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Return, Recurrence and Reincarnation

Three distinct concepts: to come again, to happen again, to incarnate again, and how recognising the pattern ends it.

RETURN, RECURRENCE, AND REINCARNATION

TO COME AGAIN • TO HAPPEN AGAIN • TO INCARNATE AGAIN

Three different concepts explained through simple scenes

1. RETURN

TO COME AGAIN

The law that causes human beings to return mechanically.

It also governs natural cycles: days, years, and seasons.



2. RECURRENCE

TO HAPPEN AGAIN

Events and reactions tend to repeat themselves.

Characters or places may change, but the same pattern reappears.



3. REINCARNATION

TO INCARNATE AGAIN

According to this teaching, it applies to conscious beings who are born to fulfill a specific mission.

They choose their place, family, and circumstances.



4. CONSCIOUS OBSERVATION

RECOGNIZE THE PATTERN

Self-observation reveals recurrences in thoughts, emotions, and actions.
By understanding the ego that originates a scene, the repetition can end.



RETURN
To come again

→

RECURRENCE
To happen again

→

REINCARNATION
To incarnate again

THREE RELATED BUT DISTINCT CONCEPTS

RETURN + RECURRENCE = MECHANICAL REPETITION OF EXISTENCE

RECOGNIZING THE PATTERN OPENS THE POSSIBILITY OF CHANGING IT