

The Perfect Matrimony

The practices of the Ninth Sphere, the astral body, and the science of Jinas

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How this booklet treats his words

Every passage below is the Master's own, sliced from the 1961 English edition by its own opening and closing words — never retyped. This is the book *LOVE* is drawn from; where that booklet gathers what he says about love, this one gathers what he tells you to *do*.

Where the printed edition is damaged by scanning — a broken word, a dropped letter, a stray full stop — the reading is given plainly here, so the page reads and prints clean. Every such repair is recorded in the project notes, with its place in the book, so anyone can check what was done.

I

The Arcanum A.Z.F.

Chapter 2 — The Son of Man

If the man and woman knew how to withdraw before spasm, if in those moments of delicious enjoyment they had the strength of will to dominate the Animal Ego, and then were able to withdraw from the act without spilling the semen, neither within the womb, nor without, nor to the side, nor in any part, they would have performed an act of Sexual Magic. This is what is called in occultism the Arcanum A.Z.F.

With the Arcanum A.Z.F. we can retain all of that marvelous light, all those cosmic currents, all those Divine powers. Then Kundalini awakens, the sacred Fire of the Holy Spirit within us, and we are transformed into Terribly Divine Gods.

When we know how to withdraw before sexual spasm, the Igneous Serpent of our Magical Powers awakens.

2

The manner of the act

Chapter 9 — Gaio

Instead of coitus which reaches orgasm, one should in profound reflection, lavish sweet embraces, amorous words, and delicate caresses, maintaining the mind constantly separated from animal sexuality, sustaining the most pure spirituality, as if the act were a true religious ceremony.

Nevertheless the man can and must introduce the penis and maintain it in the feminine sexual organ, so that for both a divine sensation, full of joy ensues which can last for hours, withdrawing the moment the orgasm approaches to avoid the ejaculation of the semen. Thus, each time they shall have a greater desire to caress each other.

This can be repeated as often as desired without causing tiredness. In fact, on the contrary, it is the magic key to daily rejuvenation, to maintain a healthy body and prolonging life, since this constant magnetization is a fountain of health.

3

HAM–SAH, when the spasm comes

Chapter 21 — The Ninth Sphere

One has to know how to understand this order of the White Lodge, be cause if by misfortune, the spasm comes against our will, the disciple will withdraw from the act and immediately lie down in Decubitus-Dorsal (face up) and will then refrain quickly with the following movements:

1. Make the supreme effort that a woman makes when she is giving birth, sending the nervous current towards the sexual organs but with it, making an effort to close the sphincters or exits through which the seminal fluid usually

escapes. This is a supreme effort. 2. Inhale as if you were pumping, or making the semindl fluid rise with the respiration towards the brain . As you inhale vocalise the mantram HAM. Imagine this energy rising to the brain and then passing to the heart. 3. Now exhale the breath imagining the sexual energy being fixed in the heart. Whilst exhaling, vocalise the mantram SAH. If the spasm is very strong, refrain, refrain, and continue inhaling and exhaling with the help of the mantram HAM-SAH. HAM is masculine. SAH is feminine. HAM is Solar. SAH is Lunar.

One must expel the air rapidly through the mouth producing the sound SAH in a soft and delightful way. One must inhale with the mouth half open, mentally singing the mantram HAM.

The basic idea of this esoteric exercise is to invert the respiratory process making it truly positive, since in the present state the negative lunar aspect SAH predominates, which leads to seminal discharge. By inverting the respiratory process through this breathing exercise, the centrifugal force becomes centripetal and the semen then flows inwards and upwards.

The instructions that we have given in the preceding paragraphs in the case of spasm, can also be applied in general, to every practise of Sexual Magic. Every practice of Sexual Magic can be concluded with this marvellous exercise

4

In very grave cases

Chapter 21 — The Ninth Sphere

In very grave cases, when the sexual spasm occurs suddenly, with imminent danger of seminal ejaculation, the Initiate should immediately withdraw from the act and lie on his back on the floor, holding his breath. To do this he should seal his nasal passages, pressing them with his index finger and thumb. This effort should be accompanied by concentration of thought. The neophyte should concentrate intensely on the pulsations of the phallus, which are a

repetition of the cardiac pulse. He must try to refrain these sexual pulsations to avoid spilling the semen, and if he is forced to inhale oxygen, this should be done with a very short and rapid inhalation, continuing with the maximum retention of breath.

5

I.A.O.

Chapter 9 — Gaio

This is the powerful mantram, or magic word, which should be sung when we are practicing Sexual Magic with the priestess-wife.

The sound of these three powerful vowels should be prolonged in this way: IIIIIIIIIIIII, AAAAAAAA, OOOOOOOO, that is to say, extending the sound of each vowel. One inhales whilst counting to twenty; retains the breath for a count of twenty and then exhales the air, vocalizing the letter I. whilst exhaling one count to twenty. Repeat the same with the letter A. Then follow with the letter O. This is done seven times.

The vowel "I" makes the pineal gland and the Embryo of the Soul, which every human being has incarnated, vibrate. The vowel "A" puts the physical vehicle into vibration, and the formidable "O" makes the testicles vibrate, transmuting marvelously the seminal liquor until it is converted into Christic energies which ascend victoriously to the chalice (the cerebrum).

6

KAWLAKAW, SAWLASAW, ZEESAR

Chapter 9 — Gaio

KAWLAKAW, SAWLASAW, ZEESAR.

KAWLAKAW makes the Man-Spirit vibrates. SAWLASAW puts the terrestrial human personality in vibration. ZEESAR causes the Astral of man to vibrate. These are very ancient mantra.

7

INRI and its four derivatives

Chapter 9 — Gaio

The Divine Saviour of the World, when he practiced with the Priestess in the Pyramid of Kefren, sang the powerful sacred mantram of Fire with her. That is: INRI. The Lord of All Adoration practiced in Egypt with his Isis. He combined this mantram with the five vowels

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I .E.O.U.A. INRI ENRE ONRO UNRU ANRA.

The first is for clairvoyance. The second is for the magic ear. The third is for the chakra of the heart, centre of intuition. The fourth is for the solar plexus or telepathic centre. The fifth is for the pulmonary chakras. The latter confer the power to remember past reincarnations.

The mantram INRI and its four derivatives applicable to the chakras are vocalized dividing them into two syllables, and then extending the sound of each one of the four magical letters. With these mantras we can take sexual Fire to the chakras during the practices of Sexual Magic.

8

The prayer of Hadit

Chapter 28 — The Fire Cult

"Oh Hadit, winged Serpent of Light, be thou the Gnostic secret of my Being, the central point of my connection; the sacred sphere and the blue of the heavens are mine. O- AO KAKOF -NA- KONSA."

The worshippers of the Fire can offer this prayer during the practice of Sexual Magic with their priestess. The letter "H" of Hadit is vocalised as a "J" - thus: "Jadit".

The mantram of this prayer have the power to sublimate the sexual energies, the Hyle of the Gnostics, to the heart.

9

FE... UIN... DAGJ

Chapter 7 — The Seven Churches

Happy are the couples who know how to love. With the sexual act we open the Seven Churches of Apocalypse, and we transform ourselves into Gods. The seven chakras resound with the powerful Egyptian mantram FE... UIN... DAGJ… the last word being guttural.

The perfect exercise of the Seven Churches, the complete Priesthood, is realized in a state of jinas. The great magicians know how to place the body in a state of Jinas. Then they practice all the Priesthood of the Seven Churches.

10

The Our Father

Chapter 12 — The Two Rituals

Of all our ritual prayers the most powerful is the Our Father. This is a magical prayer of immense power. Imaginations, Inspiration, Intuition are the three obligatory paths of initiation.

"Hallowed be Thy Name", that is to say, the Divine Word, the magnificent name of God, the creative Word. "Thy kingdom come", that is to say, with the pronunciation of the Word, of the mantram, the internal Kingdom of the Holy Masters comes to us. "Thy will be done", the union with God, leaving all resolved... With these three petitions Krumm Heller says we have asked all. And if one day we achieve it, we will already be Gods, and in as much shall no longer need to ask.

11

FARAON

Chapter 12 — The Two Rituals · Chapter 23 — The Flying Serpent

The key to go into astral is very simple. It is sufficient to go to sleep mentally pronouncing the powerful mantram FARAON. This mantram is divided into three syllables; FA-RA-ON. When the devotee finds he is in that state of transition which exists between vigil and sleep, he will go within: by means of conscious self-reflection and then will gently get up from his bed, completely identified with his light and fluid Spirit, in the astral body every devotee can attend the Pretor.

Ida is masculine and Pingala is feminine. Here are the sharps and flats of the Great FA that resounds in nature. FA corresponds to the Solar atoms, RA to the Lunar atoms, ON to the flaming Fire that ascends through the central channel. It is necessary to learn how to sound these sharps and flats with the powerful mantram FARAON, in order to go out in the astral body consciously and

positively. With the mantram of these sharps and flats we can travel in the astral body.

The whole mantram FARAON is divided into three syllables, thus: FA - RA - ON. The FA is that of the musical scale. The RA is a deep sound; it should be vocalised with a rolling R. ON reminds us of the mantra OM of India, but the only difference is that here, instead of having the consonant M, it has the consonant N; ON. In general, we can give to the mantram FARAON all the intonation which resounds in all creation with the Great FA.

We advise you to vocalise mentally. The disciple should fall asleep singing this mantram with the Imagination and Will concentrated on the pyramids of Egypt. It requires practice and much patience.

12

The posture of Chac Mool

Chapter 19 — Initiation · Chapter 23 — The Flying Serpent

If one observes the manner in which Chac Mool is reclining, one sees that he is resting in the same position that the Egyptian Initiates assumed when they wanted to leave in the astral body while pronouncing the mantram FA-RA-ON.

The position in which Jesus lay down to go into astral was like that of Chac Mool, but with the head very low and without pillows, the soles of the feet upon the bed, the legs bent and the knees raised. In this way, the Great Hierophant would fall asleep playing on his marvellous lyre, the spinal column.

13

The Sanskrit mantram, and the invocation to Lakhsmi

In the following paragraphs we will teach the mantra for astral projection as taught by a sage in one of his books. These mantras are in the Sanskrit language and the yogis of India use them to leave in the astral body.

"Hare Ram. Hare Ram, Ram Hare Hare. Hare Cristo. Hare Cristo, Cristo, Cristo, Hare, Hare. Hare Murare Modup Coiptus Hare Copal Govind Mukum Sonre. Mage Prage Yodi Kolpi Basi Parvot Tullo Hiro No Dane En Bai de Nem Sri Govind, Sri Govind. Sri Govind. Sri Govind. Ganesha Namap."

The devotee should fall asleep with the head towards the north or towards the east. It is necessary that the devotee should first learn by heart these mantras of India. The devotee should lie down dorsal decubitus (face up), should beg, call and invoke with all his Soul the Master Laksmi to take him out consciously and positively in the astral body. It is necessary to call Laksmi in the name of the Christ.

"In the name of the Christ, by the glory of the Christ, by the power of the Christ, I call you, Lakhsmi Lakhsmi Lakhsmi Amen."

This invocation is repeated thousands of times supplicating to the Master Lakhsmi to take you consciously out of the physical body and to teach you how to travel consciously in the astral body. After making this invocation, recite the Sanskrit mantra thousands of times with the mind concentrated on the Christ.

Fall asleep calmly while making the invocation. When you wake up, practice a retrospective exercise to remember where you were, where you walked, with whom you were speaking etc.

14

The practice of the cardia

Chapter 23 — The Flying Serpent

The devotee should concentrate on his heart, imagining there thunder and lightning, fast moving clouds that are lost in the twilight, blown by strong hurricanes. The Gnostic should imagine many eagles flying in that infinite space which is within, very deep within his heart. Imagine the profound forests of nature, filled with sun and life, the song of birds and the sweet and peaceful chirping of the crickets of the forest.

The disciple should fall asleep imagining all of this. Imagine now that in the forest there is a throne of gold, upon which is seated the Goddess Kãkini, a very divine woman. The Gnostic should fall asleep meditating on this, imagining all this. He should practise one hour daily, but if he practises two or three or more hours daily, even better. He can practise seated in a comfortable arm chair, lying on the floor, or on his bed, with his arms and legs open both right and left as a five-pointed star. Sleep must be combined with meditation. One must have much patience. These marvellous faculties of the cardia are obtained with infinite patience.

15

Supplicating the Serpent of Bronze

Chapter 23 — The Flying Serpent

White magicians, in profound meditation, know how to pray and to supplicate to the Serpent of Bronze to be transported to any place on earth or in the cosmos, and the Flying Serpent transports them.

Blessed be the Divine Mother Kundalini. Blessed be they who fly with the power of the Adorable Mother.

16

The key to the state of Jinas

Chapter 12 — The Two Rituals

The disciple will concentrate on the Master Oguara. The disciple should fall asleep reciting this prayer:

"I believe in Christ, I believe in Oguara, Bãbãji, Mãtãji and the Jinas Masters. Take me out of my bed with the physical body. Take me to the Gnostic Church with my physical body in the state of Jinas."

The devotee will pray this prayer thousands of times. The devotee should fall asleep praying this prayer. When the devotee feels more asleep than awake, when he feels his body as if weak and full of lassitude, when he feels as though drunk with sleep, when he already begins to dream, he gets up from his bed "conserving sleep as the miser conserves his treasure". All the power lies in sleep. In those moments, tremendous forces are working which elevate the vibration of the physical body, accelerating the movement of the atoms to surprising velocities. Then the physical body enters the state of Jinas. It penetrates hyperspace. If the student makes a leap with the intention of floating, then he will notice with surprise that he can fly. In that state he is invisible to the physical world; in that state he can attend the Pretor.

When the physical body is entering the state of Jinas it seems to inflate from bottom to top, from the ankles upwards. Properly speaking, it is not that it inflates, but rather that the astral forces permeate it giving it that inflated appearance

17

Calling for the body

Chapter 7 — The Seven Churches

There is a mysterious chakra in the umbilical region that the magician uses for his states of Jinas. Every magician who finds himself far from his physical body, if he uses the power of this chakra, can beg his Internal God thus:

"My Lord, my God; I beg you to bring me my body."

The Internal God can bring the physical body to the magician in a state of jinas; that is to say, immersed within the astral plane. In these moments the mysterious chakra of the science of Jinas revolves.

18

Asking Kundalini for the fourth dimension

Chapter 31 — The Eskimos of the North

Whoever knows how to pray and ask Mother Kundalini, could well beg her to put him in the fourth dimension and transport him to the Sacred Island.

If someone who has awakened Kundalini were to supplicate to this Kundalini in the moments when falling asleep, asking to be placed in the fourth dimension and transported to the sacred island of the north pole, you could be sure dear reader, that the miracle would inevitably occur. The only thing that the Initiate needs to know is how to raise himself from the bed whilst conserving sleep. The Snake will help him with everything when he in turn, knows how to help himself.

19

Where am I?

Chapter 16 — The Awakening of Consciousness

The human being who is fascinated does not remember himself. We must self-remember from moment to moment. We need to Self-Remember in the presence of every representation that could fascinate us. Let us pause before every representation and ask ourselves:

Where am I? Am I in the physical plane? Am I in the astral plane? Then give a little jump with the intention of floating in the surrounding atmosphere. It is logical that if you float it is because you are outside the physical body. The result will be the awakening of consciousness.

The object of asking this question in each moment is so that it becomes engraved in the subconscious, so that it may manifest later during the hours given to sleep, hours when the ego is really outside the physical body.

20

RAOM – GAOM

Chapter 16 — The Awakening of Consciousness

Upon waking from normal sleep, every Gnostic student should do a retrospective exercise on the process of sleep, to remember all those places he visited during the hours of sleep.

It is necessary not to move at the time of awakening because with this movement the astral is agitated and the memories are lost.

It is urgent to combine the retrospective exercises with the following mantram; RAOM - GAOM. Each word is divided into two syllables. One should accentuate the vowel O. This mantra is for the student what dynamite is for the

miner. Just as the miner opens a way through the bowels of the earth with the aid of dynamite, so also, the student opens a way to the memories of the subconscious with the aid of this mantra.

21

Nourishment for the memory

Chapter 18 — Consciousness, Subconsciousness, Supraconsciousness

You need memory to remember your internal experiences. Do not spill the semen. Know that in the semen are millions of microscopic brain cells. You must not lose those cells.

Prepare your breakfast with acid fruits, and almonds ground with honey from the bee. In this way you provide the brain with the necessary atoms for the memory.

22

Sealing the senses, to see the Tattvas

Chapter 10 — Direct Knowledge

The Great Master Huiracocha teaches a very simple practice to see the Tattvas. (Tattva is the vibration of the ether.)

The exercise is the following: The devotee should place his thumbs in his ears, close the eyes and seal them with the index fingers, close the nose with the middle fingers and finally, seal the lips with the ring and little fingers. In this condition the student should try to see the Tattvas with the sixth sense. This eye is located between the eyebrows.

Yogananda, who gives the same exercise as Krumm Heller, advises to also use the mantra OM. Yogananda says that the devotee should rest his elbows on

some cushions, which should be placed on a table. The devotee will do this practice before the table, with his face toward the East. Yogananda advises that the chair on which the devotee sits to do this practice should be covered with a woolen blanket. This reminds us of Apollonius of Tyana who wrapped himself in a woolen mantle to totally isolate himself from disturbing currents.

At first, the devotee will see nothing but darkness. Nevertheless, the more effort one puts into the practice, the more the clairvoyance and the magic ear will develop, slowly but surely. At first, the devotee will hear nothing but his physiological sounds. However, little by little he will hear during the practice each time more and more delicate sounds. In this way he will awaken his magic ear.

23

SUI-RA, SUE-RA, SUO-RA

Chapter 19 — Initiation

If the student wants to have really vigorous objective clairvoyance in the fullest sense of the word, he must learn to take the solar energy from its deposit in the solar plexus to the frontal chakra. The mantram SUI-RA is the key that permits us to extract solar energy from the plexus of the Sun to carry it to the frontal chakra. Vocalize in this way: SUIII RAAA. When practiced one hour daily the result will be the positive awakening of the frontal chakra If we want Solar strength for the laryngeal chakra, we should vocalize the mantram SUE-RA in this way: SUEEE RAAA. If we need solar energy for the lotus of the heart, we should vocalize the mantram SUO-RA in this way: SUOOO RAAA. Everything is summarized in the Great SUA-RA, where according to the Vedas and the Sastras the Silent Gandharva (celestial musician) is found.

24

The vowel U — the solar plexus

Chapter 19 — Initiation

In this position the aspirant imagines that the energy of the Sun enters through the solar plexus making it vibrate and rotate from left to right, like the hands of a clock when we look at it from the front. This exercise can be done one hour daily. The basic mantram of this magnetic centre is the vowel U. This vowel can be vocalized by elongating the sound in this way: UUUUUU. A well awakened solar plexus animates marvelously all the chakras of the organism. Thus, we prepare ourselves for initiation.

25

The vowel O — the heart

Chapter 19 — Initiation

Those who want to learn how to leave in the astral body at will, those who want to enter into the science of Jinas, to learn how to place themselves within the fourth dimension with the physical body and travel with their physical body to any place in the world without needing an aeroplane; those who urgently need to awaken their clairvoyance and clairaudience, should concentrate their mind daily on the cardiac chakra and meditate profoundly on that marvelous centre. To meditate on this centre for one hour daily is marvelous. The mantram of this chakra is the vowel O, which is vocalized elongating the sound thus: OOOOOOOOOOOOOOO. During the practice given here one should pray to the Christ, asking him to awaken the chakra of the heart.

26

LA, VA, RA, YA, HA

Chapter 19 — Initiation

The region of the Earth extends from the feet to the knees. Its mantram is LA. The region of the Water is from the knees to the anus. Its mantram is VA. The region of the Fire is from the anus to the heart. Its mantram is RA. The region of the Air encompasses the area from the heart to the space between the eyebrows. Its fundamental mantram is YA. The region of the Ether extends from the space between the eyebrows to the top of the head and the mantram is HA.

Brahmä is the God of the Earth Nãrayana is the God of the Water. Rudra is the God of the Fire. Svara is the God of the Air. Sadãshiva is the God of the Ether. By meditating on these ineffable Gods we can obtain their assistance for the awakening of the chakras, wheels or discs of the vital body. It is advisable to make these magnetic centers vibrate to prepare them for the advent of the Fire. Meditate and vocalize the mantram for each element. Concentrate your attention on each of these elemental Gods and beg them to help you with the awakening of the chakras. In this way you will become a practical occultist.

27

Meditation on the Divine Mother

Chapter 18 — Consciousness, Subconsciousness, Supraconsciousness

He who wants to develop Supraconsciousness should practice internal meditation. Concentrate on the Divine Mother who resides in the depths of your Being. Meditate on her. Fall asleep praying that she may put your supraconsciousness into activity. Meditate daily. Meditation is the Daily Bread of the wise. With meditation you will develop supraconsciousness.

28

KLIM KRISHNAYA — the Flaming Star

Chapter 30 — The Five Pointed Star

The Pentagram is the symbol of the Universal Word of Life. With certain secret mantra the Pentagram can be made to shine instantly. In the Gopalätapani and Krisna Upanishad we have found the mantram that has the power to instantly form the terrible Flaming Star in the astral plane, before which demons flee in terror. This mantram is made up of five parts, which are:

KLIM KRISHNAYA GOVINDAYA GOPIJANA VALLABHAYA SWAHA.

By vocalising this mantram, the Flaming Star is instantly formed, before which the tenebrous of the eighteenth arcanum flee in terror.

The powerful mantram mentioned above has three perfectly defined stages. On reciting KLIM, which the occultists of India call the "seed of attraction", we provoke a flow of Christic energy, which descends instantly from the world of the Solar Logos to protect us, and then a mysterious door opens downwards. Then, by means of the three following parts of the mantram, he who has recited it is infused with Christic energy; and finally, by means of the fifth part, he who has received the Christic energy can radiate it with tremendous force to defend himself from the tenebrous.

29

The Pentagram, and where to put it

Chapter 30 — The Five Pointed Star

The Pentagram with the superior point upwards causes the tenebrous to flee. The Pentagram with the point downwards serves to call the tenebrous.

Placed in the doorway with the superior point inwards and the two inferior angles outwards, it prevents black magicians from passing.

The best Electrum is a Flaming Star with the seven metals that correspond to the seven planets. These are the following: silver for the Moon; quicksilver for Mercury; copper for Venus; gold for the Sun; iron for Mars; tin for Jupiter and lead for Saturn. One can make medallions to hang around the neck and rings to wear on the ring finger.

The Flaming Star can also be drawn on a very white lambskin to be kept in the bedroom. It can also be used at the threshold of the nuptial bedroom. Thus we can prevent the tenebrous from entering the bedroom. We can also draw the Pentagram on glass and this terrorises ghosts and demons.

30

The Cult of Fire

Chapter 28 — The Fire Cult

The Fire is terribly divine. In the homes of those who follow the Path of the Perfect Matrimony. Fire must never be absent. A flame, lit with profound devotion is always equal to a prayer and thus, it attracts from above a tremendous flow of divine energy. Every prayer to the Logos should be accompanied by Fire. Thus the prayer is powerful.

The time has come to return to the Cult of Fire. Gnostics should journey to the mountains and there, within the profound bosom of mother nature, build fires, light the Fire, pray and meditate in this way we can attract from above powerful flows of divine energy that will help us in the Great Work of the Father.

31

The rose upon the cross of our body

Chapter 32 — The Divine Trinity

The devotee should purify his bedroom daily with special aromatic substances. Incense purifies the astral body. A good incense attracts the great Masters that we need for our work.

We can mix incense with gum-benzoin. Benzoin purifies the astral body and dispels gross and sensual thoughts. Benzoin can be mixed with incense in a perfume censer, or all burnt within a brazier. This is the most practical.

The essence of roses can also be mixed with these perfumes to purify the environment. It is good to remember that roses have great power. The rose is the queen of flowers. It is necessary that the rose of the Spirit opens its fragrant and delicious bud upon the cross of our body.

We also recommend olibanum to create a devotional atmosphere in the nuptial bedroom. Husband and wife should live in the midst of perfume and Love.