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The Feeling of Being vs. the Feeling of the Ego

How to tell the authentic from the false, and the warning about a life spent inside the □/□.

THE FEELING OF BEING VS. THE FEELING OF THE EGO

How to distinguish the authentic from the false

1. THE ESSENTIAL DISTINCTION

EGO OR «I»		BEING
	VS.	
• Changing • Mistaken • False		• Conscious • Real • Correct

2. PSYCHOLOGICAL PHOTOGRAPHS



At ages 18, 20, 25, 50 or 60, each self-image brings a different feeling.
Which one is true?
None of the ego's changing feelings.

3. THE REAL SOURCE



Only consciousness can give us a real feeling.

BEING → CONSCIOUSNESS → HAPPINESS

4. CONSCIOUSNESS TRAPPED



Consciousness remains trapped among multiple psychic aggregates and defects.

5. SELF-DECEPTION



What we feel can change over time.
Confusing it with the voice of consciousness leads us into error.

6. THE PRACTICAL PATH



Thus, the voice of consciousness grows stronger.

7. SIGNS OF ATTACHMENT TO THE EGO



- Clinging to old images of oneself
- Taking pleasure in pain and complaints
- Refusing to let them go

8. THE WARNING



The false feeling of the «I» can waste an entire existence: years pass and there is no inner progress.

LEARN TO FEEL WITH ALERT AND AWAKE CONSCIOUSNESS

Source: supplied video — Samael Aun Weor