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Personality, Essence and Ego

The mask formed by the world, the divine spark it covers, and the multiplicity that clouds both, with self-observation as the key.

PERSONALITY, ESSENCE AND EGO

0 — Formation — 7 years — Growth — Development — Death

THE PERSONALITY



- Vehicle of manifestation.
- Adaptation to the environment.
- Examples and experiences.
- Temporary.
- Seat of the false identity.

THE ESSENCE



- Divine, immortal spark.
- Beautiful, natural, spontaneous.
- Contains our potential.
- It is what we truly are.
- Expresses itself freely in childhood.
- Self-awareness, inner wisdom.

THE EGO



- Set of "psychic aggregates".
- Constitutes our inner multiplicity.
- Personifies our defects, weaknesses, etc.
- It is the cause of sleeping Consciousness.
- Continues beyond death.



Key: The harmonious development of Essence and Personality.

PRACTICE: Self-observation

