabalah, 1978

*...one could also be working in the dissolution of the Ego.*

The Fifth Gospel

Disciple: Venerable Master, with sexual Alchemy, at the same time as being reborn, can we not die as well, can we not disintegrate the "I" of lust?

The Fifth Gospel ·The Verticality of Existence ·*First Gnostic Youth Encounter – Guadalajara, Jalisco, Mexico – July 10. 1975*

07

When working in the laboratorium oratorium of the Third Logos, when the creative energy is totally transmuted in the Lit Forge of Vulcan, besides creating the Superior Existential Bodies of the Being, one could also be working in the dissolution of the Ego.

The Fifth Gospel · The Verticality of Existence · *First Gnostic Youth Encounter – Guadalajara, Jalisco, Mexico – July 10. 1975*

## Part Seven – They become filled with beauty, life and happiness

12 PASSAGES · 1 PRACTICE

# 1 The elixir of long life is the potable gold

*Long life is given as a fruit of the alchemy: the Elixir is made from the white and red elixirs of woman and man, is deposited in the vital body and gives the right to live a thousand years. Cagliostro and the Count of St. Germain are named as men who received it. Health stands beside it, with nocturnal pollutions healed, impotence cured and strong children born.*

A PRACTICE

The elixir of long life is the potable gold, and that potable gold is the semen... The secret is to sexually connect oneself with the priestess wife and withdraw from her without spilling the semen.

The Revolution of Beelzebub, 1950

The Kundalini is then the Elixir of Long Life. This fire is the potable gold of ancient Alchemists. The Kundalini is the Tree of Life, which the book of Genesis refers to ni the following verses: And of the ground made Jehovah Elohim to grow every tree that is pleasant to the sight, and good for food; the tree of life also in the midst of the garden, and the tree of knowledge of good and evil. (Genesis: 2: 9) The Tree of Life is the Kundalini and the Tree of Knowledge of Good and Evil is the semen. Both trees are from the garden of God.

The Revolution of Beelzebub, 1950

07

13. The same occurs with human beings, they become filled with beauty, life and happiness when they transmute their seminal energy. However, when they waste their semen in animal passions, they then fill themselves with darkness and death.

Treatise of Sexual Alchemy, 1954

07

No one can attain this elixir without having worked with the Arcanum A.Z.F. Cagliostro swallowed soil within his sepulchre and escaped from his sepulchre fossa due to the fact that he had received the elixir of longevity.

The Aquarian Message, 1960

07

Another one that self-realized himself with sexual magic was the Count of St. Germain. The Count of St. Germain, Master of Cagliostro, rejuvenated himself at will and appeared and disappeared instantaneously when it was least expected. The Count of St. Germain even gave himself the luxury of passing as dead and, after entering into the sepulchre, was able to escape from it by placing his body into "JINN" state.

The Aquarian Message, 1960

07

Nocturnal pollutions are radically healed with the Arcanum A.Z.F.

Endocrinology & Criminology, 1957

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*Only with the Arcanum A.Z.F. is it possible to create the Elixir of Long Life.*

Tarot and Kabalah, 1978

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The Arcanum A.Z.F is a system that helps to create strong, healthy, magnificent children. With the Arcanum A.Z.F.

The Yellow Book, 1959

07

In Arcanum number 14 there is an Angel with a Sun at his forehead and a vessel in each hand, in the act of mixing the Red Elixir with the White Elixir. The Elixir of Long Life results from the mixture of these two. It is, indubitably, this which the medieval Alchemists so yearned for. The White Elixir is woman and the Red Elixir is man, without which it is impossible to produce the Elixir of

Long Life. That of the woman emanates from the Moon and that of the man emanates from the Sun; this is indicated by the colours.

Tarot and Kabalah, 1978

07

Only with the Arcanum A.Z.F. is it possible to create the Elixir of Long Life. The Resurrection is impossible without the Elixir of Long Life.

Tarot and Kabalah, 1978

07

This elixir of long life is a metaphysical, electrical substance. When one receives it, it is deposited in the vital body. Whoever receives this elixir has the right to live for 1,000 years but can extend this time. Thus, Sanat Kumara has already lived three million years. The transmutation of the Sacred Fire is necessary for this elixir.

Tarot and Kabalah, 1978

07

Answer: With great pleasure I hasten to answer the gentleman who asked the question. It so happens that the organ that is not used, atrophies. If someone, if any male were to remain abstinent in a radical and absolute manner, it is ostensible that he would harm himself because he would become impotent Obviously, if such a male were to desire to be cured of such a harmful evil he could well achieve this by practicing sexual magic, the connection of the phallus and the uterus without ejacu1ation the semen.

Yes, There Is a Hell, a Devil and Karma, 1973

07

The Way of the Tao takes us to the final liberation. The Way of the Tao grants us Nirvana, and if we renounce Nirvana we can ask for the Elixir of Long Life. The Arcanum A.Z.F. is the foundation stone of the Tao. The yogi who has not received the Arcanum A.Z.F. in the Aryavarta Ashrama will never be anything more than an unfulfilled theorizer, one who does naught but repeat borrowed truths.

Mountain of Juratena

7 PASSAGES · 2 PRACTICES

## 11 Only with love are the alchemical weddings possible

*The couple's love belongs to the fruit. The vestal wife lights her husband's fire, the woman who avoids the spasm awakens her own, and the kiss and the act become an ecstasy of glory. In time the crowned novice draws away from the act until the energies give continuous ecstasy, and no self-realization is promised to anyone who removes the joy of love.*

Our Kundalini is also formed from solar and lunar atoms and from a synthesis of omniscient atoms. Hence, the wisdom of seven eternities is integrated within the serpent. The woman is the vestal of the temple, thus, the fire of the temple is lit by the vestal. In ancient times, the fire was guarded and lit by the vestals. This symbolizes that only the woman has the unique capability of lighting her husband's fire of Kundalini, which is the fire from our body or our temple. The temple of the very high living God is our body and the fire of this temple is the Kundalini, which our vestal spouse lights by means of the same sexual contact, or sexual magic, as taught in the book The Perfect Matrimony, or The Door Entering into Initiation, and as well within this current book.

The Revolution of Beelzebub, 1950

A PRACTICE

Any woman who wants to awake her Kundalini must practice sexual magic with her husband.

The Revolution of Beelzebub, 1950

07

13. It is better to love a good woman and practice Sexual Magic with her every day, than to be wasting time with polemics, intellectualism and foolishness.

Manual of Practical Magic, 1954

*...by no means can your Intimate Self-Realization be possible if you remove from your life the joy of love, of Sexual Magic.*

Parsifal Unveiled, 1970

A PRACTICE

The gold and the silver, the sun and the moon are the sexual forces of man and woman. The Alchemist woman should never reach the physiological spasm either. Thus, this is how she will transmute her sexual energies and can awaken her serpent.

The Aquarian Message, 1960

07

Man and woman loving each other are truly two harps of miraculous harmony; an ecstasy of glory that which cannot be defined because if it is defined it is disfigured. That is love. The kiss is the profound mystic consecration of two Souls who adore each other, and the sexual act is the key with which we become Gods. Gods, there is God. All of you, who truly love, know that God is Love. To love, how beautiful it is to love. Love is nourished with love; only with love are the alchemical weddings possible. The beloved Jesus attained the Venustic Initiation in the Jordan. In the moment of baptism the Christ entered within the adorable Jesus through the pineal gland. The Word was made flesh and lived amongst us, and we beheld his glory as the only begotton Son of the Father, full of Grace and Truth.

The Perfect Matrimony, 1966

07

After having been crowned, every novice of the Alchemy distances himself little by little from the sexual act. The secret connubium distances itself more and more, in accordance with certain cosmic rhythms defined by the oriental Goc.

This is how the sexual energies are sublimated until they are completely transmuted, in order to produce contiguous ecstasy.

The Perfect Matrimony, *1966*

07

This is how you will fill one hundred lachrymatories with the salt of your eyes. This is how you will frightfully sigh until fighting an impetus against the painful wind, which by passing by is cruelly destroying the perfumed petals of the flowers of your gardens. This is how you will bitterly weep until hurting to death the bosom of the starry night. I swear to you by the Eternal Living God that by no means can your Intimate Self-Realization be possible if you remove from your life the joy of love, of Sexual Magic.

Parsifal Unveiled, *1970*

## Part Eight – Practice sexual magic and you shall become Gods

8 passages · 1 practice

# 1 This is how we awaken the Kundalini and we become Gods

*The highest claim is made bluntly and often: whoever retains the fire becomes a god, an angel, a God of Fire, and the alchemy is described as a gestation of gods in the womb of the Great Mother. He swears an oath that there is no other way.*

The fire of the Holy Spirit is the flame of Horeb... The Fohat lives within our testicles (ovaries) and it is only a matter of putting it into activity, by means of Sexual Magic, that will convert ourselves into Gods… into Devas, into divine and ineffable beings.

The Revolution of Beelzebub, 1950

When the soul fuses with the Intimate, the five-cornered star on his forehead shines; and the union with the Intimate can be carried out only by learning to enjoy a woman without spilling the semen. Thus is stolen the torch of fire of Baphomet. Thus is stolen the fire from the devil, because when we connect sexually with a woman we become full of the terrible fire of the carnal passion, and then, retaining the semen and dominating the passion, we steal the fire from the devil and we become angels. This is the occult meaning of the he-goat of Mendes.

Secret Notes of a Guru, 1952

07

58. Hence, we also fecundate our Chaos with the Sacred Fire of Kundalini during our trances of Sexual Magic. The outcome is a series of Tattwic transmutations within our own organic laboratory, which culminate with the self-realization of the King Sun, the Master of metallic transmutations within the living profundities of our interior consciousness.

Treatise of Sexual Alchemy, 1954

07

This is the sexual act that the creatures who live in Eden, use. When we are within the mother's womb, we develop organs, senses, viscera, glands, etc. When we are practicing sexual magic, we are in the process of spiritual sexual

gestation, developing the flowers of the soul. This is how we awaken the fire of the Holy Spirit and we become Masters. In this manner, within the womb of the great mother, we are gestated as Gods. This is how we awaken the Kundalini and we become Gods.

The Greater Mysteries, 1956

*...retaining the semen and dominating the passion, we steal the fire from the devil and we become angels.*

Secret Notes of a Guru, 1952

Practice sexual magic and you shall become Gods. This is the doctrine of the Aquarian Age. This is Gnosticism; this is the Fifth Truth; this is the doctrine that Jesus taught in secrecy to his 70 disciples.

The Greater Mysteries, 1956

07

We need to transmute the lead of the personality into the Gold of the Spirit. This work is only possible in the Laboratory of the Alchemist. When the fledgling Alchemist is crowned, he is transformed into a God of Fire. He then opens with his own hand s the terrible jaws of the furious lion. The potable Gold of Alchemy is the Sacred Fire of the Holy Spirit. The fusion of the Cross-Man in the Triangle-Spirit (Arcanum No. 12) would be impossible without potable Gold.

Tarot and Kabalah, 1978

07

### A PRACTICE

Now, beloved reader, do you want to know the formula in order to convert yourself into a God? This is the formula: "Introduce the virile member into the feminine vagina, then, withdraw without spilling the semen (without reaching the orgasm)." This is the clue in order for you to convert yourself into a God. Yet, to become a perfect saint is an indispensable requirement for you.

Occult Medicine and Practical Magic, 1978

07

In the name of the Eternal Living God that created the heavens and all within them and the Earth and everything on it, I, Samael Aun Weor, swear by He that lives forever and ever that only and solely with the Arcanum A.Z.F. can we transform ourselves into omnipotent gods.

Mountain of Juratena

6 PASSAGES · 1 PRACTICE

## 11 The Golden Child of sexual alchemy

*From the seed in the sexual glands a child is born within, called the Child of Gold, the God Child of Bethlehem, the Superman. Fertilising the seminal atoms with the solar fire, being reduced to the sperm, and prayer with the bread and wine are the means named.*

We, the Gnostics, should fertilize our seminal atoms with the solar fires so that from those atoms the Golden Child of sexual alchemy, the Christ I, the God Child of Bethlehem will be born. Only in this way can we liberate ourselves from the cosmos and be born in the Uncreated Light, where there exists only the happiness of Life free in its movement.

CHRISTMAS MESSAGES, 1952-66

A PRACTICE

We imitate God in order to convert ourselves into gods. Man and woman should unite sexually and withdraw themselves from the sexual act without spilling the semen. This is how the Sacred Fire awakens, with which we fertilize our chaotic matter in order to create our interior universe, our Christ I, the child God of Bethlehem whose birth we celebrate today in this sanctuary with immense happiness and joy.

CHRISTMAS MESSAGES, 1952-66

07

16. As well, if we want to be transmuted into Heavenly-Men, into Masters of wisdom, we must be reduced to the sperm from which we were formed, in order to elaborate the Intimate Christ, the Child of Gold of Sexual Alchemy.

TREATISE OF SEXUAL ALCHEMY, 1954

*From this seed, from the grain, the Superman can be born, the Adam Christ, the Golden Child of Sexual Alchemy. For this, life is worth living.*

The Perfect Matrimony, *1966*

41. If we want to sublimate our lower passions, then we must first of all be chaste in order to reduce all our metals to the Chaotic semen, and then to transmute them into the Intimate Christ, into the Child of Bethlehem, into the Child of Gold of Sexual Alchemy. 42. Not a single fornicator can transmute his inferior personality into the Gold of the Spirit.

Treatise of Sexual Alchemy, *1954*

07

Human life in itself has no meaning. To be born, to grow, to work hard to live, to reproduce like an animal and then to die; this is really a chain of torments which man carries entangled in the Soul. If this is life then it is not worth living. Fortunately we carry in our sexual gland seed, the grain. From this seed, from the grain, the Superman can be born, the Adam Christ, the Golden Child of Sexual Alchemy. For this, life is worth living. The path is sexual transmutation. This is the science of Uranus. This is the planet, which controls the gonads or sexual glands. This is the planet, which governs the constellation of Aquarius.

The Perfect Matrimony, *1966*

07

Sexual magic, prayer and the division of the bread and the wine will keep forming the Christ within you.

Christmas Message, *1952*

5 PASSAGES

## III The key of Christification is the Arcanum A.Z.F.

*Christ is set out as a cosmic principle that each person must assimilate through sexual magic. The Son of Man is lifted up as the serpent is raised, and only in this way is the psychological type of the Master or Mahatma produced.*

It is necessary that each person Christifies himself. It is necessary to incarnate the Christ. In this book we have lifted the veil of the Christic Mysteries. We have explained what the Christic principle is. We have invited all human beings to follow the Path of the Perfect Matrimony to attain Christification. We have explained that Christ is not an individual, but a universal, cosmic and impersonal principle, which must be assimilated by each person through Sexual Magic. Naturally, all this scandalizes the fanatics, but the truth is the truth and we have to tell it, even when it costs us our lives.

THE PERFECT MATRIMONY, *1966*

We need to lift the serpent upon the staff as did Moses in the desert. This is a question of Sexual Magic because Kundalini only ascends with Sexual Magic. Only in this way can we lift up the Son of Man, the Superman within ourselves. It is necessary that the Son of Man be lifted up. "That whosoever believeth in him should not perish but have everlasting life."

THE PERFECT MATRIMONY, *1966*

> *Only in this way can we lift up the Son of Man, the Superman within ourselves.*
>
> THE PERFECT MATRIMONY, *1966*

Really the psychological bio-type belongs to the secondary sexual characteristics, and it is totally determined by the primary sexual characteristics. On this basis we can affirm that if we want a psychological bio-type being, we must work with the primary sexual characteristics. Only with Sexual Magic, Maithuna or

Sexual Yoga do we succeed in producing the psychological bio-type of the Master, the Superman, the Mahatma.

The Perfect Matrimony, *1966*

07

Only by taking the pure waters of life, will you attain the Venustic Initiation. Whosoever drinks from these pure waters of life will never be thirsty, that is to say, whosoever works with the Arcanum A.Z.F will lift up the Son of Man within themselves and never by thirsty.

The Aquarian Message, 1960

07

We need to christify ourselves. No human being can return to the Father without having been devoured by the Serpent. No-one can be devoured by the Serpent without having worked in the Fiery Forge of Vulcan (sex). The key of Christification is the Arcanum A.Z.F. The Mantram of the Great Arcanum is I.A.O.

Tarot and Kabalah, 1978

## IV The Second Birth is sexual

*To be born again, as Jesus told Nicodemus, means making the solar bodies, and the Maithuna is the exercise of Scorpio until that birth. Once the four bodies exist, the Being enters through the pineal gland and the True Man is born, though the ego has first to be dissolved.*

This is the Path of Initiation. By this path we reach the incarnation of the Word. We can be Rosicrucian, Theosophical, or Spiritualist students. We can practice yoga (and there is no doubt that in all this there are marvelous works and magnificent esoteric practices), but if we do not practice Sexual Magic, neither will we engender the Christ Astral, nor the Christ Mind, nor the Christ Will. Without Sexual Magic we cannot be born again. Practice what you wish, study in the school that you most enjoy, pray in the temple that pleases you most, but practice Sexual Magic. Live the Path of the Perfect Matrimony. We are not against any holy religion, nor against any school, order or sect. All those sacred institutions are necessary, but we advise you to live the Path of the Perfect Matrimony. The Perfect Matrimony is not opposed to religious life, or to esoteric practices of holy yoga. The Gnostic movement is made up of people from all religions, schools, lodges, sects, orders etc., etc.

THE PERFECT MATRIMONY, *1966*

The Philosopher's Stone of the old medieval alchemists is Sex and the Second Birth is sexual.

ESOTERIC TREATISE OF HERMETIC ASTROLOGY, *1967*

07

### A PRACTICE

The exercise of Scorpio is the Maithuna and the latter is not only practiced during Scorpio but all the time, in a continuous manner, until achieving the Second Birth. However, we should warn that one should never practice two consecutive times in the same night. It is only permitted to practice once daily.

ESOTERIC TREATISE OF HERMETIC ASTROLOGY, *1967*

*We have to create the To Soma Heliakon, the Body of Gold of the Solar Man.*

Tarot and Kabalah, 1978

Jesus said to Nicodemus: "It is necessary that you be born again in order to be able to enter the Kingdom of Heaven..." (John 3). This means to create the Solar Bodies; no-one can enter the Kingdom dressed in lunar rags. The Solar Bodies have to be created, and this is only achieved by transmuting the Creative Energy. In Egyptian theogony those Solar Bodies are represented by the Egyptian Sahu. No-one has the right to sit at the table of the Angels if he is not dressed in the Solar Bodies. We have to create the To Soma Heliakon, the Body of Gold of the Solar Man.

Tarot and Kabalah, 1978

07

(After the note SI comes DO, which corresponds to another musical scale and a higher octave.) SI can be elevated to a higher musical octave by restraining the sexual impulse and ejaculation. This is how H-SI-12 passes to a second octave, giving rise to the Solar Astral Body. Through a third shock the hydrogen will pass to a third octave which will give rise to the Solar Mental Body. A fourth octave gives birth to the Body of Conscious Will. All this work is with the Maithuna. Once in possession of these 4 vehicles, our Divine Being will enter through the pineal gland and we will then attain the Second Birth and become True Men. Whilst we have the lunar animal bodies we are intellectual animals and are only a chrysalis which could be transformed into a Celestial Butterfly this is attained with super-efforts.

Tarot and Kabalah, 1978

07

To incarnate the Real Being and become True Men, the Solar Bodies must be fabricated by means of the transmutation of H-SI-12. But to reach this state the

ego must be dissolved so as not to become a Hanasmussen with a double centre of gravity such as Andrameleck.

Tarot and Kabalah, 1978

07

Whoever does not destroy the Ego fails in the Great Work of the Father. May the Three Factors of the Revolution of the Consciousness be understood: to die, because one has to destroy the animal Ego; to be born, because it is necessary for the Being to be attired with the Superior Existential Bodies; one has to create the vehicles so that Second Birth takes place in us. The Second Birth is from water and from the Spirit, from water and from Fire. That is why Jesus said to Nicodemus: "It is necessary to be born again to enter the Kingdom of Heaven." The Man-Spirit, the real man must be born in us and this is possible by means of sexual transmutation. Sacrifice for humanity is to bring the word everywhere, to form Lumisials, to create the World Salvation Army. Therein lies the three factors of the Revolution of the Consciousness: to die, to be born and to sacrifice ourselves for humanity.

The Fifth Gospel ·Transcendental Exhortation Addressed to the Missionaries

## V Only with Sexual Magic can we attain resurrection

*Resurrection and self-realization in depth are the last fruits named. They come by fulfilling the pact of sexual magic and by doing the Great Work, for which no substitute is admitted; when he asked whether anyone could self-realize without sexual magic, the answer he records was that it is impossible.*

He taught and demonstrated to humanity the Doctrine of the Resurrection from the Dead. By practicing sexual magic, adoring the woman, by knowing how to love, every human being can attain the very high peaks of the resurrection.

THE GREATER MYSTERIES, 1956

All of this poor humanity is divided into twelve tribes. All of humanity is unfolded and developed within the zodiacal womb. The zodiac is a uterus in which humanity is gestated. The twelve tribes can only receive the seal of God on their foreheads by practising with the Arcanum A.Z.F.

THE AQUARIAN MESSAGE, 1960

07

"Am I doing well now, my Mother?" "Yes my son, you are doing well." "Do I still need to practice sexual magic?" "Yes, you still need to." "Is it possible that somebody, in the physical world, can self-realize without the need for sexual magic?" The answer to this last question was tremendous: "Impossible, my son; that is not possible." I confess frankly and bluntly that these words from the adorable one left me astonished. I then remembered, with supreme pain, the many pseudo esotericists and pseudo occultists who truly yearn for the final liberation, but do not know about the Sahaja Maithuna, sexual magic, the marvelous key of the Great Arcanum. There is no doubt that the way that leads to the abyss is paved with good intentions.

THE YELLOW BOOK, 1959

07

The synthesis of this book is sexual magic and the dissolution of the "I" This is the only way to convert ourselves into true human beings and then after into

super-humans. Only then can we attain Self-realization in depth.

Christic Aztec Magic, 1973

07

Whoever wants to achieve resurrection has to follow the Path of the Perfect Matrimony. There is no other path. Only with Sexual Magic can we attain resurrection.

The Perfect Matrimony, 1966

*With this key all powers awaken and one obtains the Elixir of Long Life.*

Magnus Opus

Those students of occultism who think about attaining Self-Realisation without the Arcanum A.Z.F. are absolutely mistaken. Madame Blavatsky, after having written the 6 volumes of the Secret Doctrine, said that they who wished to know the mysteries of Chiram must look to the old Alchemists. She was in Agarthi, renounced Nirvana in order to attain the Venustic Initiation, is now twice-born, possesses the Solar Bodies, lives in the sacred monasteries and is going to return to this world which is more bitter than bile. She prepares to take a body in the United States, in New York. This Great Master was a true Yogini, a disciple of Kout Houmi and yet after having become the widow of Count Blavatsky, married Colonel Olscott so as to work with the Arcanum of Sexual Magic. Only thus did she attain profound Self-Realisation.

Tarot and Kabalah, 1978

07

When we fulfill the pact of sexual magic, then we reach the inner Self-realization of the Being.

Pistis Sophia Unveiled, 1983

07

The power of Sabaoth is the power of the Verb that comes to us as Grace when we fulfill the pact of sexual magic.

Pistis Sophia Unveiled, 1983

07

A PRACTICE

11. Three who are resurrected: body, soul, and spirit. (One resurrects with the power of the White Stone). Now we will comprehend why Peter, which means "stone," has the keys to heaven. That stone is sex. The key of heaven is the Great Arcanum. The Great Arcanum consists in having sexual relations and withdrawing oneself without spilling the semen. This practice is the Arcanum A.Z.F. With this key all powers awaken and one obtains the Elixir of Long Life. The important thing is to never in our life spill the semen. (image is still needed for #11)

Magnus Opus

07

12. Two angels, the angel of the man and the angel of the woman. They both cooperate in the Great Work in order to awaken the Kundalini and attain the Resurrection.

Magnus Opus

07

We have examined the others, all the possible paths, and there is no other. It is not possible to reach the Adepthood, the intimate self-realization without having done the Great Work. Whoever has studied Alchemy at some time in his life knows very well that no one can self-realize without doing the Great Work, without having worked in the Great Work.

The Fifth Gospel · Practical Solutions Against Collective Hypnotism · *Third Chamber – Mexico City – 1976*

**About this booklet.** Corrected 9 October 2026. Earlier versions of this booklet gave some of the Master's early passages on awakening the Kundalini without noting his later teaching that it awakens only through the couple. Notes now sit beneath those passages, and our own headings have been put right. With thanks to the reader who pointed it out.

**How this was made.** All fifty-two books were extracted (73,105 paragraphs, 2,157,671 words) and swept on his words for it: every paragraph naming pranayama; the HAM-SAH breath (HAM and SAH, TON-SAH-HAM, TON-RA-HAM); a word of the alchemy (sexual magic, the Maithuna, the Arcanum A.Z.F., sexual alchemy, transmutation, the Great Work, the act without spilling the semen) in one sentence with a fruit of it (the fire awakened, the chakras, the solar bodies, the ego dissolved, health and youth, powers, love, the Christ born within), or the alchemy anywhere in a paragraph with rejuvenation, the elixir, long life, health, the solar bodies, the Second Birth or the Kundalini awakened; and the paragraph either side of every pranayama and HAM-SAH paragraph. That returned **576 candidate paragraphs in 42 books.** Every candidate was read **twice, by independent readers** working from a written brief. The two passes agreed on whether to print 92.9% of the time and on the class 87.0%, and a third reader, who saw neither verdict, settled the 41 disagreements. 327 were judged printable. 85 of them were set aside as the same teaching, kept where it stands in another of his books, and 8 were joined into the passage before them, where his sentence ran across several short paragraphs, so **234 passages are printed here.** The rest are recorded with the reason each was set aside.

**What was set aside.** 52 named the subject only in passing, 32 belonged to another built work, 19 were narrative, 10 were false friends, and 8 were neighbours on another subject. 112 more were judged and not printed, and 16 were judged the second halves of sentences begun in the paragraph before.

**Some of it he spoke.** 13 passages come from the *Fifth Gospel*, across 6 named lectures, each cited by the name of the lecture with the place and the year where the volumes record them.

**No sentence of his is cut in half.** Each range was extended against the corpus until his sentence closed, a passage that turned out to be the second half of the one before it was absorbed into it, and 53 ranges run over more than one paragraph. Five words split by the scanner were closed up.

**136 passages also stand in a finished work**, and every one is marked where it stands, most often in *The Solar Bodies* and *The Mantras* (23 and 18). The editor ruled that this work prints in full and that shared passages print here too. An overlap is allowed wherever the teaching needs it. What is not allowed is an overlap a reader cannot see.

**Checked five ways.** Every reader's note was proved to sit on the passage as it is actually printed. Every printed pair was compared as sequences. Every ragged edge was repaired or named. Every one of the 53 passages marked a practice was proved to carry its own instruction. And every passage was checked word for word against a fresh extraction of its book.

**A work of The Books, beside *Alchemy*: there the work itself, here what it gives.** It wears the rubedo blush and the themed works' two hairlines, in the athanor red.