

Rune Fah

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1 That which is called man must be formed and developed within it

CHAPTER 3 RUNE FAH Beloved reader, we have stated very solemnly in our former Christmas messages that the poor intellectual animal is only a chrysalis and that which is called man must be formed and developed within it.

1 Runic Magic, 1969 · Chapter 3, Rune Fah

Certainly, the Solar Fire is what is needed in order for the accessibility of becoming human to be created and developed within each one of us.

2 Runic Magic, 1969 · Chapter 3, Rune Fah

Fohat is the generative force, the central living and philosophical fire that can originate the authentic and legitimate mutant, the real and true human within the Cosmo-biology of the rational animal.

3 Runic Magic, 1969 · Chapter 3, Rune Fah

2 Many types of fire exist

Many types of fire exist; let us remember the Lights of Saint Elmo seen during tempests. It is good for us to remember the mysterious column of fire which was guiding the Israelites in the wilderness.

4 Runic Magic, 1969 · Chapter 3, Rune Fah

It is worthy to remember the strange meteors of fire that appear in cemeteries which physics in its own way has qualified under the name of Fatuous Fires.

5 Runic Magic, 1969 · Chapter 3, Rune Fah

Many reminiscences of lightning exist in the form of balls, cat-meteors, etc.

6 Runic Magic, 1969 · Chapter 3, Rune Fah

3 The Fire of Hermes

In her monumental work entitled The Secret Doctrine, H. P. Blavatsky refers to the sacred fire of Zoroaster, or the ATASH-BEHRAN of Parsis.

7 Runic Magic, 1969 ·Chapter 3, Rune Fah

How ineffable are the words of H. P. B. when she speaks of the Fire of Hermes!

8 Runic Magic, 1969 ·Chapter 3, Rune Fah

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The explanations of this great martyr from the last century are notable when she brings to our memory the Fire of Hermes of the ancient Germans, the flashing lightning of Cibele, the torch of Apollo, the flame of the Altar of Pan, the shining sparks on the hats of the Dioscuri, on the head of the Gorgons, on the helmet of Pallas, and on the Caduceus of Mercury.

9 Runic Magic, 1969 ·Chapter 3, Rune Fah

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How sublime was the imperishable fire in the Temple of Apollo, and in the Temple of Vesta!

10 Runic Magic, 1969 ·Chapter 3, Rune Fah

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How sublime was the Egyptian PTAH-RA! During the night of the centuries, how magnus shone the fire of the Greek Cataibates Zeus, which descended from heaven to earth in accordance with Pausanias.

11 Runic Magic, 1969 ·Chapter 3, Rune Fah

4 The Initiatic books are written with characters of fire

Certainly, the Pentecostal Tongues of Fire and the Flaming Bush of Moses are very similar to the Burning Tunal which brought about the founding of Mexico.

12 Runic Magic, 1969 ·Chapter 3, Rune Fah

The imperishable Lamp of Abraham still shines refulgent and terribly divine.

13 Runic Magic, 1969 ·Chapter 3, Rune Fah

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The Eternal Fire of the bottomless Abyss or Pleroma of the Gnostics is something that can never be forgotten.

14 Runic Magic, 1969 ·Chapter 3, Rune Fah

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When referring to the Sacred Fire, it is convenient to mention the fulgent vapours of the Oracle of Delphi, the Sidereal Light of the Rosicrucian-Gnostics, the Akasha of the Hindustani Adepts, the Astral Light of Eliphas Levi, etc.

15 Runic Magic, 1969 ·Chapter 3, Rune Fah

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The Initiatic books are written with characters of fire. We need to fecundate our intimate nature if what we truly want is the Solar Man to be born within ourselves.

16 Runic Magic, 1969 ·Chapter 3, Rune Fah

5 From chakra to chakra along the dorsal spine

INRI “IGNIS NATURA RENOVATUR INTEGRA”: THE FIRE RENEWS NATURE INTEGRALLY. Among the multiple fires which crackle in the Divine Eagle, the one which glows, glitters and shines in the pineal gland (the superior part of the brain) is always the singer of the Holy Spirit which carries the Ark from city to city, in other words, from chakra to chakra along the dorsal spine.

17 Runic Magic, 1969 ·Chapter 3, Rune Fah

6 We need to awaken consciousness with maximum accelerated urgency

Really, we need to awaken consciousness with maximum accelerated urgency if what we want is to know ourselves in depth. Only the Self-conscious human being can penetrate into the parallel universes by will.

18 Runic Magic, 1969 ·Chapter 3, Rune Fah

The Hindustani Hatha Yogis talk at length about Devi-Kundalini, the igneous serpent of our magical powers, and they even suppose that they can awaken it based on respiratory exercises and many other complicated and difficult physical practices.

19 Runic Magic, 1969 ·Chapter 3, Rune Fah

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We, the Gnostics know that the brazen serpent, which healed the Israelites in the wilderness, the divine Princess of Love, only awakens and rises along the dorsal spine by means of the Maithuna. Nonetheless, it is not advantageous to undervalue Pranayama. It is worthy to know that this magical science of breath (Pranayama), when wisely combined with scientific meditation, permits us to utilize certain sparks, flashes, flames of Kundalini, for the healthy purpose of attaining the Awakening.

20 Runic Magic, 1969 ·Chapter 3, Rune Fah

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To consciously work within the distinct parallel universes, to travel by will in a lucid, clear and brilliant way through all of those supra-sensible regions, is only possible by transforming the sub consciousness into consciousness.

21 Runic Magic, 1969 ·Chapter 3, Rune Fah

7 A Judo of the Spirit exists

A Judo of the Spirit exists; we are referring to the Runic exercises. These are formidable in order to attain the awakening of the consciousness.

22 Runic Magic, 1969 · Chapter 3, Rune Fah

Whosoever wants to work with this Judo must begin to work with the Rune of Mercury, which has a violet colour that originates extraordinary cosmic forces.

23 Runic Magic, 1969 · Chapter 3, Rune Fah

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Therefore, it is necessary to know that this aforesaid Nordic Rune encloses in itself the whole potency, an impulse for fecundity.

24 Runic Magic, 1969 · Chapter 3, Rune Fah

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We need the Fohat's breath, the Pentecostal sparks, in order to fecundate our own psyche, in order for us to become Self-conscious.

25 Runic Magic, 1969 · Chapter 3, Rune Fah

8 Pranayama, prayer, meditation and a specific sacred posture

If we analyze the practice of the Rune FAH, we can affirm that Pranayama, prayer, meditation and a specific sacred posture exist within it.

26 Runic Magic, 1969 ·Chapter 3, Rune Fah

9 We must salute each new day

PRACTICE When we get out of bed, with immense happiness we must salute each new day by raising our arms towards our Lord, the Sun-Christ. The arms must be placed in such a way that the left arm must be a little more elevated than the right one, and the palms of our hands must remain before the light in that ineffable and sublime attitude of one who really longs for receiving the solar rays.

27 Runic Magic, 1969 ·Chapter 3, Rune Fah

10 Inhaling the air through the nose and exhaling it through the mouth

This is the sacred posture of the Rune FAH. Thus, this is the method in order for us to work with Pranayama, by inhaling the air through the nose and exhaling it through the mouth in a rhythmical way and with much faith.

28 Runic Magic, 1969 ·Chapter 3, Rune Fah

11 The light of the Sun-Christ penetrates within us

Let us imagine in those instants that the light of the Sun-Christ penetrates within us through the fingers of our hands, then circulates through our arms, inundates the whole of our organism, and finally reaches the consciousness in order to stimulate it, to awaken it, and to call it into activity.

29 Runic Magic, 1969 · Chapter 3, Rune Fah

12 Before the starry sky of Urania

You must also practice this Runic Judo in the mysterious and divine nights, before the starry sky of Urania, with the same posture, and praying like this:

30 Runic Magic, 1969 ·Chapter 3, Rune Fah

Marvelous Forces of Love, revive my Sacred Fires, so that my consciousness will awaken. FAAA….. FEEE…. FIIII…… FOOO…… FUUU……

31 Runic Magic, 1969 ·Chapter 3, Rune Fah

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This short yet great prayer can and must be prayed with all of our heart, as many times as we want.

32 Runic Magic, 1969 ·Chapter 3, Rune Fah

13 The Rune FA has its two arms upwards

Observe very carefully the two diagrams of the Rune Os. In the same way that the Rune FA has its two arms upwards, the Rune Olin has them downwards, and this is profoundly significant.

33 Runic Magic, 1969 ·Chapter 28, Rune Os

14 Practice these Runes in order

Practice these Runes in order, you should start your Runic exercises the 21st of March [read Chapter 3]. Dedicate the time that you wish to each Rune.

34 Runic Magic, 1969 ·Chapter 46, Rune Gibur