

# Zodiacal Course

*The practice of each sign,*
*and the seven keys of Gemini*

Samael Aun Weor · 1951

### How this booklet treats his words

Every passage below is the Master's own, sliced from the 1951 English edition by its own opening and closing words — never retyped. He gives one practice for each month of the zodiac, and in Gemini the seven keys to the astral body.

Where the printed edition is damaged by scanning — a broken word, a dropped letter, a stray full stop — the reading is given plainly here, so the page reads and prints clean. Every such repair is recorded in the project notes, with its place in the book, so anyone can check what was done.

Corrected October 2026. Earlier versions of this booklet gave some of the Master's early passages on awakening the Kundalini without noting his later teaching that it awakens only through the couple. Notes now sit beneath those passages, and our own headings have been put right. With thanks to the reader who pointed it out.

I

## The Salute

### The master key used before every practice

Now, to end this preamble of our present lesson, I will tell thee, that two columns exist at the door (portico) of all sidereal time: one white and the other black. The column at the right is called "JACHIN" and the left column is called "BOAZ".

Jachin and Boaz are the two "passwords" that will permit thee to enter the heart temple of each star to manipulate rays and provoke events in the physical world.

Then, with interlaced hands above his heart, the disciple will make a small bow of the head saluting the guardian at the right column, inhaling deeply, as in a sigh and immediately pronounces the password: JACHIN. Immediately, he

will make an identical salute to the guardian on the left and pronounce the password: BOAZ. He will once again pray to his Inner Self like this:

"Father, take the seven sacred steps within, towards the interior of the temple and kneel down at the feet of the principal genie of Aries, begging him to come and awaken the powers of my brain and to flood my head with light".

2

## Charging the Head with Light

ARIES — THE HEAD, AND THE TWO GLANDS

The disciple should sit on a comfortable chair and remain thoughtless for five minutes. He should then pray to his Inner Self as follows:

"Father, you who are my true being, I beg that you transport yourself to the main star of the constellation of Aries, to bring the principal genie of that constellation to this humble house, so that he may heal my brain and awaken all the occult powers of my head".

Then the disciple pronounces the mantra: AOM. This mantra is pronounced properly opening the mouth with the vowel "A", rounding it off with the vowel "O", and closing it with the letter "M", like this: AAAAAAAAOOOOOOOOOMMMMMMMM.

This mantra is pronounced four times with the intention that the light flood our entire brain, Next, the disciple will stand up; extend his right hand forward and move his head seven times forward, seven times backwards, seven rotations to the right and seven times to the left, with the intention that light flood and act within all the glands of the brain.

During this sign, the disciple should vocalize daily for one hour, the vowel I", like this: IIIIIIIIIIIIIIIIIIIIIIIIIIIII….. This vowel will cause your pineal gland to vibrate and finally you will become clairvoyant.

3

## The Window of Brahma

ARIES — THE NIGHTLY HALF HOUR ON THE PINEAL GLAND

The pineal gland is the window of Brahma: a fountain of accumulation for the magician and the disciple should practice before going to bed nightly, this other exercise:

Sit on a comfortable chair, during half an hour. Close your eyes. Remove all thought from your mind. Then, imagine that the fire from the constellation of Aries descends from heaven and penetrates in the igneous columns through your pineal gland.

Meditating daily on the tattwa Tejas, we activate the powers of the astral body.

4

## The Sparkle of Venus

TAURUS — ASKING A FAVOUR OF URIEL IN THE HEART TEMPLE

Sit in a comfortable chair. Close your eyes. Set aside all earthly thought from your mind and focus your thought on your Internal Master, praying like this:

“Dear Father, you who art my true Being, I beg you with all my heart and with all my soul, that you penetrate in the “heart temple” of the star of Venus so that you may kneel at the feet of “Uriel” and ask of him the following favor: (One asks for the favor one desires)”.

Then, the disciple mentally salutes the guardian at the right column, will take a deep breath and pronounce the password “Jachin”. Next, he will do the same with the guardian at the left column and pronounces the password: “Boaz”, in other words, first the deep breath, then he will pray to his Internal Master telling him: “Lord, take the seven steps into the temple to make the petition. My Father, my Lord, my God”. Once the petition has been made, one asks “Uriel” with one’s whole heart for a choir of Angels to accomplish the work. (Singing, they create).

5

## Light in the Throat

### Taurus — the larynx, and the vowel E

The disciple should sit on a comfortable chair. Close your eyes, remove all thought from your mind, make yourself a little drowsy and then focus your mind inwards, towards the Inner Self, praying like this:

“My Father, now transport yourself to the principal star of Taurus, enter through the doors of the heart-temple making the salutes which you already know and beg the sidereal genie and his angels of that star to condescend and come to me, so that they may “prepare” me and cure my larynx.”

Then, already sleepy, the disciple should imagine seeing light accumulated in his head now descending to his throat, while he pronounces the word: "AOM". With the vowel "A" he imagines the light descending from his head to his throat; with the vowel "O", he will imagine the light flooding his throat; and with the vowel "M", the disciple will exhale the breath as if expiring the refuse that resides in his throat. This mantram is pronounced four times.

Therefore, the genii of the constellation of Taurus will personally come to awaken the powers of the larynx and if the disciple has any laryngeal illness, he can ask of these genii of Taurus to be cured and they will cure him. The disciple will also be able to take advantage of these powers to heal others.

The disciple should daily vocalize the vowel "E", like this: EEEEEEEEE..., for one hour.

The vibratory sound of this vowel will awaken the power of the occult ear in him. The vowel "E" causes the Thyroid gland, which is the center of the magical ear, to vibrate. The vowel "E" also develops clairvoyance of the mental body in us. The vowel "E" makes the mental body vibrate and gives us conceptual synthetism and the power to penetrate the Intimate sense of words.

6

## The Seven Keys to the Astral

GEMINI — THE CLUES, GIVEN IN NUMERICAL FORM

The main exercises of Gemini have as objective, to learn the use and maneuver of the astral body. In this sign, we also teach our disciples the secret art of the "Jinn" states, that will allow them to "carry" their physical bodies to the most secluded and remote places of the earth, in a few instants. We will give various clues in a numerical form:

1st The disciple should lie on his bed in a horizontal position. Relax the body so that no muscle applies pressure on the astral body. Become drowsy pronouncing the mantram "Rusti" like this: Ruuuuuuusssssstiiiiiii.

This mantram is pronounced mentally. In those instants, the student should become a "spy of his own sleep" When the student already finds himself in that state of drowsiness or somnolence that precedes sleep, he should get out of bed and leave the room. How? In what manner? Almost all students suppose that it is an exercise of magnetism or auto-suggestion, etc., but they are lamentably mistaken because here we are not dealing with auto suggestion or hypnotisms. Simply get out of bed for Nature will do the rest. She will know how to separate the astral body from the physical body. The disciple merely needs to stand up and leave his room for Nature will do the rest.

Already out of his room, the student will take a little hop with the intention of floating in space and if he floats, he will then be able to transport himself to the Gnostic Church in a few seconds. But if he does not float, the disciple should once again get into bed and repeat the experiment. Some succeed immediately, others take months and even years to learn. But the "tenacious" succeeds in the end.

2nd In an almost imperceptible manner, a keynote always resounds within the brain of every living being. That keynote is that of the ray to which each person belongs and seems to come from the cells of the cerebellum. Some hear the sound of small flutes of the Egyptian ray; others will hear the "gong" of the Oriental ray, others the roaring of the sea, of the lunar ray, etc.

If the disciple silences all his thoughts in the calm of the night, he will hear his keynote; then he can cause that note to vibrate loudly, with will and when the

note is already so loud that it invades and semi-paralyzes the entire physical body, the disciple should get out of bed and betake himself to the Gnostic Church for the Masters of the White Brotherhood will receive him there with incomparable happiness.

3rd If you find yourself dreaming that you are at a certain place and you awaken, then do not move, become sleepy once again, with your imagination set on the aforementioned place, feeling yourself there again as if trying to continue the dream just as it was unfolding, while you cling to that place of the dream with thy Will. Imagination and Will united in vibrant harmony is the key to this clue.

4th At the time of falling asleep, concentrate thy imagination and thy Will intensely, united in vibrant harmony, on a certain place or location. Concentration should be perfect and then begin walking with faith in the "imagined" place. You should not imagine that you are imagining, because the experiment will then fail. One should really feel oneself at the imagined place and totally forget the bedroom.

This experiment should be done during the state of transition between vigil and sleep and once at that place, kneel and ask thy own internal God to take you to the Holy Gnostic Church, which is the great Cathedral of the Soul and the temple in which the Solar Logos, our Lord, the Christ, officiates.

5th Keeping in mind that the soul wanders in all the familiar places or locations during ordinary sleep and that in a state of drowsiness it is occupied in the same trades and toils of the day, you should become accustomed to asking yourselves during the entire day: Where am I? Am I within the body or out of it? Then you will take a little hop with the intention of floating. It is logical that if you float, it is because you are out of the body, and if you do not float, it is because you are still in flesh and bones and continue your path. But, if you manage to float, ask your Inner-Self to take you to the Holy Gnostic Church.

One should ask this question in the presence of something which attracts his or her attention, such as a crowd of people, a funeral procession, a strange object, etc. Many have awakened their consciousness with this formidable clue, because on asking this question, they floated in the air and realized that they were out of the body and that the body had been left asleep in bed. “It is because the soul wanders when the body sleeps.” But the soul can come out of its unconscious drowsiness with this clue. During the day, you should become accustomed to this exercise so that it be recorded in the subconscious and act, during sleep.

6th Before falling asleep in your bed, you will do the following exercise of auto suggestion:

“I am going to sleep. Wherever I appear now is because I am in the astral body. I will recognize myself, I will recognize myself I will recognize myself and will direct myself to the Gnostic Church.”

You can do this auto-suggestion for half an hour and then peacefully fall asleep. In the astral, you will mathematically recognize yourself and at the time of awakening, do not move. Do a retrospective exercise to remember where you have been.

7th Put yourself to sleep pronouncing the mantram: OMNIS BAUM IGNEOS; like this: Oooooommmmmnisssssbaaaaauuuuuuuummmmmmiiiiii gnnneeeeeoooooooooooossssssss,

syllabicating the mantram, lengthening the sound of each vowel and praying to thy Inner- Self to take thee out of the body. Then softly get out of your bed

and floating in space, go to the Gnostic Church.

These are the seven clues to travel in the astral body.

7

## The Jinn State

GEMINI — CARRYING THE PHYSICAL BODY OUT OF THE BED

It is indispensable to take your physical body to the Gnostic Church every Friday and Sunday, at dawn to receive the Gnostic Holy Unction in flesh and bone. You can also take the physical body from the very bed without the need of invoking it from afar.

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Fall asleep vocalizing the following mantrams: Miña Pica Frasco

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Then slowly get out of thy bed, conserving your sleep. Execute a little hop and if you see thyself chubby and floating, then leave your house and betake thyself towards the Gnostic Church.

The forces of the subconscious become activated during sleep and these powerful energies are precisely the ones which allow us to "place our physical body within the astral plane". This is what is called the "Jinn" state.

8

## Calling the Physical Body

GEMINI — INVOKING THE BODY FROM AFAR

You can also invoke your physical body from afar: you will kneel on the earth and pray to your Inner-Self like this:

"Father, bring my body". Then, thy Inner-Self wilt bring thee thy physical body. The atoms of your physical body will tell you: "I am your physical body, don't you know me?" You will be astonished when you see thine own physical body in sleeping clothes, face to face, the same as you left it in bed!

Then command thy physical body thus: "Jump over my head and penetrate through my pineal gland". The Physical body will obey you and you will be with your physical body in any remote place of the earth.

9

## Knock Before You Enter

GEMINI — THE HEART-TEMPLE OF A STAR

When the theurgist "leaves" the physical body, he travels to the sidereal temples in the following manner: The astral body begins to walk in the form of concentric circles, with the intention of reaching the heart-temple of a specific star.

The panorama of things change in a few instants, the theurgist is in the presence of the sidereal temple and the guardians of the columns "J" and "B". The theurgist will make the strictly required salutes as we have taught in the previous pages, take the seven steps inside the heart-temple of the star and will then kneel at the feet of the Sidereal Genie. If the Genie says: "granted", the disciple asks for "choir"; the Genie will make a sign and the army of the verb will begin to sing in sacred language to carry out the "work that we have asked for".

Listen to me well, disciple, always choose the planet you are going to work with. Mars is warlike. Venus, amorous. Mercury, wise. Saturn, melancholic and "concrete". The Moon, motherly. The Sun, leader. Jupiter, lord of high personages.

Never enter any of these dwellings without first knocking at the door. Black magicians assault the mansions of heaven. The white magicians first knock at the door. The door of each star is the heart temple. Intruding visitors enter the stars like thieves in someone else's house. The sons of light enter through the door of the heart temple. The sons of light first ask permission of the lord of the house to visit his abode.

Do you want to learn how to make thyself invisible? Call him night after night so that he may "prepare" thy body; make Gabriel a daily devotion.

10

## Breath for the Lungs

GEMINI — THE EXERCISE

The disciple should lie horizontally on his bed, relax his body and take five breaths of air with the intention that light now penetrates his lungs and bronchi. He will open his arms and legs with each inhalation and will close them with each exhalation. Then, seated on a comfortable chair, he will ask his Inner-Self to betake himself to the constellation of Gemini to bring the sidereal Gods of those temples, so that they will prepare his organism for practical magic.

11

## The Invocation of Gabriel

CANCER — PREPARING THE BODY FOR PRACTICAL MAGIC

The Magician should "prepare" his body for the exercise of practical magic. The magician's body is different from others because it is prepared.

Sit on a comfortable chair; close thy eyes; remove all thought from thy mind; focus the mind on thy Inner-Self and pray like this:

“Father: you who art my true Being, I beg you Lord to enter the heart-temple of the Moon to bring me the Angel Gabriel. Do the Salutes, my Lord...Amen”.

Then, direct thyself to the four cardinal points and perform the following invocation of the Angel Gabriel, blessing the north, south, east and west:

“Thirteen thousand rays has the Sun, thirteen thousand rays has the Moon, thirteen thousand times may the enemies I have, repent!”

The disciple will pray to the Angel Gabriel to prepare his body to become invisible, or to transform his face, stop a bullet or knife in a moment of danger, or to materialize any superior entity, Iamblichus, the great theurgist, made the sidereal Gods visible in the physical world because he had his body well prepared.

The Angel Gabriel will occultly treat the spleen and certain centers of the spinal column in the disciple. When the latter can already make visible and tangible the Angel Gabriel in the physical plane, it is because his body is “prepared”. Then, in a moment of danger he will do the invocation of the Angel Gabriel and if the disciple wants to become invisible, the Angel Gabriel will erase him from the sight of the enemies, or will transform his face if the disciple so desires. The invocation will always be done blessing the four cardinal points.

These exercises, to prepare the body, are practiced our entire lifetime.

12

## The Seal of Solomon at the Thymus

### Cancer — the stomach, and the vowel A

The forces that descend from heaven, on arriving at our "thymus gland", meet the forces that ascend through our organism from the earth, and there, in the "thymus gland", the two triangles of the superior and inferior forces interlace to form the seal of Solomon.

Seated, imagine this marvelous encounter of the cosmic forces forming the seal of Solomon at the thymus gland and sunk in profound inner meditation, pray to thy Inner-Self to enter the sidereal temple of the principal star of Cancer, to bring thee the principal hierarchies of that constellation, so that they may awaken thy inner powers and give that gland a treatment. Vocalize the letter "A" one hour daily.

13

## Not This, Not This — I Am He

### Leo — the heart, and inner meditation

During the sign of Leo, we should act on the heart, through meditation. Inner meditation consists of three phases: 1st - Perfect Concentration 2nd - Perfect Meditation 3rd - Perfect Samadhi

One has to concentrate the mind on the Inner Master. One has to meditate on the majesty of the Inner Master. One has to talk with the Inner Master, until one hears his voice and converses ineffable things with HIM... This is called Samadhi.

"Before the soul can hear, the image (man) has to become as deaf to roarings as to whispers, to cries and bellowing elephants as to the silvery buzzing of the golden fire fly". "Before the soul can comprehend and may remember, she must unto the Silent Speaker be united just as the form to which the clay is modelled, is first united with the potter's mind". "For then the soul will hear, and will remember". "And then to the inner ear speak - The Voice of the Silence".

So then, we should especially practice inner meditation during this sign of Leo. I advise my disciples to practice inner meditation during those instants in which they feel more predisposed to sleep. You should totally dominate the untamed horse of the mind. You should control all possible reactions of the mind before the objects and sounds of the physical world.

The Inner Master is the divine witness. The Inner Master is the Being. The Inner Master is the Inner-Self; therefore, while sunk in deep inner meditation, say:

"NOT THIS, NOT THIS, NOT THIS. I AM HE, I AM HE, I AM HE".

Be demanding with thy Inner Master, he should teach thee the most ineffable things. If thy concentration is intense, then thou shall penetrate in the marvels of the cosmos and will learn things which are impossible to describe with words.

Vocalize daily the vowel "O" during this sign of Leo, to awaken the heart chakra.

14

# The Telepathic Centre

## Virgo — the jumps, the vowel U, and the Gods of Virgo

Subdue the senses and dominate the mind so that you may not react before external impacts.

In the Zodiacal Course of Master "Huiracocha", we are taught that we should give small "jumps" to the stomach during this sign, so that the energies that rise from the earth be charged in the stomach, with adrenal hormones. One should be lying in a horizontal position.

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During the zodiacal sign of Virgo, thou should vocalize the vowel "U" daily to develop the telepathic center of the solar plexus, like this: UUUUUUUUU.... during one hour daily.

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Sit down on a comfortable chair, focus thy mind on thy Inner-Self and ask him to betake himself to the heart temples of the stars of Virgo, so that he may bring the Gods of Virgo to thy house, so that they may awaken thy virgin powers and heal thy stomach. Be assured, beloved reader, that the Sidereal Gods will attend thy call.

He will really enter the sidereal temples, do the necessary salutes, as I have taught thee in the first lessons and will bring the sidereal Gods to thy side, to prepare thy body.

15

## The Yellow Stone of the Great Bear

Libra — the key to the Ursa Major

Ancient men grew spiritually under the influence of the "Ursa Major" and students should meditate intensely on the 'Ursa Major' if they want to awaken consciousness. That constellation radiates powerful spiritual forces and man should learn to converse with the sidereal genii of that constellation.

There is a key to transfer oneself to that constellation. The key is to meditate profoundly on a "yellow stone" that exists in the astral. Do this exercise in the moments of transition between vigil and sleep and thou shall then transfer thyself in the astral body to the largest star of the 'Ursa Major', where a powerful and gigantic civilization exists.

16

## The Scale of the Kidneys

Libra — the exercise

We should learn how to look at the alternatives of pleasure and pain, of profit and loss, with indifference.

Stand up, with the feet firm and arms extended to the sides in the form of a cross, or scale and move inclining the waist seven times to the right and seven towards the left, with the intention that all our energies become balanced in our kidneys.

17

## The Key of Sexual Magic

Scorpio — the Great Arcane

Now beloved disciple, we will deliver to thee, the supreme key of the Great Arcane. The omnipotent secret of the Kundalini. The Kundalini is

awakened with sexual magic.

During moments of love, in which the couple feels ineffable delights, thou should connect thyself with thy wife, sexually and pronounce during this connection, the powerful mantrams of the Kundalini, as I received them from the angel of command, called “Aroch.”

These mantrams are the following: Kandil-Bandil-rrrrrr

They will be vocalized in the form of a song, prolonging the sound of the vowels and raising the voice in the first syllable of each word and lowering it in the second syllable. The letter “r” is pronounced in a high and sharp manner, like the voice of a child, prolonging the sound as if it was the sound of a motor or a mill when it is left without grain to grind, which produces a sharp and thin sound.

Thou can also vocalize them mentally and withdraw from thy wife-priestess without seminal ejaculation. The restrained desire will make the energy rise upwards, towards thy head and thus, thou shall awaken thy Kundalini and become Gods.

A single ejaculation or sexual discharge is enough for a fuse to be burnt, that is to say, for the nervous cord through which the Kundalini ascends, to fail; then the fire falls one or two canyons according to the magnitude of the fault, and, consequently, loses the acquired powers.

We have to sum up our defects and dedicate two months to each defect in a successive order, until we put an end to all the defects. This simple rule is the key to making the Kundalini rise, because the disciple then comes out

triumphant in all the astral and physical tests, and wins the canyons quickly one after the other.

18

## The Rays of Jupiter

SAGITTARIUS — THE HIPS, AND THE MANTRAM ISIS

Squat, like the Peruvian guacas. Place your hands on your legs, with the index fingers pointing upwards, towards heaven, to attract the rays of Jupiter, exactly as Huiracocha teaches us, so that we may intensely magnetize the femorals,

> The mantram is "ISIS", which is pronounced vocalizing it like this: IIIIISSSSSSSIIIIIISSSSSSS

Pronouncing a sibilant sound, with the S like that of the wind. With this clue you will totally awaken clairvoyance, and will obtain the power to read the "Akashic" records of Nature.

We now have to meditate intensely on the Inner Being, begging him to bring us the Angel Zachariel to help us.

19

## Consulting the Tarot

SAGITTARIUS — THE FORECAST OF THE INTUITIVE KABBALIST

Intuitively interpret these cards combining the natural element with the major arcanes and the problem is resolved.

The sidereal gods many times answer us by showing us a card of the Tarot; then we intuitively comprehend the answer that has been given to us. The intuitive Kabbalists, by merely looking at a card of the Tarot, comprehend what destiny reserves for them.

The white magician prays to the Gods, throws his cards on the table with closed eyes, and beseeching his God, picks up a card, observes it, and makes the forecast with his intuition. Each card of the Tarot is by itself a total forecast.

20

## The Mantram Faraon

Capricorn — the eggshell, and the journey out

Esoteric experiments, highly scientific, in relation with the unfoldment of the human personality, prove that the shell of the egg has certain occult powers which facilitate astral unfoldment (travel).

> The key consists in reducing an eggshell to powder. The disciple will apply these powders over the chest and armpits; he will then lie down on his bed, and cover himself properly with his blankets. The student will then lull himself to sleep, pronouncing the mantram "FARAON", like this: FAAAAAAAAA RAAAAAAAAAA ONNNNNNNNN

This can be pronounced mentally, and when the student feels that he has become numb, he should rise from his bed and head towards the Gnostic Church.

The first syllable “Fa” corresponds to the Chinese Gong, or the musical fa which resounds in the entire creation. We have to pronounce this note to become attuned with mother nature. The second syllable “Ra”, corresponds to a very ancient mantram that vibrates all the chakras of the astral body; this mantram is not pronounced with “r” but with “rr” instead, like this: rrrrrrrrraaaaaaaaa. And the last syllable “On” corresponds to the “Hindu” mantram Om, but is here pronounced as: Onnnnnnnnnnn.

This mantram “FARAON” can be vocalized with the mind or better yet, with the heart. Therefore, the powerful Egyptian mantram “Faraon” serves to “travel” in the astral body.

21

## The Coffin and the Knees

### Capricorn — the exercise

A coffin should be imagined on the floor and the disciple should walk over this imagined coffin but leaving it between his legs, and he will walk with bent knees as if to clear an obstacle, and making the knees spin from left to right, with the intention that they become charged with the lead of Saturn, such as our great guru “Huiracocha” taught us

It is also urgent to practice the exercises of internal meditation daily, praying to our “INNER BEING” to transport himself to the sidereal temples to bring before us the principal genii of that constellation, so that they may awaken the chakras and powers of the knees.

22

## Energy, Pass Through!

### Aquarius — the calves, and the prayer

hile massaging his calves from below upwards, the disciple will pray like this:

W Energy, pass through! Energy, pass through! Penetrate my organism; current that comes from below, ascend and unite with your sister; the current which comes from above, from heaven, from Uranus".

The disciple will then submit himself to internal meditation, praying to his "Inner Being" that he may enter the sidereal temples of Aquarius, to bring thee the genii of that constellation so that you may achieve illumination.

23

## Om Masi Padme Yom

PISCES — THE MANTRAM OF THE INNER BEING

Aun mani padme jum; this mantram is esoterically pronounced like this: "Om masi padme yom", (prolonging the sound of each letter, and syllabicating).

This mantram should be vocalized with the heart in profound meditation, adoring the "Inner Being", rendering cult to the "Inner Being", because the Inner Being is essentially the soul of our father incarnated in us,

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## The Prayer of the Lord

PISCES — PRAYING TO THE FATHER WHO IS IN SECRET

Our Lord, the Christ, taught us to pray like this:

"Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation, but deliver us from evil. Amen."

This prayer is done in profound meditation, adoring that ineffable star from which our "Inner Being" came and in this manner, we will learn to talk with our Father who is in secret.

It is convenient for the disciple to learn to visit his Father in the astral body, to receive direct instructions from his father who is in heaven.

25

## The Body is a Harp

PISCES — THE SEVEN VOWELS, HEAD TO FEET

Our body is entirely a musical harp where the seven vowels of nature should resound incessantly. Therefore, during Pisces it is necessary to vocalize the seven vowels as follows:

The sound of each of these vowels should be taken from our head to our feet. Master "Huiracocha" says that one hour of daily vocalization is worth more than reading a million books of oriental theosophy.

26

## Visiting the Genii of thy Sign

PISCES — THE TWENTY-FOUR ELDERS OF THE ZODIAC

These twenty-four elders have their sacred names; each of the twelve zodiacal constellations is governed by two elders; in this manner: Aries: Sataaran and Sarahiel. Taurus: Bagdad and Araziel. Gemini: Sagras and Saraiel,

Cancer: Ramdhar and Phakiel. Leo: Sagham and Seratiel, Virgo: Iadara and Schaltiel. Libra: Grasgarben and Hadakiel. Scorpio: Richol and Saissalel. Sagittarius: Vhori and Saritaiel. Capricorn: Sagdolon and Semakiel. Aquarius: Archer and Sakmakrel. Pisces: Rasamosa and Uacabiel.

During your zodiacal exercises you should visit the sidereal temples of the genii with whom you are practicing. Therefore: in Aries you will visit the genii of Aries, in Taurus, those of Taurus, etc., praying to these genii to come and treat your organs corresponding to the zodiacal sign with which you are working.

Our twelve faculties or our twelve senses are the twelve faculties of the zodiac within us. We should make our zodiac sparkle through these exercises, to become ineffable Gods.

27

# Hiram, the Mantram of the Kundalini

PISCES — FROM THE ANALYTICAL SUMMARY

The two cords, Ida and Pingala, are the two columns, 'J' and 'B' of freemasonry, called Jachin and Boaz. Through both nervous canals, rise the solar and lunar energies, which in making contact at the coccyx, awakens "Hiram", the divine fire which constitutes the temple of Solomon (the Inner-Being).

"Hiram" is also a mantram of the Kundalini. The 'H' is pronounced like a sigh. The 'I' is vocalized like this: iiiiiii; and the rest like this: rrrrrrraaaaaaaaammmmmmm.

Editor's note. In his later teaching the Master makes this plain: pranayama, mantras and chastity purify the channels and sublimate the sexual energy, and single people should practise them, but the Kundalini itself awakens only through the sexual work of the couple (Maithuna). See The Solar Bodies (1967–68), ch. 25, and Tarot and Kabbalah (1969), Arcanum 11.