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Imagination and Fantasy

Conscious vision against mechanical imagination, work memory, and the rosebush practice.

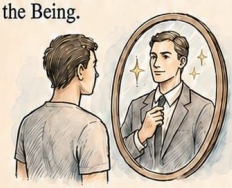
IMAGINATION AND FANTASY

Learning to distinguish conscious vision from mechanical imagination.

CONSCIOUS IMAGINATION

It is voluntarily directed. For the wise, to imagine is to see: it reflects the mysteries of life, death, and the Being.





MECHANICAL FANTASY

It arises from the remnants of memory. It makes us see ourselves as we believe we are, rather than as we truly are.

THE FANTASY SELF

We create a false image of ourselves. Recognizing it can be painful, but it opens the path to self-knowledge.





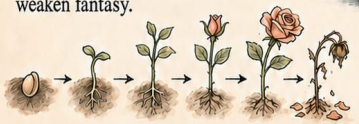
MECHANICAL MEMORY

It distorts memories and stories. Each retelling may add, remove, or change details.

WORK MEMORY

Sincere retrospection allows us to review our lives, discover events as they occurred, and weaken fantasy.





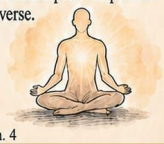
PRACTICE: THE ROSEBUSH

Relax the body. Imagine the seed germinating, the stem growing, and the leaves and flowers appearing. Then contemplate the process in reverse.



OBJECTIVE

Break the fantasy personality, awaken consciousness, and discover the inner Being.



Source: Revolution of the Dialectic, Ch. 4