

Rune Os

The Runes · 9

"Those who are single can and must utilize the creative energy for the awakening of the consciousness."

37 passages 9 practices 37 sections 8 parts

Samael Aun Weor · in his own words

Every word here is his. Each passage was cut out of the book it belongs to by reference and carries that book and the chapter it came from, so anything on this page can be found again in the source.

This is the ninth of the runes he teaches, and its chapter is written for those who have no spouse. “It is urgent, indispensable, and unpostponable that we deeply study the problem of sexual transmutation for single people”, he begins. For the married he gives the Maithuna; then he asks: “what about those who are single, who do not have a spouse? Then what?” He does not soften the answer: “without the Maithuna, it is more than impossible to reach the Adepthood, which is so longed for.” And yet “those who are single can and must utilize the creative energy for the awakening of the consciousness.”

The rune belongs to Scorpio: “This Rune intensely vibrates with the Constellation of the Scorpion” It has another name. “This is the same Rune Olin of Aztec Mexico”, and among the Aztecs “Olin is the mystical symbol of the God of Wind, the Lord of the Cosmic Movement.” He tells of the God of Wind, whom he knew, and of the Elemental Sphinx of Nature, who said to him: “Kiss me with purity.”

His practice joins the body, the breath and the sound. Where the Rune Fah lifts its arms, “the Rune Olin has them downwards, and this is profoundly significant.” Breathing out, “imagine the sexual energies entering the heart”; then prayer to the Father and to the Divine Mother. In an earlier book he gives the same rune for the same people: “Our single disciples of both sexes can transmute their sexual energy with the Rune OLIN.”, and asks of them that they “should be absolutely pure in thought, in word and in deed.” The last part gives the day on which the runes are begun.

What is in it

Part One — Sexual transmutation for single people

1 We deeply study the problem of sexual transmutation for single people 1

2 Innumerable letters from many single students 1

3 The medicine against such subjective states is sexual magic, the Maithuna 1

4 The Maithuna establishes an adequate foundation 1

5 The Chela (disciple) becomes accustomed to refraining the sexual impulse 1

6 Daily practice is needed, year after year, with intensity 1

Part Two — What about those who are single

7 This formula only works when one has a spouse 1

8 Here is precisely where the problem resides 1

9 I want to refer to sexual transmutation for single men and women 1

10 They also need to progress 1

11 Those who are single can and must utilize the creative energy for the awakening of the consciousness 1

12 What we need to know is the technique 1

Part Three — This is the same Rune Olin of Aztec Mexico

13 This Rune intensely vibrates with the Constellation of the Scorpion 1

14 Olin is the mystical symbol of the God of Wind 1

15 I personally know the angel Ehecati, the God of Wind 1

16 Ehecatl is certainly a Guru Deva who has power over the Sylphs of the air 1

Part Four — The Elemental Sphinx of Nature

17 The millenary Sphinx in the sacred land of the Pharaohs 1

18 Kiss me with purity 1

19 It is necessary to awaken the consciousness 1

Part Five — Practice

20 Observe very carefully the two diagrams of the Rune Os 1

21 There is the need to successively alternate movements 1

22 You must combine the movement with harmonious and rhythmic breathing 1

23 Imagine the sexual forces rising 1

24 These nerves or tubes reach the brain 1

25 Beseech the Father who is in secret 1

26 Beseech your Divine Mother Kundalini 1

27 Build faith even the size of a grain of mustard seed 1

28 Ask and it shall be given you 1

Part Six — Our single disciples of both sexes can transmute their sexual energy with the Rune OLIN

29 Our single disciples of both sexes can transmute their sexual energy with the Rune OLIN 1

30 With the exercise of the Rune OLIN we should carry out several movements of the arms 1

Part Seven — OLIN, the sacred sign of the Aztecs Indians

31 OLIN, the sacred sign of the Aztecs Indians, is the door 1

32 The exercise of OLIN must be performed by placing the right arm upon the waist 1

33 The sign OLIN is governed by the sign of Scorpio 1

34 Only by going through the doors of OLIN 1

35 The numerical value of the sign OLIN of the Aztecs is four 1

36 The Magic Key, Rune Olin 1

Part Eight — Practice these Runes in order

37 Practice these Runes in order 1

THE MAP

Eight parts: sexual transmutation for single people, those who have no spouse, the Rune Olin and the God of Wind, the Elemental Sphinx, his practice, the practice in the Manual, OLIN in his other books, and the runes in order

Tap a part to go to it.

Sexual transmutation for single people
part one · 6 passages

What about those who are single
part two · 6 passages

This is the same Rune Olin of Aztec Mexico
part three · 4 passages

The Elemental Sphinx of Nature
part four · 3 passages

Practice
part five · 9 passages · 7 practices

Our single disciples of both sexes can transmute their sexual energy with the R
part six · 2 passages · 1 practice

OLIN, the sacred sign of the Aztecs Indians
part seven · 6 passages · 1 practice

Practice these Runes in order
part eight · 1 passages

Part One — Sexual transmutation for single people

1 passage

I We deeply study the problem of sexual transmutation for single people

He opens the chapter of the Rune Os with the question it answers.

CHAPTER 28 RUNE OS It is urgent, indispensable, and unpostponable that we deeply study the problem of sexual transmutation for single people in this 1968-1969 Christmas message.

1 Runic Magic, 1969 ·Chapter 28, Rune Os

1 passage

II Innumerable letters from many single students

Why the question is pressing.

Innumerable letters from many single students suffering from nocturnal pollutions are constantly arriving to this patriarchal headquarters of the Gnostic movement.

2 Runic Magic, 1969 · Chapter 28, Rune Os

1 passage

III The medicine against such subjective states is sexual magic, the Maithuna

The answer he always gives, and what it cannot stop while the ego lives.

Certainly, nocturnal pollutions are something filthy, dirty and execrative. We always answer that the medicine against such subjective states is sexual magic, the Maithuna. However, we must clarify this matter. While we remain very alive, in other words, while we remain with the ego existing in the forty-nine regions of the subconsciousness, erotic dreams inevitably will continue.

3 Runic Magic, 1969 · Chapter 28, Rune Os

1 passage

IV The Maithuna establishes an adequate foundation

What the Maithuna does secure.

Nonetheless, to make light within the darkness, we must emphatically affirm that the Maithuna establishes an adequate foundation in order to avoid nocturnal pollutions, even when pornographic dreams continue.

4 Runic Magic, 1969 · Chapter 28, Rune Os

1 passage

v The Chela (disciple) becomes accustomed to refraining the sexual impulse

How it works, even in sleep.

What occurs is that with the Sahaja Maithuna (sex-yoga), the Chela (disciple) becomes accustomed to refraining the sexual impulse often. Therefore, when an erotic dream is produced, the mind refrains the sexual impulse by instinct. This is how we avoid what is called a nocturnal pollution or the lamentable loss of the vital liquor.

5 Runic Magic, 1969 ·Chapter 28, Rune Os

1 passage

VI Daily practice is needed, year after year, with intensity

What the formula asks of the one who uses it.

It is clear, certain and evident that such a formula helps when one has continuity of purpose. Thus, daily practice is needed, year after year, with intensity.

6 Runic Magic, 1969 · Chapter 28, Rune Os

Part Two — What about those who are single

1 passage

I This formula only works when one has a spouse

The limit of the formula.

Unfortunately, this formula only works when one has a spouse, but, what about those who are single, who do not have a spouse? Then what?

7 Runic Magic, 1969 · Chapter 28, Rune Os

1 passage

II Here is precisely where the problem resides

How grave the problem is.

Here is precisely where the problem resides, and it is certainly very grave. If what we truly want is to utilize this formula, then what we need is to get a spouse.

8 Runic Magic, 1969 · Chapter 28, Rune Os

1 passage

III I want to refer to sexual transmutation for single men and women

He turns to those without a spouse.

Now, let us pass into another very similar matter. I want to refer to sexual transmutation for single men and women.

9 Runic Magic, 1969 · Chapter 28, Rune Os

1 passage

IV They also need to progress

What the single can do, and what they cannot.

It would be lamentable if single men and women could not utilize the sexual energy in some way. They also need to progress. So how? Well, let us get to the roots, to the facts. I do not want to say that those who are single can Self-realize themselves in depth. They cannot, because it is clear that without the Maithuna, it is more than impossible to reach the Adepthood, which is so longed for.

10 Runic Magic, 1969 ·Chapter 28, Rune Os

1 passage

v Those who are single can and must utilize the creative energy for the awakening of the consciousness

What the energy is for, when one is single.

TWO FORMULAS

when one has a spouse



the Maithuna establishes an adequate foundation

the Chela (disciple) becomes accustomed to refraining the sexual impulse

without the Maithuna, it is more than impossible to reach the Adepthood

what about those who are single, who do not have a spouse?



can and must utilize the creative energy

for the awakening of the consciousness

What we need to know is the technique

Passages 4, 5, 7, 10 and 11: the formula he gives to those who have a spouse, and what he gives to those who have none. The frames are ours.

Nevertheless, those who are single can and must utilize the creative energy for the awakening of the consciousness.

11 Runic Magic, 1969 ·Chapter 28, Rune Os

1 passage

VI What we need to know is the technique

Into the fields of the Rune Os.

What we need to know is the technique, and this is precisely what this present chapter is committed to. Thus, let us now in full, enter into the fields of the Rune Os.

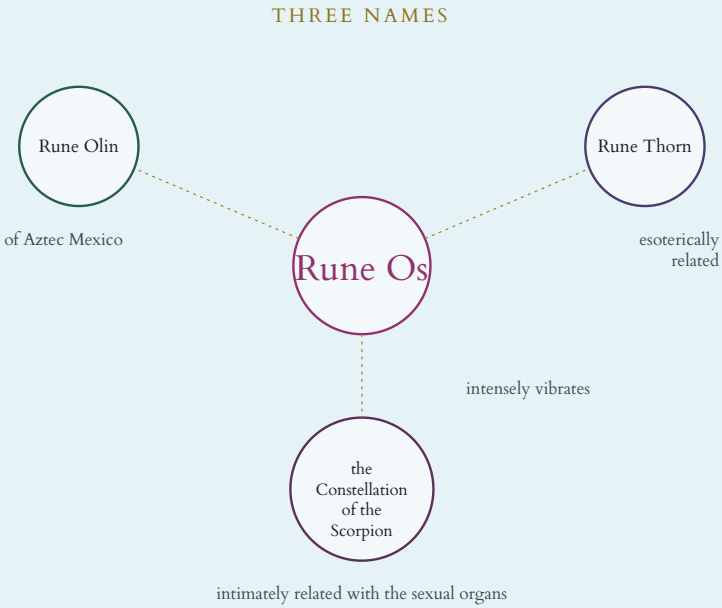
12 Runic Magic, 1969 ·Chapter 28, Rune Os

Part Three — This is the same Rune Olin of Aztec Mexico

1 passage

I This Rune intensely vibrates with the Constellation of the Scorpion

The rune, its stars, and its two other names.



Passage 13: the rune, its other name among the Aztecs, the rune he ties it to, and its constellation. The circles are ours.

This Rune intensely vibrates with the Constellation of the Scorpion, which is very important because this court of stars is found intimately related with the sexual organs. This is the same Rune Olin of Aztec Mexico and it is esoterically related with the famous Rune Thorn.

13 Runic Magic, 1969 ·Chapter 28, Rune Os

1 passage

II Olin is the mystical symbol of the God of Wind

Who Olin stands for among the Aztecs.

Among the Aztecs, Olin is the mystical symbol of the God of Wind, the Lord of the Cosmic Movement. The name of this angel is Ehecati, the one who intervened in the resurrection of Jesus by transmitting Prana, life into the body of the great Kabir and saying: "Jesus rise with your body from within your tomb."

14 Runic Magic, 1969 · Chapter 28, Rune Os

1 passage

III I personally know the angel Ehecati, the God of Wind

His own testimony, and the link between movement and will.

I personally know the angel Ehecati, the God of Wind. He is certainly an extraordinary Deva who lives in the World of the Conscious Will. So then, we can see the intimate existent esoteric relation between the Rune Os and the Rune Thorn (movement and will). Albeit, the many "super-transcended" stubborn ones from the worthless pseudo-esoterism and pseudo occultism will laugh at the notion of elemental creatures of Nature, considering them fantasy. Even when they mock and do scoff at Paracelsus and his elementals, such as Gnomes, Pygmies, Sylphs, Salamanders, etc., etc., these elementals have existed, do exist, and will always continue to exist, eternally.

15 Runic Magic, 1969 ·Chapter 28, Rune Os

1 passage

IV Ehecatl is certainly a Guru Deva who has power over the Sylphs of the air

The God of Wind and the elementals of the air.

THE GOD OF WIND



Ehecatl

the God of Wind, the Lord of the Cosmic Movement

lives in the World of the Conscious Will

has power over the Sylphs of the air

Rune Os (movement and will) Rune Thorn

the intimate existent esoteric relation

Passages 14 to 16: who Olin stands for, where he lives, what he rules, and why this rune is joined to Thorn. The lines of wind are ours.

Ehecatl is certainly a Guru Deva who has power over the Sylphs of the air. So, what if the foolish, obtuse, and stubborn do not like this? Do they laugh about elementals? Do they mock us? Frankly, we are not bothered by it, since he who laughs at what he does not know is an ignoramus who walks the path of idiocy.

16 Runic Magic, 1969 · Chapter 28, Rune Os

Part Four — The Elemental Sphinx of Nature

1 passage

I The millenary Sphinx in the sacred land of the Pharaohs

The instructor of the Devic College, and how she came to him.

The millenary Sphinx in the sacred land of the Pharaohs corresponds to the Elemental Sphinx of Nature, which is the mysterious instructor of the holy Devic College. This Elemental Sphinx of ancient Egypt, which is so intimately related with the mysterious Sphinx of stone, came to me when I was born in the world of Conscious Will. This Elemental came with its feet covered with mud... so, I exclaimed: “Your feet are filled with clay!” It was clear... I understood everything... In this black age which is governed by the Goddess Kali, everything has been profaned, and no one wants to do anything with the Sacred College of the Sphinx.

17 Runic Magic, 1969 ·Chapter 28, Rune Os

1 passage

II Kiss me with purity

What she asked of him.

When I, filled with love, wanted to kiss this Elemental, she (the Sphinx) told me: “Kiss me with purity.” This I did when kissing her cheek. Afterwards, the Sphinx returned to her point of departure, that is to say, to the sacred land of the Pharaohs.

18 Runic Magic, 1969 ·Chapter 28, Rune Os

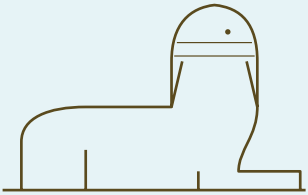
1 passage

III It is necessary to awaken the consciousness

What must come first, for anyone who would speak with her.

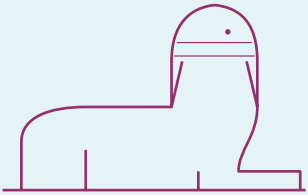
THE SPHINX

Kiss me with purity.



the mysterious Sphinx of stone

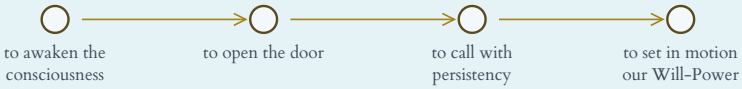
in the sacred land of the Pharaohs



the Elemental Sphinx of Nature

the mysterious instructor of the holy Devic College

first of all, it is necessary



Passages 17 to 19: the Sphinx of stone and the Elemental Sphinx of Nature, what she asked of him, and the four things that come first. The sphinxes are ours.

All the Gnostic Brethren would like to do the same thing, to talk face to face with the Elemental Sphinx of Nature, to have a dialogue with the Devas, to walk with Ehecati. But, first of all, it is necessary to awaken the consciousness, to open the door, to call with persistency, to set in motion our Will-Power.

19 Runic Magic, 1969 ·Chapter 28, Rune Os

Part Five — Practice

1 passage · 1 practice

I Observe very carefully the two diagrams of the Rune Os

The rune's arms, against the arms of Fah.

A PRACTICE

PRACTICE: Observe very carefully the two diagrams of the Rune Os. In the same way that the Rune FA has its two arms upwards, the Rune Olin has them downwards, and this is profoundly significant.

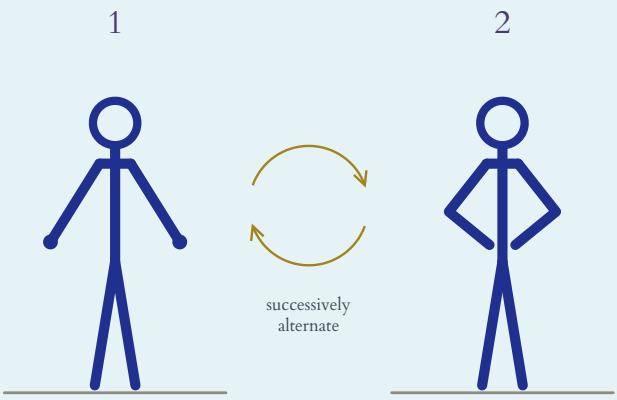
20 Runic Magic, 1969 ·Chapter 28, Rune Os

1 passage · 1 practice

II There is the need to successively alternate movements

The two positions, one after the other.

TWO POSITIONS



the Rune FA has its two arms upwards, the Rune Olin has them downwards

this is profoundly significant

Passages 20 and 21: the two diagrams he asks us to observe, taken one after the other. The drawings are from Practice These Runes in Order and may later be replaced by paintings.

A PRACTICE

During these esoteric practices, there is the need to successively alternate movements by placing the arms in the first position (downwards), then, in the second position (placing the arms on our waist as in the Rune Dorn or Thorn). I repeat, examine very carefully the two diagrams of the Rune Os.

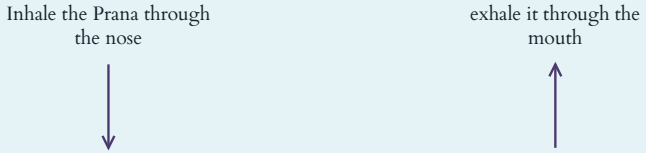
21 Runic Magic, 1969 ·Chapter 28, Rune Os

1 passage · 1 practice

III You must combine the movement with harmonious and rhythmic breathing

The breath, and the sound that goes out with it.

BREATH AND SOUND



T T O O O O R R R R R NNN

the mystic sound

prolonging the pronunciation of each letter

combine the movement with harmonious and rhythmic breathing

Passage 22: the breath, and the sound that goes out with it, letter by letter as he spells it. The colours are ours.

A PRACTICE

During these Runic practices, you must combine the movement with harmonious and rhythmic breathing. Inhale the Prana through the nose, and exhale it through the mouth along with the mystic sound TTOOOORRRRRNNN, prolonging the pronunciation of each letter.

22 Runic Magic, 1969 ·Chapter 28, Rune Os

1 passage · 1 practice

IV Imagine the sexual forces rising

Where the imagination follows the energy on the in-breath.

A PRACTICE

When inhaling, imagine the sexual forces rising, ascending from the sexual glands throughout the pair of sympathetic nervous cords, which are known in India by the names of Ida and Pingala.

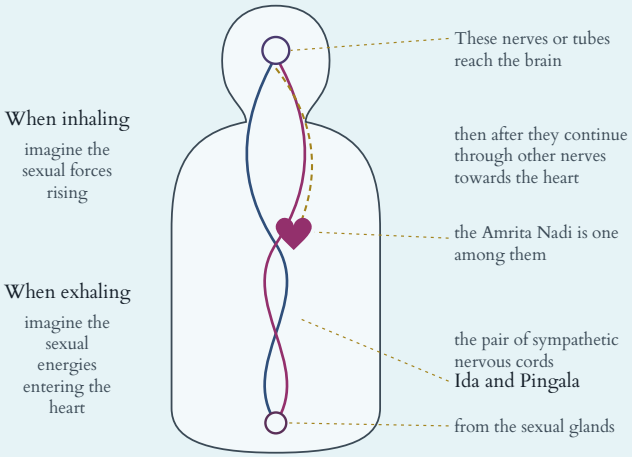
23 Runic Magic, 1969 · Chapter 28, Rune Os

1 passage · 1 practice

v These nerves or tubes reach the brain

Where it goes on the out-breath, and what will adds.

THE PATH OF THE ENERGY



reaching to the consciousness

Strike the consciousness with force, with THELEMA (Will-Power)

Passages 23 and 24: where the imagination follows the energy on each breath, as he names the way. The outline and the colours are ours.

A PRACTICE

These nerves or tubes reach the brain, then after they continue through other nerves towards the heart. These nerves are other channels, the Amrita Nadi is one among them. When exhaling, imagine the sexual energies entering the heart, and even penetrating more deeply, reaching to the consciousness in order to awaken it. Strike the consciousness with force, with THELEMA (Will-Power), thus combining the Runes Thorn and movement.

24 Runic Magic, 1969 ·Chapter 28, Rune Os

1 passage · 1 practice

VI Beseech the Father who is in secret

After the movements: prayer and meditation.

A PRACTICE

Afterwards, pray and meditate. Beseech the Father who is in secret, ask Him to awaken your consciousness.

25 Runic Magic, 1969 · Chapter 28, Rune Os

1 passage · 1 practice

VII Beseech your Divine Mother Kundalini

The prayer to the Mother, for the energies to reach the heart.

THE PRAYER

Beseech the Father who is
in secret



ask Him to awaken your
consciousness

Beseech your Divine Mother
Kundalini



to make the sexual
energies reach the heart

to the very profound
bottom of your
consciousness

Afterwards, pray and meditate.

Passages 25 and 26: after the movements, the two prayers he gives and what each asks for. The sun and the crescent are ours.

A PRACTICE

Beseech your Divine Mother Kundalini, beg Her with infinite love to raise, to make the sexual energies reach the heart and even further, to the very profound bottom of your consciousness.

26 Runic Magic, 1969 ·Chapter 28, Rune Os

1 passage

VIII Build faith even the size of a grain of mustard seed

How to pray.

You must love and pray, meditate and supplicate. Build faith even the size of a grain of mustard seed and you will be able to say unto a mountain, “remove hence to a distant place”, and it shall remove. Remember that doubt is the beginning of ignorance.

27 Runic Magic, 1969 ·Chapter 28, Rune Os

1 passage

IX Ask and it shall be given you

The last line of his chapter.

> “Ask and it shall be given you, Knock and it shall be opened unto you.”
> 28 Runic Magic, 1969 · Chapter 28, Rune Os

♡ Part Six — Our single disciples of both sexes can transmute their sexual energy with the Rune OLIN

1 passage

I Our single disciples of both sexes can transmute their sexual energy with the Rune OLIN

From an earlier book of his: the same practice, step by step, with the breath and the mantram.

6. Our single disciples of both sexes can transmute their sexual energy with the Rune OLIN. EXERCISE 7. In a firm footed position the disciple will do several inhalations and exhalations rhythmically. 8. As he inhales air he should unite his imagination and will in vibrant harmony to make the sexual energy rise through the two ganglionic cords of the Medulla until it reaches the brain, between the eyebrows, the throat and the heart, respectively. 9. Then the disciple will exhale his breath, firmly imagining that the sexual energy is fixed on the heart. 10. On exhaling his breath, the disciple will vocalize the mantram "THORN" in this manner. TOOOOOOOOOOORRRRRRRNNNNNNN... 11. In this way our disciples who are single, of both sexes, can transmute their sexual energy 12. The sexual energies are also transmuted with the esthetic sense, with love of music, sculpture and in great walks, etc. 13. The single person who does not want to have sexual problems should be absolutely pure in thought, in word and in deed.

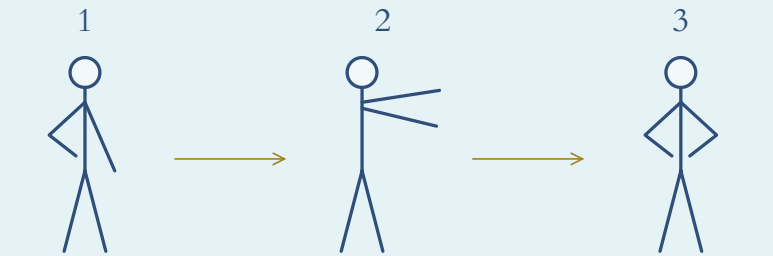
29 Manual of Practical Magic, 1954 ·(Thau) The Return

1 passage · 1 practice

II With the exercise of the Rune OLIN we should carry out several movements of the arms

The movements of the arms that go with it.

THE MOVEMENTS OF THE ARMS



the arms stretched to form an acute angle with the trunk

With the exercise of the Rune OLIN we should carry out several movements of the arms.

Passage 30, from the Manual of Practical Magic: the three movements, in his order. The figures are ours; the right hand is the figure's own right.

A PRACTICE

14. With the exercise of the Rune OLIN we should carry out several movements of the arms. 15. The disciple should place his right hand on his waist. 16. He will extend both hands towards the left, the left hand slightly more elevated than the right, the arms stretched to form an acute angle with the trunk. 17. Place both hands on the waist.

30 Manual of Practical Magic, 1954 ·(Thau) The Return

Part Seven — OLIN, the sacred sign of the Aztecs Indians

1 passage

I OLIN, the sacred sign of the Aztecs Indians, is the door

What the sign is, in another of his books.

40. This mantra has the power to reinforce the Pure Akasa within our Brahmanic cord. 41. OLIN, the sacred sign of the Aztecs Indians, is the door to enter into the great Mysteries of the fire.

31 Igneous Rose, 1954 · Chapter 31, The Creative Larynx

1 passage · 1 practice

II The exercise of OLIN must be performed by placing the right arm upon the waist

The exercise as he gives it there.

A PRACTICE

42. The exercise of OLIN must be performed by placing the right arm upon the waist. Then, both arms must be extended towards the left side of the body and at the end, both arms must be placed upon the waist, while vocalizing the mantra THORN. 43. The vocalization must be combined with inhalations and exhalations of pure air with the intention of carrying the vital Christ to each one of the seven bodies.

32 Igneous Rose, 1954 · Chapter 31, The Creative Larynx

1 passage

III The sign OLIN is governed by the sign of Scorpio

Scorpio, and where the power of the fire is found.

44. The sign OLIN is governed by the sign of Scorpio which controls the sexual organs. 45. We know that the whole power of the Kundalini is found in the phallus and in the uterus. The secret for awakening the Kundalini is contained within the union of the two. 46. On one occasion, when conversing with a Master of the great White Hierarchy, he touched my sexual organs in order to examine me. I then felt an electric shock throughout my body. The Master was very content and said to me: "You are progressing very well." 47. Nature has its origin in the fire and the entire power of the fire is found enclosed within our sexual organs.

33 Igneous Rose, 1954 · Chapter 31, The Creative Larynx

1 passage

IV Only by going through the doors of OLIN

OLIN and the will.

40. Only by going through the doors of OLIN, can we break the chains that have made the Human Will a prisoner of earthly things.

34 Christ Will, 1959 · Chapter 1, Thy Will Be Done

1 passage

v The numerical value of the sign OLIN of the Aztecs is four

Its number.

11. The numerical value of the sign OLIN of the Aztecs is four.

35 Christ Will, 1959 · Chapter 8, The Fourth Chamber

1 passage

VI The Magic Key, Rune Olin

Where it stands among the Arcana.



Passages 31 and 33 to 36, from Igneous Rose, Christ Will and Tarot and Kabalah: what the sign is, what governs it, what it opens, its number, and the Arcanum it keys. The circle is ours.

Transmutation: The Fool, Foolishness “Total Demoralisation due to evil. The Magic Key, Rune Olin. The Antithesis; enemies of Hiram Abiff.”

36 Tarot and Kabalah, 1978 · Chapter 86, Prediction and Synthesis

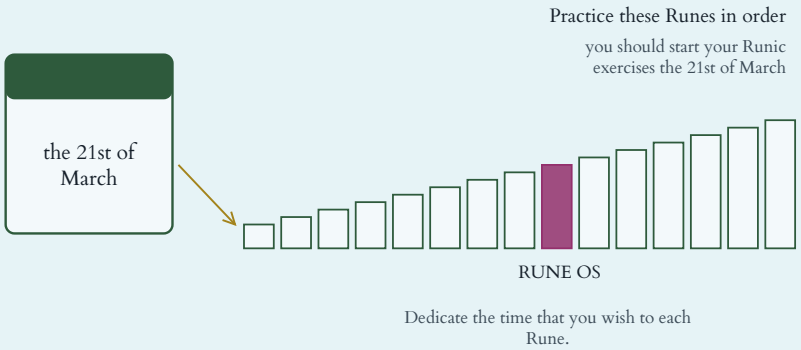
Part Eight — Practice these Runes in order

1 passage

I Practice these Runes in order

From his last rune chapter: where the runic exercises begin, and when.

IN ORDER



Passage 37, from his last rune chapter, with the name of this rune from passage 1: the fifteen runes in his order, begun on the 21st of March. This rune is the ninth step; the steps are ours.

Practice these Runes in order, you should start your Runic exercises the 21st of March [read Chapter 3]. Dedicate the time that you wish to each Rune.

37 Runic Magic, 1969 ·Chapter 46, Rune Gibur

Where to practise

His practice is in Part Five, and he gives it again in Part Six from an earlier book. These lines only point back to it; each names the passages it rests on.

1. Take the two positions one after the other: the arms downwards, then the hands on the waist. (21)
2. Breathe in through the nose and out through the mouth with the sound he spells TTOOOORRRRRNNN, drawing out each letter. (22)
3. Breathing in, imagine the sexual forces going up from the sexual glands through the two cords, Ida and Pingala. (23)
4. Breathing out, imagine them entering the heart and going on to the consciousness. (24)
5. Afterwards pray and meditate, to the Father who is in secret and to the Divine Mother. (25)
6. He asks the single person to be pure in thought, word and deed. (29)
7. If you go on to the other runes in his order, he gives the day to begin. (37)

Read beside it

- Rune Ur: The rune before Dorn and Thorn in his order.
- Chastity: Chastity and the sexual energy; 4 of these passages also stand there.
- The Mantras: The mantram THORN and his other sounds; 4 of these passages also stand there.
- Christ Will: His book on the will, where the doors of OLIN are named.
- Runic Magic: The whole book's practices, every rune in one volume; 12 of these passages also stand there.
- Rune Fah: The first rune of the series, whose arms go upwards where these go down.

About this booklet

His words only. 37 passages from five of his books: his whole chapter on this rune in the Esoteric Course of Runic Magic, “Rune Os” (28 passages, in his order); the Rune OLIN practice for single disciples in the Manual of Practical Magic; the exercise of OLIN in Igneous Rose; two lines of Christ Will; one line of Tarot and Kabalah; and his line on practising the runes in order. Every passage carries its book, the chapter it came from and the year it was first printed. Nothing has been paraphrased, joined or improved.

One practice, printed once. He gives the Rune Olin practice for single disciples twice in nearly the same words, in the Manual of Practical Magic and in Tarot and Kabalah (Arcanum 21). It is printed here from the Manual, the fuller of the two.

Shared with other booklets. 26 of the 37 passages also stand in another booklet, and the web page marks each one. 11 are printed here alone.

No sentence of his is cut in half. Where the scan broke one of his sentences across lines, the pieces print as one passage; 9 passages run over more than one paragraph. His headings (Chapter 28, Rune Os, Practice, Exercise) stand at the head of the passage they introduce.

The doctrine check was run over every passage and every line of ours. This is his teaching for single people: they transmute the sexual energy with this rune, for the awakening of the consciousness, and he says plainly that without the Maithuna the Adepthood cannot be reached. No editor's note is owed.

Gathered and checked by the editor. The ninth booklet of The Runes, one for each of his fifteen runes, in his order.