

The Centres of the Human Machine

The five centres of the human machine and the two superior centres above them: what each one does, the speed and the energy each works with, how they rob one another, the three brains, and what joins the lower centres to the superior, in his own words

212 PASSAGES · 16 BOOKS · 81 PRACTICES · 24 SECTIONS · 6 PARTS

SAMAEL AUN WEOR · IN HIS OWN WORDS

Every word here is his. Nothing has been paraphrased, joined or improved. Each passage was cut out of the book it belongs to by reference and carries that book and the paragraph it came from.

"We already know that we have five centers: intellectual, emotional, motor, instinctive and sexual."

"The three brains and the five cylinders are a whole, in general; because the three brains are three cylinders plus two inferior cylinders, we have five in total."

"Each one of the centers of the machine in itself is autonomous, even though all of them among them are correlated in some way"

"The fastest is the Sexual Center, and is followed in order of speed, by the Emotional Center." And *"Each center of the machine should function with its own energy, but unfortunately the other centers of the machine rob energy from the sex."*

Above them, *"The superior centres are fully developed in us, and they send us messages, which we must learn to consciously grasp."*

What is in it

| a practice — something to do, framed and labelled

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THE MAP

Six parts: the seven centres of the machine, each centre on its own, the energy each should work with, the "I" at work in every centre, the three brains, and the two superior centres

Tap a part to go to it.



The human machine has seven centers

PART ONE · 19 PASSAGES · 2 PRACTICES



Each one of the centers of the machine in itself is autonomous

PART TWO · 41 PASSAGES · 14 PRACTICES



Each center of the machine should function with its own energy

PART THREE · 47 PASSAGES · 15 PRACTICES



The "I" works with each of these five inferior centers

PART FOUR · 33 PASSAGES · 25 PRACTICES



We cannot deny that there are three brains

PART FIVE · 57 PASSAGES · 21 PRACTICES



The two superior centers

PART SIX · 15 PASSAGES · 4 PRACTICES

Part One – The human machine has seven centers



5 PASSAGES · 1 PRACTICE

I There are five centers in the machine

The five lower centres are named and counted: the intellectual, the emotional, the motor, the instinctive and the sexual, with two superior centres beyond them. People live in the lower parts of these centres, and the centres, though they can serve the Being, are not the Being.

The human machine has seven centers, five inferior and two superior, which people do not even suspect. We are going to study the five inferior centers: the first is the intellectual center, the second is the emotional, the third is that of movement, the fourth is the instinctive, and the fifth is the sexual.

Christmas Messages, *1952-66*

We have been told that we are the microcosmos of the macrocosmos, but we actually live in the inferior parts of our five centers. We already know that we have five centers: intellectual, emotional, motor, instinctive and sexual.

The Fifth Gospel ·The Pendular Conduct of Humanity ·*Third Chamber Mexico City July 13th, 1977*

> ***We must learn to control all the centers of the machine, we must become masters, lords.***
>
> The Fifth Gospel

The mind has its center, the intellectual center, but it is not the Being. The center of the mind, the intellective one, is in the brain, that is obvious, but it is not the Being. The feeling, which corresponds to the emotional center or to the emotional brain, is in the region of the [solar] plexus and extends to the sympathetic [nervous] centers and the heart, but it is not the Being. The Being is the Being, and the reason for being of the Being is the Being himself.

The Fifth Gospel ·Pedagogy of Knowing How to Live ·*Third Chamber Mexico City – 1974*

07

A PRACTICE

Why should we let ourselves be carried away by the centers of the machine? Why do we allow the intellectual or emotional centers to control us? Why do we have to be slaves of this machinery? We must learn to control all the centers of the machine, we must become masters, lords.

The Fifth Gospel · Pedagogy of Knowing How to Live · *Third Chamber Mexico City – 1974*

07

There are five centers in the machine, that is obvious: the intellectual, which is the first one; the emotional, which is the second one; the motor, which is the third one; the instinctive, which is the fourth one, and the sexual, the fifth. But the centers of the machine do not constitute the Being; they can put themselves at the Being's service, but they are not the Being. Thus, neither the mind nor the feeling are the Being.

The Fifth Gospel · Pedagogy of Knowing How to Live · *Third Chamber Mexico City – 1974*

6 PASSAGES

II Each one of the centers has a central, basic point

Each centre runs through the whole organism yet has its seat: the intellect in the head, the emotional centre in the heart, the motor in the upper spine, the instinctive in the lower spine, and then the sex. In one answer he sets the three brains and the five cylinders side by side as a single whole.

Each one of these Five Centers penetrates the entire organism; nonetheless, if one selfobserves profoundly, one becomes aware that each one of the centers has a central, basic point situated at a specific area of our organic machine.

THE SOLAR BODIES, 1968

But humanity is the most important organ of Nature. Why is it the most important? Because it has three brains: the intellectual, the emotional and the motor. The intellectual is located inside the physical brain, the emotional is in the heart, and the motor is in the upper part of the spine. This is what makes humanity the most important organ. It can assimilate certain types of energies and then transform them and retransmit them to the inner layers of the Earth.

THE FIFTH GOSPEL ·LUNAR PSYCHISM AND SOLAR PSYCHISM ·*Second Chamber – Mexico City – 1976*

07

So, in reality and in truth, there is still a residue of the abominable Kundartiguador Organ in the human being. With the disappearance of such an organ it could be clearly seen that the bad consequences of this organ remained in the five cylinders of the organic machine. These five cylinders are the following: the intellectual, located in the brain; the emotional, located in the heart; the motor, in the upper part of the spine; the instinctive, in the lower part of the spine; and the sexual. The bad consequences of the abominable Kundartiguador Organ remained in these five centers of the machine.

THE FIFTH GOSPEL ·CAUSES AND CONSEQUENCES OF THE KUNDARTIGUADOR ORGAN

However, all these five centers are the five cylinders of the machine.

The Fifth Gospel

Master: The three brains and the five cylinders are a whole, in general; because the three brains are three cylinders plus two inferior cylinders, we have five in total. I can come up with the following list: First: intellectual center or intellectual brain, located in the head of the physical body. Second: emotional brain, located in the heart. Third: motor brain, located in the superior part of the spine. Fourth: instinctive brain, which is nothing more than an instinctive center –we can call it "brain" if we want to–, located in the lower part of the spine. And fifth: the sexual center.

The Fifth Gospel ·The New Generations Facing Gnosis ·*Message directed to the Gnostic youth – Mexico City*

07

But strictly speaking the intellectual, emotional and motor centers are called "brains". As for the instinctive and sexual centers, normally, they are not called "brains". However, all these five centers are the five cylinders of the machine.

The Fifth Gospel ·The New Generations Facing Gnosis ·*Message directed to the Gnostic youth – Mexico City*

07

Psychologists synthesize in the following way: intellectual brain, emotional brain and motor-instinctive-sexual brain.

The Fifth Gospel ·The New Generations Facing Gnosis ·*Message directed to the Gnostic youth – Mexico City*

8 PASSAGES · 1 PRACTICE

III The three brains of man are related to the five centers

Here the five centres are gathered into three brains, the motor, instinctive and sexual counting as one triangle. Creatures are ranked by the number of their brains, and each centre, the superior ones included, is given a mind of its own.

The revolutionary psychology of the New Era affirms that the organic machine of the intellectual animal mistakenly called man exists in a three-centered or three-brained form.

FUNDAMENTAL EDUCATION, 1970

The first brain is the thinking center. The second brain is the center of movement, commonly called the motor center. The third brain is the emotional center.

FUNDAMENTAL EDUCATION, 1970

07

But don't forget that the three inferior centers of the organic machine –that is, the sexual, instinctive and motor centers– which form a wonderful triangle, a splendid triangle that can perfectly handle the three forces: the positive, negative and neutral of electricity. This is truly amazing.

THE FIFTH GOSPEL ·THE SEVEN MINDS AND THE SEVEN TRUTHS ·*Third Chamber – Mexico City – July 13, 1977*

07

A PRACTICE

Whoever, in reality and in truth, wants to get in touch with the superior emotional mind and with the superior mental mind must succeed in bringing the personality to a passive state; and whoever wants to live continuously in contact with the two superior centers –the emotional mind and the mental mind– will have to disintegrate not only the Ego, but the personality as well.

THE FIFTH GOSPEL ·THE SEVEN MINDS AND THE SEVEN TRUTHS ·*Third Chamber – Mexico City – July 13, 1977*

Obviously, only three-brained organisms could crystallize the Three Forces of nature within themselves, here and now.

The Fifth Gospel

Thus, each of these minds of the five centers of the organic machine – intellectual, emotional, motor, instinctive and sexual– has its own mind; and each of the superior emotional and superior mental centers has its own mind.

The Fifth Gospel ·The Seven Minds and the Seven Truths ·*Third Chamber – Mexico City – July 13, 1977*

07

The three brains of man are related to the five centers of the human machine. Intellect, emotion, movement, instinct and sex are related to the same machine. The intellectual center, the emotional center and the motor center are worthy of our attention. Obviously, the motor-instinctive-sexual center is a perfect triangle; the motor-instinctive-sexual center does not hold antagonisms of any kind. That is why in general we talk about three brains: intellectual center, emotional center and motor-instinctive-sexual center.

The Fifth Gospel ·The Seven Minds and the Seven Truths ·*Third Chamber – Mexico City – July 13, 1977*

07

First, no one who has studied natural sciences can ignore the reality of single-brained organisms, that is, endowed with a single brain. For example: mollusks, snails, insects that only last a summer afternoon, etc. Only one single force expresses in them. Then come the two-brained creatures, that is, endowed with two brains: eagles, horses, dogs, cats, superior animals of all kinds. Two forces express in them. Then come the three-brained organisms. These three brains

only exist in the intellectual animal, mistakenly called man. The Three Forces express in them.

The Fifth Gospel ·The Need to Crystallize the Soul ·*Second Chamber – Mexico City – January 1977*

07

I want to say that single-brained organisms have sensations; two-brained ones have sensations and perceptions; three-brained ones have sensations, perceptions and concepts. Obviously, only three-brained organisms could crystallize the Three Forces of nature within themselves, here and now. These Three Forces are represented in India by Brahma, Vishnu and Shiva; the Holy Affirmation, the Holy Negation and the Holy Conciliation; the positive, the negative and the neutral force.

The Fifth Gospel ·Gnostic Discipline for Awakening ·*Interview – Mexico City – 1970*

Part Two – Each one of the centers of the machine in itself is autonomous



10 PASSAGES

I Every center is divided into two parts

Each centre works on its own and yet is tied to the rest, and each is split into a positive and a negative half, the pendulum swinging in mind, heart and motor centre alike. The answer that closes the section subdivides every centre into three parts and turns to the wisdom of the instinctive centre and the hydrogen of the sexual.

Every center is divided into two parts: positive and negative; this division is particularly clear for the Intellectual Center and the Instinctive Center.

ESOTERIC TREATISE OF HERMETIC ASTROLOGY, 1967

The specific functions of each center indicate, point to certain dualisms in each center, as the dualism of the mind with its incessant battle of antithesis dividing thoughts; the dualism of emotions splitting them into pleasant and unpleasant emotions; the dualism of instinctual sensations splitting them into pleasure and pain; the dualism of sexuality splitting them into attraction and repulsion of sex, etc. Without a doubt, each one of the five centers is, at the same time, positive and negative.

THE SOLAR BODIES, 1968

07

In the mind, it is perfectly defined by the battle of the antitheses, by conflicting opinions, etc. In the heart, by the antithetical emotions, by the states of anguish and happiness, of optimism and depression. In the motor-instinctive-sexual center it manifests in the habits, customs, movements: we frown, we are sullen when we are depressed; or we smile happily under the impulse of the motor center when we are very content, etc. We jump, we hop around full of joy due to good news, or our legs shake before an imminent danger; thesis and antithesis of the motor center, the Law of Pendulum in the motor center.

THE FIFTH GOSPEL · THE PENDULAR CONDUCT OF HUMANITY · *Third Chamber Mexico City July 13th, 1977*

07

Question: Master, I would like to ask you again if each center is independent, if it is handled with a certain type of independent hydrogen, or if it is the same

type of hydrogen or the same energy of the five centers.

The Fifth Gospel · The New Generations Facing Gnosis · *Message directed to the Gnostic youth – Mexico City*

07

Master: Each one of the centers of the machine in itself is autonomous, even though all of them among them are correlated in some way; that is obvious.

The Fifth Gospel · The New Generations Facing Gnosis · *Message directed to the Gnostic youth – Mexico City*

Without a doubt, each one of the five centers is, at the same time, positive and negative.

The Solar Bodies, 1968

Unquestionably, the intellectual, emotional, motor, instinctive and sexual centers form an entire system by means of which we get in contact with the impressions that reach us through the senses.

The Fifth Gospel · The New Generations Facing Gnosis · *Message directed to the Gnostic youth – Mexico City*

07

There are people whose Consciousness is totally located in the brain; those people cannot understand the people whose Consciousness is located in the emotional center. There are people whose Consciousness is located in the emotional center; those people do not understand the people whose Consciousness is located in the intellectual brain. There are people whose Consciousness is located in the instinctive-motor-sexual brain; those people would never understand the emotional nor the intellectual, etc.

The Fifth Gospel · The New Generations Facing Gnosis · *Message directed to the Gnostic youth – Mexico City*

07

Master: Unquestionably, each one of the main centers of the machine is in turn subdivided into three very important parts. But there are many other

subdivisions not mentioned by Master G.; that in the intellectual center there is something of the emotional center and of the motor center, we cannot deny that! That in the emotional center there is something of the intellectual and of the motor, we do not deny it! That in the motor center, for instance, there is something of the intellectual and of the emotional, it is true!

The Fifth Gospel ·The New Generations Facing Gnosis ·*Message directed to the Gnostic youth – Mexico City*

07

Now, as for the instinctive center, I can tell you that the instinctive center knows more than what people suppose. If people did not hinder the activities of the instinctive center, they would live healthy, there would be no sick people on the face of the Earth. The instinct is very wise, the instinct is what keeps the organism working. A sick person could be cured if he obeyed totally the instinctive center.

The Fifth Gospel ·The New Generations Facing Gnosis ·*Message directed to the Gnostic youth – Mexico City*

07

And as for the sexual center, I can tell you that it is magnificent, from there, well, the famous Sexual Hydrogen Si-12 comes out, with which we can radically transform ourselves.

The Fifth Gospel ·The New Generations Facing Gnosis ·*Message directed to the Gnostic youth – Mexico City*

9 passages · 4 practices

11 Memory is the formative principle of the Intellectual Center

The intellectual centre is the seat of yes and no and of memory. Knowledge laid down there must pass through its emotional part into the emotional centre and on to the Essence before it becomes conscious, and a book read in haste ruins the centre.

The entire work of the Intellectual Center is divided into two parts: Affirmation and Negation, Yes and No, Thesis and Antithesis.

Esoteric Treatise of Hermetic Astrology, 1967

Memory is the formative principle of the Intellectual Center. When a person aspires to something more, when someone looks through the limitations of the subconscious and sees that which he has deposited in the memory and analyzes and meditates on the last occurrence or teachings of an esoteric book, then those values move to the emotional phase of the same Intellectual Center. When one wants to know the deep meaning of said teachings and the person surrenders in full to meditation, obviously such teachings move on to the Emotional Center properly said and they then come to be felt in the depth of the soul.

The Revolution of the Dialectic

07

5. That which the Essence perceives reaches the human personality. In those moments the motor and emotional centers are united with the "intellectual" center.

The Science of Meditation

07

6. The mystical experiences of the Essence during Ecstasy, upon being received by the Intellectual Center, also inform the motor and emotional centers.

The Science of Meditation

Any emotion must first pass through the filter of comprehension before the emotional center can do anything.

The Fifth Gospel

A PRACTICE

I repeat: first, one has to study; then, deposit all the information in the learning center – memory–; then try to capture, to apprehend the intimate sense of that which we have deposited in the memory. When we do this, we feel, within that knowledge, something sentimental or touching or emotional, for us to be clearer, because it then passes onto the emotional part of the intellectual center; so, it leaves the memory and passes to the emotional part of the intellectual center. But if we insist on trying to apprehend or capture the essence of the knowledge, it will become emotions, vivid emotions, it will pass onto the emotional center, and new meditations will make it become conscious. This will happen when finally, the emotional knowledge immerses into the Essence, into the Consciousness. This is the process that the knowledge must undergo so that it becomes conscious.

The Fifth Gospel ·The Objective Knowledge of the Essence ·*Lecture given to Gnostic students – 1976*

07

A PRACTICE

Master: The truth is something that cannot be defined, because if it is defined, it is disfigured. But we can say that the steps for knowledge to become conscious are described in the following way: first step, one studies so that the knowledge is deposited in the memory. Second step, one meditates with the intention of apprehending the deep meaning of the knowledge deposited in the memory. When that happens, the knowledge – through meditation– passes to the emotional part of the intellectual center, and this has to be explained.

The Fifth Gospel ·The Objective Knowledge of the Essence ·*Lecture given to Gnostic students – 1976*

07

The intellectual center has three parts: the superior intellectual part, the emotional part and the motor part. We would say that the knowledge passes to the emotional part of the intellectual center; then we begin to feel a certain flavor of what we have deposited in our memory. In a more advanced stage of meditation, that knowledge definitely leaves the intellectual center to be deposited, strictly, within the emotional center and, subsequently, through the technique of meditation, we finally pass the knowledge from the emotional center to the Essence. This knowledge remains deposited in the Essence, which is, the truth or the truths that we can bring to the Essence. To speak more clearly, they have a rather emotional flavor, but I do not speak of inferior emotions, but emotions of a superior type.

The Fifth Gospel ·The Objective Knowledge of the Essence ·*Lecture given to Gnostic students – 1976*

07

A PRACTICE

When it is read like this, “at five hundred kilometers per hour” from cover to cover, and saying “I’ve already read it”, “I already know it”, the intellectual center gets totally ruined. That is not how you study. One should not move further, move on to another paragraph, if one has not become conscious of the preceding paragraph; we need to know what it is that we are going to bring to the intellectual center.

The Fifth Gospel · Seriousness in the Esoteric Work · *Third Chamber – Mexico City*

07

A PRACTICE

So, my dear friends, do not destroy the intellectual center; do not destroy the emotional center either. Any emotion must first pass through the filter of comprehension before the emotional center can do anything. We must become conscious of all our perceptions, of all that we study, or of everything that reaches us.

The Fifth Gospel · Seriousness in the Esoteric Work · *Third Chamber – Mexico City*

7 PASSAGES · 4 PRACTICES

III The emotional center must valorize the psychological work

Pleasant and unpleasant emotions divide the emotional centre, and negative impressions taken in from others turn it negative. To a disciple's question he answers that inferior emotion is mastered by cultivating the higher emotion of the intellect and by eliminating the aggregates of the inferior emotional centre.

Pleasant and unpleasant emotions exist in the Emotional Center: happiness, sympathy, affection, self-confidence, etc. are positive.

ESOTERIC TREATISE OF HERMETIC ASTROLOGY, 1967

When one opens the doors to negative impressions, he not only alters the order of the emotional center which is in the heart but he also makes it negative. One opens his doors, for example, to a negative emotion that a person brings full of anger because someone hurt him. Then, we end up aligning ourselves with that person, against the other who hurt him and also full of anger, without playing any role in the matter.

THE REVOLUTION OF THE DIALECTIC

07

A PRACTICE

Would that be correct? Would it be correct for us to welcome a person who comes, for example, full of negative impressions –that emanate from the negative emotional center–, for us to open the doors to all the negative impressions of that person? It seems that we do not know how to select impressions. And this is very serious! We must learn to open and close the doors of our psyche to impressions: open the doors to noble, clean impressions; close them to negative and absurd impressions. That is to say, negative impressions cause harm, they develop the negative emotional center in us, they harm us. Why should we open the doors to negative impressions?

THE FIFTH GOSPEL · THE SERIOUS DAMAGES OF MENTAL REPRESENTATIONS · *Third Chamber – Mexico City – June 1977*

We must learn to open and close the doors of our psyche to impressions: open the doors to noble, clean impressions; close them to negative and absurd impressions.

The Fifth Gospel

Disciple: Master, our defects manifest due to negative emotions. Could you tell us some way to balance that emotional center, with relation to the intellectual and the motor centers?

The Fifth Gospel ·The Need to Crystallize the Soul ·*Second Chamber – Mexico City – January 1977*

07

A PRACTICE

Thus, negative emotions turn one evil. How to control negative emotions? There is no other option: to cultivate the superior emotions of the intellectual center. The intellectual center has the superior emotion, the superior motor part and the intelligence of intelligence. Well, let us cultivate the superior emotion of the intellectual center: harmonic music, beautiful music, happy music, painting, art, beauty, superior studies, ineffable mysticism, esotericism, Gnosis, and like that, little by little, we control inferior emotions.

The Fifth Gospel ·The Need to Crystallize the Soul ·*Second Chamber – Mexico City – January 1977*

07

A PRACTICE

But that is not all. We need to eliminate, finally, the psychic aggregates of the inferior emotional center. We have to discover them: how they work, how they manifest themselves, how, in front of false news, we get ourselves filled with emotions, we make a fuss, we go to failure; one has to be eliminating all those aggregates.

The Fifth Gospel · The Need to Crystallize the Soul · *Second Chamber – Mexico City – January 1977*

07

A PRACTICE

Not everything is intellect; we need to go through great emotional crises; not everything is intellect. The emotional center must valorize the psychological work that leads us to the in-depth transformation. Emotion must work more than intellect, emotion must become active in us. Thus, on the path of authentic emotions, we will reach the awakening of the Consciousness.

The Fifth Gospel · The Verticality of Existence · *First Gnostic Youth Encounter – Guadalajara, Jalisco, Mexico – July 10. 1975*

5 PASSAGES · 3 PRACTICES

IV The centre of movement has many activities

Habits, customs, sport and skilled work belong to the motor centre, which works far faster than the mind and needs no consciousness to drive a car. To know this centre one studies one's habits, though the work is not begun here.

The struggle between movement and rest exists in the Movement or Motor Center.

ESOTERIC TREATISE OF HERMETIC ASTROLOGY, 1967

A PRACTICE

We need to discover ourselves and to profoundly comprehend all our habits we should not allow our life to continue to unfold mechanically. It seems incredible that we, living within the forms of our habits do not know these forms, which condition our lives. We need to study our habits. We need to comprehend them. These belong to the activities of the centre of movement. It is necessary that we self-observe the way we live, act, dress, walk etc. The centre of movement has many activities. Sport also belongs to the centre of movement. When the mind interferes with this centre it obstructs and causes damage, because it is very slow and the centre of movement is very fast. All typists work with the centre of movement and, as is natural may make mistakes at the keyboard if the mind begins to intervene. A man driving a car could have an accident if the mind intervenes. THE EMOTIONAL CENTRE The human being stupidly wastes the sexual energy with the abuse of violent emotions; cinema, television, football games etc. We should learn to dominate our emotions. It is necessary to save our sexual energies.

THE PERFECT MATRIMONY, 1966

If one wants to become conscious of the activities of the motor center, one must study his habits.

The Fifth Gospel

The motor centre of our body can drive a car or direct the fingers which play the piano keys, without even the most insignificant participation of the consciousness.

The Great Rebellion, 1975

07

A PRACTICE

It would be absurd to begin working with the motor center for example. As we know, it is related to habits, customs, and actions of this center. Obviously, this would be like beginning with an absurd fakirism.

For the Few, 1980

07

A PRACTICE

Master: Undoubtedly, faith is not something that can become a habit, no! After all, we have to study our habits, they belong to the motor center or center of movement. They are usually one hundred percent mechanical. If one wants to become conscious of the activities of the motor center, one must study his habits. And it is necessary to study them in order to know them better, because we have many habits that we ourselves do not know.

The Fifth Gospel ·The Power of Conscious Faith ·*Second Chamber – Mexico City – 1977*



4 passages · 1 practice

v The wisdom of this center is really astonishing

The instinctive centre sits in the lower spine, lives in pleasant and unpleasant sensation, and turns food into the substances of life. Alertness, once disciplined long enough, becomes one of its automatic functions.

4. The instinctive centre located in the lower part of the spinal column.

The Perfect Matrimony, *1966*

The same struggle between pleasant and unpleasant exists in the Instinctive Center; pleasant sensations, unpleasant sensations and all of those sensations are related with the five senses: sight, hearing, smell, taste and touch.

Esoteric Treatise of Hermetic Astrology, *1967*

> ***At the beginning it is hard while it becomes instinctive; after it becomes instinctive, it works automatically.***
>
> The Fifth Gospel

When we eat a food necessary for our existence, the latter is transformed, it is clear, from one phase to another, into all of those elements which are so indispensable for our existence. Who carries out those processes of the transformation of substances within us? Obviously, the Instinctive Center. The wisdom of this center is really astonishing. Digestion, in itself, is transformation. The food in the stomach, in other words, in the inferior part of this three story factory of the human organism, suffers transformation… If something were to enter without going through the stomach, the organism would neither be able to assimilate its vitaminic principles nor its proteins, that would simply be an indigestio n. As we reflect upon this subject, we get to comprehend the necessity of undergoing a transformation.

The Revolution of the Dialectic

07

A PRACTICE

For example, I never do this thing to myself with forced or rigorous discipline; in me it is already instinctive. I am here talking, at this moment, before you, and I am already alert, vigilant. I already know where I am and all that, and if we were in astral, I would already know by now that we are in astral without the need to behave in accordance with this rigorous discipline. I made it instinctive, it became a function of my instinctive center. But for it to become a function of the instinctive center, it is necessary first that the instinctive center goes through the sieve of a rigorous discipline. At the beginning it is hard while it becomes instinctive; after it becomes instinctive, it works automatically. Let us see...

The Fifth Gospel · Gnostic Discipline for Awakening · *Interview – Mexico City – 1970*



6 PASSAGES · 2 PRACTICES

VI Infinite possibilities exist within the Sexual Center

Attraction and repulsion, chastity and lust contend in the sexual centre, which alone can reckon in an instant the fitness of a man and a woman for each other. Asked about the centres during the work in the Ninth Sphere, he says they work by themselves when the mind holds a dignified attitude.

In the Sexual Center, attraction and repulsion, chastity and lust, exist in eternal conflict. The Intellectual Animal sacrifices his pleasures if necessary, but he is incapable of sacrificing his own sufferings.

Esoteric Treatise of Hermetic Astrology, 1967

Indeed, the search for our sexual complement occurs in each function of our human organism. The sense of attraction, indifference and repulsion between a man and a woman is the outcome of a highly complicated calculation of the existing factors of reciprocity of each of its functions and of the average or total function of all of those factors together. Fortunately, such a complex and difficult calculation can never be performed by the Intellectual Center, but only by the Sexual Center. This center can attain a correct result in a second or even less.

The Solar Bodies, 1968

07

Infinite possibilities exist within the Sexual Center (when it is developed) that can either convert us into Angels or Devils.

The Solar Bodies, 1968

Fortunately, such a complex and difficult calculation can never be performed by the Intellectual Center, but only by the Sexual Center.

The Solar Bodies, 1968

Disciple: When one practices in the Ninth Sphere, what should be the attitude of the five centers?

The Fifth Gospel ·The Reason of Being of Objective Justice ·*Lecture – Interview – Mexico City – 1975*

07

A PRACTICE

Master: The attitude of the five centers? Yes, these centers work by themselves without any of our worries. What is necessary indeed is to mentally assume an edifying and essentially dignifying attitude; I mean in those instants when one works in the Forge of the Cyclops. That is how it should be.

The Fifth Gospel ·The Reason of Being of Objective Justice ·*Lecture – Interview – Mexico City – 1975*

07

A PRACTICE

As for the emotional center and the other centers, they will work in harmony if we assume an edifying and essentially dignifying attitude.

The Fifth Gospel ·The Reason of Being of Objective Justice ·*Lecture – Interview – Mexico City – 1975*

Part Three – Each center of the machine should function with its own energy

6 PASSAGES

I Differences in velocity exist among the five centers of the machine

The centres are ranked by speed. The intellect is the slowest, the motor and instinctive centres thirty thousand times faster, the emotional faster again, and the sexual centre the fastest and most important of all, its impulses passing at the molecular level.

It is necessary to know that each of the five cylinders of the machine possesses its own characteristics that we should never confuse.

ESOTERIC TREATISE OF HERMETIC ASTROLOGY, 1967

Differences in velocity exist among the five centers of the machine.

ESOTERIC TREATISE OF HERMETIC ASTROLOGY, 1967

07

People lavishly praise thinking, but in reality of truth, the Intellectual Center is the slowest. Afterwards, operating much faster, follow the Instinctive and Movement or Motor Centers, which have more or less the same velocity. The fastest is the Sexual Center, and is followed in order of speed, by the Emotional Center.

ESOTERIC TREATISE OF HERMETIC ASTROLOGY, 1967

People lavishly praise thinking, but in reality of truth, the Intellectual Center is the slowest.

ESOTERIC TREATISE OF HERMETIC ASTROLOGY, 1967

The Motor and Instinctive Centers are thirty thousand times faster than the Intellectual Center. The Emotional Center, when it works at the velocity that is its own, is thirty thousand times faster than the Motor and Instinctive Centers.

ESOTERIC TREATISE OF HERMETIC ASTROLOGY, 1967

07

All of the Five Cylinders of the human machine are fundamental for life, but, without a doubt, the Sexual Center, the Fifth Center, is indeed, the most important and the fastest of all. The very roots of our existence are found within the latter.

The Solar Bodies, 1968

07

The Sexual Center (because of its fine energy) is extraordinarily subtle and fast. The majority of its manifestations take place on a molecular level, where its impulses are transmitted thousands of times faster than those of the mind.

The Solar Bodies, 1968

9 PASSAGES · 1 PRACTICE

11 The other centers of the machine rob energy from the sex

Sexual abuse is defined as the theft of the sexual energy by the other centres, and of theirs by the sex. Each kind of theft has its type, from the sports fanatic to the man of violent instinct, and the sexual centre forced onto heavier hydrogens cannot form the superior bodies; only the dissolution of the I returns each centre to its own hydrogen.

There exists sexual abuse in the action of the sex through the other centers of the human machine or the action of the other centers through the sexual center. Each center of the machine should function with its own energy, but unfortunately the other centers of the machine rob energy from the sex.

Christmas Messages, *1952-66*

When the intellectual, emotional, movement and instinctive centers rob the sexual energy, there then exists sexual abuse. The gravest of all this is that the sexual center has to at the same time rob energy from the other centers in order to be able to function; all of this is sexual abuse.

Christmas Messages, *1952-66*

07

Everywhere there is an abundance of diabolic intellect, violent emotions, passionate movements, passionate races of cars, horses, bicycles, Olympic Games, etc, etc, or also bestial instincts in action, it is clear that there then exists sexual abuse. The worst of all this abuse is that the sexual center is then forced to work with heavier hydrogens which correspond to other centers. When the sexual center is forced to work with hydrogens like 48, 24, etc., etc., it is impossible to fabricate the Superior Existential Bodies of the Being.

Christmas Messages, *1952-66*

07

Those people who enjoy movies, novels, and pornographic pictures use the sexual energy in the thinking center and it is clear that end up with the tendency to only satisfy themselves with sexual fantasy and sooner or later they

acquire a type of psychosexual impotence, in which when they go to truly carry out the sexual act, they fail lamentably.

Christmas Messages, *1952-66*

It is urgent to establish a complete balance of the five centers of the machine and this is only possible by dissolving the 'I'.

Christmas Messages, *1952-66*

When the emotional center steals the sexual energy, then comes the stupid sentimentalisms, jealousies, cruelty, etc., etc.

Christmas Messages, *1952-66*

07

When the movement center works with the Hydrogen Si 12 stolen from the sexual center, then the abusers of the movement center appear, the soccer players, the tightrope walkers from the circus, the bicyclists of the big races, etc. When the instinctive center steals sexual energy, there is then an abundance of instinctive, passionate, violent, acts.

Christmas Messages, *1952-66*

07

The pluralised 'I' foolishly wastes the essence which we have within to fabricate soul. When we dissolve the pluralised 'I' the waster comes to an end and then the essence accumulates within ourselves, converting itself into a permanent center of gravity. When we establish a permanent center of gravity within ourselves, the sexual center comes to then work with its own energy, with its own hydrogen, the Hydrogen Si 12.

Christmas Messages, *1952-66*

07

Gnostic esotericism teaches that when the sexual center works with its own energy, with its own hydrogen, sexual abuse ends because each center ends up

working with the energy that corresponds to it, with the hydrogen that it corresponds to and not with the Hydrogen Si 12 robbed from the sexual center. It is necessary to dissolve the 'I' if we want to finish with sexual abuse. Many Initiates partly dissolved the 'I' in the past and thanks to this fabricated the Superior Existential Bodies of the Supreme Christmas Message 1965-1966: "The Science of Music"

Christmas Messages, *1952-66*

07

A PRACTICE

It is urgent to establish a complete balance of the five centers of the machine and this is only possible by dissolving the 'I'. Chapter IX: The 'I' and the Being In the matter of psychology we should make an exact differentiation between the 'I' and the Being. The 'I' is not the Being, and the Being is not the 'I'. Everybody says, my Being, they think about their Being, but they do not know what their Being is and they confuse it with the 'I'.

Christmas Messages, *1952-66*

III Sending impressions to the wrong centers

A kindness meant for the emotional centre lands in the sexual one, a concept meant for the intellect is caught by the inferior emotional centre, and quarrels follow. The personality, a poor secretary, routes impressions to the wrong centres, and the impressions that enter by the senses belong to all five cylinders.

The incorrect function of the five psycho-physiologic centers of the human machine is due to the pernicious activities of the pluralized "I"; these are the evil consequences of the Abominable Kundartiguador Organ.

THE SOLAR BODIES, 1968

I will mention an example so that I will be better understood. Let us suppose that a woman attends to a gentleman with much consideration and respect; it is clear that the impressions which the gentleman is receiving in his mind are received by the personality and the latter sends the m to wrong centers. Normally, it sends them to the sexual center and this gentleman gets to firmly believe that the lady is in love with him, and as is logical, it does not take long before he rushes to make insinuations of an amorous type to her. Indubitably, if that lady has never had that type of caring for the gentleman, with much reason, she cannot, but feel surprised. That is the result of a terrible transformation of impressions. Here we see how bad a secretary the personality is. Unquestionably, the life of a man depends on this secretary who seeks transformation in its reference books without comprehending in the least, what the event means, and consequently transmits, without preoccupations for what could happen, but feeling only that it is fulfilling its duty.

THE REVOLUTION OF THE DIALECTIC

07

Why are there so many confusions in the world? You see that the humanoids do not understand each other. I will give you a specific case. A lady, suddenly, for example, decides to help a gentleman because she likes him, because she finds him very nice, etc. She can do that disinterestedly; this lady does not have any thought of lust, she is not in love with the gentleman; he only seems like a good

person and she wants to help him in his different needs, etc. But what happens? The gentleman has Ego and the Ego controls the five cylinders of his machine. As the Ego controls those five cylinders of his machine, then he interprets those kind actions of the lady as he pleases. Instead of going to the emotional center, it passes to another cylinder: to the instinctive-sexual center, and then lust arises in that gentleman.

The Fifth Gospel ·The Objective Knowledge of the Essence ·*Lecture given to Gnostic students – 1976*

07

And the example I give in this regard can be extended to many other matters. We say one word and another misinterprets it. Why did he misinterpret it? Because he does not interpret it with the corresponding center, he interprets it with a center that does not correspond to it. We emit an intellectual concept, for example, and it may be that the emotional center –not the superior, but the inferior– receives that intellectual concept and misinterprets it; he thinks that his self-love is being hurt, that the individual with that concept has cast an irony on him, therefore, he reacts to it. Overall, we do not understand each other. Why? Because of the Ego, and this is a true "Tower of Babel". And we, the human beings on the face of the Earth, cannot understand each other as long as the Ego exists. There will be wars and rumors of war, there will be strikes, there will be violence, hatred, etc., as long as we do not dissolve the Ego. The Ego has made us all horrible, we do not enjoy true beauty; due to that, due to having Ego, we are ugly, frightfully ugly.

The Fifth Gospel ·The Objective Knowledge of the Essence ·*Lecture given to Gnostic students – 1976*

07

Like I said, we have a bad secretary; this one is responsible for sending messages, sending representations, sending impressions to the wrong centers. It sends, for example, an impression to the instinctive center when it should not go to the instinctive, but to the sexual; or it sends an impression that is for the intellectual

center to the emotional center; or it sends an impression that is for the emotional center to the motor-instinctive-sexual center.

The Fifth Gospel · The Seven Minds and the Seven Truths · *Third Chamber – Mexico City – July 13, 1977*

07

Up there, in the macrocosm, the seven planetary spheres work in perfect harmony, everything works correctly. Unfortunately, here below, in the microcosm-man, everything goes wrong: the seven minds work more or less abnormally due to the Ego. Messages that are, for example, for the intellectual center reach the sexual center; messages that are for the emotional center reach the motor center. Conclusion: everyone lives incorrectly. That which is for the intellect reaches the sex, that which is for the sex reaches the intellect, that which is for the emotional center reaches the instinctive center. In these conditions, everything is wrong; the seven minds work in the wrong way due to the Ego, due to the "I", due to the Myself.

The Fifth Gospel · The Seven Minds and the Seven Truths · *Third Chamber – Mexico City – July 13, 1977*

And we, the human beings on the face of the Earth, cannot understand each other as long as the Ego exists.

The Fifth Gospel

A PRACTICE

When one digests the old impressions that are deposited in the five cylinders of the machine in the form of habits, inferior emotions, negative thoughts, depraved instincts, sexual abuse, etc., then he disintegrates those inhuman elements, he turns them into dust.

The Fifth Gospel · Intelligent Assimilation of Impressions

07

Unquestionably, this matter of the impressions deserves to be analyzed in a clear and precise way. The personality that we have all acquired, receives the impressions of life, but does not transform them because practically, it is something dead. If the impressions fell directly into the Essence, it is obvious that they would be transformed, because, in fact, it would deposit them exactly in the corresponding centers of the human machine.

The Fifth Gospel ·Psychological Protection Against Impressions ·*Lecture given to the brothers of Colombia – Mexico City – 1974*

07

Personality, that is the term applied to everything we acquire, it is clear that it translates impressions from all sides of life in a limited and practically stereotyped way, according to its quality and associations. In this regard, in the work, the personality is sometimes compared to a terrible secretary who is in the front room, who deals with everything according to her own ideas, concepts, preconceptions, opinions and prejudices. It has many dictionaries, encyclopedias of all kinds and reference books, and is in communication with the three centers –that is, the mental, emotional and physical centers– according to its limited ideas. As a sequence or corollary, it turns out that it almost always gets into communication –and that's the unfortunate thing– with the wrong centers.

The Fifth Gospel ·Psychological Protection Against Impressions ·*Lecture given to the brothers of Colombia – Mexico City – 1974*

07

Question: Venerable Master, we would like to ask you in what way do the impressions penetrate the cylinders of the human machine, and in what way do the poorly transformed impressions hinder or damage the cylinders of the human machine.

The Fifth Gospel ·The New Generations Facing Gnosis ·*Message directed to the Gnostic youth – Mexico City*

07

Master: Well the impressions of any kind penetrate the organism through the senses of the machine. Obviously, there are impressions that relate directly to the emotional center. I want to refer, in an emphatic way, for instance, to the impressions related to negative emotions. There are impressions that are related

to the intellectual center. I want to refer, in a clear way, to the things or impressions that have to do precisely with the intellect, with the mind. There are impressions that are directly related to sex, the impressions of lust, etc. There are merely motor impressions that impel us to action.

The Fifth Gospel ·The New Generations Facing Gnosis ·*Message directed to the Gnostic youth – Mexico City*

07

I am not saying that superior emotions do not exist, it is clear that they do exist! But unfortunately, the poor intellectual animal, mistakenly called man, has not developed the superior emotional center. Only the inferior emotional center works in him.

The Fifth Gospel ·The New Generations Facing Gnosis ·*Message directed to the Gnostic youth – Mexico City*

07

Thus, this matter of the five cylinders of the machine and the impressions form a single whole. Many of the impressions that enter through the windows of the senses go to the intellectual center, others go to the emotional center, others to the motor, others to the instinctive and others to the sexual.

The Fifth Gospel ·The New Generations Facing Gnosis ·*Message directed to the Gnostic youth – Mexico City*

10 PASSAGES · 6 PRACTICES

IV We must learn to manage our centers

The lower and higher parts of each centre have their proper uses, and to spend the best of mind and will on a trivial job wastes energy. A mind excited by sexual, instinctive or motor energy works badly, the three centres must be united to listen at all, and energy saved in each becomes the reserve for a second body.

A PRACTICE

Consultation is necessary, but the important thing is to know how to listen. In order to know how to listen one has to have the emotional, motor and intellectual centers in supreme attention.

The Revolution of the Dialectic

A PRACTICE

If you want to know how to listen, you must be whole, integral, before the speaker. The three centers –intellectual, emotional and motor– must be integrated, united. But if these three centers are dissociated: the intellectual on one side, the emotional on the other and the motor on the other, then the word is simply not being listened to.

The Fifth Gospel · The Metaphysical Value of Knowing How to Listen

07

A PRACTICE

We must learn to manage our centers if we want to live consciously. A great wise man said that we should also use the inferior parts of the five centers of the organic machine.

The Fifth Gospel · Psychological Foundations of the False Personality · *Third Chamber – Mexico City*

07

To many it may seem strange how a wise man advises us –and I am now categorically referring to Ouspensky– to also use the inferior parts of the

different centers of the organic machine, but that is the way it is. These put us in relation with the practical life, with the concrete facts of existence. By knowing how to manage them, we avoid the unnecessary waste of energy.

The Fifth Gospel ·Psychological Foundations of the False Personality ·*Third Chamber – Mexico City*

07

It would be absurd to use the inferior parts of the different centers of the machine when we should use the superior parts of the different centers of the machine. Or vice versa, it would be absurd to use the superior centers when the inferior ones should be used; or in other words, to use the superior part of the five centers of the machine when the inferior part should be used.

The Fifth Gospel ·Psychological Foundations of the False Personality ·*Third Chamber – Mexico City*

We need to learn to manage the centers of the machine correctly if we truly want to eliminate the undesirable elements of the false personality.

The Fifth Gospel

Let us give a concrete example: let us assume that someone is busy, at a given moment, in a trivial job without any importance; and in that moment he is terribly concentrated on that silly job and he has put the best of his mind and of his will to do that stupidity. That is a useless waste of energy. To do something silly it would be sufficient to use the inferior part of the centers of the organic machine, this is obvious, and like this, one would avoid the useless waste of energy.

The Fifth Gospel ·Psychological Foundations of the False Personality ·*Third Chamber – Mexico City*

07

A PRACTICE

Whoever wants to learn to eliminate all the harmful factors of the false personality must manage the five centers of the organic machine and know how to manage them. It is also necessary to know how to use the energies that flow within the organism.

The Fifth Gospel · Psychological Foundations of the False Personality · *Third Chamber – Mexico City*

07

For example, one bad usage of the energies is the excited thought. An excited mind is malfunctioning. Obviously, if the intellectual center and the emotional center work in a coordinated and marvelous way, they become productive, they carry out splendid works, they do well. But, what if the mind is excited by the sexual energy or by the energy of the instinctive center, or by the energy of the motor center? In this case the mind is excited, it is working badly. What should be done? To delve into the mental center, to put order inside the mind, to take it out of the state of excitability and to think with complete serenity and logic. I am not referring to formal logic, but to the Tertium Organum, to superior logic.

The Fifth Gospel · Psychological Foundations of the False Personality · *Third Chamber – Mexico City*

07

A PRACTICE

So, the excited mind is working incorrectly. We need to learn to manage the centers of the machine correctly if we truly want to eliminate the undesirable elements of the false personality.

The Fifth Gospel · Psychological Foundations of the False Personality · *Third Chamber – Mexico City*

07

A PRACTICE

If we work properly, we organize the psyche. For example: if we do not waste the energies of the emotional center, if we do not waste the energies of the mind, or of the motor-instinctive-sexual brain, it is obvious that, with such a reserve, we come to create, to give shape to the second psychological body in us, the body for the emotions; we may call it "Eidolon"

The Fifth Gospel · The Power of Intuition of the Psychological Man · *Third Chamber – Mexico City – June 22, 1977*

9 passages · 7 practices

v Subduing that pair of elephants

Worry is traced to identification: a disturbed emotional centre sets the intellect and the motor centre racing. The technique given subdues the motor centre by relaxing the body and the intellect by remembering the Being, and through these two the emotional centre falls still.

Does it take some courage? It is true. But, what good is a problem? If we analyze well the entire process of the emergence of problems, we will see the following: the causa causarum of this or that problem exists in identification. When one identifies with this or that, with this or that event, with this or that circumstance or occurrence, then comes the problem. And what is curious, is that battle of antitheses of the problem. Obviously, the result is worry. If we analyze worry in itself, we will see that it is eminently destructive: the altered emotional center puts the intellectual center to work in a disordered way, and it also excites in an unharmonious way the activities of the motor center.

The Fifth Gospel ·Clarifications About the Psychological Work

And in the mind, there is no doubt that there is a frightful battle of antitheses. It could be said that worry, caused by a problem, is a true chaos within ourselves: it has no order, it has no defined direction. The three centers are active during worrying –the emotional, the intellectual, and the motor– and this is extremely serious. Indisputably, the psychic and physiological debilitation caused by worrying tends to be frightful.

The Fifth Gospel ·Clarifications About the Psychological Work

07

A practice

It is interesting to learn how to eliminate worries. When one is successful in subduing that pair of "elephants" that we have in our organism, which are the intellectual center and the motor center, obviously, the battle is won, because this pair of elephants can subdue the emotional center, in which case, worry ceases.

The Fifth Gospel ·Clarifications About the Psychological Work

07

A PRACTICE

I said that by subduing that pair of elephants – which are the intellectual and motor centers– we can, through them, control the emotional center. Of course, a technique is needed –I repeat–, and we are going to give it with the utmost pleasure.

The Fifth Gospel ·Clarifications About the Psychological Work

A forgotten problem is a dissolved problem; then peace comes.

The Fifth Gospel

A PRACTICE

To normalize the motor center, it is advisable to completely relax the body. Start by relaxing the nerves of the brain, the muscles of the face, the corners of the mouth, the neck, the arms, the hands, the trunk, the stomach, the legs, the feet; and breathe deeply and profoundly. The recommended asana or the recommended posture for this relaxation is lying down on one's bed or to sit in a comfortable armchair. Thus, relaxed and breathing in a rhythmic and deep way, the motor center is under control.

The Fifth Gospel ·Clarifications About the Psychological Work

07

A PRACTICE

As for the intellectual center itself, we have to ignore that process of reasoning and of antithesis. If we remember our own inner Being and we concentrate on our inner God, obviously, we forget all those intellectual processes, the mind remains suspended.

The Fifth Gospel · Clarifications About the Psychological Work

07

A PRACTICE

Once this pair of elephants –which are the motor center and the intellectual center– is subdued, then, through them, we can subdue the emotional center. It is clear: a serene, calm mind, and a relaxed body, in fact, are crucial so that they influence the emotional center. The latter ceases its disordered movements, that is, the emotions become calm, they are put in abeyance and the worry passes.

The Fifth Gospel · Clarifications About the Psychological Work

07

A PRACTICE

Let us think about what a still and silent intellectual center is, about what a still and silent emotional center is, and about what a completely relaxed physical body is. In these circumstances, the worry has ceased to exist; in these circumstances, the problem has been forgotten. A forgotten problem is a dissolved problem; then peace comes.

The Fifth Gospel · Clarifications About the Psychological Work

07

A PRACTICE

It is advisable that the brothers daily, be it for five, ten minutes, a while, half an hour, one [hour], remember themselves. Sitting in an armchair, relax your body totally. One day you will be able to reach the experience of the real that way; it is a way of acting upon the emotional center by means of the motor center. To again achieve that stillness of the mind, in full relaxation, experiencing the Being, feeling it, experiencing it, receptive to the Being; that is fundamental.

The Fifth Gospel · The Metaphysical Value of Knowing How to Listen

Part Four – The "I" works with each of these five inferior centers

I It is urgent to comprehend the actions and reactions

The I governs the five lower centres and cannot touch the two higher, so whoever would dissolve it studies its work in each lower centre and learns which centre reacts badly to a given person. The study begins with the intellectual and emotional centres, with a change in the way of thinking, never with the motor or the sexual.

The "I" exerts control over the five inferior centers of the human machine. These five centers are: intellect, movement, emotion, instinct and sex. The two centers of the human machine that correspond to the Christ Consciousness are known in occultism as the Christ Mind and the Christ Astral. These two superior centers cannot be controlled by the "I". Unfortunately, the superior mind and

THE PERFECT MATRIMONY, *1966*

A PRACTICE

We can be assured that the past conditions our present life. We can affirm that Satan is time. We can say without fear of making a mistake, that time cannot free us from this valley of tears, because time is Satanic. We have to learn how to live from moment to moment. Life is an eternal now, an eternal present. Satan was the creator of time. Those who think to liberate themselves in a distant future, within a few million years, with the passing of time and the ages, are sure candidates for the abyss and the second death because time is of Satan. Time liberates no one. Satan enslaves. Satan does not liberate. We need to liberate ourselves right now. We need to live from instant to instant. Every human being has seven basic, fundamental centers. Let us see: superior emotion does not yet have these two precious Christic vehicles at their disposal. When the superior mind is clothed with the Christ Mind and when the superior emotion is invested with the Christ Astral, really we are elevated to the state of the true human being. Everyone who wishes to dissolve the "I" should study it's functions in the five inferior centers. We should not condemn the defects; neither should we justify them. The important thing is to comprehend them. It is urgent to

comprehend the actions and reactions of the human machine. Each one of these five inferior centers has a set of very complicated actions and reactions. The "I" works with each of these five inferior centers, and comprehending deeply the whole mechanism of each of these centers, we are on the way to dissolving the "I". In everyday life two people react differently to the same event. What is agreeable for one person can be disagreeable for another. Many times the difference is that one person can judge and see with the mind, and the other's emotions are touched. We should learn to differentiate between mind and emotion. The mind is one thing and emotion, another. In the mind there is a whole set of actions and reactions that must be comprehended. In the feelings there are attachments that should be crucified, emotions that should be carefully studied and in general a whole mechanism of actions and reactions that are easily confused with the activities of the mind.

The Perfect Matrimony, *1966*

07

A PRACTICE

By comprehending the intimate activities of each of the five inferior centers we discover the whole process of the "I". The result of this self-discovery is the absolute death of Satan. (The tenebrous lunar) ADULTERY The woman, being the receptive, passive element clearly collects and stores the results of the sexual act with all those men who commit adultery with her. Those results are atomic substances from the men with whom she has had sexual intercourse. When a man has sexual relations with a woman who has been with another man or other men, he then absorbs atomic essences of the other men and poisons himself with them. This is a very grave problem for the brothers who are dissolving the "I", because then, not only do they have to fight against their own errors and defects, but also, in addition against the errors and defects of those other men with whom the woman had sexual contact.

The Perfect Matrimony, *1966*

07

A PRACTICE

Anger produces pain; if we put an end to anger, we sacrifice the pain, we destroy it. It is necessary to observe ourselves from moment to moment; the pluralized "I" works in each of the five centers of the machine. Sometimes it is an "I" of the Emotional Center which is the one that reacts angrily, or is jealous, or envious; sometimes the prejudices and calumnies of the Intellectual Center violently attack with all their fury; other times, the erroneous perverse habits lead us to failure, etc., etc., etc.

Esoteric Treatise of Hermetic Astrology, 1967

07

A PRACTICE

When we auto-discover ourselves, when we become conscious of the activities of the I in the five centers of the machine and in the forty-nine subconscious regions, we then awaken consciousness.

Esoteric Treatise of Hermetic Astrology, 1967

By comprehending the intimate activities of each of the five inferior centers we discover the whole process of the "I".

The Perfect Matrimony, 1966

A PRACTICE

Above all, in these studies, we must begin with the intellectual and emotional centers. We need to change our way of thinking. Otherwise, we will walk along a mistaken path. Of what use would it be, for example, if you were to attend to these classrooms and not change your way of thinking? Many esoteric exercises are given to you here, and you are guided doctrinally. But if you do not change your way of thinking, what is the use of all that which is given here? You are told that it is necessary to dissolve the Ego. You are told that it is necessary to sacrifice oneself for humanity. You are told that it is necessary to create the superior existential bodies of the Being, etc. But if you continue thinking as before, with the same mental habits of other times, of what use is all that which you are listening to here?

For the Few, 1980

07

A PRACTICE

No one could have tranquility, meditate, and have ones mind in holy peace, if one has not eliminated inopportune and senile thinking from ones intellectual center. No one could have peace in ones heart, if one has not previously eliminated negative and harmful emotions from oneself.

For the Few, 1980

07

A PRACTICE

First and foremost, one has to take care of the five cylinders of the organic machine. It may be that we like someone intellectually and on the contrary, we do not like them in the emotional center. Or it may be that we really like someone in the emotional center and in the motor center we find him very terrible. One has to be careful to see which of the mechanical centers reacts badly to this or that person. One has to observe carefully, and if one discovers it, then proceeds to remove the mechanical antipathy, after becoming conscious of it.

The Fifth Gospel · The Reason of Being of Objective Justice · *Lecture – Interview – Mexico City – 1975*

07

A PRACTICE

We have to become conscious, absolutely conscious of that center which reacts badly. It may be that we do not like the person in the emotional center, it may be that we do not like them in the motor center, it may be that we do not like them in the intellectual center. We must become aware of that, to see which center is affected.

The Fifth Gospel · The Reason of Being of Objective Justice · *Lecture – Interview – Mexico City – 1975*

07

A PRACTICE

So then, to start with the motor center would be absurd. Even more so: to start working with the sexual center without having the correct information of the body of Gnostic doctrine is absurd, because he who starts in these conditions does not know what he is doing, he does not have a clear consciousness of the work in the Forge of Cyclops, and he can, obviously fall into very serious errors.

The Fifth Gospel · Psychoemotional Metamorphosis of Man · *Third Chamber – Mexico City – July 27, 1977*

07

A PRACTICE

Let us recall that the first center is the intellectual, the second, the emotional, the third, the motor, the fourth, the instinctive, the fifth, the sexual. There is also the sixth, which is the superior emotional, and the seventh: the superior mental. But if we were to start, in reality and in truth, with the inferior centers of the organic machine, we would fall into error. First of all, in these studies, we must start with the intellectual and emotional centers. We truly need to change our way of thinking; otherwise, we will be treading on the path of error.

The Fifth Gospel · Psychoemotional Metamorphosis of Man · *Third Chamber – Mexico City – July 27, 1977*

II Each "I" is a person with its three brains

Every defect takes three forms, one in the intellect, one in the heart and one in the motor, instinctive and sexual centres, and lust is the example worked through. Since each I has three brains of its own, it is studied in all three before it is judged.

A PRACTICE

The analysis of psychological or parapsychological structures becomes necessary. What is the structure of any aggregate, be it anger, greed, lust, envy, pride, laziness or gluttony? We have to observe it. How does it behave in the intellectual center? What is its reasoning? How does it act in the heart center, that is, in the emotional center? What would be its feelings and emotions? How is it characterized in the motor-instinctive-sexual center?

THE FIFTH GOSPEL · METHODOLOGY FOR MENTAL UNIFICATION · *Public Lecture – July 1977*

When we analyze any "I" of lust, we come to clearly see for ourselves that it processes in each one of the three brains in a different way: in the purely emotional brain it would express itself as love; in the purely motor-instinctive-sexual brain, through eroticism; in the exclusively intellectual brain, as plans, projects related to love or to the being one loves or believes to love; yet, there you have it: they are all but phenomena of the same "I", which is called lust.

THE FIFTH GOSPEL · WORK TASTE AND LIFE TASTE · *Third Chamber – Mexico City – 1976*

07

But see how different it manifests in the intellectual brain, what other form it assumes in the heart, and finally what its modus operandi is in the motor-instinctive-sexual center. I repeat: in the motor-instinctive-sexual center, like animal passion; in the heart lust assumes another form, we could call it love; and in the intellect it assumes another form: as projects related to that love, as memories of that love. And every "I" has its three brains: the intellectual, the

emotional and the motor-instinctive-sexual. Each "I" is a person with its three brains; that is obvious.

The Fifth Gospel ·Work Taste and Life Taste ·*Third Chamber – Mexico City – 1976*

07

Disciple: Master, an Ego usually presents itself in different forms in the different centers. Then, should one ask the Divine Mother to destroy the Ego as one, or are there various subdivisions of the same Ego? Because they always appear in the mind in one way, in the emotional center another way.

The Fifth Gospel ·The Need to Crystallize the Soul ·*Second Chamber – Mexico City – January 1977*

07

A PRACTICE

Master: There is no doubt that any undesirable psychic element has three fundamental forms of behavior, because in the intellectual center it expresses itself in one way; in the emotional, in an emotional way, and in the motor-instinctive-sexual it assumes another form; but it is the same. I do not mean to say that a defect is personified in a single aggregate. Obviously, for each defect there are multiple aggregates. Therefore, if the defect continues in some other form, one will have to study it again to beg again, one more time, Devi Kundalini-Shakti for its final disintegration.

The Fifth Gospel ·The Need to Crystallize the Soul ·*Second Chamber – Mexico City – January 1977*

Each "I"-person has an intellectual brain, an emotional brain and a motor-instinctive-sexual brain; each "I"-person is, by itself, a complete entity.

The Fifth Gospel

A PRACTICE

Now then, on this question of self-discovery, we need to be didactic, we need to carefully observe the behavior of the mistake or –better said– of the psychological "I" that personifies the defect in each one of those three centers named: intellectual, emotional and motor.

The Fifth Gospel · Clarifications About the Psychological Work

07

Any defect is personified by some psychological "I". There are [three forms of behavior]. One, the way it expresses itself in the intellectual center; another, the way it behaves in the emotional center, situated in the heart; and another, the way it behaves in the motor, instinctive and sexual centers.

The Fifth Gospel · Clarifications About the Psychological Work

07

A PRACTICE

Thus, when I am asked about the three steps that one has to take, I refer exclusively to the meticulous observation of this or that psychological "I" in the three centers: intellectual, emotional and motor-instinctive-sexual.

The Fifth Gospel · Clarifications About the Psychological Work

07

See that I summarize the motor, instinctive and sexual centers as if they were one, because they are three inferior centers that coordinate with each other to form a kind of personality in one. I see that in each person there are three very marked personalities: the intellectual, the emotional and the instinctive-motor-sexual one. They are three personalities that do not understand each other, that have never understood each other. Studying how the "I" behaves in the intellectual part is basic, how it behaves in the emotional part is fundamental, and how it behaves in those motor, instinctive and sexual centers is extraordinary.

The Fifth Gospel · Clarifications About the Psychological Work

07

A PRACTICE

Today, I again repeat something I said in the Second Chamber: when one discovers an "I", one needs to first of all subject it to observation, to study it in the three brains –in the intellectual, in the emotional and in the motor– because its behavior in each of these three centers is different.

The Fifth Gospel ·The Two Types of Metaphysical Crystallizations ·*Thud Chamber – Mexico City – 1975*

07

All these "I"-persons enter and leave our physical body at will. All these "I"-persons also have three brains. Each "I"-person has an intellectual brain, an emotional brain and a motor-instinctive-sexual brain; each "I"-person is, by itself, a complete entity.

The Fifth Gospel ·The Verticality of Existence ·*First Gnostic Youth Encounter – Guadalajara, Jalisco, Mexico – July 10. 1975*

III Observe your head, heart and sexual center

Self-observation is set to work on the I caught in the act: its reasons in the head, its affection in the heart, its excitement in the sex. Watching the sexual centre exposes love that is lust in disguise, and once its schemes in the three centres are known the I can be executed.

A PRACTICE

The observation of oneself permits a ray of light to penetrate within our interior. Each "I" manifests itself one way through the head, another way through the heart, and in another way through the sexual center.

Treatise of Revolutionary Psychology, 1975

A PRACTICE

We need to observe the "I" which we have captured at a given moment; it is urgent to see it in each of these three centers of our organism.

Treatise of Revolutionary Psychology, 1975

07

A PRACTICE

Do you recall at what time your vanity was hurt by someone? Your pride? What was it that upset you the most during the day? Why did you have that vexation? What was its secret cause? Study this, observe your head, heart and sexual center...

Treatise of Revolutionary Psychology, 1975

07

A PRACTICE

Self-discovery is possible when we are in a state of alert perception, alert novelty. Any "I" discovered flagrantly must be carefully observed in our mind, heart, and sexual center.

Treatise of Revolutionary Psychology, 1975

07

A PRACTICE

Any "I" of lust could manifest itself in the heart as love and in the mind as an ideal. Yet, as we pay attention to the sexual center, we may feel a certain morbid, unmistakable excitement.

Treatise of Revolutionary Psychology, 1975

Any "I" discovered flagrantly must be carefully observed in our mind, heart, and sexual center.

Treatise of Revolutionary Psychology, 1975

A PRACTICE

It is necessary to learn to observe these "I's" in action. Let us take the case of you feeling love for a certain person of the opposite sex: pay attention to see what happens in your mind and what happens also in the motor, instinctive and sexual centers. Learn to observe the "I's" in the intellectual center, in the emotional center and in the motor-instinctive-sexual center. Observe! It may happen that you believe that you are in love with a person of the opposite sex, but certainly you are not in love; what is happening is that you are both sexually impassioned.

The Fifth Gospel · The Problem of Psychological Multiplicity

07

A PRACTICE

When observing the "I", we must see how it behaves in the intellectual center, in what way, to know all its games with the mind; second, in what way it expresses itself through the feeling, in the heart; and third, discover its mode of action in the inferior centers –motor, instinctive and sexual–.

The Fifth Gospel · The Rescue of our Inner Light

07

Obviously, in the sex, an "I" has a form of expression; in the heart it has another form; in the brain, another. In the brain, the "I" manifests itself through the intellectual matter: reasons, justifications, evasiveness, escapes, etc. In the heart, as suffering, as affection, as an apparent love many times, when it is a matter of lust, etc.; and in the motor-instinctive-sexual centers, it has its form of expression as action, as instinct, as lewd impulse, etc.

The Fifth Gospel · The Rescue of our Inner Light

07

A PRACTICE

But if one is observant, if he takes great care in his machine and observes the sexual center, he comes to discover that in the sexual center there is some activity in front of that person. With that it is proven that the affection is not such, the love for that person is not such, but that what exists is lust. But see how fine the crime is: lust can perfectly disguise itself in the heart as love, write poems, etc., but it is lust in disguise.

The Fifth Gospel · The Rescue of our Inner Light

07

A PRACTICE

If one is careful and observes those three centers of the machine, he can clearly see that it is an "I". And by discovering that it is an "I", having known its "schemes" in the three centers –that is, in the intellectual, in the heart and sex–, then one proceeds to the third phase. What is the third phase? The execution! It is the final part of the work, right? Execution!

The Fifth Gospel · The Rescue of our Inner Light

07

A PRACTICE

It is necessary to study it, to know its "schemes", how it behaves in the three centers: in the intellectual, in the emotional and, speaking in synthesis, in the instinctive-motor-sexual; how it works in each of these three centers. According to its behavior, one gets to know it.

The Fifth Gospel · The Rescue of our Inner Light

Part Five – We cannot deny that there are three brains

14 PASSAGES · 4 PRACTICES

I To manage the three brains with perfect balance

One whole lecture follows in his order: the seat and the values of each brain, the illnesses that come when one is worn out, death by thirds, and the long-lived monks who work each brain in turn. It closes on the one-, two- and three-brained creatures.

We cannot deny that there are three brains; first, the intellectual brain; second, the emotional brain and third, the motor brain. There are energetic values in the intellectual brain, the values that nature has placed in the intellectual brain – for example, criminals possess mediocre intellectual values–, and when we have magnificent development, there is no doubt that great values are expressed through us then, through our own intellectual brain, because –I repeat–, the values are of nature.

THE FIFTH GOSPEL ·THE BALANCE OF THE ENERGETIC CENTERS ·*Conference given to Gnostic students*

The emotional brain is also very important. The emotional brain is located in the heart and in specific nervous centers of the great sympathetic system, as well as in the solar plexus. The emotional values turn out to be extremely important for life. If there were no emotional values, we would not get excited about an idea, we would not cheer up on a sports field, and life would develop without the various factors that it entails, with a frightening indifference.

THE FIFTH GOSPEL ·THE BALANCE OF THE ENERGETIC CENTERS ·*Conference given to Gnostic students*

07

The motor brain, located in the upper part of the spine is also very interesting for us. The values that are located in that brain allow us to walk, move, go back and forth in different directions: to play baseball, basketball, do gymnastics, etc. If we did not have values in the motor brain, we would practically not be interested in sports nor walks nor excursions nor anything related to movement.

THE FIFTH GOSPEL ·THE BALANCE OF THE ENERGETIC CENTERS ·*Conference given to Gnostic students*

07

So, indeed, the three brains are very important. Now, when we try to learn sports by abusing them, obviously, the values of the motor brain get worn out in a definitive way. And if in the gym, we consider that the emotional brain and the motor brain is something that we have to be interacting with all the time – by hitting, ges-ticulating, shouting, arguing, etc.– there comes a natural moment when the values of the motor brain are worn out; and, in these conditions, this brain has to die.

The Fifth Gospel ·The Balance of the Energetic Centers ·*Conference given to Gnostic students*

07

Many people who are in the clinics of "mental rest", that is, in the asylums, are due to the fact that they wore out the values of the intellectual brain. Many people who are in a state of "coma", we would say, have worn out their vital values –the fatal result of living in the wrong way–.

The Fifth Gospel ·The Balance of the Energetic Centers ·*Conference given to Gnostic students*

07

There are others who have worn out the vital values of their emotional brain. Consequently, they suffer from palpitations and nervous disorders, that is, they tend to suffer from the heart, so, without any doubt, a myocardial attack comes to them sooner or later. A heart attack appears often among the sports fans and artists, among the emotional and the sentimental ones who have worn out the values of the emotional brain.

The Fifth Gospel ·The Balance of the Energetic Centers ·*Conference given to Gnostic students*

07

And what will we say about the motor brain? This one, we have already said, allows us to play a little, allows us to play football, baseball, etc., but if we abuse the motor brain, sooner or later, such brain will die, and then, it is obvious that we will have diseases such as cerebral embolism, paralysis, etc.

The Fifth Gospel ·The Balance of the Energetic Centers ·*Conference given to Gnostic students*

It seems to me that we must start by the harmonious development of man, and that would only be possible if we learn to manage the three brains in a balanced way.

The Fifth Gospel

We always die by thirds. For example, some time ago, a friend of ours got sick, he had abused the intellectual brain too much. This man seldom got excited and began to get sick one day. He had exclusively dedicated himself to the intellect, and one day he got an embolism. We observed the case, we investigated it and when we visited him, it happened that his intellectual brain could not coordinate ideas. Days later, his motor brain died, then, it is obvious that he could not move anymore. Finally, the emotional brain died, he had a heart seizure. Therefore, one always dies by thirds and this is already proven. All this is serious, and in some way, it is closely related either to the intellectual brain, or to the emotional brain, or to the motor brain.

The Fifth Gospel ·The Balance of the Energetic Centers ·*Conference given to Gnostic students*

07

A PRACTICE

There are some scientific experiments in this regard, such as those carried out by a Brazilian doctor. What was determined, especially about the motor brain, is extraordinary. However, this is not all. In order to have a long and harmonious life, what is important is to learn to manage the three brains with perfect balance.

The Fifth Gospel ·The Balance of the Energetic Centers ·*Conference given to Gnostic students*

07

A PRACTICE

A Buddhist religious community exist in central Asia. That community is very interesting: the members of that community have learned to manage the three brains with perfect discipline, they never abuse those three brains. Unexpectedly, they are skiing, running together, while others are dedicated to cultivating their body, activating the motor brain. In some other moment, we see them dedicated to art, or to music, or to sculpture, to dance, etc. As they keep the three brains in balance, this allows those Buddhist monks to live up to ages of 300 or 400 years. They do not exclusively use only one brain –let us remember that we are tri-cerebrated–. So, they are smart enough to manage alternatively the three brains of the organic machine.

The Fifth Gospel ·The Balance of the Energetic Centers ·*Conference given to Gnostic students*

07

Unquestionably, what is harming us is the abuse or excessive use of the intellectual brain; we abuse the intellect too much, we waste the vital values of the intellect. So, frankly, what could we compare ourselves to: someone who only lives within the intellectual cerebration, someone who does not do sports, someone who never listens to pleasant music, who does not get excited about anything in life? I think we could compare them to one of those strange creatures, to those that live at this time in the depths of the oceans.

The Fifth Gospel ·The Balance of the Energetic Centers ·*Conference given to Gnostic students*

07

A PRACTICE

A person like that never develops himself as a man in the full sense of the word. It seems to me that we must start by the harmonious development of man, and that would only be possible if we learn to manage the three brains in a balanced way.

The Fifth Gospel ·The Balance of the Energetic Centers ·*Conference given to Gnostic students*

07

A PRACTICE

If you are intellectually tired, if you have studied a lot, leave the room for a while, take a bike ride, go to a football game, etc., or listen to good music, go out to see a painting exhibition, go to a theater, in short, do something emotional. If we manage those three brains – sometimes the emotional, sometimes the motor, sometimes the intellectual – but in a balanced way, we can assure you that you will acquire wonderful health and you will be able to live a very long life. Remember what I just told you about those Buddhist monks who live up to 300 or 400 years.

The Fifth Gospel ·The Balance of the Energetic Centers ·*Conference given to Gnostic students*

07

But there are different kinds of creatures in the universe. There are one-dimensional creatures, of only one dimension. For example, an insect that only lasts a few hours of summer has only one brain: the instinctive one. There are two-dimensional creatures, that is, they possess two brains: the instinctive and the emotional. Such creatures are the superior animals: the horse, the elephant, the dog, the cat, etc. And, there are also creatures that have three brains: the instinctive, the emotional and the intellectual. Obviously, such species acquire

superior forms. Unquestionably, I refer to the intellectual animal, mistakenly called man.

The Fifth Gospel · The Balance of the Energetic Centers · *Conference given to Gnostic students*

15 PASSAGES · 3 PRACTICES

11 One lives by thirds and one dies by thirds

The Lords of Karma deposit a capital of vital values in each brain, figured as sheaves of wheat. Spending the intellectual capital leads to madness, the motor to paralysis and the emotional to heart disease, while saving it prolongs life.

Sports that are harmonious and balanced are useful for the motor brain, but abuse of sports signifies excessive waste of motor energies and the result is often disastrous.

FUNDAMENTAL EDUCATION, 1970

It is not absurd to affirm that there are people who are dead in the motor center. Such dead persons are known as hemiplegics, paraplegics, progressive paralytics, etc.

FUNDAMENTAL EDUCATION, 1970

07

The sense of aesthetics, mysticism, ecstasy, superior music, is necessary in order to cultivate the emotional center, but the abuse of this brain produces a useless waste and uses up the emotional energies. The emotional brain is abused by the existentialists of the "new wave", the rock music fans, the sensual pseudo-artists of modern art, and the morbid, passionate persons of sensuality, etc., etc.

FUNDAMENTAL EDUCATION, 1970

07

Even though it seems incredible, in each person death truly operates in thirds. It has been verified till satiation that every illness has its cause in one of the three brains.

FUNDAMENTAL EDUCATION, 1970

07

The great law has wisely deposited in each of the three brains of the intellectual animal a set capital of vital values. To save this capital means, in fact, to prolong life; to waste this capital causes death.

FUNDAMENTAL EDUCATION, 1970

07

Over the centuries, through all the ages, the mistaken use of the three brains shortened the lifespan little by little.

Fundamental Education, 1970

07

A Hierarch of the Law cuts some sheaves of wheat which have grain of varying sizes, both large and small. These are what are called "Boby-Caldenos" and represent the values, the capital which each human being carries in his three brains (intellectual, motor, emotional).

Tarot and Kabalah, 1978

To save this capital means, in fact, to prolong life; to waste this capital causes death.

Fundamental Education, 1970

He who carries small grain lives only a short while; dying within a few days, months or in the first few years of life. One lives by thirds and one dies by thirds; he who squanders his intellectual capital descends into madness, schizophrenia, etc. He who abuses his motor or movement centre ends up being paralysed, deformed, etc. He who misuses his emotional centre suffers from ailments of the heart.

Tarot and Kabalah, 1978

07

Within each one of our three brains the Lords of Karma deposit a determined quantity of Vital Values: First Brain: thinking or intellectual, in the head.

Tarot and Kabalah, 1978

07

If one exhausts the values of the emotional centre, one provokes illnesses of the heart, nervous and psychotic states, illnesses which are related with emotive or

emotional aspects. Many artis ts exhaust the emotional brain and end up with particular psychopathic, emotional or cardiac conditions.

Tarot and Kabalah, 1978

07

They who exhaust the values of the motor centre finish up paralysed, or with illnesses related with the muscles, the knees, the joints, paralysis, etc., damage to the spinal column.

Tarot and Kabalah, 1978

07

In general, all illness results from the misuse of these three brains; what this means is that one dies by thirds, little by little. For example, foot ballers, runners, boxers are people who abuse the motor brain. These persons end up in a bad way, their death being due to misuse of the motor brain.

Tarot and Kabalah, 1978

07

A PRACTICE

If one learns to manage the three brains in a balanced manner one saves the vital values which the Lords of Karma deposit, and life is prolonged. In Asia monasteries exist where the monks reach the age of 300 years or more because they harmoniously manage the three values in a balanced manner, saving the vital values of the three brains. So what then of the exact hour and date of birth and death?

Tarot and Kabalah, 1978

07

A PRACTICE

If the values are exhausted one dies quickly, if they are saved, life is prolonged. Clearly, some are given more capital than others, depending upon the debts and credits of each one. When one believes that they have abused the thinking brain, one must put the motor brain to work. When one is doing these esoteric studies in order to prolong life one must negotiate with the Lords of Karma, but one must pay doing good deeds.

Tarot and Kabalah, 1978

07

A PRACTICE

We need to strengthen Horns. We have the right to ask that He strengthen our three brains: Intellectual.

Tarot and Kabalah, 1978

10 PASSAGES · 7 PRACTICES

III Put any other center of the organic machine to work

Problems are dissolved by forgetting them, and they are forgotten by giving the tired centre rest and setting another to work, as on the ride through the Xochimilco forest. The same lecture returns to the capital of vital values and the counsel to manage the three brains in balance.

A PRACTICE

What should we do? Solve problems? No, that is not what is needed. Then what? What is needed is to dissolve them. How are they dissolved? Simply, by forgetting them. When someone is worried, go out a little to the countryside and try to be in harmony with all things, with all that is, with all that has been and with all that will be. Forgetting problems is basic. You will tell me that "it is impossible to forget problems", but it is indeed possible. When one wants to forget them, all he has to do is put any other center of the organic machine to work.

The Fifth Gospel · The Hidden Facets of our Lunar Psychology · *Third Chamber – Mexico City – 1976*

A PRACTICE

Let us synthesize a little: let us think only of the intellectual center, that is, of the merely intellectual man; let us think of the emotional man and let us think also of the motor-instinctive-sexual man. In this way, synthesizing, I think we will understand each other, right? Now, as for the intellectual man, he is the one who creates problems of all kinds. If you have problems, I already said that they are solved by forgetting them, that the important thing is not to solve them, but to dissolve them, and for that you have to forget them.

The Fifth Gospel · Gnostic Solution to Problems · *Excursion – Xochimilco Forest, Mexico City*

07

A PRACTICE

So, how should one proceed? By putting the emotional center to work. That is what is interesting, because then the intellectual center rests and like this we forget the problem. And if we want to work with any other center, we would put the instinctive-motor center to work, but this would be different.

The Fifth Gospel ·Gnostic Solution to Problems ·*Excursion – Xochimilco Forest, Mexico City*

07

A PRACTICE

Here, in this forest of Xochimilco, we have put the emotional and the instinctive-motor centers to work. We have put the emotional center to work with the exchange of impressions, of joy; and we have put the instinctive-motor center to work by riding a horse, coming and going through this forest that is so beautiful. Well, I am giving you the key to dissolve problems, and this is very important, right?

The Fifth Gospel ·Gnostic Solution to Problems ·*Excursion – Xochimilco Forest, Mexico City*

07

A PRACTICE

So, this is the advice I give you: never be afraid of anything. Now, I do not want to tell you with this that one does not have to do something, that one should not work, that there is no need to earn money for subsistence or to pay debts, etc. All this has to be done, but without creating problems in the mind. Learn to manage the three brains –the intellectual, the emotional and the motor– and you will see how you change. If there is emotional worry, change the center: put the instinctive-motor brain to work, go out for a walk, go horseback riding, walk at the very least, but do something different and you will see that your vitality will not get exhausted, the physical body will rejuvenate marvelously, etc. That is then the advice I give you.

The Fifth Gospel ·Gnostic Solution to Problems ·*Excursion – Xochimilco Forest, Mexico City*

Learn to manage your three brains in perfect balance, do not waste your vital values and you will reach old age.

The Fifth Gospel

Over there, in Asia, there is a very interesting Buddhist monastery. There, the monks live 400 or 500 years because they know how to manage the intellectual brain, the emotional brain and the motor brain. When they get tired of the intellectual brain, they use the emotional one; when they get tired of the emotional one, they use the motor brain and, in this way, they maintain the energy, they do not exhaust their "vital values".

The Fifth Gospel ·Gnostic Solution to Problems ·*Excursion – Xochimilco Forest, Mexico City*

07

There are those who believe that when one comes to the world, it is because one had to be born at that particular date and time –well, I have nothing to argue about this–, but moreover they think that one has to die on a certain date and at a certain age and this on the other hand is something debatable. What happens is that the Lords of Karma give one a certain capital of "vital values" that are deposited in the intellectual, emotional and motor brains. If one exhausts any of them, one dies very fast. But if one keeps one's "values", he can live to the age of 90 or 100 years and even more. So, what one has to do is learn to manage the three brains. Understood? Understand why I am talking to you about the intellectual man, the emotional man and the instinctive-motor man.

The Fifth Gospel ·Gnostic Solution to Problems ·*Excursion – Xochimilco Forest, Mexico City*

07

A PRACTICE

Learn to manage your three brains in perfect balance and you will see that you can preserve your vital values and live a long life. This is similar to the man who leaves to go travelling with a certain amount of money. If he wastes his money, he will not reach the end of the trip; but if he keeps it, not only does he get to the end of the trip, but on top of that he has the means to pay for a magnificent hotel and return to his home peacefully. So – I repeat– learn to manage your three brains. Have you understood me?

The Fifth Gospel ·Gnostic Solution to Problems ·*Excursion – Xochimilco Forest, Mexico City*

07

One always dies by parts. Notice that F.D. Roosevelt, for example, began to die when he developed paralysis, that is, the paralysis of his motor brain. It was the beginning that caused, in the long term, his death. As for others, there are those who die because of the intellectual brain: they abuse the intellect so much, they have so many worries, that they exhaust the "values" that are in that brain, and that is where they start until in the end they die. There are also others, like the

artists of the screen, who abuse the emotional brain. That is where they start until in the end the heart is affected and they die.

The Fifth Gospel ·Gnostic Solution to Problems ·*Excursion – Xochimilco Forest, Mexico City*

07

A PRACTICE

Humanity is like this. Do not follow that path. Learn to manage your three brains in perfect balance, do not waste your vital values and you will reach old age.

The Fifth Gospel ·Gnostic Solution to Problems ·*Excursion – Xochimilco Forest, Mexico City*

9 PASSAGES · 3 PRACTICES

IV The harmonious cultivation of the three brains

Fundamental Education is defined as the cultivation of all three brains, as once in the mystery schools, the theatre and the music of Babylon. Present schooling addresses only the memory and falsifies the five cylinders.

A PRACTICE

Upon leaving the classroom after ten or fifteen years of study, young people find themselves as dense and asleep as the rest of humans, as empty and lacking in intelligence as the first day they entered school. It is imperative for students to develop, amongst other things, the emotional center, because intellect is not everything. It is necessary to learn to feel the intimate harmonies of life, the beauty of a lone tree, the singing of a bird in the forest, the symphony of music and the colors of a beautiful sunset.

FUNDAMENTAL EDUCATION, 1970

A PRACTICE

Fundamental education is the intelligent cultivation of the three brains. In the ancient mystery schools of Babylon, Greece, India, Persia, Egypt, etc., students received direct, integral information about their three brains by means of the intelligent combination of precept, dance, music, etc.

FUNDAMENTAL EDUCATION, 1970

07

Currently, true creative systems do not exist for the harmonious cultivation of the three brains. Teachers of schools, colleges and universities speak only to the unfaithful memory of the bored students that anxiously wait for the time when they can leave the classroom. It is urgent and indispensable to know how to combine intellect, movement and emotion with the purpose of delivering complete information to the three brains of students. It is absurd to instruct one

brain only. The first brain is not the only one of cognition. It is criminal to abuse the thinking brains of students.

Fundamental Education, 1970

07

A PRACTICE

Previously, in the art of the theatre, the three brains of the individual were informed; the motor, emotional and intellectual. Today schools only give information to the intellectual brain; and unhealthy mental states and neurosis are due to this. By balancing the three brains, mental disequilibrium is avoided.

Tarot and Kabalah, 1978

Fundamental education is the intelligent cultivation of the three brains.

Fundamental Education, 1970

The Cosmic Dramas are based on the Law of Seven. Certain intelligent deviations of such law were always utilized to transmit to the neophyte transcendental teachings. It is well known in music that certain notes can produce happiness in the thinking center; others can produce sadness in the sensitive center, and lastly, others can produce religiosity in the motor center.

The Revolution of the Dialectic

07

In this matter of wisdom that relates so much to the mind, we must understand, my dear brothers, that there exists an antithesis. I refer to the culture of the pseudo intellectual type with which one is fed during the preparatory age. Certainly, that culture that one receives in kindergarten, in Primary schools, in Secondary school, in the "High school", in the University, is causing us horrific damages. I would rate such a culture as black magic of the worst kind, because that kind of culture –and may I be excused here by the university brothers, like

E., and, all in all, by the brothers who have loads of information in their heads; I refer to everyone, even myself, I recognize that I also went through those so much vaunted schools of Primary and Secondary Education, and all that– it no longer has any relation with the different parts of the Being. Rather, it is fatally related, of course, to the five cylinders of the machine and it falsifies them. The intellectual center is the one which receives the worst damages; then the emotional center, the motor,

The Fifth Gospel ·The Danger of Mental Effigies ·*Third Chamber – Mexico City – June 1977*

07

The music that was used properly instructed the emotional brain; it was a special music. They knew perfectly well that in the human organism there are certain ganglia which have been formed by the sounds of the Universe, and they knew how to manage all those ganglia, all those parts of the human being, by means of the different musical combinations. That is how they were teaching the emotional brain through music.

The Fifth Gospel ·Psychic Associations that Lead to Awakening ·*Third Chamber – Mexico City – 1975*

07

You know that a war march makes one feel like marching; that a funeral music makes one meditate, reflect; that a romantic music brings back memories of bygone times, one's nights of love, etc. They intelligently combined sounds to wisely instruct the emotional brain as well. See how interesting it is!

The Fifth Gospel ·Psychic Associations that Lead to Awakening ·*Third Chamber – Mexico City – 1975*

07

In the name of truth, we must say clearly that the subjects that are currently studied in educational institutes have no relation whatsoever with the different parts of the Being. That is why they only serve to falsify the five cylinders of the organic machine, to take away our capacity for wonder, to develop the sensory mind, to forge within us a false personality, and that is all.

The Fifth Gospel ·The Power of Intuition of the Psychological Man ·*Third Chamber – Mexico City – June 22, 1977*

9 PASSAGES · 4 PRACTICES

V One has to fully develop all the centers

Man of the fourth level has all five centres developed and balanced. The motor centre is schooled through habits and sport, the emotional through the arts, the intellectual through study, and the instinctive is left to educate us.

The humans of the fourth level never identify themselves with any particular center of the human machine.

PISTIS SOPHIA UNVEILED, 1983

An individual who reads a book at five hundred kilometers an hour from page to page and says: "Now I know it!", is ruining the intellectual brain; he is not fulfilling the cosmic duty.

THE FIFTH GOSPEL ·PSYCHIC ASSOCIATIONS THAT LEAD TO AWAKENING ·*Third Chamber – Mexico City – 1975*

07

A PRACTICE

Let us continue with the emotional center. To let oneself be carried away by violent emotions is absurd. Scandalous scenes are seen in the bull-rings: women who, in the unleashing of their passions, take off their underwear and throw it to the bullfighters, and the shoes, perfectly crazy; men doing ridiculous things. Finally, carrying the bullfighter on their shoulders like a great lord when he is nothing more than a poor fool.

THE FIFTH GOSPEL ·PSYCHIC ASSOCIATIONS THAT LEAD TO AWAKENING ·*Third Chamber – Mexico City – 1975*

07

The fourth level of man is different. On the fourth level of men, we find the perfect development and harmonious balance of all the centers. On the fourth level, we find perfect harmony and rhythmic agreement in the functionalism of the five centers of the machine. To reach the fourth level, one has to fully

develop all the centers. No one could develop the five centers of the machine if he rejected all those activities that exist in the world.

The Fifth Gospel ·The Objective Reason of the Solar Man

The emotional center can be developed in its superlative form through the cultivation of arts.

The Fifth Gospel

It is clear that everything there is in the world serves for the development of each part of the centers. It is worth knowing that each one of the centers of the machine possesses different parts. The sexual center works harmoniously and develops harmoniously through the transmutation of the creative energy.

The Fifth Gospel ·The Objective Reason of the Solar Man

07

The instinctive center does not need to go through any educational regime. It might as well educate us, for it is the one that keeps us alive, that regulates all the activities of the organism and runs them wisely. When we want to train the instinctive center, we risk losing our lives or getting sick. It is worth remembering that neither the heart nor the liver nor the kidneys would ever function if we did not possess in our nature the instinctive center.

The Fifth Gospel ·The Objective Reason of the Solar Man

07

A PRACTICE

The motor or movement center is educated through harmonious habits, carefully reviewing all our habitual behavior; eliminating certain habits, taking up others; eliminating those that do not suit us and selecting, learning new habits that do indeed suit us, practicing certain exercises or, simply, healthy sports, outdoors walks. It is also developed by learning activities related to manual work, either to mechanics, driving cars, cycling, or simply horse riding, swimming, etc.

The Fifth Gospel · The Objective Reason of the Solar Man

07

A PRACTICE

The emotional center can be developed in its superlative form through the cultivation of arts. It is worth learning to play an instrument, to listen to Beethoven, to Mozart, to Liszt, to appreciate aesthetic beauty, to know how to paint, etc.

The Fifth Gospel · The Objective Reason of the Solar Man

07

A PRACTICE

The intellectual center can be developed through the study of botany, astrology, medicine; simply by studying esotericism, etc.

The Fifth Gospel · The Objective Reason of the Solar Man

Part Six – The two superior centers

I The superior centres are fully developed in us

Two divine centres, the superior emotional and the superior mental, are already complete and send messages, though only the inhabitants of the Kingdom use them. They manifest through the solar astral and mental bodies; education has distorted them, and they speak in the parables in which scripture is written.

The Pure Esotericism is based upon the Mystical Experience, and the latter is submitted to Mathematics of Transfinite Numbers and to the Unmistakable Laws of Superior Logic. We studied the Astral Body in the former chapter. The complete manifestation of our Superior Emotional Center takes place through the Astral Body.

THE SOLAR BODIES, *1968*

The complete development of our Superior Mental Center can be achieved only through a legitimately Solar Type of Mental Body.

THE SOLAR BODIES, *1968*

07

The superior centres are fully developed in us, and they send us messages, which we must learn to consciously grasp.

THE SECRET DOCTRINE OF ANAHUAC, *1974*

07

Those who interpret everything literally, think that the sower of the Christic Gospel went to sow, and that the seeds fell on rocks, and so on, but they do not understand the sense of the parable, because it belongs to the symbolic language of the Superior Emotional centre.

THE SECRET DOCTRINE OF ANAHUAC, *1974*

07

When the Superior Emotional centre is actually working, the thinking process stops, at least for a brief moment.

THE SECRET DOCTRINE OF ANAHUAC, *1974*

When the Superior Emotional centre is actually working, the thinking process stops, at least for a brief moment.

The Secret Doctrine of Anahuac, 1974

The two superior centers are the superior emotional and the superior mental. Only the inhabitants of the Kingdom can use these centers.

Pistis Sophia Unveiled, 1983

07

Man has two centers that he still does not use—his Superior Mind and Superior Emotion. These are his two divine centers; the true instruments of the eternal and imperishable man with Soul. With these two superior centers we can profoundly study the great mysteries of life of death. We have been told that with these two superior centers we can penetrate into the Great Reality that is found far beyond time and eternity.

Esoteric Course of Kabbalah

07

Disciple: Venerable Master, touching on the sense of self-observation, does this have any direct relationship with the superior centers of the organic machine?

The Fifth Gospel ·The Danger of Mental Effigies ·*Third Chamber – Mexico City – June 1977*

07

Master: Well, obviously, the superior centers of the human machine itself are already distorted, precisely, by the education received. Therefore, these centers of the human machine, we will have to purify them, and that is why the work of the intimate Self-Realization of the Being is so difficult.

The Fifth Gospel ·The Danger of Mental Effigies ·*Third Chamber – Mexico City – June 1977*

07

Master: Well, obviously, self-remembering is related to the superior mental center, as is self-observation. However, I think –and I have always said– that the emotional center –I am especially referring to the superior emotional center– has more penetrability, more omniscience, more wisdom, and it is more important.

The Fifth Gospel · The Seven Minds and the Seven Truths · *Third Chamber – Mexico City – July 13, 1977*

07

Remember that the entire Bible, beginning with the creation of man and ending with the judgment of man in the Book of Revelation, is written with the superior emotional center, in the language of parables, and hence the wisdom that is contained in every verse. That is all. Any other brother can ask a question. Let's see, sister...

The Fifth Gospel · The Seven Minds and the Seven Truths · *Third Chamber – Mexico City – July 13, 1977*

4 passages · 4 practices

11 Prepare the inferior centers of our organism

The lower centres are to be made ready to receive what comes from the higher. A passive personality, a purified heart and the death of the inferior emotional I's open the way to them.

A practice

We need to prepare the inferior centers of our organism in order to receive the ideas and forces that come from the superior centers.

Treatise of Revolutionary Psychology, 1975

A practice

Therefore, those who suffer from a lack of inner illumination must connect their mind with the superior centers of their Being.

Treatise of Revolutionary Psychology, 1975

When one becomes receptive, one feels the Being more and more through the superior emotional center.

The Fifth Gospel

A practice

Master: The personality must become increasingly passive in order for us to become receptive. When one becomes receptive, one feels the Being more and more through the superior emotional center. That is why it is written: "Blessed are the pure in heart, for they shall see God".

The Fifth Gospel · Intelligent Assimilation of Impressions

07

A PRACTICE

So, in the facts of practical life, we must discover ourselves. Inferior emotions show, indicate, emotionally inferior "I's" that one has to disintegrate. If we do not extirpate, if we do not make the inferior emotions bleed with the knife of self-criticism, it will not be possible to develop in us the superior emotional center, which is so necessary, precisely, to receive the messages that come from the Superior Worlds.

The Fifth Gospel · Didactics for Buddhist Annihilation · *Conference at the end of the Missionary Course – Guadalajara, Jalisco. Mexico – From June 15 to August 30. 1976*

How this was made. All fifty-two books were extracted — 73,105 paragraphs, 2,157,671 words — and swept for the centres by name (the intellectual, emotional, motor, instinctive and sexual centres, the superior and inferior centres), for the five cylinders and the centres of the machine, for the three brains, and for the speeds, energies and hydrogens of the centres and the energy they rob from one another. That returned **453 candidate paragraphs in 32 books**, half of them from the Fifth Gospel lectures. Every candidate was read **twice, by independent readers** working from a written brief; they agreed on whether to print 91.8% of the time and on the class 83.0%, and a third reader, who saw neither verdict, settled the 37 they did not. **212 are printed here**; 11 more were set aside as the same teaching said again or a reprint of an earlier book, and every other paragraph is recorded with the reason it was set aside.

What was set aside. The centres of the inner bodies, the chakras, lotuses and churches (in *The Chakras*); the centre of gravity and the magnetic centre; the machine's mechanicity taught for itself (in *The Mechanical Man*); the sexual act and the transmutation as technique (in *Alchemy* and *Chastity*), kept here only where the sexual centre is taught as a centre.

Nothing of his is changed except where a word split at the end of a line was joined; that was done silently.

No sentence of his is cut in half. Each range was extended against the corpus until his sentence closed; 28 ranges run over more than one paragraph.

103 passages also stand in a finished work, and every one is marked where it stands, most of them in *The Mechanical Man*, *The Many I's* and *The Mind*. This booklet reprints them so that it stands alone.

Checked five ways. Every reader's note was proved to sit on the passage as printed. Every printed pair was compared as sequences. Every ragged edge was repaired or named. Every one of the 81 passages marked a practice was proved to carry its own instruction. And every passage was checked word for word against a fresh extraction of its book.