

The Heart Temple

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1 Seated on the throne of the heart-temple

The Inner Master is the divine witness, seated on the throne of the heart-temple. The inner essence of the Master is absolute happiness and limitless omniscience. The Inner Master is "simple"; everything else is complicated.

Zodiacal Course, 1951

Fools! Don't you know that you are a temple of the Eternal living god, and that the Highest lives in your heart?

Secret Notes of a Guru, 1952

How many times do we have to tell you that God is inside your heart? How many times?

Secret Notes of a Guru, 1952

41. You must listen only to the Intimate who resides in the heart. You must learn to hear the voice of the silence.

Igneous Rose, 1954

47. God is in the heart.

Manual of Practical Magic, 1954

The voice of the heart is the voice of the Inner-Self; the voice of the Inner-Self is intuition. Action without reasoning is right action. Intuitive action is just, right and perfect. The humanity of Aquarius will be intuitive. Intellectual culture is a purely animal function of the "I". Intellectuals are full of pride, arrogance and sexual passion. The intellect is based on reasoning and reasoning is luciferic and demonic. There are those who believe that by means of it they can know God. We say that only God knows himself.

The Greater Mysteries, 1956

The Innermost abides within the heart.

Aztec Christic Magic, 1973

God as Love is found in the Heart-Temple.

The Perfect Matrimony, *1966*

The very beloved Father; the very adored Son; the very wise Holy Spirit: they shine inside our heart.

Christ Consciousness, *1952*

In the Heart-Temple we will find Han, the Being. In the heart-Temple we will find the Guru-Deva.

Esoteric Treatise of Hermetic Astrology, *1967*

In India, a Samyasin of the mind is one who serves the true Guru-Deva, who has found him in the heart, who works in the Dissolution of the Lunar Ego.

Esoteric Treatise of Hermetic Astrology, *1967*

2 The mother and her son live in the heart temple

We must search for the Divine Mother within our heart temple.

The Yellow Book, 1959

The mother and her son live in the heart temple. The cross of initiation is received in the heart temple.

The Yellow Book, 1959

The Kundalini is the igneous serpent of our magical powers. The sacred serpent slumbers within her Church, coiled three and a half times. The Kundalini is the Pentecostal Fire. The Kundalini is the Divine Mother. The sanctuary of the Divine Mother is in the heart. The Kundalini develops, evolves and progresses within the aura of Mahachohan (the Cosmic Mother, the Holy Spirit, the Third Logos).

The Yellow Book, 1959

God as Mother resides in the heart temple.

The Yellow Book, 1959

The Gods must know Good and Evil. The Abyss is a Cosmic Amphitheatre where Gods are forged. It is for this reason that one must descend in order to be able to ascend. The Solar Christic Atoms, those igneous lives, those secret agents of the Adorable work silently within the Heart Temple; inviting us time and again to tread the path which must lead us to Nirvana. In any case, the mysterious aid of the Christic Atoms is manifestly clear.

Tarot and Kabalah, 1978

All of the 10 known Sephiroth come from Sephirah, the Divine Mother who resides in the Heart Temple. It is the mantram of the Divine Mother, and the 10 Sephiroth are 10 emanations of Prakriti.

Tarot and Kabalah, 1978

The mind by itself can never disintegrate any "I"; this is indisputable and irrefutable. To pray is to talk with God. We must appeal to God the Mother in the depths of our heart if we truly want to disintegrate "I's." The one who does not love his or her Mother, the ungrateful child, will fail in the work upon himself.

Treatise of Revolutionary Psychology, 1975

Christ is the Fire of the Fire, the Flame of the Flame, the Astral Sign of Fire. The Mystery of Christ is defined on the Cross of the Martyr of Calvary, with just one word consisting of four letters: INRI. Ignis Natura Renovatur Integram. Fire Incessantly Renews Nature. The Advent of Christ in the heart of man, radically transforms us. Christ is the SOLAR LOGOS, perfect Multiple Unity. Christ is the life which throbs in the entire universe, is what is, what has always been and what will always be.

The Great Rebellion, 1975

Unquestionably, the Christ, manifest and yet occult, in the heart of real man, being unknown to people, is in fact qualified as cruel, immoral and perverse, when takes charge of our diverse psychological states. It is paradoxical that people adore the Christ and, notwithstanding, they label him with such terrifying epithets.

The Great Rebellion, 1975

Obviously, unconscious, asleep people only want a historic, anthropomorphic Christ, of statues and unbreakable dogmas, to whom they can easily accommodate all their codes of clumsy, stale morals and all their prejudices and conditions. People can never conceive of the Intimate Christ in the heart of man; people only worship the Christ which is an statue and that is all.

The Great Rebellion, 1975

The Intimate Christ has performed his command in the heart of the Adepts who descend into the tenebrous kingdom of Pluto, in order to Work in the Great

Work.

Pistis Sophia Unveiled, 1983

3 The path of the heart is the path of the Intimate

32. The wisdom of the heart illuminates the mind.

Igneous Rose, 1954

33. The wisdom of the heart is placed in the chalice of the mind as the blood of redemption.

Igneous Rose, 1954

57. This is the wisdom of the heart. This is the seal of the heart's wisdom.

Igneous Rose, 1954

Love and wisdom are the secret path of the heart. The wisdom of the seal of the heart is for children, in other words, for those who do not commit adultery with Jezebel who called herself a prophetess.

The Aquarian Message, 1960

Nanak, the founding Master of the Sikh Religion in the sacred land of the Vedas, taught the path of the Heart.

Esoteric Treatise of Hermetic Astrology, 1967

It has been wisely stated onto us that the Temple-Heart is precisely situated at the point where the Fire of Phlegethon and the water of Acheron cross forming the sign of the Infinite.

The Solar Bodies, 1968

It is a frightful lie to affirm that after the incarnation of the Being (the Jivatma) within the heart of the human being, the sacred Serpent undertakes a return trip towards the coccyx, until remaining enclosed again inside the Muladhara Chakra.

Parsifal Unveiled, 1970

The Buddhic body or Spiritual Soul has his diocese within the heart. Then, the Heart Temple is the diocese of what is most dignified and decent within our Being.

Occult Medicine and Practical Magic, 1978

The fires of the heart control the Kundalini. The Kundalini (fire of the Holy Spirit) rises under the control of the fires of the heart. The ascent of the Kundalini depends upon the merits of the heart. The path of the heart is the path of the Intimate. Therefore, the path of the heart opens for us only with sanctity.

Occult Medicine and Practical Magic, 1978

4 The Cross of Initiation is received in the Heart-Temple

These four elements form the Cross of Initiation. You must know that the Cross of Initiation is received in the Heart-Temple.

The Aquarian Message, 1960

We must be alchemists while in the sacred mountain. Thus, this is how we can receive the Initiation in the heart temple. We need to transmute led into gold in order to edify the new Jerusalem.

The Aquarian Message, 1960

Quetzalcoatl is the internal God of the Aztecs. His feline paws embed the heart of the Initiate in order to devour him. The neophyte receives the cross of the Initiation within the earth (temple of sentiment). Cosmic Initiations are reached through the way of the heart, never through the way of the intellect.

Aztec Christic Magic, 1973

It is Urgent to learn to think with the heart, to deposit the mind in the Heart Temple. The Cross of Initiation is always received in the marvelous Temple of the Heart.

Esoteric Treatise of Hermetic Astrology, 1967

It is indubitable that superlative transformation is only possible with the Resurrection of the Intimate Christ in the heart of man. This is the crucial, culminating phase of the Third Day, the instant in which the Earth or the brilliant constellation of the whale spews forth Jonas the Prophet so he may go forth and teach Nineveh in order to be able to return to the Father. Upon being spewed forth, Jonas became a Resurrected Master and they sent him to teach; for this reason he has a right to the Ascension. Every exaltation is preceded by a humiliation; the humiliation is the descent to the infernal worlds.

Tarot and Kabalah, 1978

I did understand, though, in an integral manner, the sepulchral symbolism. I knew that I had to die in myself to have the right to the Resurrection of Hiram Abif, the Secret Master, inside my Heart-Temple...

The Three Mountains, 1972

The Lord will arise from within his Holy Sepulchre in order to liberate Pistis Sophia. Only the Resurrected Christ in the Spirit and in the Soul of the Initiate can vindicate him. Indubitably, the Interior Lord must be born in the heart of the Adept. Unquestionably, the Intimate Christ must grow within the Initiate. Evidently, the Lord grows in the Soul, preaches to the multitudes and teaches with His example.

Pistis Sophia Unveiled, 1983

The cross of initiation is received in the heart temple. The magnetic center of the Father is located between the eyebrows. The sanctuary of the Mother is located in the heart.

The Mayan Mysteries, 1977

We receive the cross of the Initiation within the Heart Temple. We live the Golgotha within the Heart Temple. The infinite Universe is a system of hearts. Therefore, the path of sanctity is the path of the heart.

Occult Medicine and Practical Magic, 1978

5 The majestic door of the sacred temple of your heart

11. During these ordeals, you must demonstrate complete equilibrium of the mind and heart.

Igneous Rose, 1954

7. The sun has shone upon the tree of your life and you have entered the fifth chamber. 8. You see, brother of mine, how you are approaching the sacred temple of the heart. 9. Now you are understanding how to equilibrate the mind and heart.

Igneous Rose, 1954

3. You are in the interior of your temple, brother of mine, and you descend little by little from the cupola to the sacred sanctuary of your heart.

Igneous Rose, 1954

11. The majestic door of the sacred temple of your heart is opened 12. Enter, brother of mine, into the great cathedral of the soul in order to celebrate the feast of the Arhat 13. Enter, brother of mine, into the heart temple, so you may receive the Fourth Initiation of Major Mysteries 14. Wear your best clothes….the temple is at feast, because the mind and the heart are united by means of the fire 15. Some ineffable maidens dance the sacred dance of the Runes before you 16. Your mind hangs from a beams! It is Christified! And it is now unfastened from the Cross in order to celebrate the feast.

Igneous Rose, 1954

20. You now carry Christ within your heart and the White Dove of the Holy Spirit has formed its abode in your heart temple.

Igneous Rose, 1954

The Kundalini, the Divine Fire, ascends slowly in accordance with the merits of the heart. Those who walk upon the Path of the Razor's Edge know very well by direct experience that the Divine Mother Kundalini, the Sacred Fire,

conduces Shiva, the Holy Spirit, to the cerebral centre and finally into the Heart-Temple.

Runic Magic, *1969*

Finally I made intelligent use of the Anahata Nadi, to take the sexual Flame to the HeartTemple. The final ceremony of that Initiation was really extraordinary, sublime, terrifyingly divine.

The Three Mountains, 1972

When the Shining Viper crossed the threshold of the third secret chamber of the Heart Temple, I obviously felt transfigured...

The Three Mountains, 1972

The profound study of the Eternal One inevitably takes us to the ninth sphere (sex). We must lift up the serpent through the medullar canal and place it in the sanctuary of the heart.

The Mayan Mysteries, 1977

The fires of the heart control the ascent of the sacred serpent through the medullar canal. The Kundalini unfolds, evolves and progresses in accordance with the merits of the heart. The Kundalini needs to rise up to the brain, and then arrive at the sacred sanctuary of the heart.

Magnus Opus

6 The Christ is born in the heart of man

There is a need to form Christ within ourselves and this is only possible by transmuting the water into wine within our marvelous organic laboratory. It would have been useless for Christ to be born in Bethlehem if He is not also born in our heart. There is a need for the Christ I to be born in us. It is urgent that the Star of Bethlehem shines over us to announce the birth of that Christ I within the living depths of our consciousness.

Christmas Messages, *1952-66*

We have to inundate all of our vehicles with atoms of a Christic nature; we have to form Christ within us in order to ascend to the Father, because no one comes to the Father except through the Son. Though Christ be born a thousand times in Bethlehem, it serves no purpose if He is not also born in our heart.

Christmas Messages, *1952-66*

Know, brothers, that the resplendent and luminous I Am wants to enter the soul of man. When the I Am enters the soul, it transforms into it and becomes the Son of Man. The I Am is transformed into the soul, and the soul into the I Am. Thus the Christ is born in the heart of man. That is how the Saviour of the World was born, of water and of fire.

Christmas Messages, *1952-66*

We need to become abodes of the Lord by lighting our seven-armed candlestick. Christ is born in our heart as a child of Bethlehem; that is the child God. The Christ would have been born uselessly in Bethlehem if he is not born in our hearts also. Uselessly would he have been crucified, died and resurrected on the third day among the dead, if he is not crucified, died and resurrected in each of us. The I Am is born in us as a small child and has to grow slowly, because nature does not make any leaps.

The Greater Mysteries, *1956*

The birth of Christ in us, is the Christmas of the heart.

The Greater Mysteries, *1956*

Christ is born within the heart of the human being in the long nights of winter. The Saviour is born in the manger of the world in nights of bitterness, darkness and tears. "And she brought forth a man child, who was to rule all nations with a rod of iron: and her child was caught up unto God, and to his throne."

The Aquarian Message, 1960

We need to comprehend what Immaculate Conception is, we need to know that only with the Perfect Matrimony can Christ be born in the heart of man. It is urgent to awaken the Fire of Kundalini, or Fire of the Holy Spirit, to incarnate the Christ. Whoever awakens Kundalini transforms himself like Ganymede into the Eagle of the Spirit, to rise to Olympus and serve as cup-bearer to the ineffable Gods.

The Perfect Matrimony, 1966

The 12 is the 12 faculties needed to incarnate the Christ in the Heart.

Tarot and Kabalah, 1978

The Seal of Solomon, the Christmas Star is the perfect symbol of the Central Sun (the Cosmic Christ, perfect multiple unity.) The God-Child can never be born in the heart of Man without the gleam and the life of the brilliant Christmas Star. One must work with the Arcanum A.Z.F. in order to be able to incarnate it.

Tarot and Kabalah, 1978

All moral codes are unnecessary in the inner path; a beautiful maxim or a nice moral precept can become a very serious obstacle for Intimate Auto-Realization of the Being. Fortunately, from the very depths of our Being, the Intimate Christ works intensively, suffers, weeps, disintegrates extremely dangerous elements that we carry within. The Christ is born as a child in the heart of man,

but as he eliminates the undesirable elements that we carry within, he grows little by little until becoming a complete man.

The Great Rebellion, 1975

7 The Christmas of the Heart is urgent

Christmas is a cosmic event that must be realised in each one of us. Christmas is absolutely individual. There is a need for the Christ-I to be born in us; the Christmas of the Heart is urgent. It is necessary to transform the Tree of the Science of Good and Evil into the Sacrificial Lamb of the Holy City.

Christmas Messages, *1952-66*

Dearly beloved, look around you: the rose saturated in love transmutes the mud of the earth into the exquisite fragrance of its' miraculous petals. So, dear children, be as the rose: transmute desire into love. When desire is transmuted into love, it dissolves the 'I', the self, the ego, and the Christ Child of Bethlehem comes to us. That is the Christmas of the Heart. That is the reunion of the soul with God. All religions want to unite the soul with God.

Christmas Messages, *1952-66*

Really, all the brothers of the Path aspire to the Christmas of the Heart. Many are those who want to incarnate the Christ Child of Bethlehem in the Heart Temple. Unfortunately, mankind does not know the way.

Christmas Messages, *1952-66*

Mystery schools with phallic worship have existed in all civilizations. Without this worship nobody can achieve the Christmas of the Heart. In Asia and Africa it is still easy to find the current of adoration to the Lingam, Yoni, and Pudenda, and also to the seed.

Christmas Messages, *1952-66*

If you really want the Christmas of the Heart, the urgent, tremendous revolution of the consciousness is required. Only through revolution can one realise the work completely.

Christmas Messages, *1952-66*

A tri-colored banner waves victoriously in the sacred precinct. On that banner shines the blue of the Father, the yellow of the Son, and the red of the Holy Spirit. Inside the reflection chamber await the three magi, who came to the temple guided by the mystical sun, the star of Bethlehem. Jesus, the sublime bodhisattva has sat in front of the altar and is dressed in a white linen robe and covers his head with a white ceremonial hood. The sky is full of dense clouds and there is rain in abundance. So it is written by the prophet, "And thou Bethlehem, in the land of Juda, art not the least among the princes of Juda: for out of thee shall come a Governor, that shall rule my people Israel." Here is that shepherd attending his spiritual birth; this is the Christmas of the heart. Now the good shepherd rises and goes to a sacred precinct of the temple; a terrible lightning bolt shines in the darkness; the latter is a terribly divine ray. In these terrible moments, the Inner Master entered in his bodhisattva. The latter had already raised his first serpent upon the rod; the bodhisattva Jesus was prepared.

The Greater Mysteries, *1956*

The three magi came to adore the man-child, whose name is Jesus Christ; this is the birth of the Master, this is the Christmas of the heart. "The sons of God are born, not of blood, nor of the will of the flesh, nor of the will of man, but of God."

The Greater Mysteries, *1956*

8 The Venustic Christmas is for complete Men

Whoever manages the Initiation of the Morning Star receives the Christmas of the Heart. This is how the Word is made flesh in us. This is how Christ is born in the heart of man.

Christmas Messages, *1952-66*

The Venustic Christmas is for complete Men. When the Temple is built on the living stone, when the whole building is finished, when the tower shines with glory, the Christ is incarnated in the Heart Temple. He enters the soul. He becomes her and she Him. He is humanized and she is divinized. That is the Christmas of the Heart. This is how the Son of Man rises within us. The Son of Man is the supreme result of a mix of soul and Christ. Christ is always born in the manger of the world to save mankind.

Christmas Messages, *1952-66*

Anyone who expresses the Buddha is a Buddha. All Buddhas who renounces the happiness of Nirvana for the sake of humanity can reach Venustic Initiation. Those who manage to reach this initiation incarnate the Christ within. That is the Christmas of the Heart. It would be in vain that Christ be born in Bethlehem yet not also be born in our hearts.

Christmas Messages, *1952-66*

We need to celebrate the Christmas of the Heart and this is only possible by incarnating our resplendent Dragon of Wisdom: The Intimate Christ.

Christmas Messages, *1952-66*

The True Man must work very intensely in order to elevate the Hydrogen Si 12 to the seventh musical octave. The fifth and sixth octaves correspond to Buddhi and Atman successively. When the Hydrogen Si 12 reaches the seventh musical octave, the Venustic Initiation comes. Then and only then do we celebrate the true Christmas of the Heart. The Christs birth would have been useless if He is not also born in our hearts. The resplendent Dragon of Wisdom is the Internal

Christ of every True Man who comes to the world. If we want to celebrate the Christmas of the Heart, we need to become True Men.

Christmas Messages, *1952-66*

The intellectual animal cannot celebrate the Christmas of the Heart. It is necessary for each one of us to become a True Man. It is urgent to incarnate the Christ. The one who incarnates the Internal Christ becomes a Solar Man, a Living Christ.

Christmas Messages, *1952-66*

The Being can only enter within the one who has created the Superior Existential Bodies. The Nativity of the Heart can only be truly celebrated by the one who has created the Superior Existential Bodies of the Being.

Christmas Messages, *1952-66*

It clearly proves to be impossible to celebrate the Christmas of the Heart if the Christ is not born within us. Whoever wants to celebrate with jubilation the Christmas of the Heart must fabricate the Superior Existential Bodies of the Being. Only by fabricating the Superior Existential Bodies of the Being can we incarnate the Intimate Christ.

Christmas Messages, *1952-66*

The Nativity of the heart, the incarnation of the Being within ourselves is only possible if we dress ourselves with the garments of Osiris (the Solar Bodies).

My Return to Tibet, *1969*

9 That is the Nativity of the Heart

Do not forget that the Temple of Wisdom has seven columns. These are the Seven Degrees of the Power of Fire. Raise the Seven Pillars of Fire ... Then comes the Nativity of the Heart, Supreme Christmas Message 1955-1956 where we enter the Heart Temple of each one of us to work in the Great Work. That is the Nativity of the Heart.

Christmas Messages, *1952-66*

Beloved, let us meditate, pray. If you want the Nativity of the Heart you must descend to the Ninth Sphere, to work with the fire and the water, origin of worlds, beasts, men and gods. Hilariux IX justly said: "All authentic white initiations begin there."

Christmas Messages, *1952-66*

We need the Nativity of the Heart in order to go down to the Flaming Forge of Vulcan to decapitate the Prince of this World with the Flaming Sword of Perseus. Beloved, remember that the continuous evolution is nothing but a process of complication of life. We need the revolution of the consciousness.

Christmas Messages, *1952-66*

These words correspond to verse thirteen, Arcanum thirteen, death. You have to decapitate and dissolve the Prince of this World to incarnate the Lamb; that is the Nativity of the Heart. Our astral, mental and causal bodies are out of control because of those three unworldly spirits spoken of in Revelation. These three demons are the Prince of this World, the psychological self, the Ego, the Myself. We need to decapitate Satan, and only then will we reach the Nativity of the Heart.

Christmas Messages, *1952-66*

Only in the Fiery Forge of Vulcan (sex) do we receive the sword. Only with the sword can we decapitate the reincarnating 'I'. Decapitate the ego, dissolve the

ego, so we can incarnate the Lamb. That is a total revolution, that's the Nativity of the Heart. The secret doctrine of the Christ is a total revolution.

Christmas Messages, *1952-66*

27. “To him that overcometh, will I to sit with me in my Throne; even as I also overcame and am set down with my Father in his Throne.” REVELATION: 3:21 28. This is the great event of Bethlehem; this is the Nativity of the Heart.

The Mysteries of Fire, *1955*

10 In the Heart-Temple lives the Internal Christ

To transmute the lead of personality into the very pure gold of the spirit is necessary. In order to prepare the philosophical mercury (semen), the salt (matter) and the sulphur (fire) are urgent. This mercury must be transmuted and sublimated to the heart. Christ is within the heart. It is in the heart where the forces which descend from above are mixed with those that arise from below. Thus, this is how that which is from below must be mixed with that which is from above in order for that which is from below to arise into the superior worlds of the Great Light.

The Aquarian Message, 1960

For that is the secret clue of the "ARCANE AZ.F." Found in the union of the phallus and the uterus is the clue of the MAGNUM OPUS of the GREAT WORK! The important thing is not to ejaculate the entity of the Semen, the Ens Seminis. So is the sexual transformation achieved. So does the Kundalini awaken! The dorsal fires are Jehovistic. The fires of the heart are Christic. The Rays of the Father sparkle from the forehead! That is why we must sublimate the Sexual Energies up to the heart. Since the Second Logos, the Internal Christ, is located there!

Logos, Mantram, Theurgy, 1959

What is "ABOVE" should enter what is "BELOW," so that what is below will return to the Worlds of Great Light. We have to work with the raw material of the Great Work, but sublimate this raw material, this Christonic Semen, up to the heart, so that the Creative Energy of the Third Logos will then be able to elevate itself "UPWARDS," towards the Worlds of the Great Light.

Logos, Mantram, Theurgy, 1959

The seminal energy must be sublimated to the heart. In the heart, the Divine Mother finds her son, the internal Christ.

The Yellow Book, 1959

These rituals have power. In them is contained all our secret science of the Great Arcanum. When we ritualize, we vocalize certain mantra, which has the power to sublimate the sexual energy to the heart. In the Heart-Temple lives the Internal Christ. When the sexual energies are sublimated to the heart, they then have the great joy of mixing with the forces of the Internal Christ, so that one is able to enter the superior worlds. Our rituals are repeated on all the seven great Cosmic Planes. The ritual ceremony establishes a secret channel from the physical region, passing through all the seven great Planes to the world of the Solar Logos. The Christic atoms of the Solar Logos descend via this channel, and then accumulate in the bread and in the wine. This really is how the bread and wine, through the work of Transubstantiation, become the flesh and blood of Christ. On eating the bread and drinking the wine, the Christic atoms are diffused throughout our whole organism and pass to the internal bodies to awaken in us those powers of a solar nature.

The Perfect Matrimony, *1966*

The force of the Holy Spirit must return inwards and upwards. It is urgent that the sexual forces are sublimated to the heart. In this magnetic centre these forces are mixed with the forces of the Son, to rise to the superior worlds. Only the person who completely develops Kundalini is totally christified. Only the person who is christified can incarnate the Father.

The Perfect Matrimony, *1966*

Unmarried men and unmarried women can transmute and sublimate their sexual energies with this supplication and these mantrams, taking the sexual energies to the heart. It is urgent to sublimate the sexual energies to the heart. Know that in the Heart Temple, the creative energies blend with the forces of the Christ and are elevated to the superior worlds. The Inner Christ lives in the Heart Temple. The Cross of Initiation is received in the Heart Temple. This mantric prayer is also a formula of priestly power that the Magician uses in his practices of internal meditation in order to arrive at the feet of his Divine Mother. If meditation is perfect, your adorable Mother will listen to your call

and come to you. You will then be able to speak with her about the ineffable things of paradise. She is Devi Kundalini. She is the Papess of the Tarot. The Divine Mother always listens to her devotees. In the sacred land of the Vedas, the Enlightened Ramakrishna was one of the greatest devotees of the Divine Mother.

Esoteric Course of Kabbalah

11 We should sublimate all our Sexual Energies towards the heart

9. Then the disciple will exhale his breath, firmly imagining that the sexual energy is fixed on the heart.

Manual of Practical Magic, 1954

9th - We should sublimate all our Sexual Energies towards the heart. We should tread the Path of Absolute Sanctity.

Esoteric Treatise of Theurgy, 1959

With willpower and imagination united in vibrating harmony, the student must inflate himself as the toad does. This is only possible with a deep breath. During the inhalation of the vital air, imagine the seminal energy is ascending through your two sympathetic cords, which are gracefully entwined around the spinal medulla. Bring that marvelous seminal energy towards the brain, then direct it towards the heart. Then you must exhale the vital air, focusing the energy in the heart temple. Our motto is Thelema (Willpower).

The Yellow Book, 1959

It is remarkable to clairvoyantly contemplate how the sexual forces rise in this Ritual, sublimating themselves until they reach the heart. The Initiates must be in profound internal meditation, adoring their Internal God. The magical words must be pronounced with much devotion. The whole environment must be filled with purity and true prayer. The Gnostic Sanctuaries must work in order to develop the internal powers of the human being with this chain.

Aztec Christic Magic, 1973

When we listen to the nine symphonies of Beethoven, or the compositions of Chopin, or Listz's Divine Polonaise, the Soul is in communion with the Music of Spheres. Music is the Word of the Eternal. Our words should be ineffable music; thus we sublimate the creative energy to the heart. Words that are vile, filthy, nauseating, immodest, vulgar etc., have the power to adulterate the

creative energy, converting it into infernal powers. Sacred dances, the naked dance, the ardent kiss, the sexual connection of the Eleusian Mysteries made men into Gods. Then it would not have occurred to anybody to think of indecencies, but only of holy and profoundly religious things.

The Perfect Matrimony, *1966*

2. Inhale as if you were pumping, or making the seminal fluid rise with the respiration towards the brain. As you inhale vocalise the mantram HAM. Imagine this energy rising to the brain and then passing to the heart.

The Perfect Matrimony, *1966*

3. Now exhale the breath imagining the sexual energy being fixed in the heart. Whilst exhaling, vocalise the mantrarn SAH. If the spasm is very strong, refrain, refrain, and continue inhaling and exhaling with the help of the mantram HAM-SAH. HAM is masculine. SAH is feminine. HAM is Solar. SAH is Lunar.

The Perfect Matrimony, *1966*

The worshippers of the Fire can offer this prayer during the practice of Sexual Magic with their priestess. The letter "H" of Hadit is vocalised as a "J" - thus: "Jadit". [ed: this explanation is given be cause in Spanish the "H" is silent. English speakers may pronounce Hadit as written.] The mantram of this prayer have the power to sublimate the sexual energies, the Hyle of the Gnostics, to the heart.

The Perfect Matrimony, *1966*

These nerves or tubes reach the brain, then after they continue through other nerves towards the heart. These nerves are other channels, the Amrita Nadi is one among them. When exhaling, imagine the sexual energies entering the heart, and even penetrating more deeply, reaching to the consciousness in order to awaken it. Strike the consciousness with force, with THELEMA (Will-Power), thus combining the Runes Thorn and movement.

Runic Magic, *1969*

We must sublimate our sexual energy to the heart. The Communion of the Bread and the Wine has the power to sublimate the sexual energy to the heart. We can place bread and a glass of wine next to our bed and after practicing the Arcanum A.Z.F., to work and to bless the bread and wine, then to eat the bread and drink the wine. Arcanum 14 converts the bread and wine into the Blood of Christ, with this Arcanum the bread and wine is charged with the Christic atoms which descend from the Central Sun.

Tarot and Kabalah, 1978

In keeping with the inhalation of air, the imagination and will must be united in vibrant harmony so as to make the sexual energy rise through the two ganglionic cords of the spine until it reaches the brain, eyebrow centre, neck and heart, in successive order. Then the breath will be exhaled, the disciple firmly imagining that the sexual energy is secured in the heart.

Tarot and Kabalah, 1978

In our third lesson of this course we already spoke amply about the Salt, the Sulfur and the Mercury. Truly these are the passive instruments of the Great Work. The positive principle is the Inner Magnes of Paracelsus. We must transmute and then sublimate the sexual energy to the heart.

Esoteric Course of Kabbalah

It is necessary to sublimate the sexual energies to the heart with pure speech, each one of our words must be harmonious, peaceful, loving, the verb is sexual and if our words are filthy, discordant, then the creative energies of the Third Logos transmute themselves into black and fatal tantric powers.

Mountain of Juratena

12 The heart and the head must march in perfect equilibrium

16. Now, my child, it is necessary to unite the mind and the heart by means of fire. 17. The heart and the head must march in perfect equilibrium. The heart and the head must march equilibrated. The heart and the head must march in perfect harmony. This is possible only by uniting the heart and the head by means of fire.

Igneous Rose, 1954

20. Spiritualists from all schools talk about the equilibrium between mind and heart. Yet, it is impossible for the mind and the heart to be equilibrated without the power of the fire. 21. The head and the heart are united only by means of the Kundalini.

Igneous Rose, 1954

24. The mental man resides in the head and the heavenly man resides in the heart. 25. It is necessary to unite the mental man with the heavenly man by means of the fire. 26. The Kundalini unites mind and heart.

Igneous Rose, 1954

6. Finally, after many centuries...the mind and the heart will be united.

Igneous Rose, 1954

6. Now, my child, you are comprehending in what form and in what manner the mind and the heart are united, and equilibrated by means of the fire.

Igneous Rose, 1954

58. At last, mind and heart are totally fused.

Igneous Rose, 1954

13 The Church of Thyatira with its twelve marvelous petals

23. The chakra of the heart has twelve petals.

Igneous Rose, 1954

61. The FATHER will be able to make the disciple see certain visions that the disciple should learn to interpret with the heart. In this way all disciples can converse with GOD. 62. The cardiac chakra has 12 radiations and luminous undulations.

Manual of Practical Magic, 1954

The church of Thyatira is opened when the serpentine fire reaches the height of the heart. Internal meditation and internal prayer develops and unfolds the chakra of the tranquil heart.

The Aquarian Message, 1960

4. The fourth center of the spinal medulla corresponds to the chakra of the heart. This is the sacred abode of the tattva Vayu (gaseous ether). These are the four inferior tattvic centers of the human temple. The tower of the temple is the neck and the head. The following three superior tattvic centers exist in this human tower.

Endocrinology & Criminology, 1957

With the ascent of Kundalini to the region of the heart, the Church of Thyatira with its twelve marvelous petals is put into activity. This Church confers on us power over the Elemental Air of the Wise. The development of this cardiac centre confers inspiration, premonition, intuition and powers to leave consciously in the astral body, as well as the powers to put the body into the state of Jinas.

The Perfect Matrimony, 1966

The solar system is the body of a Great Being. He is all perfection. The heart of this Great Being is in the Sun. The chakra of the heart has twelve petals, six active and six inactive. With the sacred Fire all twelve petals enter into activity. We should work on the heart by means of intense prayer.

The Perfect Matrimony, *1966*

Whoever follows the Path of the Perfect Matrimony should develop charity. Cruel and pitiless people do not progress in this path. It is urgent to learn to love and always be willing to give even the last drop of blood for others. The warmth of charity opens all the doors of the heart. The warmth of charity brings Solar Faith to the mind. Charity is conscious love. The fire of charity develops the chakra of the heart. The fire of charity permits the Sexual Serpent to rise rapidly through the medullar channel. Whoever wants to advance rapidly on the Path of the Razor's Edge, should practise Sexual Magic intensely and give himself totally to the Great Universal Charity. Thus, by sacrificing himself absolutely for his fellowman and giving his blood and his life for them, he will be rapidly Christified.

The Perfect Matrimony, *1966*

In the centre of the lotus of the heart there is a marvellous triangle. This triangle also exists in the coccygeal chakra and in the charka located between the eyebrows. In each of these chakras there is a mysterious knot. These are the three knots.

The Perfect Matrimony, *1966*

1. This chakra has complete control over the cardiac plexus.

The Mysteries of Fire, *1955*

6. The Lingha Bana is found intimately related with the Anahata chakra.

The Mysteries of Fire, *1955*

43. “I know thy works, and charity, and service, and faith, and thy patience (the necessary virtues that we must have in order to open the chakra of the Heart), and thy works; and the last to be more than the first. “Notwithstanding I have a few things against thee, because thou sufferest that woman Jezebel (fornication), which calleth herself a prophetess, to teach and to seduce my servants to commit fornication, and to eat things sacrificed unto idols (theories, intellectualism, that is to say, all kinds of meal offerings offered unto idols).” “And I gave her space to repent of her fornication; and she repented not. “Behold, I will cast her into a bed, and them that commit adultery with her into great tribulation, except they repent of their deeds. “And I will kill her children with death; and all the churches shall know that I am he which searcheth the kidneys and hearts: and I will give unto every one of you according to your works.” REVELATION 2:19-23 45. Above the kidneys exist two plexuses that irradiate with blue and white colors in the chaste people, and with a bloody red color in the fornicators.

The Mysteries of Fire, *1955*

The Esoteric Heart is the Capital Center that controls the Physical Heart. The chakra of the tranquil heart is controlled by the Capital Chakra that is situated in the Thalamus. The Esoterist Sages of Laya Yoga state that within the region of the Thalamus that mysterious nervous canal called Amrita Nadi is found. This accomplishes the specific mission of connecting the Esoteric Heart with the famous Anahata Chakra, the Magnetic Lotus of the Physical Heart.

The Solar Bodies, *1968*

From amongst the plexus where the chakras are located, the number 1 is attributed to the cardiac plexus because if the heart ceases to function, death comes. For this reason it is the number 1.

Tarot and Kabalah, *1978*

The fourth Church of Thyatira, is the Cardias, or Anahata chakra. It is situated in the heart, and is a lotus flower with 12 petals which have a fiery glow in the astral light. It is good to develop it so as to be able to enter and leave the body at

will; it also facilitates travel of the body of flesh and bone within the fourth dimension in Jinas.

Tarot and Kabalah, 1978

A certain secret path connects the root of the nose with the capital chakra, which controls the heart from the centre of the brain. The Fire circulates by that path. Later on it continues its march towards the heart itself, circulating mysteriously by the Anahata Nadi.

The Three Mountains, 1972

14 The ten mystical sounds of the church of Thyatira

The lotus of the heart has fifteen petals which shine with the fire of the Holy Spirit. An octagonal space with an ineffable jet black colour exists within the chakra of the heart. In this space, the ten mystical sounds of the church of Thyatira resound as a symphony of Beethoven.

The Aquarian Message, 1960

In the heart exist two wonderful polarities: positive and negative. These are like two hearts incessantly pumping blood into two opposite directions. The two compartments of the heart have two chambers, a superior and an inferior. The superior chambers are the auricles. The inferior chambers are the ventricles. The Secret Doctrine recognizes seven secret chambers in the heart and seven secret cavities in the brain. There exist a right auricle and a right ventricle. There exist a left auricle and a left ventricle. The superior chambers from right to left are the auricles. The inferior chambers from right to left are the ventricles. Meditating on the heart lotus, we control the tattva Vayu (air principle), and the power over winds and hurricanes is granted. The Hindustanis state that the lotus flower of the heart has fifteen wonderful petals. The whole intimate functionalism of the heart, its whole vital profoundness must be searched in the lotus flower of fifteen petals whose subtle stem emanates from the heart temple.

Endocrinology & Criminology, 1957

The lotus of the heart develops with meditation and prayer. The occidental doctors say that the heart produces two sounds, one low pitched and muted and the other loud and high pitched, “lub” and “dub.” The physiologists assure us that the first sound is pronounced immediately after the contraction of the ventricles, and that the second is due to the closing of the valves that separate the ventricles of the aorta and the pulmonary artery. The Hindustani doctors go further because they have refined their senses. The yogis of India state that in the heart there exist ten mystic sounds.

Endocrinology & Criminology, 1957

The Hindustani state that inside the chakra of the heart exists a hexagonal space of an ineffable black color. There exist the ten mystic sounds.

Endocrinology & Criminology, 1957

The cardia is the magnetic centre of the heart. This centre is marvellously described in verses 22 to 27 of the Shatchackra Niri let us see: "The heart lotus is of the colour of the Bandhtilca flower and on its twelve petals are the letters Ka to Thu with the bindhu above them, of the colour vermilion. In its pericarp is the hexagonal Vayu-Mandala, of a smoky colour and above it the Stirya-Mandala with the Trikona, which shines as though it carried within ten million flashes of lightning. Above it the Vayu Bija, of a srnokey hue, is seated on a black antelope, four-armed and carry ing the goad (angkusha). In Väyu Bija's lap is the three-eyed Isha. Like Hamsa (IIamsabha), he extends his two arms in a gesture of granting boons and dispelling fear. In the pericarp of this lotus, and seated on a lotus is Sakti Kãkini. She is four-armed, and carries the noose (päsha), the skull (käpala) and makes the signs of granting boons and dispelling fear. She is of a golden hue, dressed in yellow raiment, and wears every variety of jewel and a garland of bones. Her heart is softened with nectar. In the middle of the trikoma is Siva in the form of Väna-Linga, with the crescent Moon and hindu on his head. He is of a golden colour. His look is jubilant, and expresses impetuous desire. Beneath him is the Hamsa similar to a Jivatma. It is like the steady flame of a lamp. Beneath this lot us is the red lotus of eight petals, with the head facing upwards. In this red lotus is the kalpa tree, the jewelled altar surmounted by an awning and adorned with flags, which is the place of mental work ship."

The Perfect Matrimony, 1966

8. The Anahata sound, or the Shabda Brahman sound, resounds within this marvelous chakra of the Nadi Sushumna.

The Mysteries of Fire, 1955

This chakra is situated in the region of the heart; it has a living red color. A jet colored hexagonal space is situated within this center. This chakra is related to Vayu, the tattva of the air.

The Mayan Mysteries, 1977

15 The heart is the center of intuition

The vehicle of intuition is directly connected with the heart. Accordingly, the heart is the center of intuition. Its chakra or lotus flower spins and shines with extraordinary beauty. Seven atomic centers exist in this chakra, which serve as instruments for the Seven Great Cosmic Hierarchies in order for them to act upon our marvelous organism.

The Revolution of Beelzebub, 1950

The practices of the teaching of Christ awake the chakra of the heart within ourselves and put in activity the Buddhic or Intuitive body, which leads us towards wisdom and eternal happiness.

The Revolution of Beelzebub, 1950

While we practice the Christic teachings, the ethereal body becomes totally reorganized and its two superior ethers are increased in volume. Then, a certain center, which is formed within the head, descends into the heart and organizes a center for the intuition. A protector net is formed around the ethereal body when we do not waste our Christic force. This is how this body remains protected from the exterior currents. The physical body becomes more fine and also more strong, and even the face is transformed and gains beauty.

The Revolution of Beelzebub, 1950

48. He who awakens the chakra of the heart acquires INTUITION.

Manual of Practical Magic, 1954

50. He who awakens the chakra of the heart learns to study all things with the heart and he becomes wise.

Manual of Practical Magic, 1954

83. Our disciples should cultivate INTUITION, which resides in the heart.

Manual of Practical Magic, 1954

The Heart Chakra grants Inspiration and Intuition.

Logos, Mantram, Theurgy, 1959

The first is for clairvoyance. The second is for the magic ear. The third is for the chakra of the heart, centre of intuition. The fourth is for the solar plexus or telepathic centre. The fifth is for the pulmonary chakras. The latter confer the power to remember past reincarnations.

The Perfect Matrimony, 1966

57. AUOM for the heart, the center of Intuition.

The Mysteries of Fire, 1955

16 The power to conjure the wind and the hurricanes

49. He who awakens the chakra of the heart acquires the power to conjure the wind and the hurricanes.

Manual of Practical Magic, 1954

We control the Tattwa Vayu when we meditate on the lotus of the heart, and the power of winds and hurricanes is given to us.

The Aquarian Message, 1960

If you want to travel consciously in the internal worlds you must develop the chakra of the heart.

The Aquarian Message, 1960

If you want to learn how to place your body in the state of "JINN', then, you must develop the chakra of the heart.

The Aquarian Message, 1960

Those who wish to put their body in a Jinn state, those who want to learn to put their physical body in the fourth dimension, must develop the lotus of the heart. A yogi with his body in a Jinn state can fly through the air, walk on water, as did Jesus Christ on the Sea of Galilee, or walk through fire without burning as many yogis of India do. A yogi with his body in a Jinn state can go through rocks as the disciples of Buddha did.

Endocrinology & Criminology, 1957

When the Kundalini reaches the height of the heart, it then opens the Church of Thyatira. This grants us the power to act upon the four winds. The lotus of the heart has twelve petals and its element is the elemental air of the wise. All those who want to learn how to enter into the suprasensible worlds with the physical body must awaken the chakra of the heart. This is what is known as Jinn science.

The Yellow Book, 1959

Many occultist students want internal illumination and suffer horribly because, in spite of many years of study and esoteric practices they remain as blind and unconscious as when they began to read the first books. We, the Brothers of the Temple know through our own experience, that the cardiac chakra is definitive for internal illumination. The Shiva Samhitä, a great Hindustani book, speaks at great length about the benefits obtained by the yogi on meditating on the chakra of the tranquil heart: "The yogi acquires immense knowledge, knows the past, the present and the future; he has clairaudience and clairvoyance and can go through the air wherever he pleases. He sees the Adepts and the yogini Goddesses; he obtains the faculty called khecari (to move through the air) and bhüchari (to go at will to all corners of the world)."

The Perfect Matrimony, *1966*

Without the extraordinary powers of the Anahata Chakra or Magnetic center of the heart, the Gnostics could not project themselves in their Astral Bodies at will or place their Physical Bodies in Jinn State in order to soar through the air or walk on the waters or pass through a mountain from one side to the other (through the subterranean world) without receiving any harm.

The Solar Bodies, *1968*

The vowel "I", combined with the letter "P", develops clairvoyance in man, and the power which enables man to project the Astral Body through the Window of Brahma, which is the pineal gland. The letter "T" strikes upon the vowel "O", which is intimately related with the chakra of the heart, and thus man is able to acquire the power to detach himself from this plexus and leave in the Astral Body.

Tarot and Kabalah, *1978*

Studying old manuscripts, like clergymen in a cell, we have found in the sacred land of the Vedas, the following phrase: "He who meditates on the centre of the heart, will attain control over the Vayu tattwa (ethereal principle of air). He will

also get the siddhis, (powers of the holy men) Bushari, Kechari, Kaya and 50 on (the ability to float in the air and put one 's own spirit in someone's body, and so forth). He will reach cosmic love and all the tattwic divine qualities."

The Secret Doctrine of Anahuac, 1974

It is useful to imitate the prayers and ecstasies of Joseph of Cupertino, so that our heart, inflamed by divine love, develops harmoniously. This will enable us to penetrate consciously with our physical body into the fourth vertical, beyond Euclidean threedimensional space.

The Secret Doctrine of Anahuac, 1974

17 It is developed by vocalizing the letter O

The letter 'O' makes the chakra of the heart to vibrate, thus the human being becomes intuitive.

The Revolution of Beelzebub, 1950

Vocalize daily the vowel "O" during this sign of Leo, to awaken the heart chakra. A secret planet from which emanates the life of all that throbs in the physical plane, exists between the Sun and Mercury.

Zodiacal Course, 1951

52. The syllable "ON" is used to awaken the chakra of the heart. 53. This syllable is vocalized in this manner: OOOOOOOOOOONNNNNNNNN

Manual of Practical Magic, 1954

54. The mantram "CHOS" also serves to awaken the chakra of the heart. This mantram is vocalized in this manner. CHOOOOOOOOOOSSSSSSSSSSS

Manual of Practical Magic, 1954

The Master vocalized these syllables by prolonging the sound of each of the letters of the syllables IN-RI, EN-RE, ON-RO, UN-RU, AN-RA, prolonging the sound of each letter. The mantram INRI awakens the sixth sense located between the eyebrows and man can then read others' thoughts and see all the things of the internal worlds. The mantram ENRE awakens the magical ear; man can then hear over distances of thousands of miles and can hear the voices of the internal worlds. The mantram ONRO has the power to awaken intuition located in the heart. Intuition is the seventh sense and resides in the heart and in the pineal gland. This is the voice of the silence in the heart; in the pineal gland, it is polyvision, or intuitive vision. The intuitive sees it all and knows it all. He is omniscient; he is powerful. The Mantram UNRU awakens in us the sense of telepathy and we can then perceive the thoughts of people at a distance. It is located above the navel in the solar plexus. The mantram ANRA awakens for us

the pulmonary chakras, with which we can remember our past reincarnations. These senses resemble lotus flowers in the astral body.

The Greater Mysteries, 1956

The mantram OM has the power to awaken the frontal and cardiac chakras, clairvoyance and intuition. By meditating on the OM, we arrive at enlightenment. Imagination, Inspiration and Intuition are the three obligatory paths of initiation. We warn that the illuminated ones who go around talking about their esoteric affairs to others, become profaners of the temple. Those types of Gnostics should be severely admonished by the instructors.

The Greater Mysteries, 1956

The Kundalini or Igneous Serpent of our Magical Powers has a great deposit of solar energy in the umbilical region, in the chakra of the solar plexus. This magnetic centre is very important in initiation because it is the one that receives the primary energy, which is subdivided into ten splendorous radiations. This primary energy circulates through the secondary nervous channels, animating and no raising all the chakras. The solar plexus is governed by the Sun. If the student wants to have really vigorous objective clairvoyance in the fullest sense of the word, he must learn to take the solar energy from its deposit in the solar plexus to the frontal chakra. The mantram SUI-RA is the key that permits us to extract solar energy from the plexus of the Sun to carry it to the frontal chakra. Vocalize in this way: SUIII RAAA. When practiced one hour daily the result will be the positive awakening of the frontal chakra If we want Solar strength for the laryngeal chakra, we should vocalize the mantram SUE-RA in this way: SUEEE RAAA. If we need solar energy for the lotus of the heart, we should vocalize the mantram SUO-RA in this way: SUOOO RAAA. Everything is summarized in the Great SUA-RA, where according to the Vedas and the Sastras the Silent Gandharva (celestial musician) is found. It is necessary to know how to use the solar energy deposited in the solar plexus. It is good for the aspirants of initiation to lie down in the, decubitus—dorsal position, feet on the

bed, knees raised. Clearly, by putting the soles of the feet on the bed, the knees are lifted, directed towards the sky, towards Urania.

The Perfect Matrimony, *1966*

The vowel "E" causes the thyroid gland which secretes the biological iodine to vibrate. This gland is located in the throat and in it resides the chakra of the magical ear. The vowel "O" causes the heart chakra, the center of Intuition and all types of powers to travel in the Astral, Jinns state, etc., to vibrate.

Esoteric Treatise of Hermetic Astrology, *1967*

CARDIAC CHAKRA. It is developed by vocalizing the letter O, as follows: oooooooo. Faculties: Intuition, inspiration, astral projection, etc., etc.

The Three Mountains, *1972*

3. The vowel 'O' carries the blood to the heart. It cures this organ and awakens in us the sense of intuition.

Occult Medicine and Practical Magic, *1978*

18 Meditate profoundly on that marvelous centre

55. The prayer of the OUR FATHER is the most grandiose magical power to awaken the chakra of the heart.

Manual of Practical Magic, 1954

We can develop the chakra of the tranquil heart with the system of internal meditation. Revelation 2: 18 to 29: "And unto the (atomic) angel of the church in Thyatira write: These things saith the Son of God, who hath his eyes like unto aflame offire, and his feet are like fine brass, "I know thy works, and charity, and service, and faith, and thy patience, and thy works; and the last to be more than the first (charity, service, faith, and patience are the virtues required in order to open the church of Thyatira).

The Aquarian Message, 1960

This exercise is the most profound meditation and Prayer. We suggest using the Prayer "Our Father." A well prayed "Our Father" is equivalent to one hour of meditation; pray, therefore, for one hour. To pray is to converse with God. Submerged in very profound drowsiness and meditating very deeply, mentally talk with God. Each phrase of the "Our Father": is a complete formula to talk to HIM. Lulled to sleep, meditate on the contents of each phrase, and one will see and hear the Father Who is in Secret. The Chakra of the Heart will awaken.

Logos, Mantram, Theurgy, 1959

Those who want to learn how to leave in the astral body at will, those who want to enter into the science of Jinas, to learn how to place themselves within the fourth dimension with the physical body and travel with their physical body to any place in the world with out needing an aeroplane; those who urgently need to awaken their clairvoyance and clairaudience, should concentrate their mind daily on the cardiac chakra and meditate profoundly on that marvelous centre. To meditate on this centre for one hour daily is marvelous. The mantram of this chakra is the vowel O, which is vocalized elongating the sound thus: OOOOOOOOOOOOOOO.

The Perfect Matrimony, 1966

During the practice given here one should pray to the Christ, asking him to awaken the chakra of the heart.

The Perfect Matrimony, *1966*

The devotee should concentrate on his heart, imagining there thunder and lightning, fast moving clouds that are lost in the twilight, blown by strong hurricanes. The Gnostic should imagine many eagles flying in that infinite space which is within, very deep within his heart. Imagine the profound forests of nature, filled with sun and life, the song of birds and the sweet and peaceful chirping of the crickets of the forest. The disciple should fall asleep imagining all of this. Imagine now that in the forest there is a throne of gold, upon which is seated the Goddess Kãkini, a very divine woman. The Gnostic should fall asleep meditating on this, imagining all this. He should practise one hour daily, but if he practises two or three or more hours daily, even better. He can practise seated in a comfortable arm chair, lying on the floor, or on his bed, with his arms and legs open both right and left as a five-pointed star. Sleep must be combined with meditation. One must have much patience. These marvellous faculties of the cardia are obtained with infinite patience. It is better that the impatient, who want everything straight away, who do not know how to persevere their whole life should leave, be cause they are of no use. Powers are not obtained by playing around; everything costs. Nothing is given to us as a gift.

The Perfect Matrimony, *1966*

The Holy Eight is a very important and interesting symbol within which is enclosed, defined and linked the magnetic currents which are set up between the earthly man and the spiritual. This sign unites or separates all the elements ruled by atomic energy if one traces it with the thumb, middle and index fingers upon the surface of the cardiac plexus. PRACTICE Achieve a still and silent state of mind. Go to sleep thinking of the figure of the Holy Eight (infinity), making an outline upon the heart in accordance with the previous description. Allow the aforementioned figure to submerge itself within your consciousness, then place

the mind in a blank state, without thinking of anything. Thus, after a certain period of time: "you will awaken consciousness in that region called the Astral World".

Tarot and Kabalah, 1978

Pronounce the Mantra: "OM, HUM" with each palpitation of your heart. These words open the chakra of your heart where your past lives abide. Beseech your Divine Mother to show you within the mirror your past lives. Ultimately, you will achieve it with patience.

Occult Medicine and Practical Magic, 1978

The disciple will concentrate in the heart chakra where the Cosmic Divine Mother dwells, supplicating Sephira, the mother of the Sephiroth, begging her to draw him out of the body and take him to the various realms of the kingdom in order to study directly the Sephiroth of the Kabbalah. The disciple will pray a lot and meditate on the Divine Mother and vocalize mentally the following kabbalistic mantrams: LIFAROS—LIGORIA—LICANTO—LIFAROS.

Esoteric Course of Kabbalah

Thus, in front of the mirror there is a very serious danger, and it is that we see in the glass our own mental projections. That is the great danger. But if we do the correct practice, we need to open the chakra of the heart with the mantras OM HUM and immerse ourselves in the heart, in the cave of the heart, invoking our Divine Mother Kundalini.

The Fifth Gospel · Satanic Origins of Skepticism and Mythomania · *Third Chamber – Mexico City – 1975*

19 The Heart-Temple is house of Prayer

All initiations are received in the temples of the astral plane, but the school is life itself. During the sign of Leo, we should act on the heart, through meditation. Inner meditation consists of three phases: 1st - Perfect Concentration 2nd - Perfect Meditation 3rd - Perfect Samadhi One has to concentrate the mind on the Inner Master. One has to meditate on the majesty of the Inner Master. One has to talk with the Inner Master, until one hears his voice and converses ineffable things with HIM...

Zodiacal Course, 1951

We need a mind that only thinks with the heart. We need a mind which only listens to the voice of hunches.

Zodiacal Course, 1951

This mantram should be vocalized with the heart in profound meditation, adoring the "Inner Being", rendering cult to the "Inner Being", because the Inner Being is essentially the soul of our father incarnated in us, our divine individuality in which we need to absorb ourselves to enter that infinite and undescribable happiness of Nirvana, where neither suffering, tears, nor pain exist.

Zodiacal Course, 1951

We must close our eyes and remove the mind from the external things, fall slightly asleep, and then focus the mind on the "Intimate", loving the "Intimate", adoring the "Intimate", and profoundly meditating on each word of the Our Father, on its conceptual content, as if talking familiarly with the "Father" who is the "Intimate", the "well beloved", that lives within… very much within… in the depths of our heart…

Secret Notes of a Guru, 1952

13. Now, at last, submerged in profound meditation, the disciple must exclaim in his heart: "I am the Intimate, I am. the Intimate, I am the Intimate."

Igneous Rose, 1954

138. When the process of selection divides the mind between the battle of antithesis, then the internal images are hidden like stars behind the stormy clouds of reasoning. 139. We must learn to think with the heart and to feel with the head.

Igneous Rose, 1954

You will hear the ten mystical sounds when you meditate internally in the lotus of the heart.

The Aquarian Message, 1960

The enemy is controlled and one dissolves enmities with the following clue The disciple will lie down on his bed. Relax all the muscles of the body. Fall asleep trying to concentrate oneself on the heart of the enemy. Imagine this heart like a Tabernacle that stores infinite love. Mentally deposit in this heart the picture of the disciple himself.

Logos, Mantram, Theurgy, 1959

The one who wishes to tread the Path of the Tranquil Heart, should concentrate the Prana, Life and the Sexual Energy in the cerebrum and the mind in the Heart.

Esoteric Treatise of Hermetic Astrology, 1967

In the Heart-Temple, there is a place for all religions, sects, orders, etc.

Esoteric Treatise of Hermetic Astrology, 1967

The Heart-Temple is house of Prayer. Found in the heart-temple are the energies which come from above, with the energies which come from below, forming Solomon's seal. It is necessary to pray and Meditate profoundly. It is urgent to know how to relax the physical body in order for Meditation to be correct.

Esoteric Treatise of Hermetic Astrology, 1967

20 Only the mantra must resonate in your heart

It is necessary to try to totally relax all the muscles of the body and then concentrate Attention on the tip of the nose, until we fully feel the heart pulse in that organ of smell, then we will continue with the right ear until we feel the heart pulse in the latter, then we will continue with the right hand, right foot, left foot, left hand, left ear and nose once again, fully feeling the heart pulse separately in each of these organs where we have focused the Attention.

Esoteric Treatise of Hermetic Astrology, 1967

It has been demonstrated in practice that by acquiring the possibility of regulating, hastening or slowing down the pulse, the heartbeat can be hastened or slowed down. Control over the palpitations of the heart can never come from the heart muscles, but rather it depends totally on the control of the pulse. This is, beyond all doubt, the Second Heartbeat or Great Heart.

Esoteric Treatise of Hermetic Astrology, 1967

The mantram that I am going to give to you is very simple: Gate, Gate, Paragate, Parasamgate, Bodhi-Swaha. This mantram is pronounced in this way: Gaaateeeee, Gaaateeeee, Paragaaateeeee, Parasamgaaateeeee, Booodhiiiii-Swaaaaahaaaaa. In our hearts this must be engraved. This mantram is pronounced softly, profoundly, and in the heart. It can also be used as a silent verb, because there are two types of verbs: the articulated verb and the silent verb. The silent verb is powerful.

For the Few, 1980

One completely relaxes the body. After relaxing we totally devote ourselves to our profound interior God. Now, without thinking about anything, we only recite the complete Mantram with the mind and the heart.

For the Few, 1980

One hour daily of vocalization during our entire life makes us Magicians. One can vocalize with the larynx, with the mind, with the heart, by meditating in the forces of these five vowels, such as we taught in the former pages.

Occult Medicine and Practical Magic, 1978

The meditation must be very deep, very profound; the eyes closed, the body relaxed, completely surrender yourself to your inner God. Not one single thought must be allowed during these instants. The surrendering to your God must be total and only the mantra must resonate in your heart.

The Fifth Gospel · Psychoemotional Metamorphosis of Man · *Third Chamber – Mexico City – July 27, 1977*

21 The entire infinite is a system of hearts

As we have already stated in our book entitled The Perfect Matrimony, or The Door Entering into the Initiation, the heart of the Sun is constructed like the heart of our human organism. Just as Seven Hierarchs exist in the Sun who direct the seven cosmic rays, also seven brains exist in our heart which belong to the Seven Great Cosmic Hierarchies. The sun has an atomic central nucleus, which is the Atom Nous, and is the dwelling of Brahma within us. This atom is the first vital center, which functions in the fetus and also the last one which stops living in our organism.

The Revolution of Beelzebub, 1950

In the stellar nucleus of all sidereal sun, planet, every lunar satellite or comet, there always exists a "Heart Temple" which is the secret dwelling of a sidereal genie. Thus, the entire infinite is a system of hearts. This is why esoteric Astrology is the religion of light and the heart.

Zodiacal Course, 1951

These are the seven spirits before the throne of God. As we have already said, each of them dwells in a heart-temple, and because of it, esoteric Astrology is the religion of light and love.

Zodiacal Course, 1951

Very well; thou know that every wheel has its axis, and because of this, thou will, therefore, understand that the base of motion resides at the center of every mass. Mass can only be dominated from its center and the center of all mass is the spirit. Due to this, we affirm that a heart temple, which is the dwelling of the genie of the star, exists in every sidereal center. These celestial genii are precisely the authentic governors of the infinite, and rulers and lords of our own human destinies.

Zodiacal Course, 1951

The cosmic Religion vibrates in each atom of the cosmos; it palpitates in the heart of the suns, in the heart of man and in that of the ant.

Christmas Messages, *1952-66*

Max Heindel says that in the heart of the Earth there is found the Sign of the Infinite, the Holy Eight. This is also confirmed by the illuminated Great Master HILARIUX IX.

Logos, Mantram, Theurgy, *1959*

All that Light, all that Life, is represented by the seven spirits before the throne, within the Heart-Temple of each of the seven planets of the solar system.

Esoteric Treatise of Hermetic Astrology, *1967*

It has been wisely said to us indeed, that the whole starry heaven is a system of hearts that palpitate intensely.

My Return to Tibet, *1969*

It is written with embers of ardent fire that the number of cardiac beats for beasts, men and worlds is always the same, at times faster or slower.

My Return to Tibet, *1969*

22 Our Earth also has a heart-temple

Our Earth also has a heart-temple; that temple is the abode of the genie of the Earth. Visitors from other stars enter and leave through it.

Zodiacal Course, 1951

The violet hierarchies of the heart-temple of the Moon gave man his vital body.

Zodiacal Course, 1951

These twenty-four elders sometimes meet in the Earth's heart-temple, around the Lamb. Our twelve faculties or our twelve senses are the twelve faculties of the zodiac within us. We should make our zodiac sparkle through these exercises, to become ineffable Gods. Our body is entirely a musical harp where the seven vowels of nature should resound incessantly. Therefore, during Pisces it is necessary to vocalize the seven vowels as follows: IIIIIIIIIIIIIIIIIIIIIIIII EEEEEEEEEEEEEEE OOOOOOOOOOOOO UUUUUUUUUUUUU AAAAAAAAAAAAAAA MMMMMMMMMMM SSSSSSSSSSSSSSSSS The sound of each of these vowels should be taken from our head to our feet. Master "Huiracocha" says that one hour of daily vocalization is worth more than reading a million books of oriental theosophy.

Zodiacal Course, 1951

Any master of the White Lodge can visit the heart temple of the planet Earth in his astral body. The genie of earth is the same Melchizedek spoken of in the Bible Changam, King of the World. We have been told that the genie of earth has a physical body similar to ours, but eternal, immortal. Some Tibetan lamas have had the great joy of knowing Changam personally.

The Buddha's Necklace, 1967

The seven Chohans, who direct the seven great cosmic rays, live and work in the sun's heart temple, which is located in the center of that radiant sphere. Few human beings from earth can visit the heart temple of the sun in their astral body.

The Buddha's Necklace, 1967

A tremendous and frightening precipice leads the initiate toward the threshold of wisdom. Everyone who arrives at the sacred threshold must prostrate reverently in front of the guardian of the temple. A narrow path leads the visitor towards the heart temple where the seven mighty Chohans dwell.

The Buddha's Necklace, 1967

Meditate profoundly on the Heart Temple at the center of Earth. Meditate on the Genie of Earth, whose name is Changam. Beg him to put you in contact with the Gnomes that dwell in the bowels of the Earth. Call to the Genie of the Gnomes. That Genie is named Gob. Lull yourself to sleep while concentrating on this Genie. Vocalize the mantram I.A.O.

Esoteric Course of Kabbalah

23 The door of each star is the heart temple

Jachin and Boaz are the two "passwords" that will permit thee to enter the heart temple of each star to manipulate rays and provoke events in the physical world.

Zodiacal Course, 1951

"Dear Father, you who art my true Being, I beg you with all my heart and with all my soul, that you penetrate in the "heart temple" of the star of Venus so that you may kneel at the feet of "Uriel" and ask of him the following favor: (One asks for the favor one desires)". Then, the disciple mentally salutes the guardian at the right column, will take a deep breath and pronounce the password "Jachin". Next, he will do the same with the guardian at the left column and pronounces the password: "Boaz", in other words, first the deep breath, then he will pray to his Internal Master telling him: "Lord, take the seven steps into the temple to make the petition. My Father, my Lord, my God". Once the petition has been made, one asks "Uriel" with one's whole heart for a choir of Angels to accomplish the work. (Singing, they create).

Zodiacal Course, 1951

When the theurgist "leaves" the physical body, he travels to the sidereal temples in the following manner: The astral body begins to walk in the form of concentric circles, with the intention of reaching the heart-temple of a specific star.

Zodiacal Course, 1951

The panorama of things change in a few instants, the theurgist is in the presence of the sidereal temple and the guardians of the columns "J" and "B". The theurgist will make the strictly required salutes as we have taught in the previous pages, take the seven steps inside the heart-temple of the star and will then kneel at the feet of the Sidereal Genie. If the Genie says: "granted", the disciple asks for "choir"; the Genie will make a sign and the army of the verb will begin to sing in sacred language to carry out the "work that we have asked for". The army of the verb creates with the word. In these sublime moments we go into ecstasy.

Entire Nature kneels before the Sidereal Gods and their ineffable canto elevates us to the plethora of light.

Zodiacal Course, 1951

Black magicians assault the mansions of heaven. The white magicians first knock at the door. The door of each star is the heart temple. Intruding visitors enter the stars like thieves in someone else's house.

Zodiacal Course, 1951

The sons of light enter through the door of the heart temple.

Zodiacal Course, 1951

The sons of light first ask permission of the lord of the house to visit his abode. The heart-temple of a star is the door of entrance and exit of the star.

Zodiacal Course, 1951

31. The disciple will sit comfortably in a chair and will then concentrate his Mind on his INNER-SELF, saying: 32. "You who art myself, my true BEING. 33. Leave my body, enter the doors of the heart temple of (here one names the planet which one will work with in those instants)."

Manual of Practical Magic, 1954

While in meditation we can visit the Heart-Temples of the stars, because through meditation we can achieve being completely within the Intimate. In other words, we can completely become the Superior 'I', who is the Magic 'I'.

Occult Medicine and Practical Magic, 1978